



**14th FRCS (General Surgery)
Exit Exam Preparation Course**

Feedback - July 2019

14th FRCS (General Surgery) Exit Exam Preparation Course

This intensive three-day revision course was designed to help candidates prepare for the Intercollegiate FRCS Examination in General Surgery. The course, delivered by an experienced group of senior consultants, used a combination of direct vivas, interactive discussions, and patients with signs and symptoms to provide the candidate with a focused revision of pertinent topics.

Learning Style:

- o Interactive discussion and pertinent lectures.
- o Updates on current advances in all sub-specialities.
- o Clinical cases.
- o Academic vivas.
- o Slides of images and pathology specimens were projected and participants were asked common examination questions.
- o Emphasis was laid on all participants to answer questions. Each participant was given time to hone their discussion skills with an examiner and to present the findings confidently.
- o All the viva stations will be covered in detail: Emergency Surgery (including trauma) and Critical Care, General Surgery, General Surgery of Childhood and Declared Subspecialty – Upper GI, Hepatobiliary and Pancreatic Surgery, Colorectal, Endocrine, Breast, Vascular and Transplantation.



Course Information

Course Date:	5 th - 7 th July 2019
Venue:	Education Centre, The Christie, Manchester
Attendance:	23 Delegates
Aimed at:	- Consultants - Speciality Trainees - Registrar Level Doctors

(ST5 or above/ST3 or above in General Surgery)

Course Fee:	£685.00 (inclusive of the book, 'FRCS (Gen Surg): The Road to Success')
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Learning Outcomes:

- Upon completion of this course the candidate should be confident in their preparation for the oral and clinical parts of Section 2 of the examination.
- The candidate should be able to present and discuss clinical cases as in an examination situation.
- The candidate should have learnt correct examination techniques.

Endorsed by:



THE ROYAL COLLEGE
OF SURGEONS OF
EDINBURGH

The college awards 6 CPD points for attendance in each day of this course. A total of 18 CPD points are awarded for the three days.

Course Programme

Day 1

0815 – 0845	Registration and Coffee
0845 – 0900	Welcome and Introduction Mr Chelliah Selvasekar, Course Convener
0900 – 0930	Format of the FRCS Section 2 Professor Sarah O'Dwyer
0930 – 1115	Vascular Surgery Mr Ramasubramanyan Chandrasekar

1115 – 1130 Coffee Break

1130 – 1300	Colorectal Including Emergency Surgery Mr Paul Sutton
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1300 – 1345 Lunch

1345 – 1445	Liver and Gall Bladder Mr Rahul Deshpande
1445 – 1600	Upper GI (Benign and Malignant) Mr Ashok Menon

1600 – 1630 Coffee Break

1630 – 1800	Pancreas Mr Rahul Deshpande (All speciality topics to be case-based discussions.)
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1800	Close of Day 1
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Course Programme

Day 2

0800 – 0930 Critique an Article and An Overview of Basic Statistics (Discussion)
Mr Rahul Deshpande

0930 – 0945 Format of Clinical Vivas
Mr Jonathan Gan

0945 – 1115 General Vivas [1hr viva (15min x 4 candidates) + 30 min discussion]

1115 – 1130 Coffee Break

1130 – 1300 Emergency and Critical Care Vivas [1hr viva (15min x 4 candidates) + 30 min discussion]

1300 – 1400 Lunch

1400 – 1530 Subspeciality Vivas [1hr viva (15min x 4 candidates) + 30min discussion]

1530 – 1600 Coffee Break (Articles will be given to the delegates to critique)

1600 – 1730 Academic and Basic Science [(15min x 4 candidates) + 30 min discussion]

Close of Day 2

Course Dinner: 1830. Venue will be informed on the day.

