



**9th FRCS (General Surgery)
Exit Exam Preparation Course**

Feedback - January 2017

9th FRCS (General Surgery) Exit Exam Preparation Course

This intensive three-day revision course is designed to help candidates prepare for the Intercollegiate FRCS Examination in General Surgery. Delivered by an experienced group of senior consultants, the course uses a combination of direct vivas, interactive discussions, and patients with signs and symptoms to provide the candidates with a focused revision of pertinent topics.

We are pleased to inform you that the 9th Christie FRCS Exit Revision Course in General Surgery was a resounding success and provided a positive experience for the candidates, patients, teaching faculty and the organisers. All the subspecialties in General Surgery were covered during the three days of the course. In addition to providing key knowledge, this course provided plenty of opportunities for the candidates to practice one-to-one vivas as in the exam. The 8th edition of the course also saw the introduction of a subspecialty viva in addition to the general, academic and basic science vivas as well as the clinical examination. The reprint version of the 1st edition of the book, 'FRCS (Gen Surg): The Road to Success' was also provided to all the delegates to aid their revision.

We would like to sincerely thank all those who taught on the course and provided the delegates with invaluable tips and suggestions. A particular mention must go to our esteemed tutor Mr Pradip Datta MBE who conducted a large proportion of the interactive teaching. This course follows in the footsteps of his highly acclaimed Caithness FRCS course in Wick, Scotland, that he conducted for over 25 years.

All candidates felt that they gained good knowledge from the course and found it useful towards their exam preparation. This is reflected in the feedback they provided that is summarised in this document.



Course Information

Course date: 13th - 15th January 2017

Venue: Christie Hospital
Manchester, UK

Attendance: 23 Delegates

Aimed at:

- Consultants
- Speciality Trainees
- Registrar Level Doctors

(ST5 or above/ST3 or above in General Surgery)

Course fee: £685.00
(inclusive of the book, 'FRCS (Gen Surg): The Road to Success')

Objectives of Course:

- Upon completion a delegate should be confident in their preparation for the oral and clinical parts of Section 2 of the exam.
- A delegate should be able to present and discuss clinical cases as in an exam situation.
- A delegate should of learned correct exam technique to further their preparation.

Endorsed by:



THE ROYAL COLLEGE
OF SURGEONS OF
EDINBURGH

The college awards 6 CPD points for attendance in each day of this course. A total of 18 CPD points are awarded for the three days.

Course Programme

Day 1

0815 - 0845	Registration and Coffee	
0845 - 0900	Welcome and Introduction	Mr C R Selvasekar, Convenor
0900 - 0915	Examination techniques - (10 commandments)	Mr Pradip K Datta
0915 - 1045	Upper gastrointestinal tract (Oesophagus & Stomach)	Mr Pradip K Datta

1045 - 1115 **Coffee break**

1115 - 1245	Breast	Mr Pradip K Datta
--------------------	--------	-------------------

1245 - 1330 **Lunch**

1330 - 1500	Thyroid & Endocrines	Mr Pradip K Datta
--------------------	----------------------	-------------------

1500 - 1600	Head & Neck & Skin Lesions	Mr Pradip K Datta
--------------------	----------------------------	-------------------

1600 - 1615 **Coffee break**

1615 - 1830	Hepatobiliary system & Spleen	Mr Rahul Deshpande
--------------------	-------------------------------	--------------------

Close of Day 1

Course Programme

Day 2

0800 - 0900	Trauma and Emergency Surgery	Mr Pradip K Datta
0900 - 1000	Trauma (Damage control surgery)	Mr Rahul Deshpande
1000 - 1115	Vascular Surgery including (Interventional)	Mr Pradip K Datta

1115 - 1130 **Coffee break**

1130 - 1300	Colorectal and Anus	Mr C R Selvasekar
--------------------	---------------------	-------------------

1300 - 1345 **Lunch**

1345 - 1700	Clinical Vivas	
1345 - 1515	Clinical Viva: General [1hr viva (15min x 4 candidates) + 30min discussion]	

