

## Cardiff MRCS OSCE Course: Five-Day Preparatory Course for MRCS OSCE



Feedback - January 2023

## Cardiff MRCS OSCE Course: Five-Day Preparatory Course for MRCS OSCE

This five-day preparatory course provided the attendee with a thorough understanding of the topics on which to focus and the areas to prepare for the MRCS OSCE. The course was delivered through a robust method of small group teaching, individual OSCEs and interactive discussions, all of which aimed to guide the attendee to prepare for each component of the exam (all stations were covered during the five days). This course was suitable for those who had recently started their revision but were not fully prepared for the exam. It was structured for those sitting the exam four to six weeks later or those who wished to gain an understanding of the revision topics and techniques for the MRCS OSCE that they intend to sit in 3 to 4 months' time.

Day 1 and Day 2 focussed on the knowledge component of the exam, with emphasis placed on anatomy and pathology but also consideration of related microbiology and applied surgical sciences (physiology). Day 3 was divided into a morning session that covered clinical and procedural skills and an afternoon session that covered additional applied surgical sciences and critical care stations. Day 4 consisted of small group teaching using anatomical dissections, relevant pathological specimens, and osteology. A mock OSCE took place during the afternoon. Day 5 consisted of clinical examination stations in the morning and communication skills stations in the afternoon.

The programme and the teaching sessions reflected any changes introduced to the exam due to the COVID-19 pandemic.

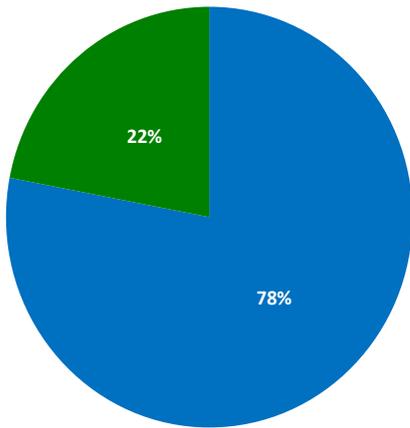
### Course Information

<b>Venue:</b>	<b>College of Physicians and Surgeons of Cardiff, Cardiff Bay, Cardiff; School of Biosciences, Cardiff University</b>
<b>Dates:</b>	<b>11<sup>th</sup> - 15<sup>th</sup> January 2023</b>
<b>Attendance:</b>	<b>32 Delegates</b>
<b>Aimed at:</b>	<b>Candidates Preparing for the MRCS OSCE Examination</b>
<b>Course Fee:</b>	<b>£875.00</b>



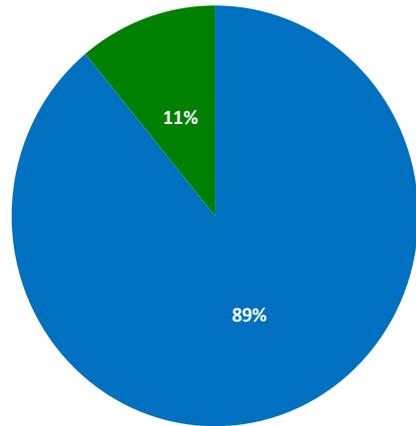
# Overall Feedback

How was the clarity of the sessions?



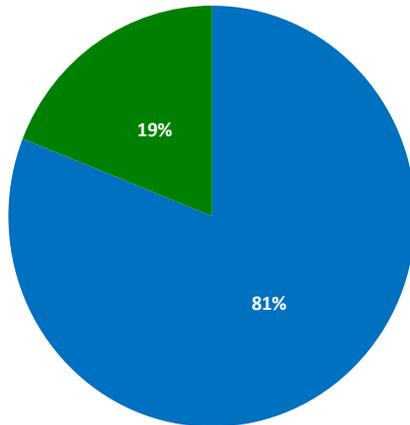
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

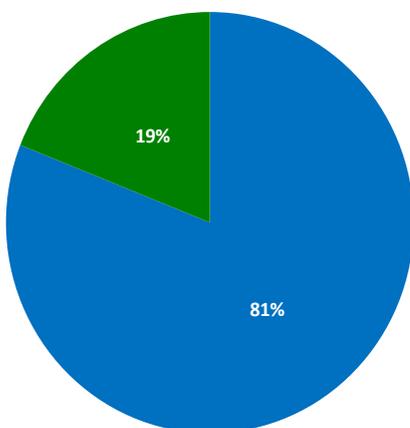
How do you rate the relevance of the course to your studies?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

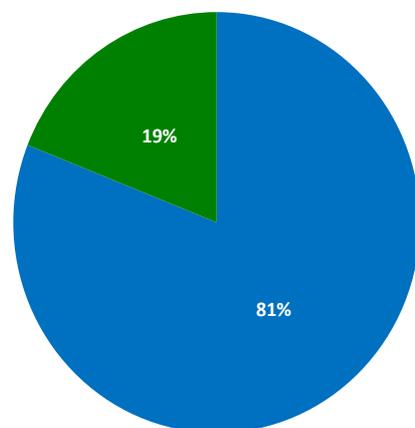
## Wednesday 11<sup>th</sup> and Thursday 12<sup>th</sup> January 2023

Skull Base, Head and Face



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

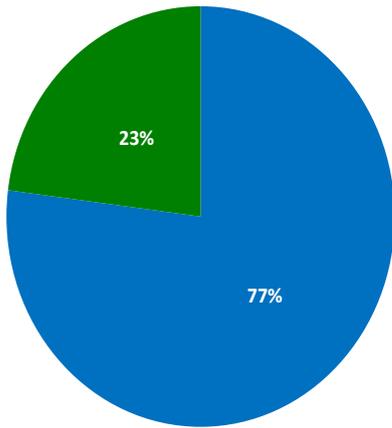
Neck, Neck Swellings, Larynx



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

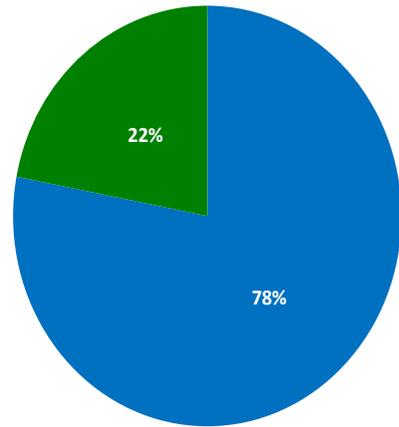
# Overall Feedback

Thorax, Mediastinum and Oesophagus



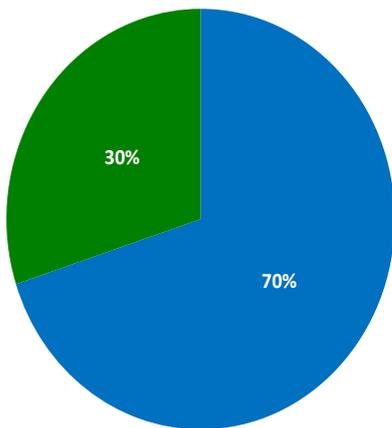
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Heart and Lung



