



Core Surgical Interview Preparation Course



Feedback - January 2020

Core Surgical Interview Preparation Course

This one-day, intensive course was aimed at Foundation Year and Non-Training Grade Doctors (at Foundation Year/Core Training level) who were applying to the Core Surgical Training Programme Interviews. It intended to guide attendees through the interview process, as well as provide invaluable knowledge and tips. The high faculty-to-candidate ratio and the focus on personalised feedback allowed the course to be of great benefit to the attendees.

The day consisted of a series of lectures, mock interviews, and workshops. The workshops offered attendees an insight into presenting a strong portfolio and enhancing management skills. There were also a number of clinical stations and a feedback session.

Feedback from previous attendees suggests that this course is highly beneficial, with the majority of candidates attaining their first Priority Job following interview.

Course Information

Course Date:	4th January 2020
Venue:	Luckes Entrance, Royal London Hospital, Whitechapel
Attendance:	7 Delegates
Aimed at:	Foundation Trainees; Non-Training Grade Doctors (FY/CT Level)
Course Fee:	£55.00



Course Programme

0900 - 0930	Introduction and Welcome; Mentors Assignment; Division of Candidates into Two Main Groups
0930 - 1100	Group 1: Candidates will be divided further and will rotate through the following stations: 1. Portfolio Station – General Guidance on Portfolio Presentation and Review of Sample Portfolios (30 mins) 2. Guidance on Management Station (30 mins) 3. Guidance on Clinical Station (30 mins) Group 2: Mock Interview
1100 - 1130	Feedback to Candidates
1130 - 1300	Group 1: Mock Interview Group 2: Candidates will be divided further and will rotate through the following stations: 1. Portfolio Station – General Guidance on Portfolio Presentation and Review of Sample Portfolios (30 mins) 2. Guidance on Management Station (30 mins) 3. Guidance on Clinical Station (30 mins)
1330 - 1430	Lunch
1430 - 1700	Round 2 for All Candidates; General Advice from Faculty
1700 - 1730	Feedback and Close

Faculty List

Miss Shumaila Hasan, MBBS, MRCS

Course Convenor

Specialty Registrar in Neurosurgery
Royal London Hospital, London

Mr Zain Sohail, MBBS, MRCS

Course Convenor

Specialty Registrar in Trauma and Orthopaedics
Broomfield Hospital, Chelmsford

Dr Dana Sochorova, MUDr

Core Surgical Trainee

The Queen Elizabeth Hospital King's Lynn NHS Foundation Trust

Ms Dhurka Shanthakumar, MBBS, MRCS

Specialty Registrar in General Surgery
Barking, Havering and Redbridge University Hospitals NHS Trust

Mr Georgios Mamarelis, MBBS, MRCSEd

Specialty Registrar in Trauma and Orthopaedics
Princess Alexandra Hospital, Harlow

Mr Oliver Adebayo, MBBS, MRCS

Specialty Registrar in Trauma and Orthopaedics
Broomfield Hospital, Chelmsford

Dr Rachel Mckinney, BMBS

Core Surgical Trainee

Royal Liverpool and Broadgreen University Hospitals NHS Trust

Mr Sanad Saad, MBBS, MRCS

Specialty Registrar in Urology
Sheffield Teaching Hospitals NHS Foundation Trust

Mr Shahnoor Rashid Ali, MBBS, MRCSEd

Specialty Registrar in Trauma and Orthopaedics
Southend University Hospital, Southend