1515 - 1530 **Coffee break**

1530 - 1700	Clinical Viva: Subspeciality [1hr viva (15min x 4 candidates) + 30min discussion]	
--------------------	---	--

Close of Day 2

Course Programme

Day 3

0800 - 0930	Critical Care for Surgeons	Dr Vidya Kasipandian
0930 - 0945	Format of the FRCS Section 2 – Tips on how to succeed	Professor Sarah O'Dwyer

0945 - 1000 **Coffee break**

1000 - 1130	Trauma & Critical care Viva [1hr viva (15min x 4 candidates) + 30min discussion]
1130 - 1300	Academic Viva (All faculty)

1300 -1330 **Lunch**

1330 - 1730	Clinical case presentations (Long and short cases) with discussion <ul style="list-style-type: none">• Endocrine• Transplant surgery, AV fistula, CAPD• Colorectal/PTS• Upper GI/Hepatobiliary• Breast• Hernia• Vascular• Critical care
1745	Summary, Feedback and End of Course

Faculty

Mr Ali Kazem, FRCS (Gen Surg)

Speciality Doctor
Leighton Hospital

Ms Ambareen Kausar, MD, FRCS (Gen)

Consultant General Surgeon
East Lancashire Hospitals NHS Trust

Mr Aninda Chandra, FRCS (Gen)

Consultant Colorectal Surgeon
Royal Derby Hospital

Mr Anthony S Jaipersad, BA, MBBS, FRCS, MD

Consultant Vascular Surgeon
University Hospital Of North Staffordshire,
Stoke on Trent

Mr Arif Khan, FRCSEd, FRCS

Consultant Surgeon
Leighton Hospital

Mr Chelliah Selvasekar, MD, FRCS (Ed), FRCS (Gen), PG Cert (Med Ed), P.G.Dip (Health Executive)

Course Convenor
Consultant Colorectal and Laparoscopic Surgeon
The Christie NHS Foundation Trust, Manchester
Honorary Senior Lecturer, University of Manchester

Mr Jeremy Ward, MB, ChB (Edinburgh), MD (Liverpool), FRCS Ed (Gen Surg)

Consultant Surgeon
Lancashire Teaching Hospitals

Mr Mazyar Fani, MD, FRCS

Consultant Colorectal Surgeon
North-West Region

Mr Mohammed Absar, MS, FRCS (General Surgery)

Consultant in Breast Surgery
The Christie Hospital, Manchester

Miss Nabila Nasir, MS, FRCS, FRCS (Gen)

Consultant Breast Surgeon
North Manchester General Hospital

Faculty

Mr Nasir Iqbal, MBBS, Dip MIS(FRANCE), FRCS (General Surgery)

Consultant in General and Colorectal Surgery
Wigan, Wrightington and Leigh NHS Trust

Mr Omer Aziz, PhD, FRCS

Laparoscopic and Colorectal Surgeon
The Christie NHS Foundation Trust, Manchester

Mr Peter Waterland, MBChB, FRCS

Bariatric Surgeon
Russell's Hall Hospital

Mr Pradip Datta, MBE, MS, FRCS (Ed), FRCS (Eng), FRCS (Irel), FRCS (Glasg)

Principal Course Tutor
Honorary Consultant General Surgeon
Caithness General Hospital, Wick, Scotland
Formerly, Examiner for FRCS and MRCS; Member of Council (2000-2012) and Honorary Secretary (2003-2007), Royal College of Surgeons of Edinburgh

Mr Rahul Deshpande, MD, FRCS

Consultant Hepatobiliary and Pancreatic Surgeon
North Manchester General Hospital

Mr Rajesh Balasubramanian, FRCS (Gen Surg)

Senior Registrar in Breast Surgery
Royal Free Hospital, London

Mr Santosh Somasundaram, FRCS (Gen Surg)

Senior Registrar in Breast Surgery
Royal Free Hospital, London

Mr Sumohan Chatterjee, MBBS, FRCS, FRCS (Gen Surg)

Consultant Breast Surgeon
Salford Royal Hospital

Mr Tunde Campbell, MBBS, FWACS, FRCSEd (Gen Surg)