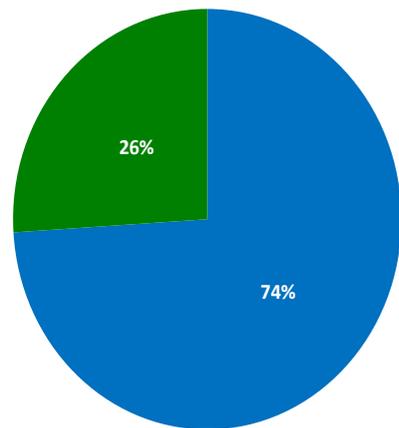
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Brachial Plexus and Upper Limb



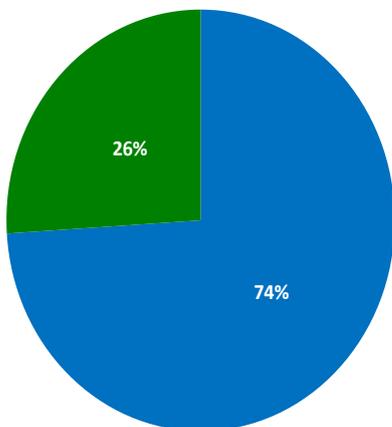
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Upper Limb Nerve Injuries



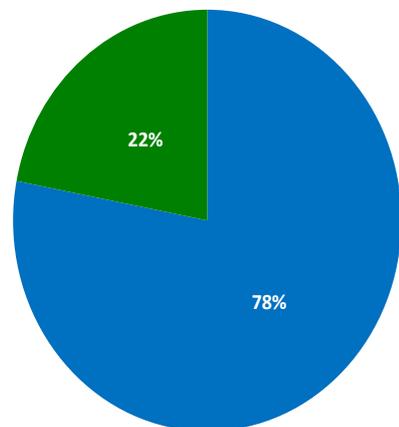
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

General Abdomen



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

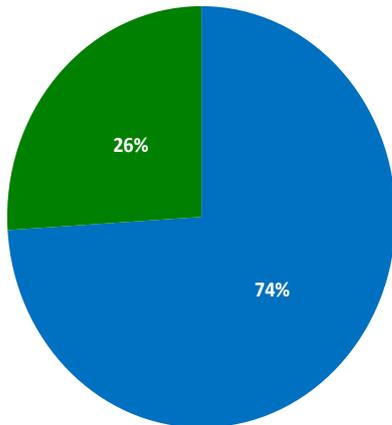
Abdominal Organs (Solid and Hollow)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

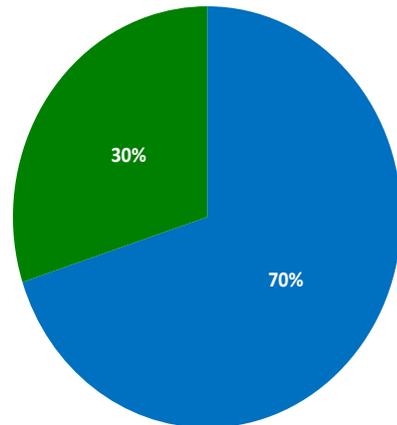
# Overall Feedback

Pelvis and Perineum



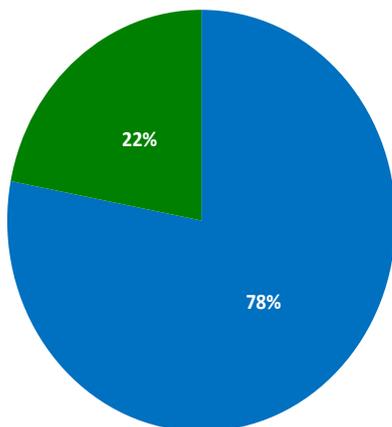
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Spinal Cord and Spinal Cord Syndromes



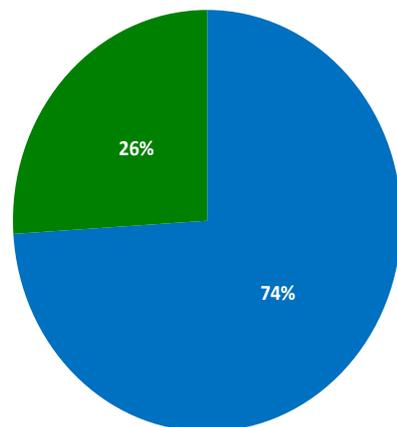
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lumbosacral Plexus



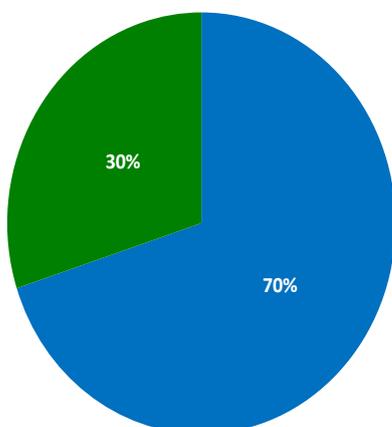
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lower Limb



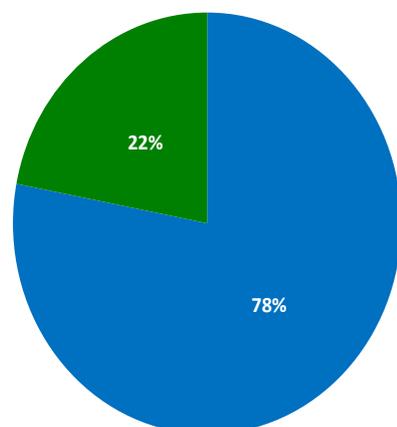
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lower Limb Nerve Injuries



