



# Cardiff MRCS OSCE Course: Five-Day Preparatory Course for MRCS OSCE

This five-day preparatory course provided the attendee with a thorough understanding of the topics on which to focus and the areas to prepare for the MRCS OSCE. The course was delivered through a robust method of small group teaching, individual OSCEs and interactive discussions, all of which aimed to guide the attendee to prepare for each component of the exam (all stations were covered during the five days).

Day 1 and Day 2 focussed on the knowledge component of the exam, with emphasis placed on anatomy and pathology but also consideration of related microbiology and applied surgical sciences (physiology). Day 3 was divided into a morning session that covered clinical and procedural skills and an afternoon session that covered additional applied surgical sciences and critical care stations. Day 4 consisted of small group teaching using anatomical prosections, relevant pathological specimens, and osteology. A mock OSCE took place during the afternoon. Day 5 consisted of clinical examination stations in the morning and communication skills stations in the afternoon.

#### Course Information

Venue: College of Physicians and

Surgeons of Cardiff, Cardiff Bay, Cardiff; School of Biosciences,

**Cardiff University** 

Dates: 9<sup>th</sup> - 13<sup>th</sup> April 2025

Attendance: 40 Delegates

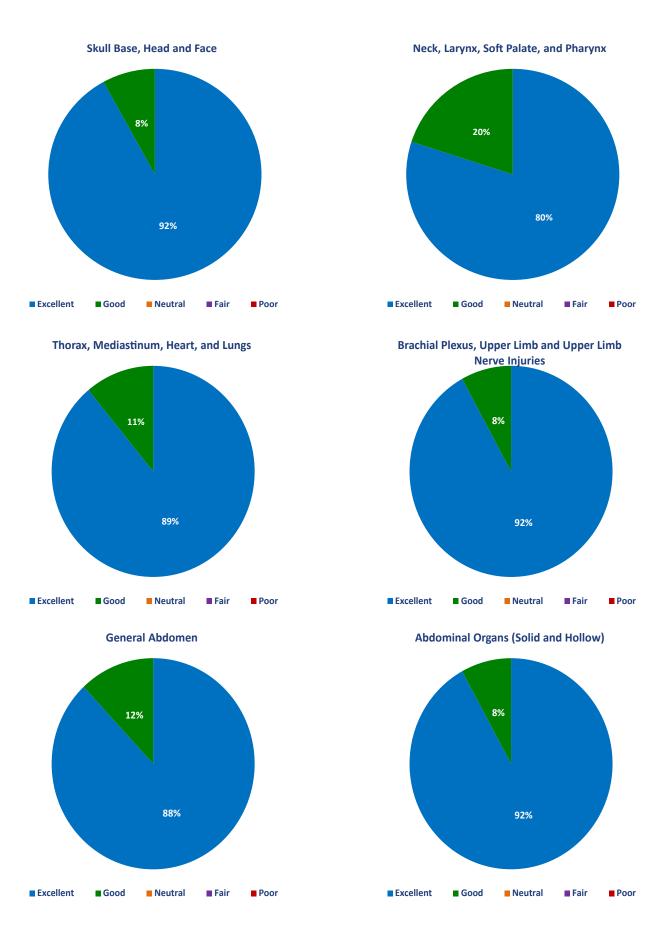
Aimed at: Candidates Preparing for the

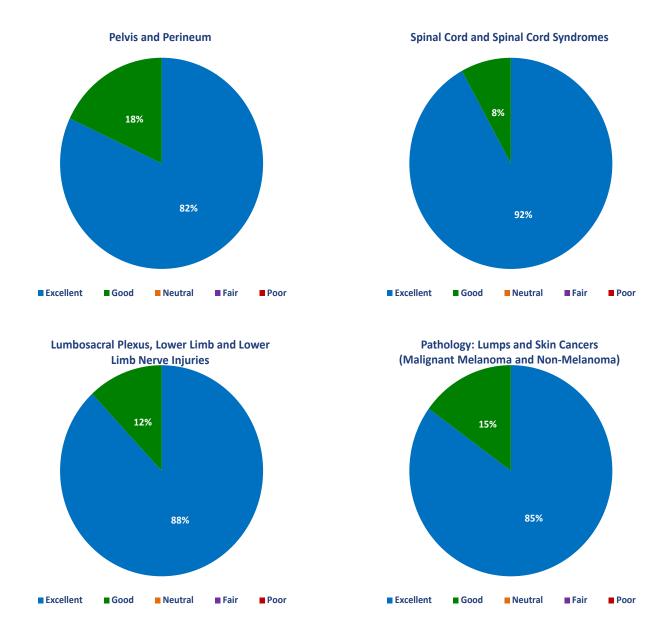
**MRCS OSCE Examination** 

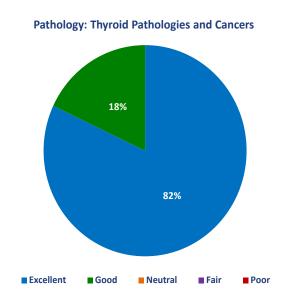
Course Fee: £945.00



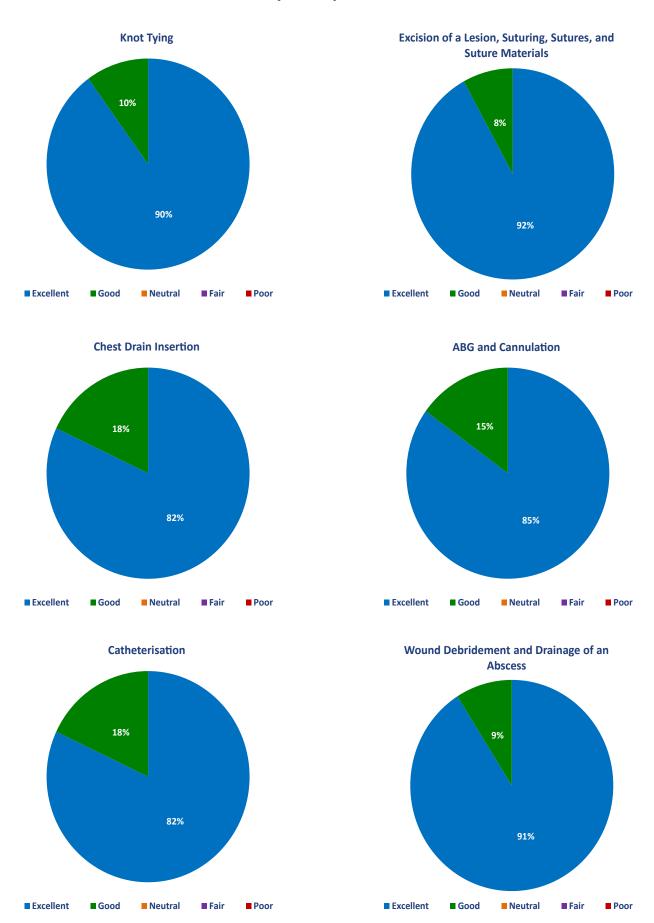
# Wednesday 9th and Thursday 10th April 2025

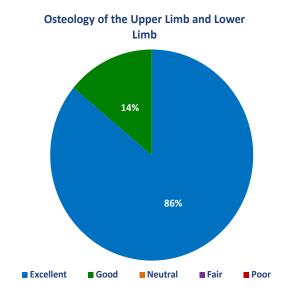




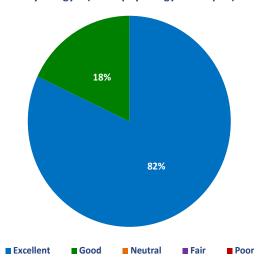


# Friday 11th April 2025

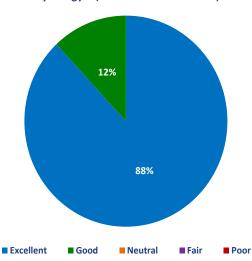




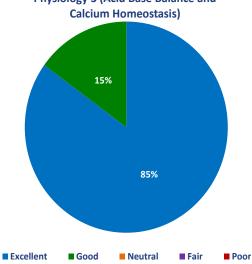
Physiology 1 (Neurophysiology and Sepsis)



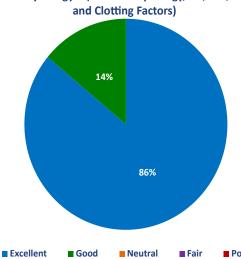
Physiology 2 (Pancreatitis and Fistula)