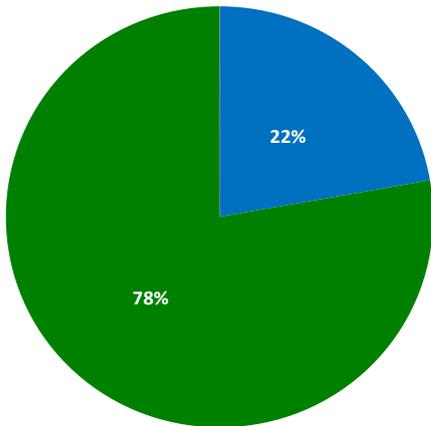
Consultant Transplant Surgeon
Central Manchester University Hospitals

Dr Vidya Kasipandian, MBBS, FRCA, EDICM, FFICM

Consultant in Critical Care and Anaesthesia
The Christie NHS Foundation Trust, Manchester

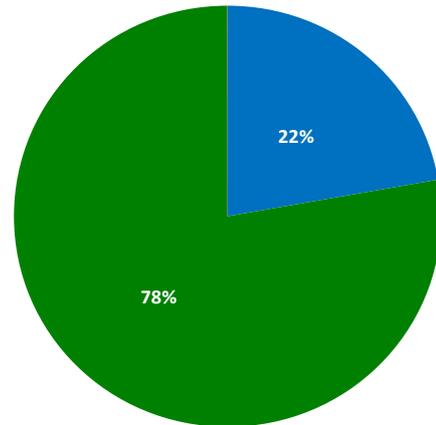
Overall Teaching Feedback

How was the content of the course?



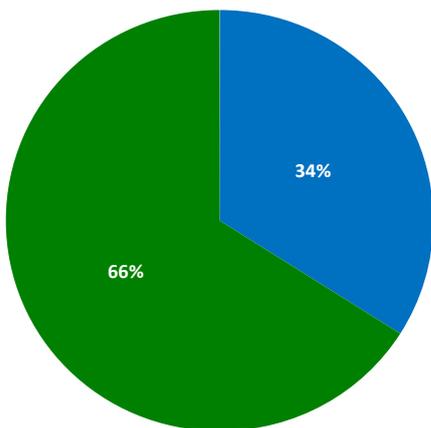
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of presentations?



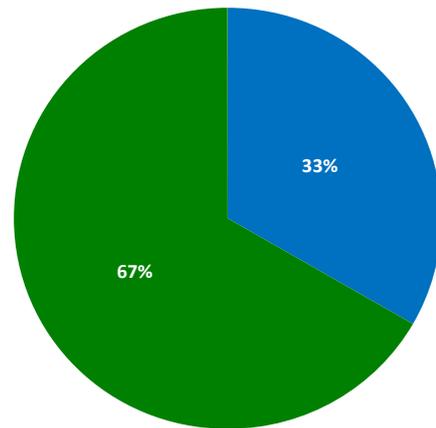
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How do you rate the relevance of the course to your exam?



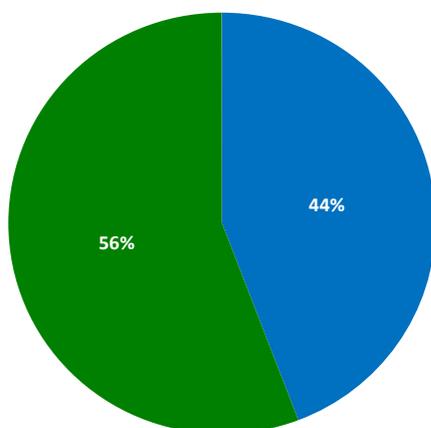
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the lectures?