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

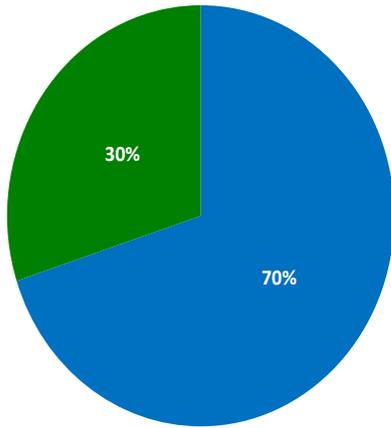
Pathology – Malignant Melanoma



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

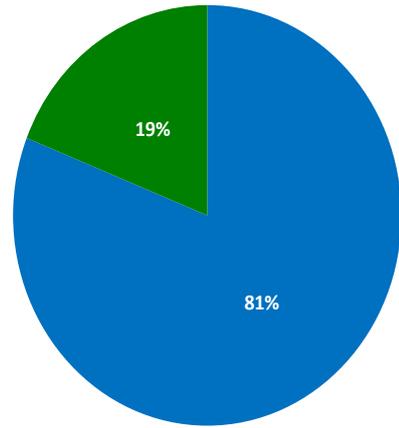
# Overall Feedback

Pathology – Non-Melanoma Skin Cancers



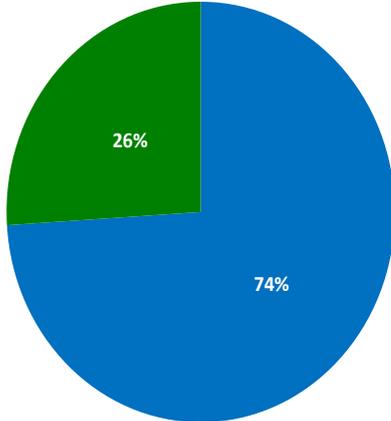
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Thyroid Pathologies and Cancers



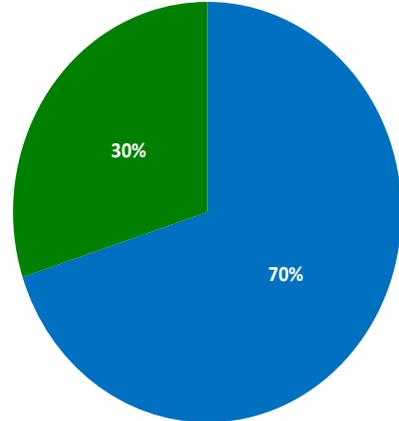
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Carcinoid Tumour and Syndrome



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

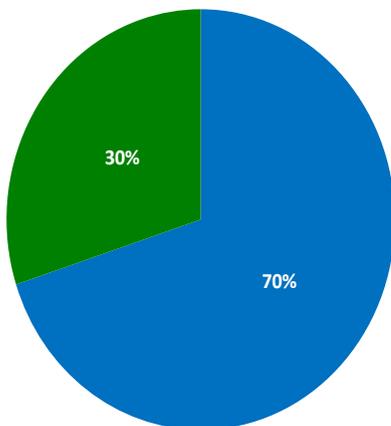
Pathology – Adrenal Conditions and Pheochromocytoma



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

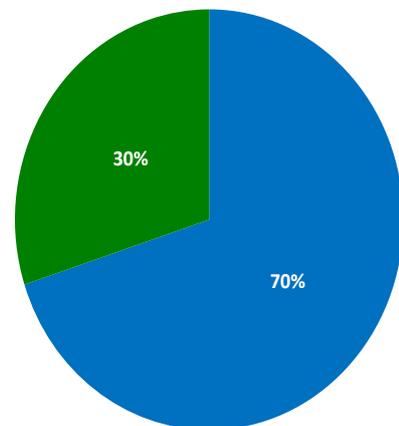
## Friday 13<sup>th</sup> January 2023

Knot Tying



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

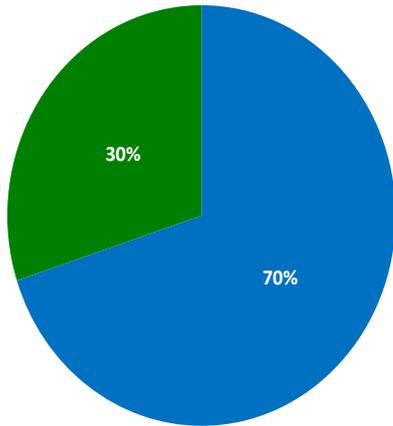
Excision of a Lesion



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

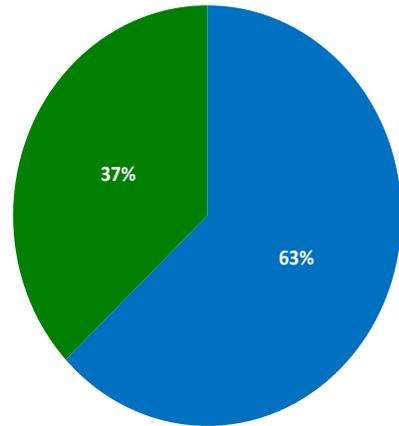
# Overall Feedback

### Suturing



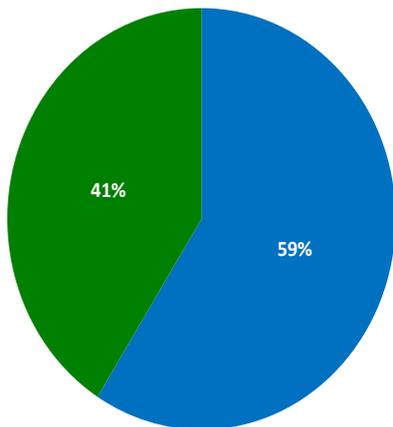
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Sutures and Suture Materials



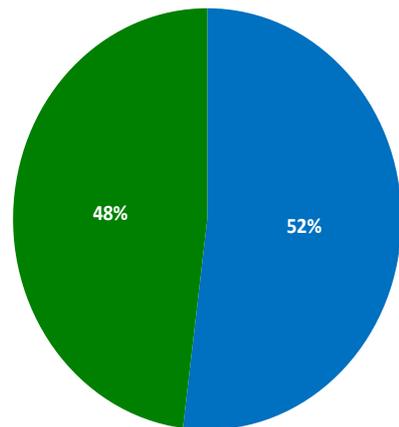
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Chest Drain Insertion



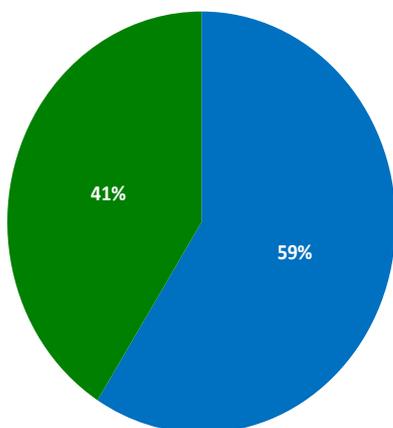
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### FNAC



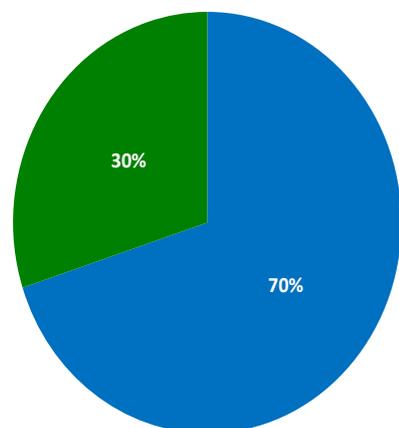
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