Faculty

Miss Alison Waghorn, FRCS

Consultant Endocrine and Breast Surgeon
Royal Liverpool University Hospital NHS Trust

Mr Amir Zaheer, FRCS

Clinical Fellow
Leeds Teaching Hospitals NHS Trust

Mr Arif Khan, MBBS, FRCSEd, FRCS (Gen Surg)

Consultant General and Colorectal Surgeon
Mid Cheshire Hospitals NHS Foundation Trust

Mr Ashok Menon, MA (Cantab), FRCS (Gen Surg)

Consultant Upper Gastrointestinal Surgeon
Stockport NHS Foundation Trust

Mr Chelliah Selvasekar, MD, FRCSEd (Gen Surg), MFSTEd, PG Cert (Med Ed), MBA

Consultant General, Colorectal and Laparoscopic Surgeon
The Christie Hospital, Manchester

Ms Ellie Kleidi, MD, PhD, FRCS

Consultant Breast Surgeon
Royal Liverpool and Broadgreen University Hospitals NHS Trust

Dr Girendra Sadara, FRCA

Consultant in Anaesthesia and Critical Care
Wirral University Teaching Hospital NHS Foundation Trust

Mr Hammad Zaidi, MBBS, FCPS (Pak), MRCS, FRCS (Gen Surg)

Consultant Colorectal Surgeon
University Hospitals of North Midlands NHS Trust

Mr Haytham Abudeeb, FRCS

Clinical Fellow
The Christie Hospital, Manchester

Mr Khalid Amin, MD, MRCS, FRCS

Senior Registrar in General and Breast Surgery
East Cheshire NHS Trust

Mr Osama Elhardello, FRCS

Consultant Upper Gastrointestinal and General Surgeon
York Teaching Hospital NHS Foundation Trust

Mr Paul Sutton, MMed, MRCS, FRCS, PhD

Senior Registrar in General Surgery
Health Education North West

Mr Pradeep Kumar, MBBS, MS, FRCSEd

Consultant Gastrointestinal and Laparoscopic Surgeon
Queen's Hospital, Burton Upon Trent

Mr Pradeep Thomas, FRCS

Consultant General Surgeon
Queen's Hospital, Burton Upon Trent

Faculty

Mr Rahul Deshpande, MBBS, MS, FRCS (Ed), FRCS (Gen Surg)
Consultant Hepatobiliary and Pancreatic Surgeon
Central Manchester University Hospitals NHS Foundation Trust

Mr Rajaram Burrah, FRCS
Senior Registrar in Breast Surgery
Wirral University Teaching Hospital NHS Foundation Trust

Mr Rajasundaram Rajaganeshan, MBBS, MD, FRCS
Consultant General and Colorectal Surgeon
St Helens and Knowsley Hospitals NHS Trust

Mr Ramasubramanyan Chandrasekar, MBBS, FRCS, FRCSEd
Consultant Vascular and General Surgeon
Wirral University Teaching Hospital NHS Foundation Trust

Ms Sadaf Jafferbhoy, FRCS
Senior Registrar in Breast Surgery
West Midlands Deanery

Professor Siba Senapati, MS, FRCS, FRCS (Gen Surg)
Consultant Upper GI and Bariatric Surgeon
Salford Royal Hospital, Salford

Mr Sriram Rajagopalan, MD, FRCS
Consultant Vascular Surgeon
University Hospital North Staffordshire and Leighton Hospital

Mr Sumohan Chatterjee, MBBS, FRCS (CSIG London), FRCS (Gen Surg)
Consultant Breast Surgeon
Manchester University NHS Foundation Trust

Mr Taher Fatayer, MBChB, MRCS, FRCS
Speciality Doctor in General and Colorectal Surgery
Wythenshawe Hospital, Manchester

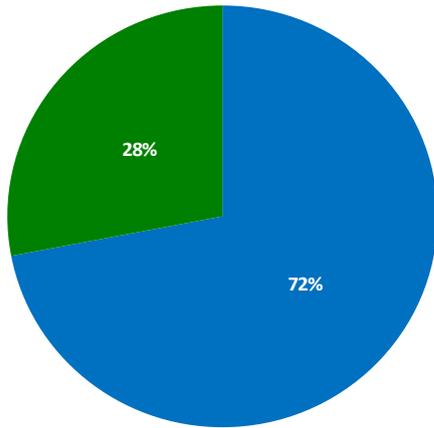
Mr Tasadooq Hussain, MD, BA, MFSTEd, FRCS
Senior Registrar in General and Colorectal Surgery
Manchester University NHS Foundation Trust

Mr Tony Jaipersad, MBBS, FRCS
Consultant Vascular Surgeon
University Hospitals of North Midlands NHS Trust