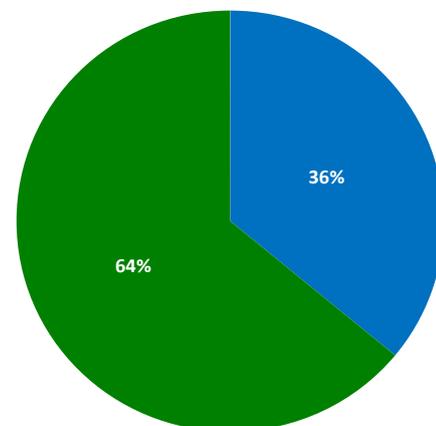
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Examination Techniques - 10 Commandments



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

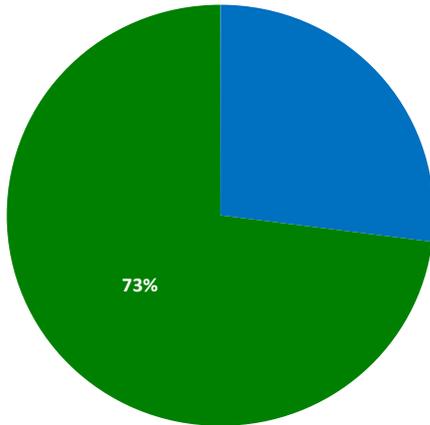
Upper Gastrointestinal Tract (Mr Datta)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

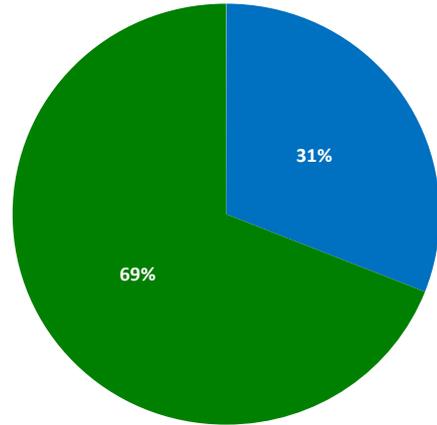
Overall Teaching Feedback

Breast (Mr Datta)



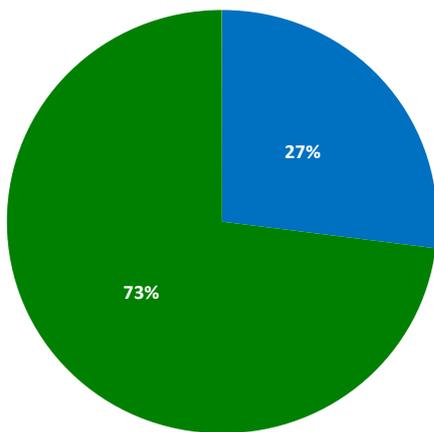
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Thyroid and Endocrines (Mr Datta)



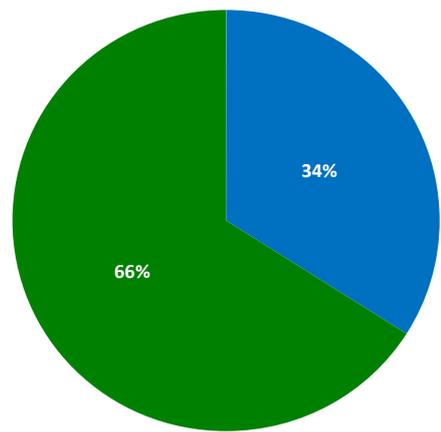
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Head & Neck & Skin Lesions (Mr Datta)



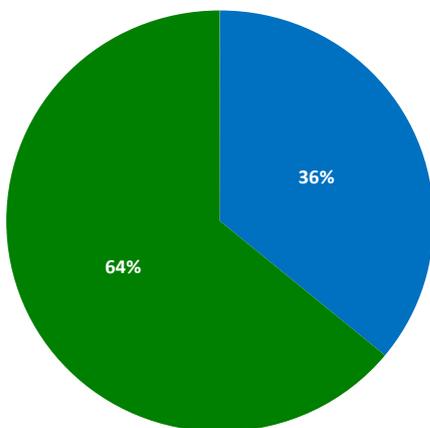
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Hepatobiliary system & Spleen (Mr Deshpande)