### Lumbar Puncture



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

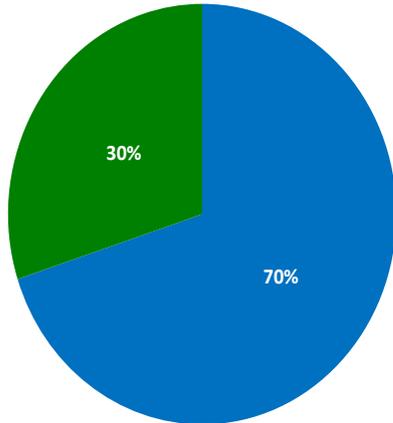
### Wound Debridement



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

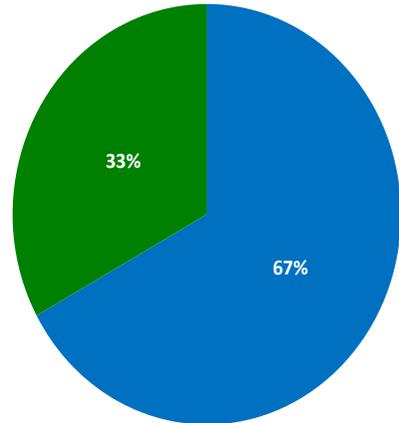
# Overall Feedback

Drainage of an Abscess



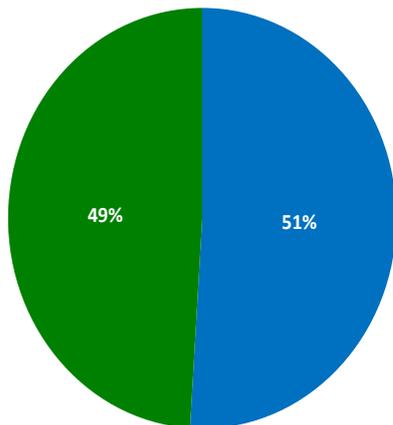
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

ABG



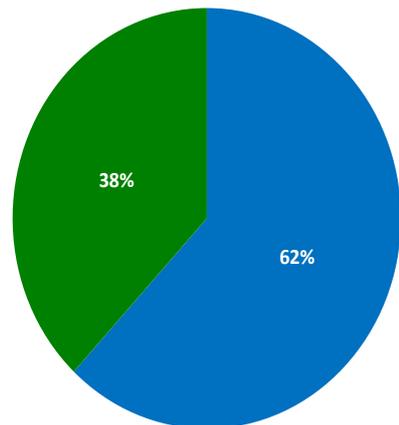
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Catheterisation



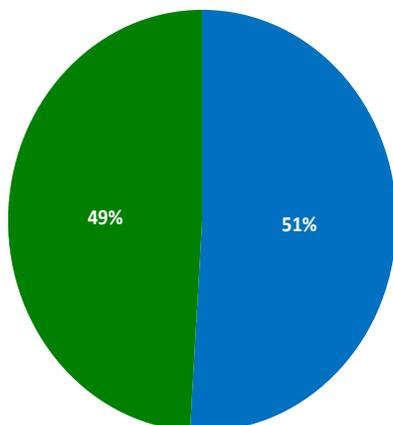
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Theatre List Prioritisation



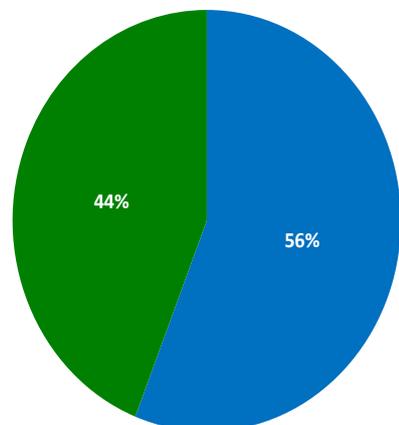
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Sepsis Physiology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

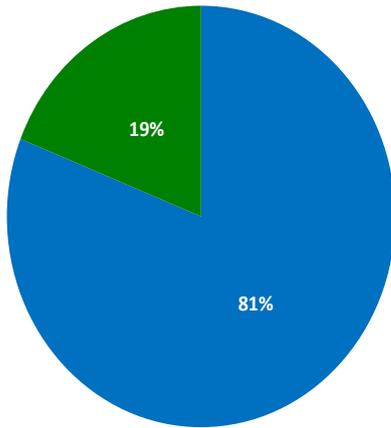
Respiratory Physiology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

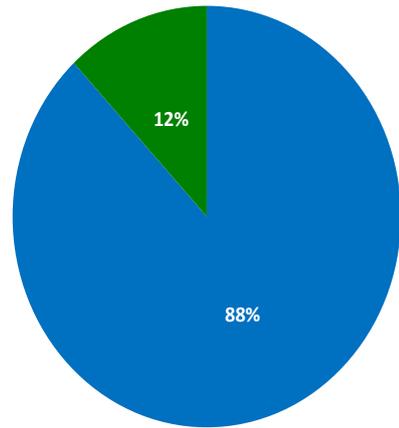
# Overall Feedback

Cardiac Physiology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

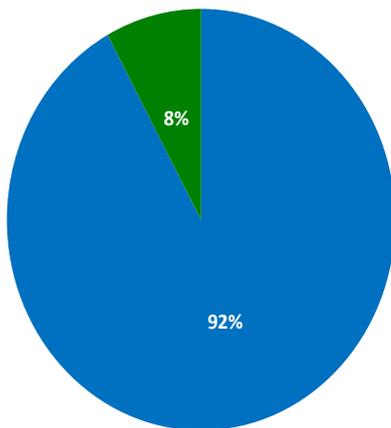
Acid Base Balance and Electrolyte Physiology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

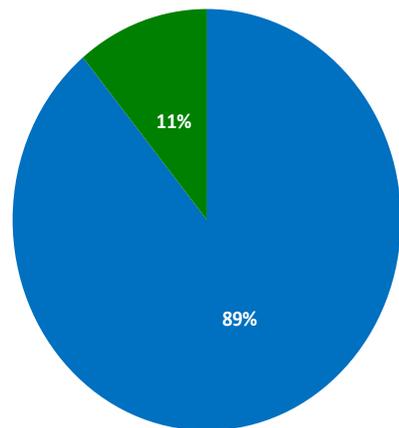
## Saturday 14<sup>th</sup> January 2023