Dr Tooba Arif, MBChB

Core Surgical Trainee

Lewisham and Greenwich NHS Trust

Mr Vishal Kumar, MBBS, MRCS

Specialty Registrar in Trauma and Orthopaedics
Broomfield Hospital, Chelmsford

Dr Zahra Jaffry, BSc (Hons), MBBS

Core Surgical Trainee

Guy's and St Thomas' NHS Foundation Trust

Faculty List

Course Coordinators

Ms Alexandra Sosu, BN

Registered Nurse

Mid Essex Hospital Services NHS Foundation Trust

Dr Emma Louise Brown, MBChB

Foundation Year Doctor

Mid Essex Hospital Services NHS Foundation Trust

Dr Jonathan Cormack, MBBS

Foundation Year Doctor

Mid Essex Hospital Services NHS Foundation Trust

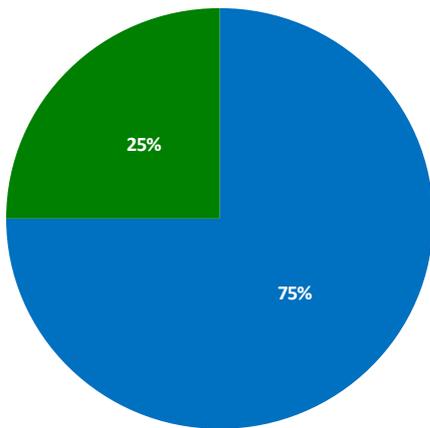
Dr Kalsoom Altaf, MBBS

Foundation Year Doctor

Mid Essex Hospital Services NHS Foundation Trust

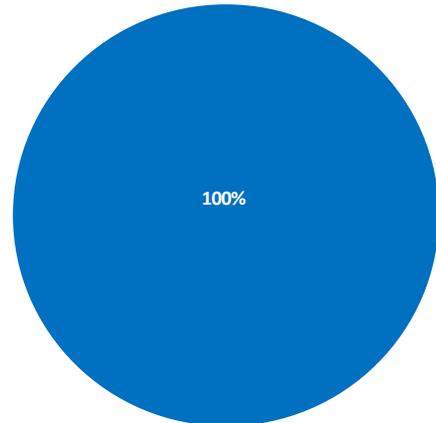
Overall Course Feedback

How was the content of the course?



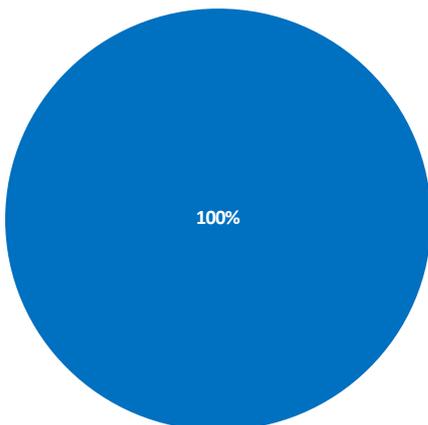
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the tutor-to-delegate ratio?



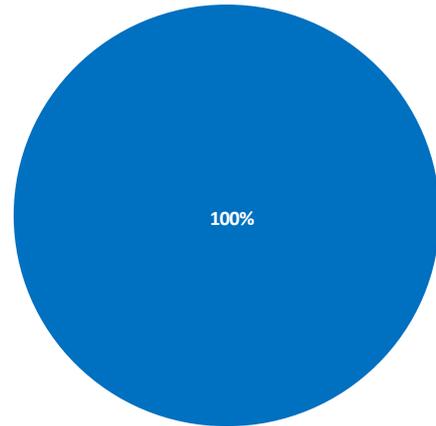
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the information provided?



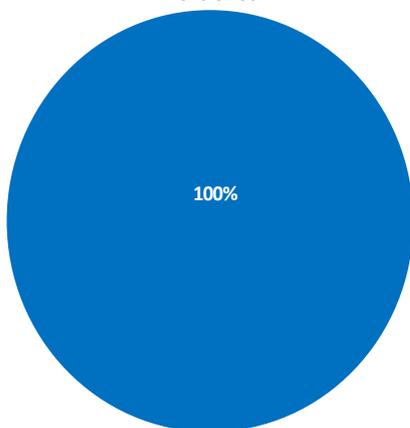
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did you get sufficient time to practice in every station?