Mr Tunde Campbell, MBBS, FWACS, FRCSEd (Gen Surg), PGCert Ed
Consultant Transplant Surgeon
Manchester University NHS Foundation Trust

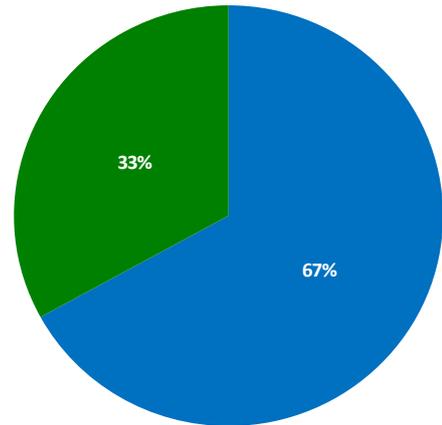
Overall Teaching Feedback

How was the content of the course?



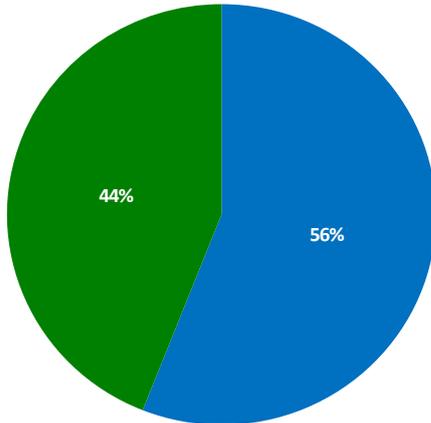
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



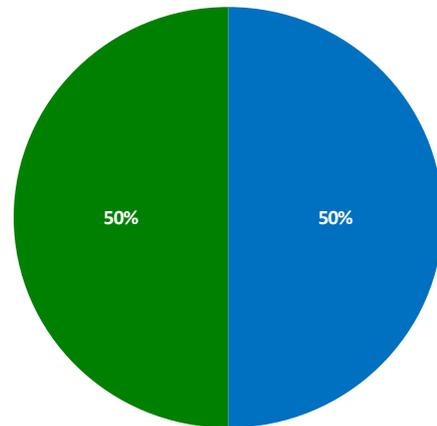
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



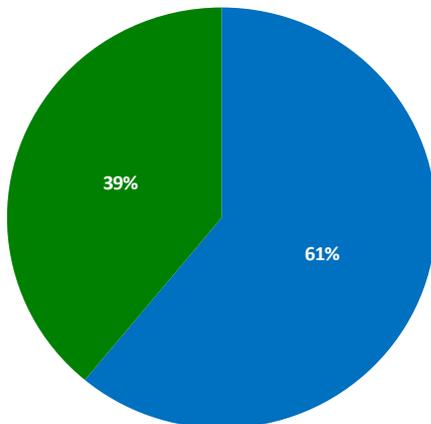
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the presentations?



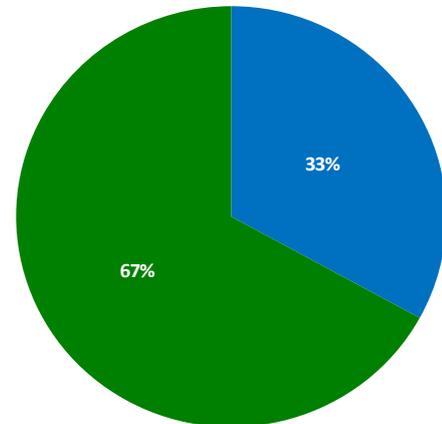
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the relevance of the course to your exam?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