Dissection Room - Skull Base



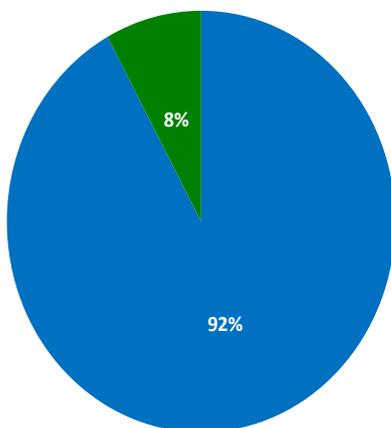
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Face and Neck



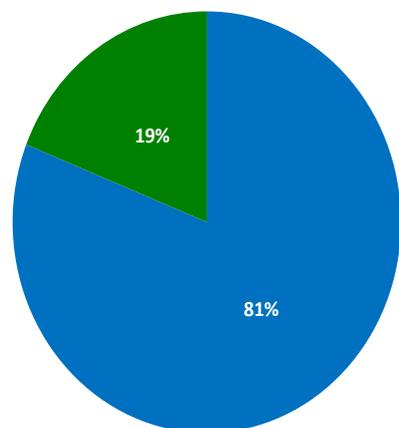
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Spine and Vertebrae



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

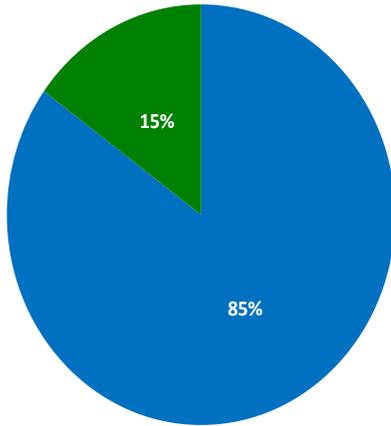
Dissection Room - Abdomen and Pelvis



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

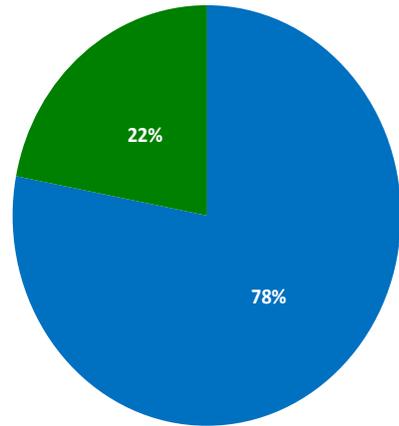
# Overall Feedback

Dissection Room - Thorax, Heart and Mediastinum



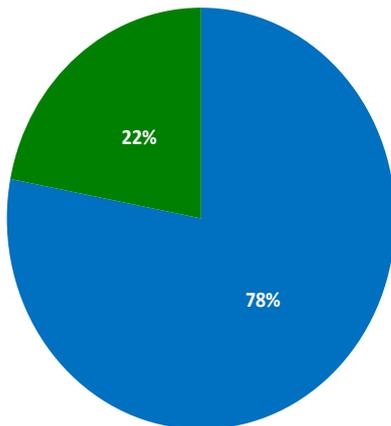
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Upper Limb with Osteology



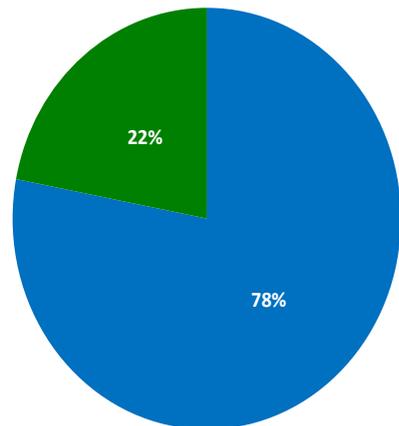
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Dissection Room - Lower Limb with Osteology



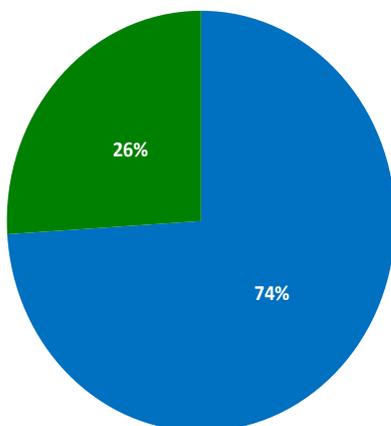
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Dysphagia, Barrett’s and Oesophageal Cancer



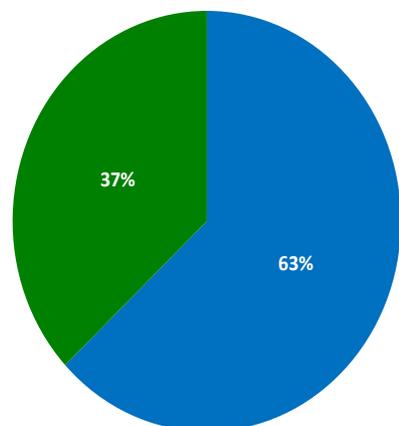
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Inflammatory Bowel Diseases



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

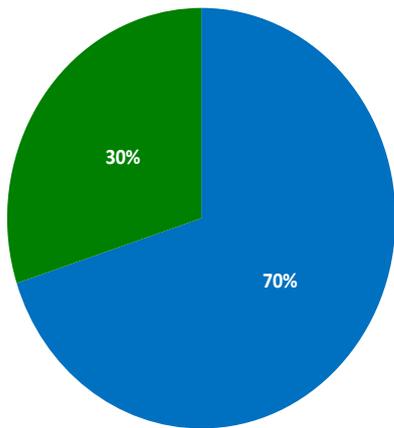
Pathology – Polyps, Colorectal Cancers and Colectomies



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

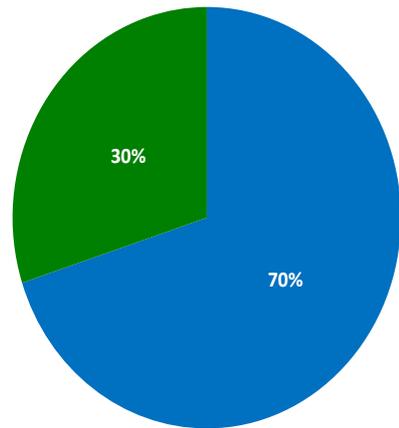
# Overall Feedback

Pathology – Inguinoscrotal Swellings and Testicular Cancers



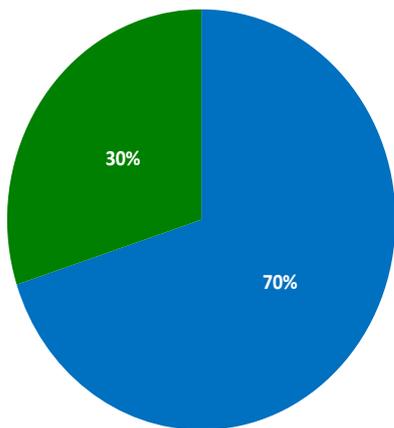
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Prostate Pathologies and Cancer