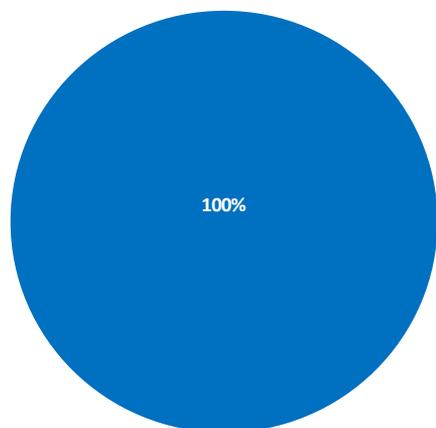
■ Most certainly ■ Certainly ■ Probably ■ A little ■ Not at all

Portfolio Station – General Guidance on Portfolio Presentation and Review of Sample Portfolios



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

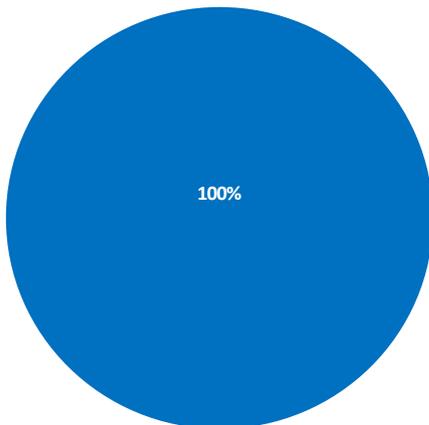
Guidance on Management Station



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

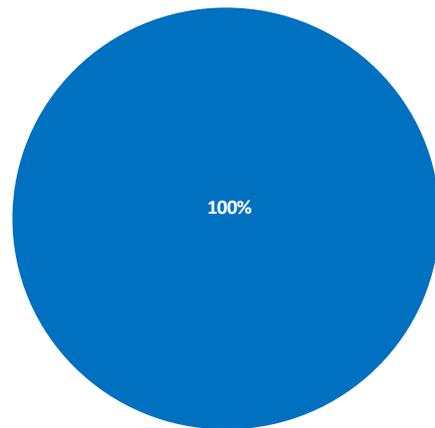
Overall Course Feedback

Guidance on Clinical Station



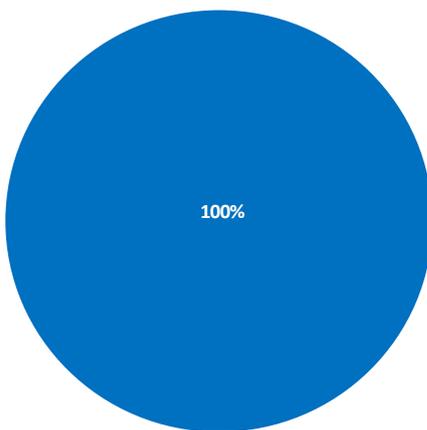
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Mock Interview



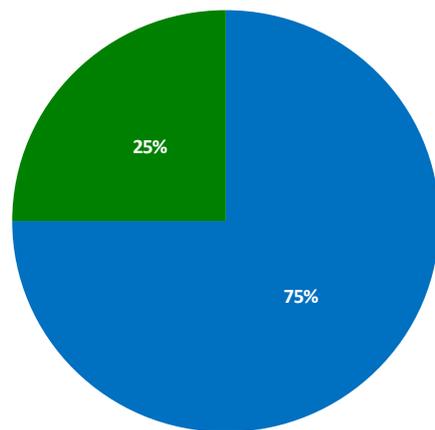
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Feedback to Candidates



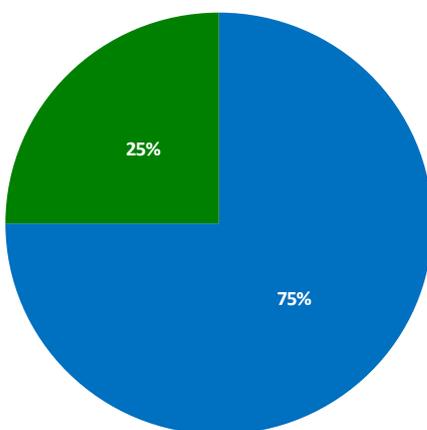
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

