

# **Core Surgical Interview Preparation Course**



Feedback - December 2018

## Core Surgical Interview Preparation Course

This one-day, intensive course was aimed at Foundation Year and Non-Training Grade Doctors (at Foundation Year/Core Training level) who will apply to the Core Surgical Training Programme Interviews. It was intended to guide attendees through the interview process, as well as provide invaluable knowledge and tips. The high faculty-to-candidate ratio and the focus on personalised feedback allowed the course to be of great benefit to the attendees.

The day consisted of a series of lectures, mock interviews, and workshops. The workshops offered attendees an insight into presenting a strong portfolio and enhancing management skills. There were also a number of clinical stations and a feedback session.

This course was heavily subsidised and, as such, candidates were able to attend at no cost. Feedback from previous attendees suggests that this course is highly beneficial, with the majority of candidates attaining their first Priority Job following interview.

#### Course Information

Course date: 8th December 2018

Venue: Luckes Entrance, Royal

London Hospital, Whitechapel

Attendance: 30 Delegates

Aimed at: Foundation Trainees,

**Non-Training Grade Doctors** 

(FY/CT level)

Course fee: £55.00



## **Course Programme**

0900 - 0930	Introduction and Welcome; Mentors Assignment; Division of Candidates into Two Main Groups
0930 - 1100	Group 1: Candidates will be divided further and rotate through the following stations:
	Portfolio Station – General Guidance on Portfolio Presentation and Review of
	Sample Portfolios (30mins)
	2. Guidance on Management Station (30 mins)
	3. Guidance on Clinical Station (30 mins)
	Group 2: Mock Interview
1100 - 1130	Feedback to Candidates
1130 - 1300	Group 1: Mock Interview
	Group 2: Candidates will be divided further and rotate through the following stations:
	Portfolio Station – General Guidance on Portfolio Presentation and Review of
	Sample Portfolios (30mins)
	2. Guidance on Management Station (30 mins)
	3. Guidance on Clinical Station (30 mins)

1330 - 1430	Lunch
1430 - 1700	Round 2 for All Candidates; General Advice from Faculty
1700 - 1730	Feedback and Close

#### **Faculty List**

#### Ms Anokha Joseph, MBBS, MRCS

Registrar in General Surgery North Middlesex University Hospital, London

#### Mr Christopher Uff, BSc (Hons), MB ChB, MRCS (England), FRCS (Neurosurgery), PhD

Consultant in Neurosurgery Royal London Hospital, London

#### Ms Dhurka Shanatakumar, MBBS, MRCS

Registrar in General Surgery Barking, Havering, and Redbridge University Hospitals NHS Trust

#### Mr Georgios Mamarelis, MBBS, MRCSEd

Speciality Registrar in Orthopaedic Surgery Princess Alexandra Hospital, Harlow

#### Mr Janso Joseph, MBBS, MRCS

Registrar in General Surgery Southend University Hospital, Southend

#### Mr Jehangir Mahaluxmivala, MS, MSc, FRCS (Tr&Orth)

Faculty Lead Consultant in Trauma and Orthopaedic Surgery Princess Alexandra Hospital, Harlow

#### Mr M Z Sohail, MRCS

Course Convenor Speciality Registrar in Orthopaedic Surgery Broomfield Hospital, Chelmsford

#### Ms Miceala Uberti, MBBS, MRCS

Registrar in Neurosurgery Royal London Hospital, London

#### Ms Natasha Jiwa, MBBS, MRCS

Registrar in General Surgery Charing Cross Hospital, London

#### Mr Nelson Bua, MBBS, MRCSEd

Speciality Trainee in Orthopaedic Surgery Royal London Hospital, London

#### Mr Oliver Adebayo, MBBS, MRCS

Speciality Registrar in Orthopaedic Surgery Broomfield Hospital, Chelmsford

#### Mr Sanad Saad, MRCS

Registrar in Urology

#### Mr Shahanoor Ali Rashid, MBBS, MRCSEd

Speciality Registrar in Orthopaedic Surgery Southend University Hospital, Southend

### **Faculty List**

#### Ms Shumaila Hasan, MRCS

Course Convenor Speciality Registrar in Neurosurgery Royal London Hospital, London