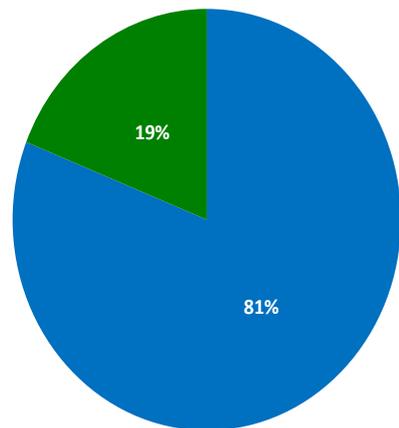
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Salivary Gland Swelling and Tumours



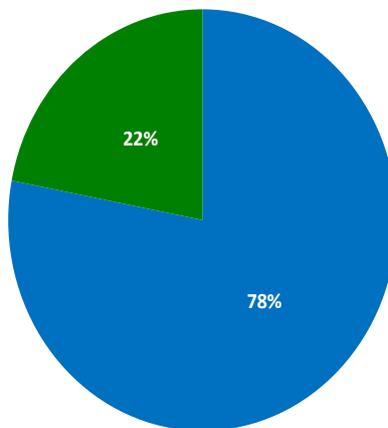
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Breast Pathologies and Cancers



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pathology – Lung Cancer

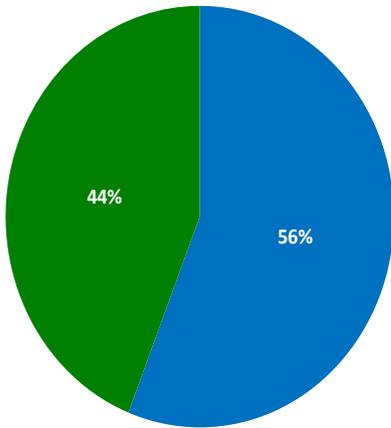


■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

# Overall Feedback

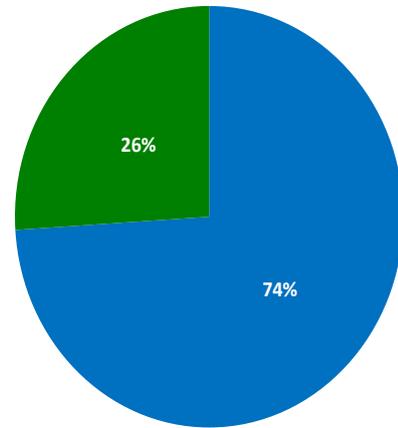
Sunday 15<sup>th</sup> January 2023

Examination of the Cranial Nerves



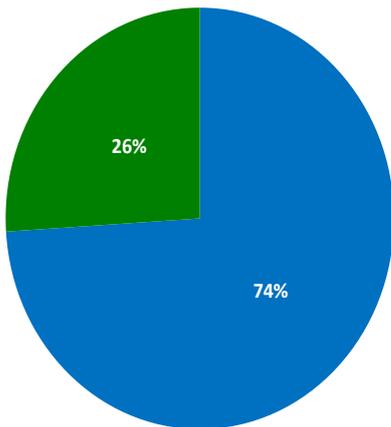
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Abdomen



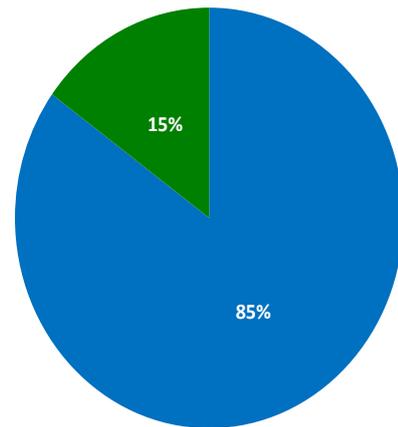
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Hip and Knee



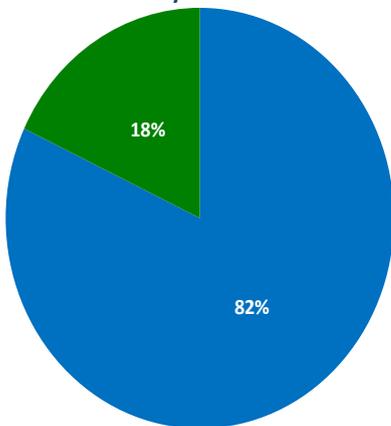
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Shoulder and Back



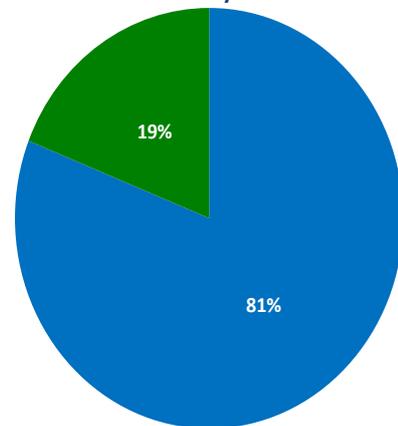
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination of the Cardiorespiratory System



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

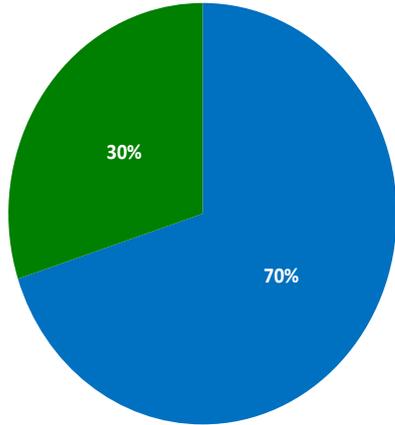
Examination of the Varicose Veins and Arterial System



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

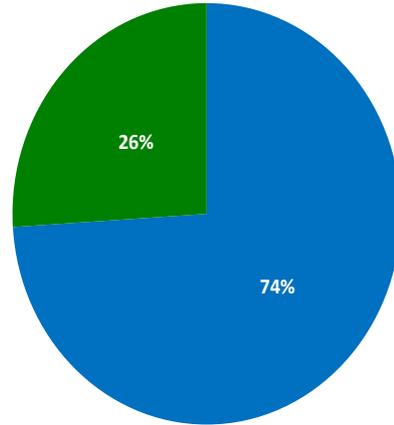
# Overall Feedback

Communication Skills - History Taking for a Breast Lump



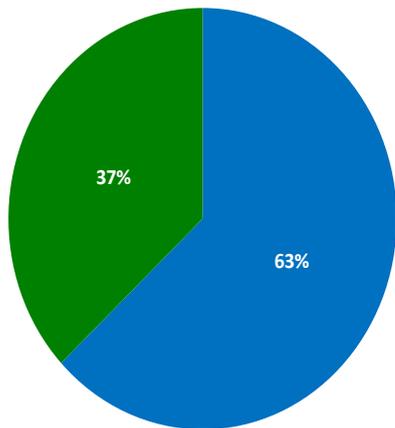
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Information Giving for Breast Cancer