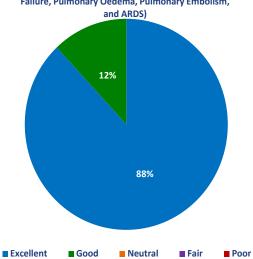
Physiology 3 (Acid Base Balance and

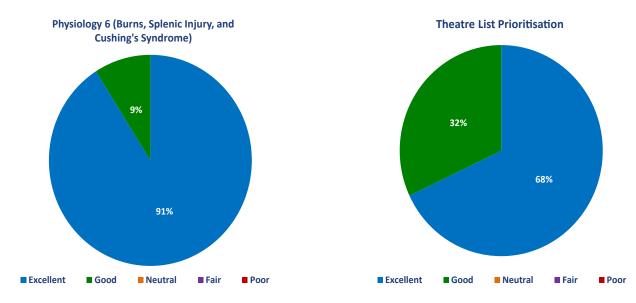


Physiology 4 (Cardiac Physiology, MI, DIC,

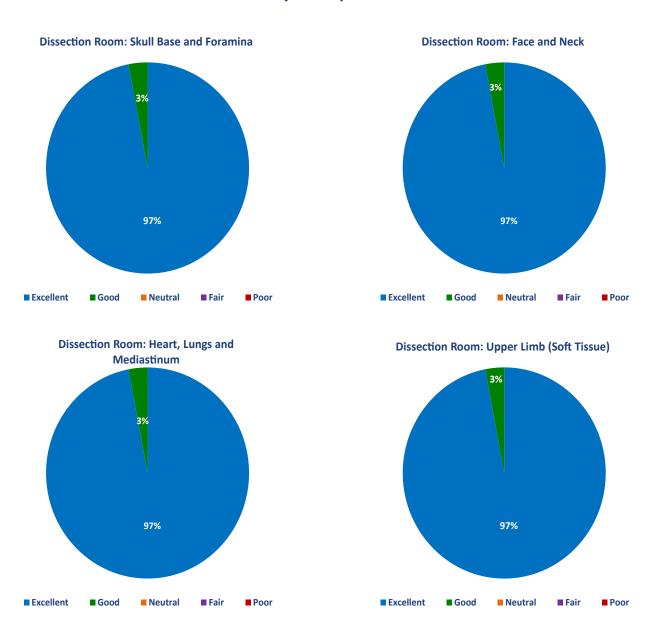


Physiology 5 (Basics of Respiration, Respiratory Failure, Pulmonary Oedema, Pulmonary Embolism,

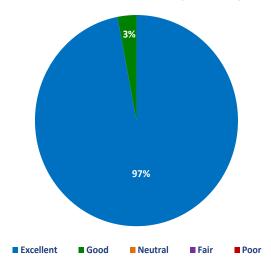




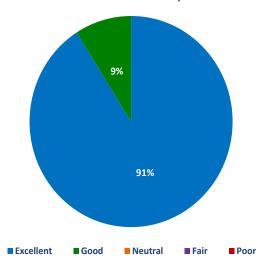
Saturday 12<sup>th</sup> April 2025



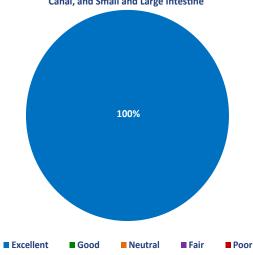




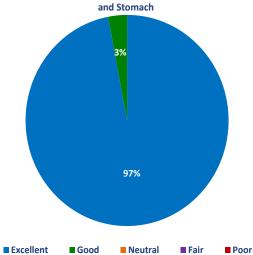
**Dissection Room: Brain and Spinal Cord** 



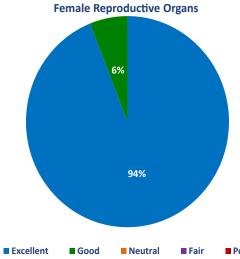
Dissection Room: Anterior Abdominal Wall, Inguinal Canal, and Small and Large Intestine



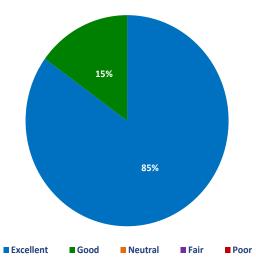
Dissection Room: Solid Organs of the Abdomen (Liver, Spleen, Gallbladder, Pancreas, and Kidneys)