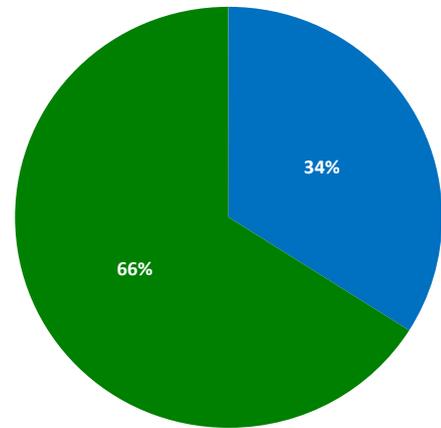
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Trauma and Emergency surgery (Mr Datta)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

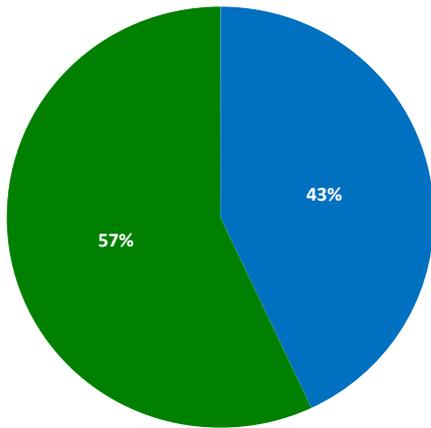
Trauma -Damage control surgery (Mr Deshpande)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

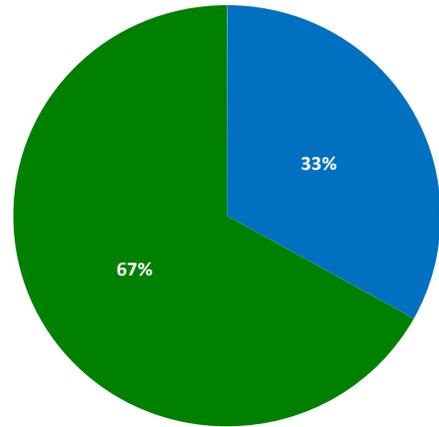
Overall Teaching Feedback

Vascular Surgery (Mr Datta)



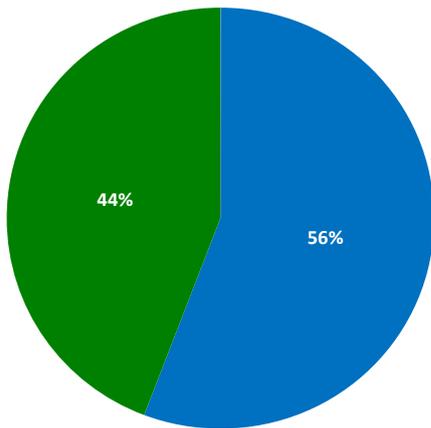
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Colorectal surgery and Anus (Mr Selvasekar)



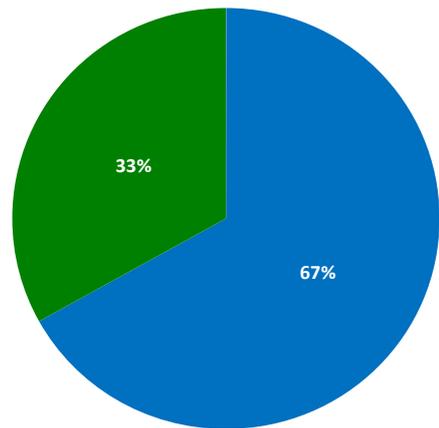
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Viva- General



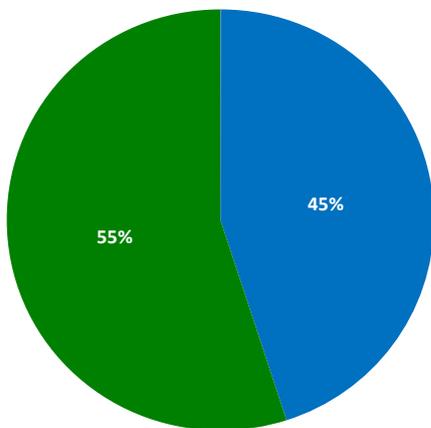
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Viva- Subspeciality