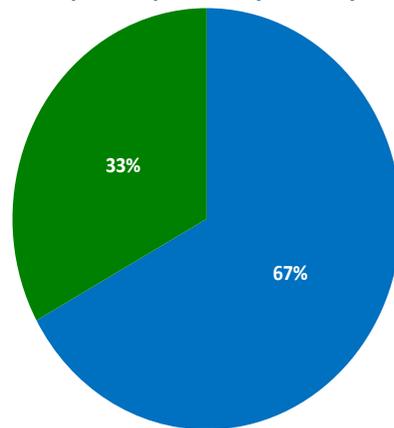
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Colorectal Cancer



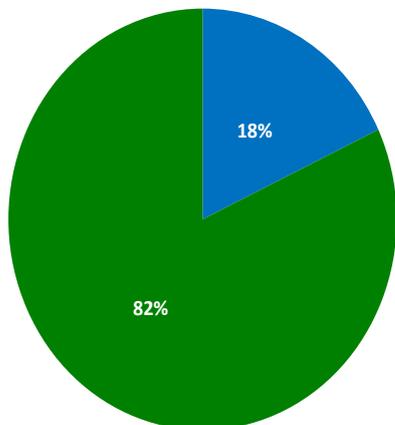
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Consent for Laparoscopic Cholecystectomy



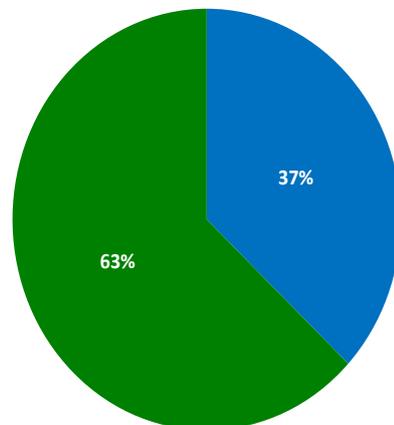
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Communication Skills - Information Giving for Carcinoid



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

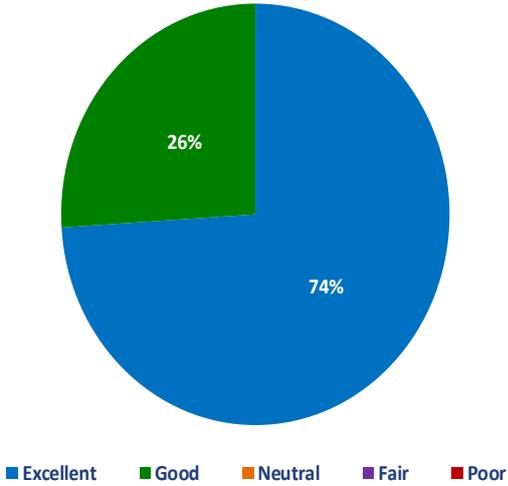
Communication Skills - Self Discharge



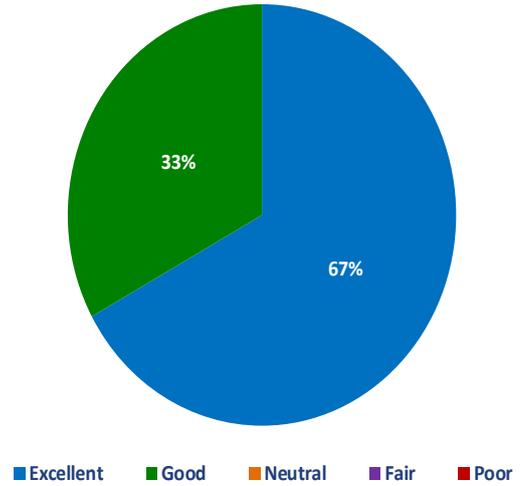
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

# Overall Feedback

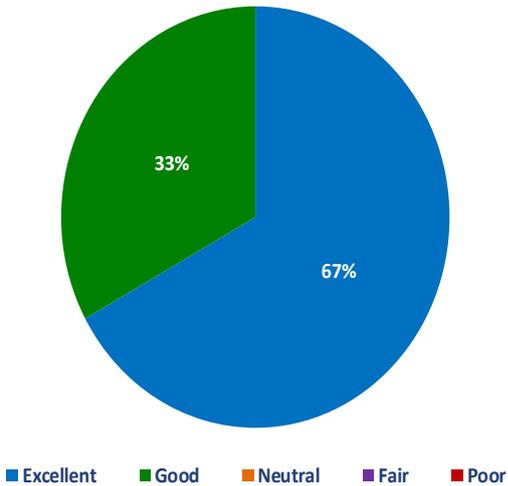
Communication Skills - Cancelled Operation (Thyroidectomy)



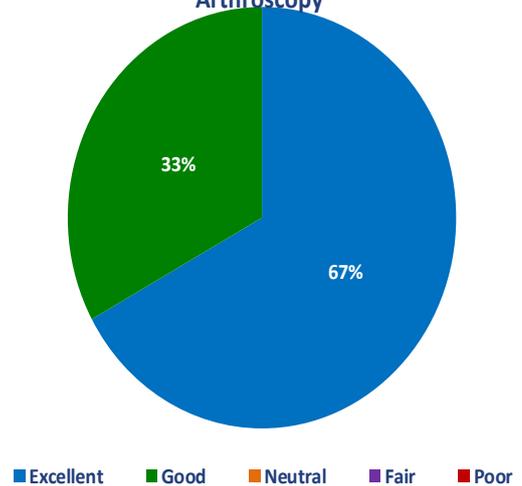
Communication Skills - Back Pain (Metastatic Cancer)