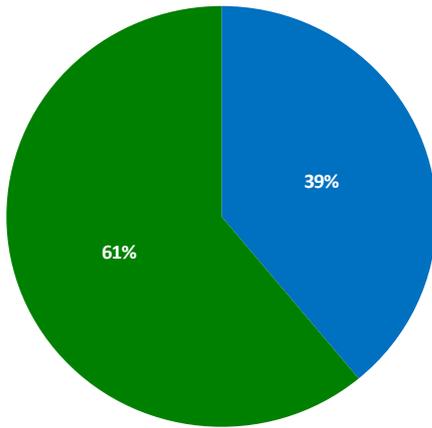
Information and Contents of the Book



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

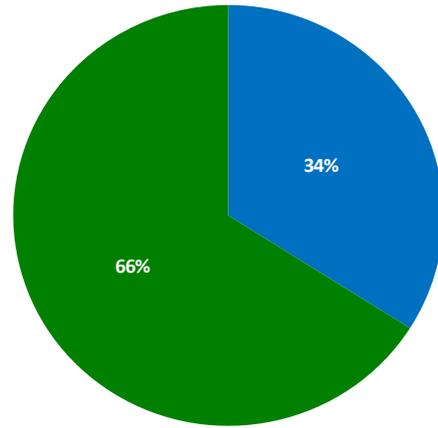
Overall Teaching Feedback

Layout of the Book



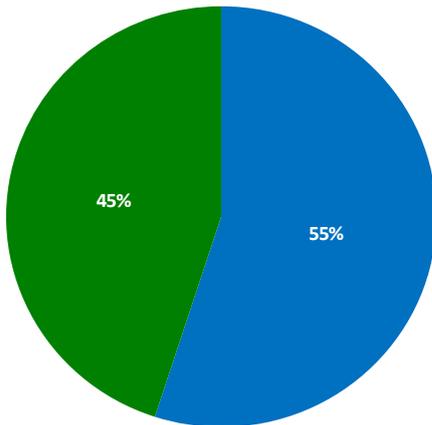
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Usefulness of the Book



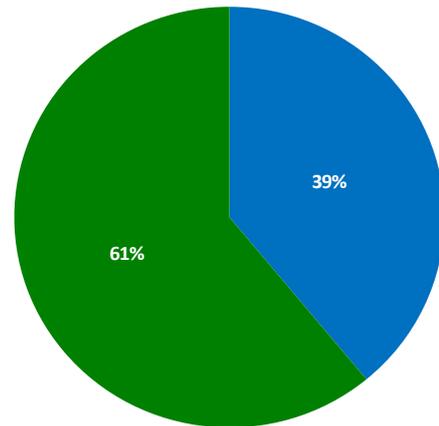
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Format of the FRCS Section 2 - Professor Sarah T O'Dwyer



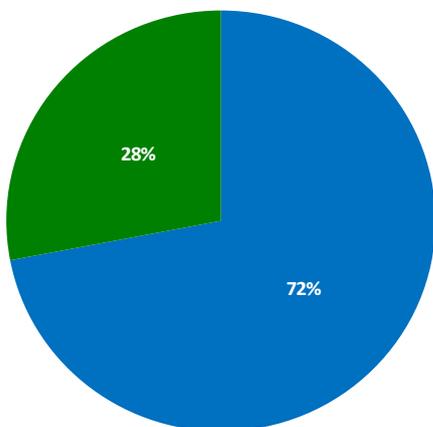
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Vascular Surgery - Mr Ramasubramanyan Chandrasekar



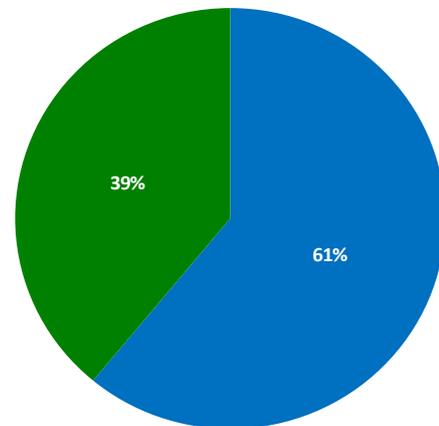
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Colorectal Including Emergency Surgery - Mr Paul Sutton



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

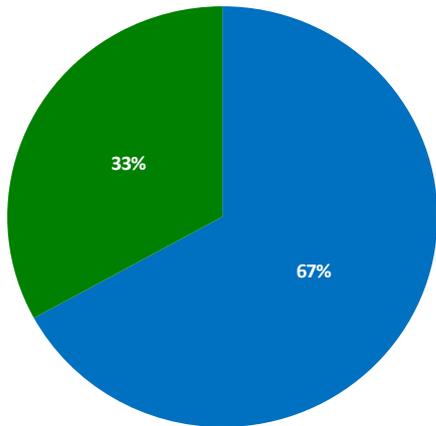
Liver and Gallbladder - Mr Rahul Deshpande