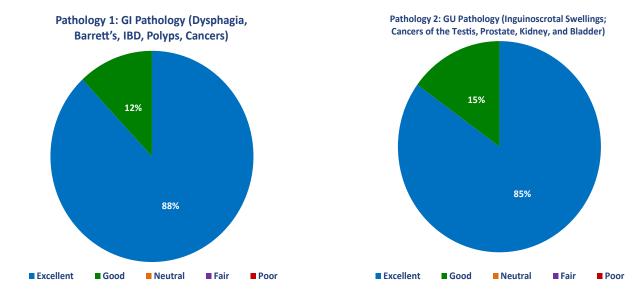


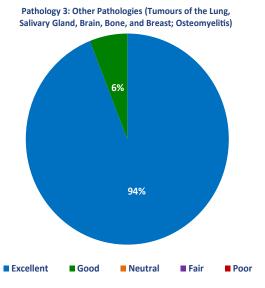
Dissection Room: Pelvis, and Male and Female Reproductive Organs



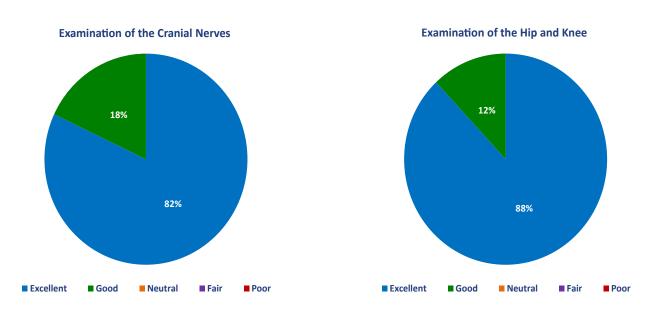
**Dissection Room: Pelvic Bone and Vertebrae** 



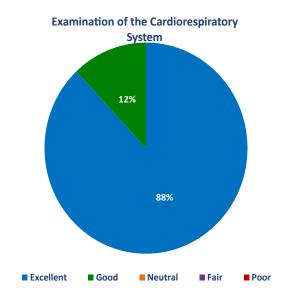


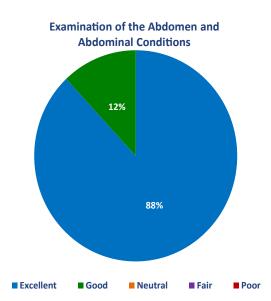


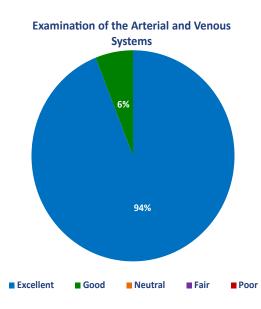
Sunday 13<sup>th</sup> April 2025

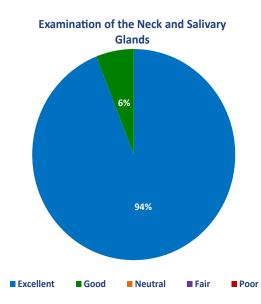


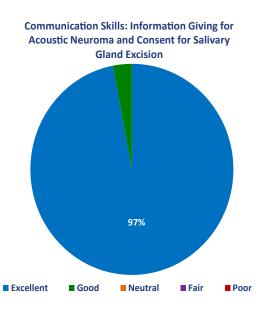




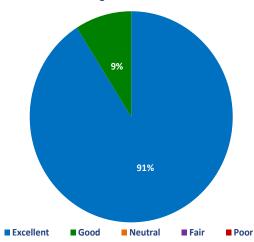




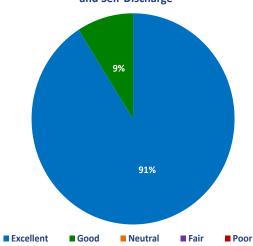








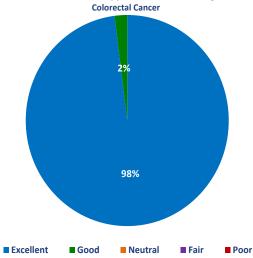
# Communication Skills: Cancelled Operation and Self-Discharge