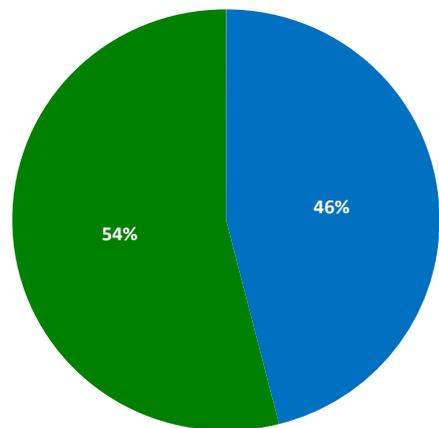
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Critical Care for Surgeons (Dr Kasipandian)



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

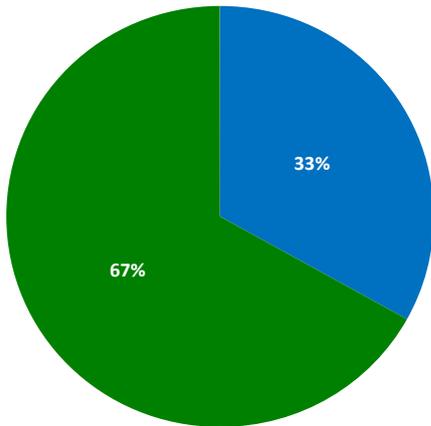
Tips on FRCS Section 2 exam



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

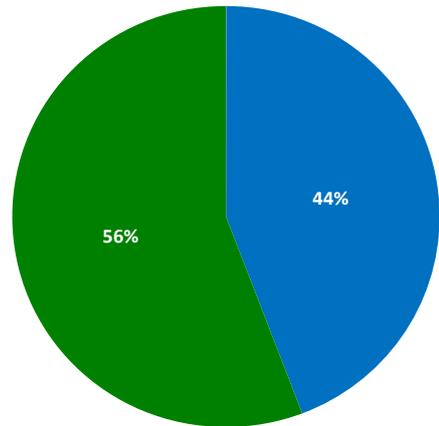
Overall Teaching Feedback

Trauma & Critical care Viva



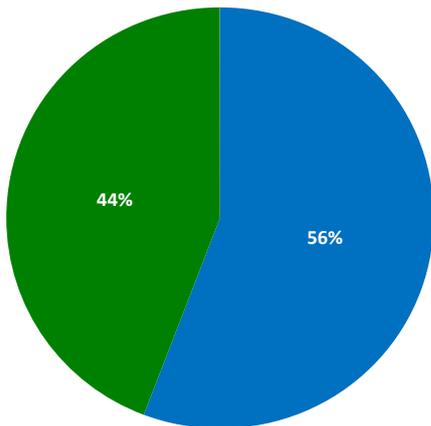
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Academic viva



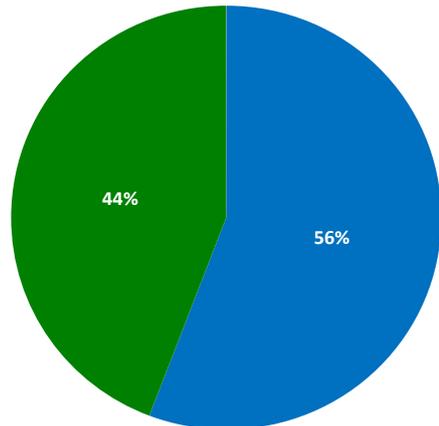
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Clinical Cases



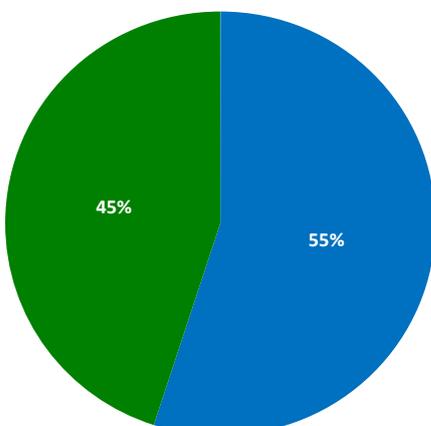
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