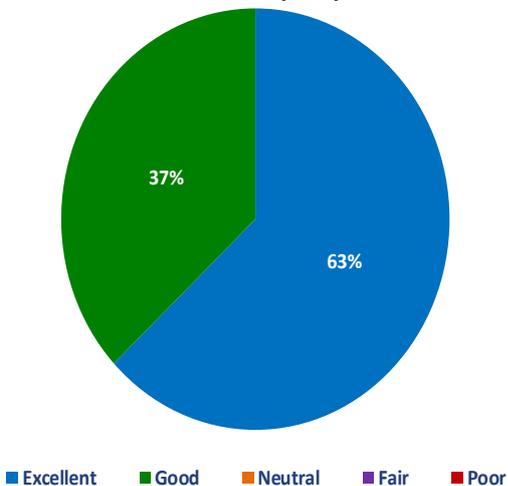
Communication Skills - Acoustic Neuroma



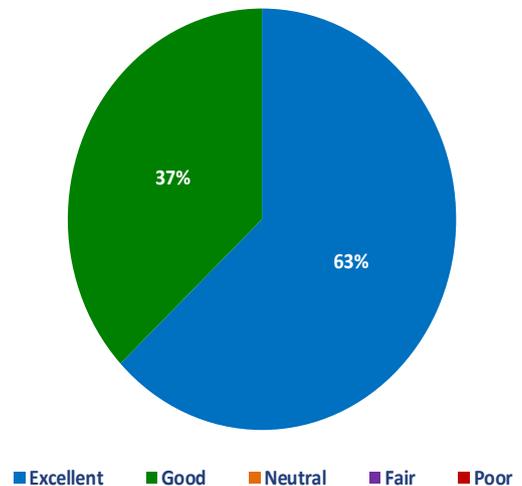
Communication Skills - Consent for Arthroscopy



Communication Skills - Assessment of Patient's Capacity

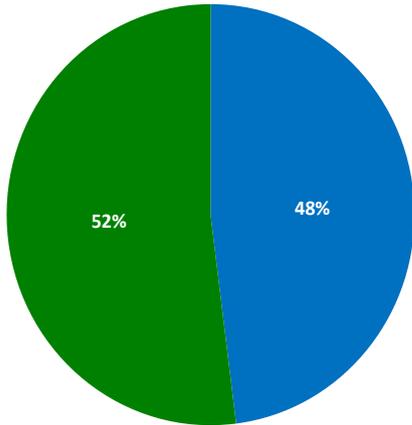


Communication Skills - Telephone Conversation with the Consultant



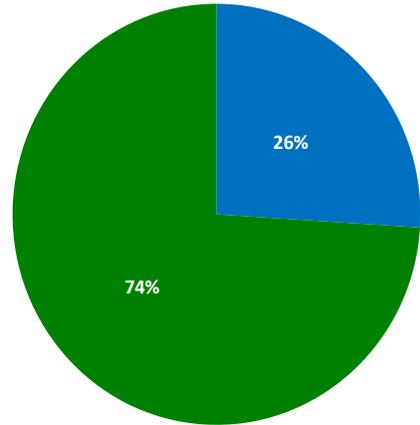
# Overall Feedback

How were the facilities and venue?



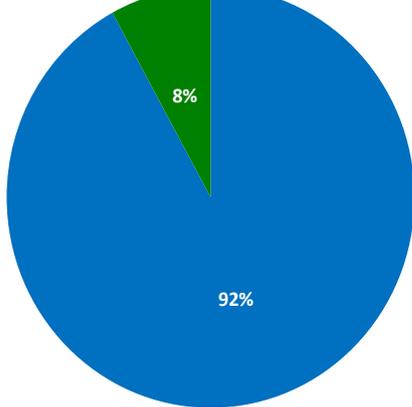
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



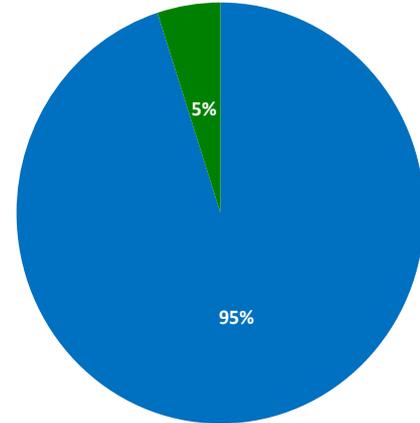
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



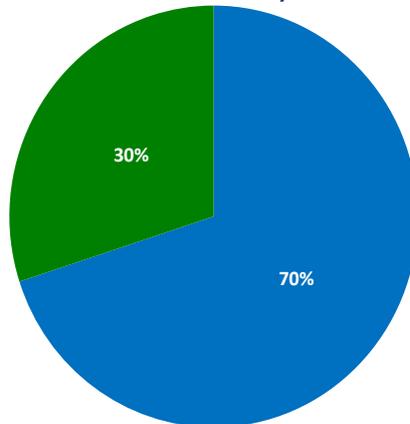
■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

Excellent.

**GS**  
*Southmead Hospital, Bristol, UK*

It was a pleasure to attend and I hope if you could extend the course days for more benefits.

**NE**  
*Natuonal Cancer Insitute Subratha*

A really good course.

**EH**  
*University Hospital of Wales, Cardiff, UK*

Very useful.

**AH**  
*Kings College Hospital, London, UK*

Overall, great course providing key information of high yield topics.

**TM**  
*Royal Blackburn Hospital, Lancashire, UK*

Very thorough discussions regarding the important topics - lots of information to take in but done at a good pace with plenty of breaks to keep us fresh. Fantastic practical skills stations and great discussions with anaesthetists/intensivists, neurosurgeons, cardiothoracics and breast surgeons. Anatomy prosection work was great.

**AP**  
*Manchester Royal Infirmary, Manchester, UK*

Very well organised. Professor Enoch was an amazing tutor.

**FA**  
*Royal Stoke Hospital, Stoke-on-Trent, UK*

Relevant and useful, thank you. Well organised and structured.

**AA**  
*John Radcliffe Hospital, Oxford, UK*

Excellent course, incredibly useful for exam prep.

**MK**  
*Guy's Hospital, Southwark, UK*

## Individual Comments

Excellent.

**MY**

***Morrison Hospital, Swansea, UK***

Very impressed with course as a whole. Very relevant.

**AJ**

***Gloucester Royal Hospital/ Cheltenham General Hospital, Gloucestershire, UK***

Fantastic course, learnt so much from experts within the field, the dissection room was an excellent day to build on concepts. Excellent guidance from Professor and team - boosted confidence.

**BM**

***Warwick Hospital, Warwick, UK***

Very useful course! i would reccomend to my friends completing the part b exam.

**AZ**

***Hull Royal Infirmary, Hull, UK***

The course was amazing- just what I needed to boost my confidence, increase my knowledge and prepare me for this exam!

**KP**

***Stoke Mandeville Hospital, Buckinghamshire, UK***

Intense five day course with excellent material delivered in an excellent manner.

**AS**

***Royal Liverpool Hospital, Liverpool, UK***

Really good.

**CB**

***Royal Bournemouth Hospital, Dorset, UK***



# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



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- No publishing fee
- No cost to read, write or publish!

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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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