#### Ms Tooba Arif, MBBS

Speciality Trainee in Surgery Queen Elizabeth Hospital, Woolwich

#### Mr Vishal Kumar, MBBS, MRCS

Speciality Registrar in Orthopaedic Surgery Broomfield Hospital, Chelmsford

#### **Course Coordinators**

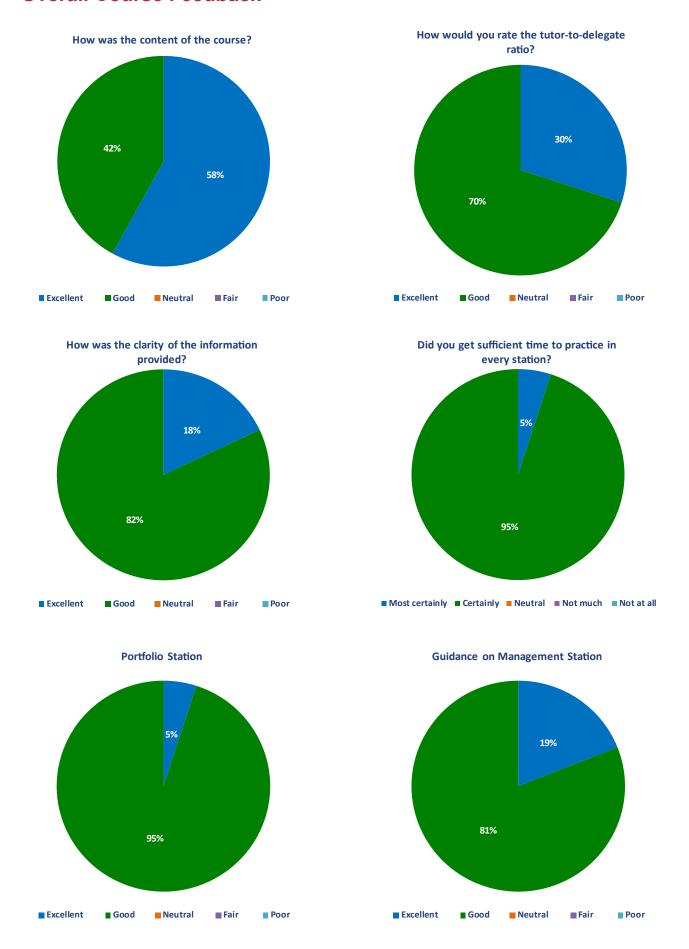
#### Ms Nadia Diego

Princess Alexandra Hospital, Harlow

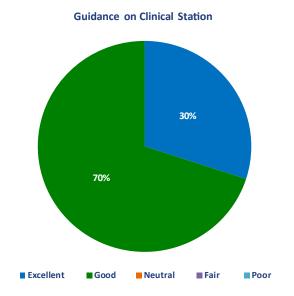
#### **Dr Natasha Khan**

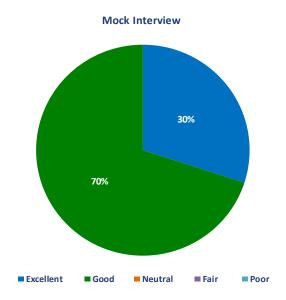
Broomfield Hospital, Chelmsford

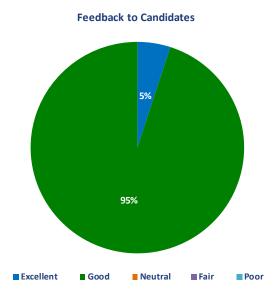
#### **Overall Course Feedback**

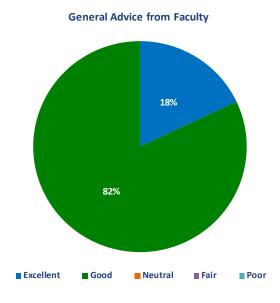


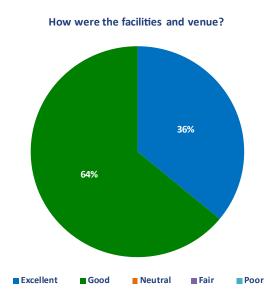
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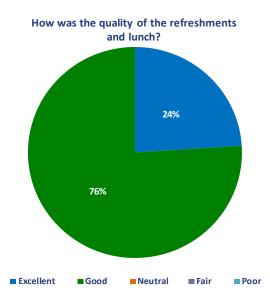




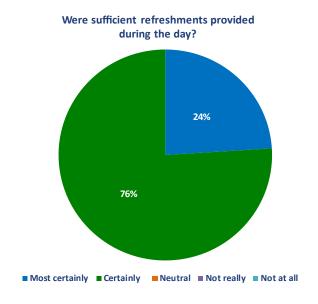


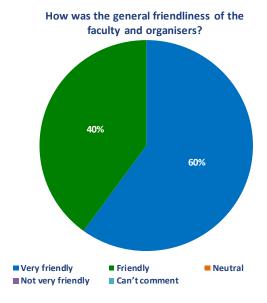


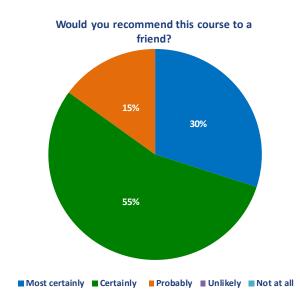


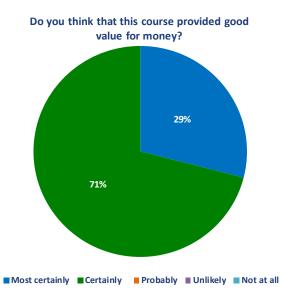


#### **Overall Course Feedback**









## **Individual Comments**

Brilliant event.
RB Queen Elizabeth Hospital, King's Lynn
Good.
DC East Surrey Hospital, Surrey
Well done.
Good course for Surgical aspirants.
BR
Queen Elizabeth Hospital, King's Lynn Really useful as I wasn't entirely familiar with the format of the interview process.
ZA Royal Blackburn Hospital, Blackburn
Good course, good time for practice.
ZL Royal Stoke University Hospital, Stoke
Highly relevant, solid faculty.
NM University Hospitals Bristol NHS Foundation Trust
Well organised. I have done other courses and this is the only one that gave you the opportunity to do a mock as an individual as opposed to small groups and this was so helpful!
KC St Mary's Hospital, London
Excellent.
NI University Hospitals of Nottingham NHS Trust



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#### Courses (a selection):

#### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



#### Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

#### **Publications**



publications.doctorsacademy.org

#### **World Journal of Medical Education & Research**



Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

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#### **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### Resources for:

- Medical Students

- General Surgery Exams

- Dental Students

- Plastic Surgery Exams

- International Entrance Exams

- DOHNS Exams

- MRCS Exams

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