General Advice from Faculty



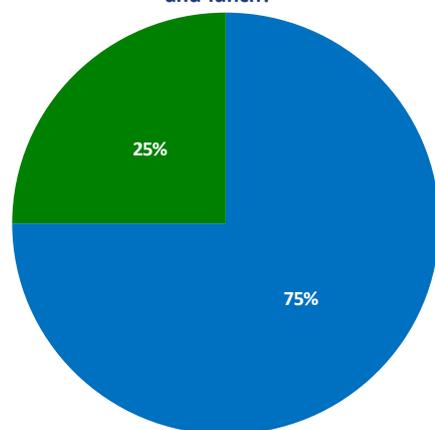
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

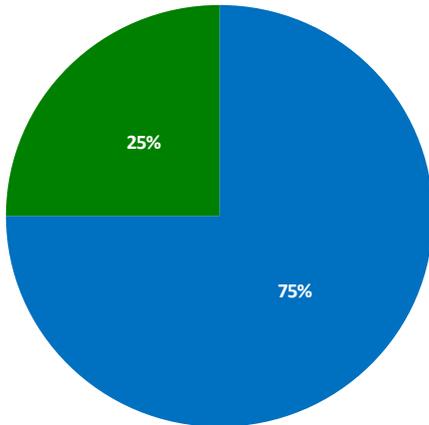
How was the quality of the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

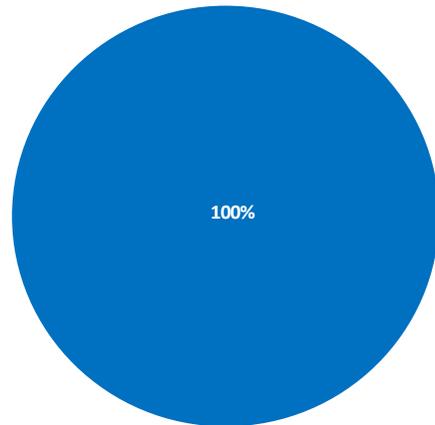
Overall Course Feedback

Were sufficient refreshments provided during the day?



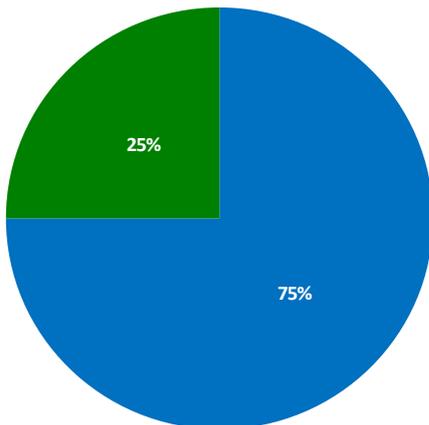
■ Most certainly ■ Certainly ■ Neutral ■ Not really ■ Not at all

How was the general friendliness of the faculty and organisers?



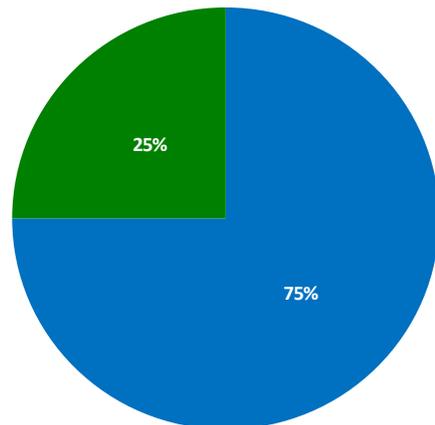
■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

It was good.

SG

Whittington Hospital, London, United Kingdom

The course was very useful. I now feel much better prepared for the interview.

AM

Broomfield Hospital, Chelmsford, United Kingdom

It was great.

DC

Great Western Hospital, Swindon, United Kingdom

It was great.

DV

Chelsea and Westminster Hospital, London, United Kingdom



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

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