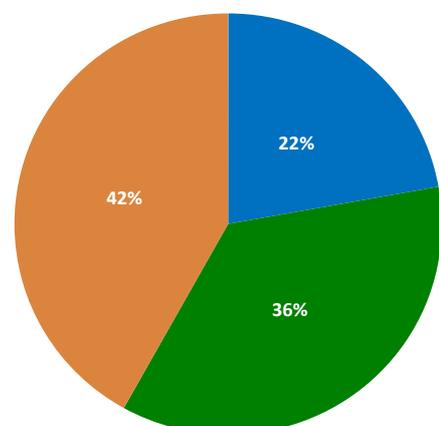
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

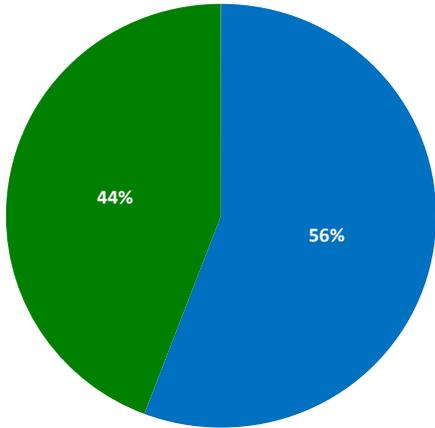
How was the course dinner?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Did not attend

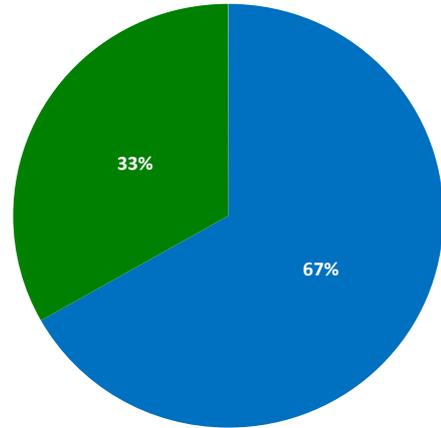
Overall Teaching Feedback

How was the general friendliness of the faculty and organisers?



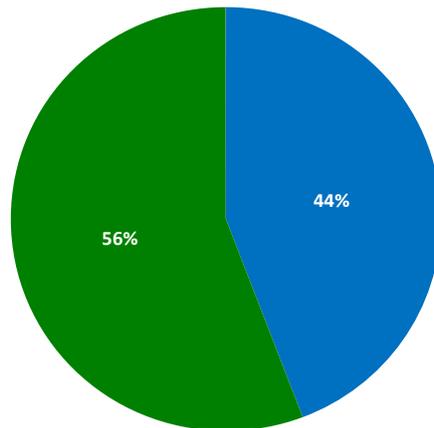
■ Very Friendly ■ Friendly ■ Neutral

Would you recommend this course to a friend?



■ Most Certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most Certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Good.

AH
Addenbrooke's Hospital, Cambridge
Royal Bolton Hospital, Bolton

Good.

MA
Stepping Hill Hospital, Stockport

Excellent and friendly faculty.

MJ
Wythenshawe Hospital, Manchester

Very good.

MA
Sir Charles Gairdner Hospital

I liked the layout of the timetable. The first day mainly being lecture/seminar-based allowed the attendees to become comfortable with each other. The best thing about the course were the practice oral and clinical vivas. The facilities were excellent and all the course refreshments were too. .All faculty members were approachable. Overall outstanding value for money. Great course dinner.

NC
University Hospital of Wales, Cardiff

Very good course overall with good faculty.

ZM
Addenbrooke's Hospital, Cambridge



DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- **International Medical Summer School**
Manchester, 31st July to 4th August 2017
- **International Academic and Research Conference**
Manchester, 5th August 2017
- **World University Anatomy Challenge**
Manchester, 4th August 2017

Publications



publications.doctorsacademy.org

World Journal of Medical Education & Research



Peer-reviewed academic journal
with ISSN.

- No fee to view, read and download articles
- No subscription charges
- No submission fees
- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

wjmer.co.uk

Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

www.doctorexams.co.uk

www.doctorsacademy.org