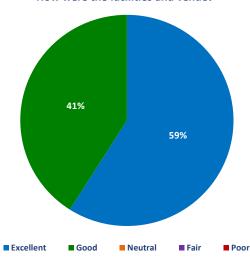
Communication Skills: Consent for Knee Arthroscopy, Information Giving for Fasciotomy, and Telephone



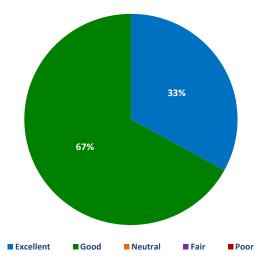
## Communication Skills: History Taking for PR Bleed, Consent for Colonoscopy, and Information Giving for

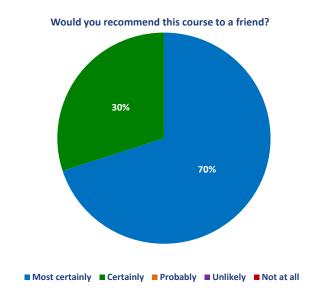


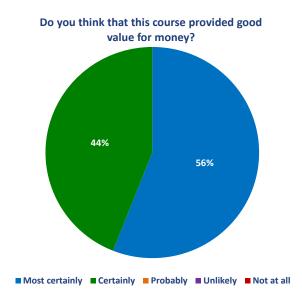
## How were the facilities and venue?

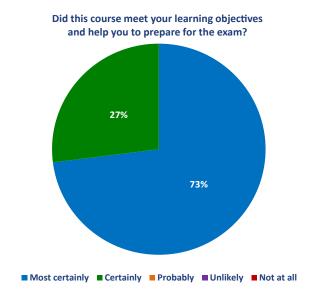


### How were the refreshments and lunch?









## **Individual Comments**

Excellent

CM

Sheffield Teaching Hospitals NHS, UK

Dr Grace Shirley gave us excellent advice for communication skills and Prof Enoch was always approachable and gave excellent teaching.

MS

Bristol Royal Infirmary, Bristol

All faculty were excellent.

OG

Royal Free Hospital, London, UK

Everyone was very friendly and helpful, keen to teach.

**AD** 

University Hospital of North Staffordshire, Stoke on Trent, UK

My experience with the faculty was amazing. Everyone from all the stations were quite supportive and gave advice and helped in how to prepare. I had great interaction with everyone :the faculty, tutors, colleagues; had an insight as well. Professor Enoch sir is such an exceptional person, he has motivated me and everyone and given all pointers for the preparation. Kudos to the entire team!

**AM** 

Medanta Hospital, Gurugram, India

Overall all the faculty were very knowledgeable, gave appropriate feedback and were easy to approach.

KA

Princess Alexandra Hospital NHS Trust, UK

All faculty were amazing.

RJ

Royal Bournemouth and Christchurch Hospitals NHS Foundation Trust, UK

All the stations were quite helpful and the ABG interpretation station was very well done.

MO

Leicestershire Partnership NHS Trust, UK

Great faculty, approachable and gave constructive feedback.

SF

Queen Elizabeth Hospital King's Lynn NHS Trust, UK

## **Individual Comments**

Clear instructors throughout, urology registrar who organised dissection was very encouraging. Surgeon who led the osteology station was very encouraging and made sure we understood the key aspects of his station.

SF

Queen Elizabeth Hospital King's Lynn NHS Trust, UK

Excellent faculty in hip/knee examination - really aided understanding of special tests and gave simple ways to remember things.

EA

Sherwood Forest Hospitals NHS, UK

Faculty were all knowledgeable and offered to help throughout.

SK

Heartlands Hospital, Birmingham, UK

The faculty were highly knowledgeable and engaging. They explained concepts clearly and provided structured feedback during the stations. I particularly appreciated how they encouraged questions and ensured everyone understood the key points. Their approach was motivating and supportive throughout the course.

NB

Barnet Hospital, Royal Free London NHS Foundation Trust, UK



Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

### Courses (a selection):

#### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

#### **Publications**



publications.doctorsacademy.org

#### **World Journal of Medical Education & Research**



Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

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#### **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### Resources for:

- Medical Students

- General Surgery Exams

- Dental Students

- Plastic Surgery Exams

- International Entrance Exams

- DOHNS Exams

- MRCS Exams

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