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

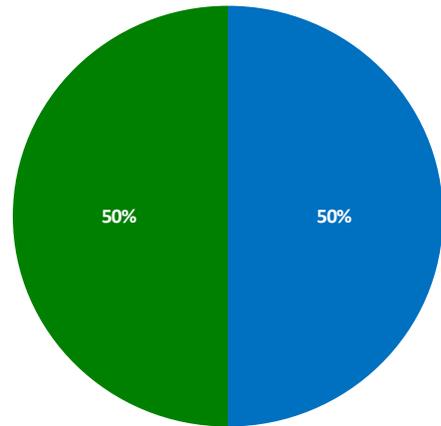
Overall Teaching Feedback

Upper GI (Benign and Malignant) - Mr Ashok Menon



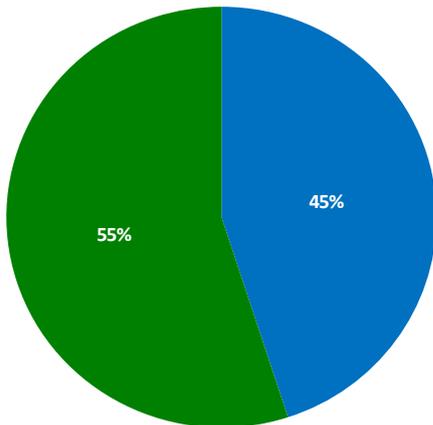
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Pancreas - Mr Rahul Deshpande



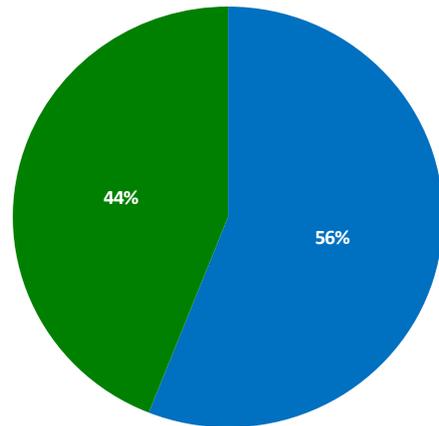
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Critiquing a Paper - Mr Chelliah Selvasekar



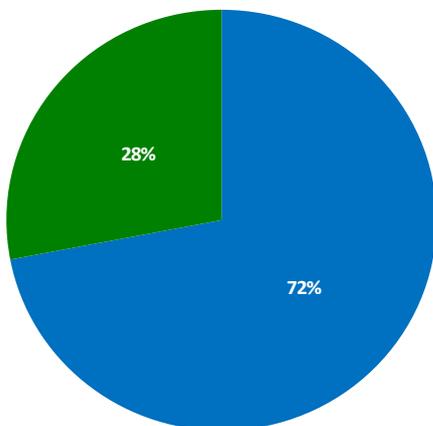
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Overview of Basic Statistics - Mr Rahul Deshpande



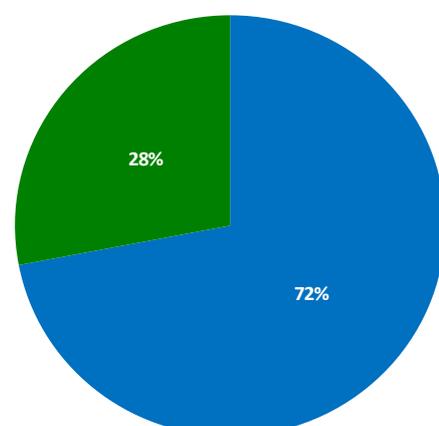
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General Vivas



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

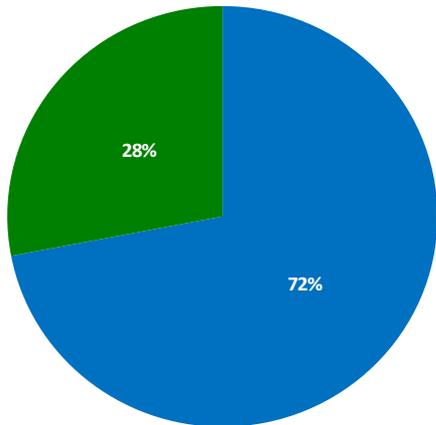
Subspecialty Vivas



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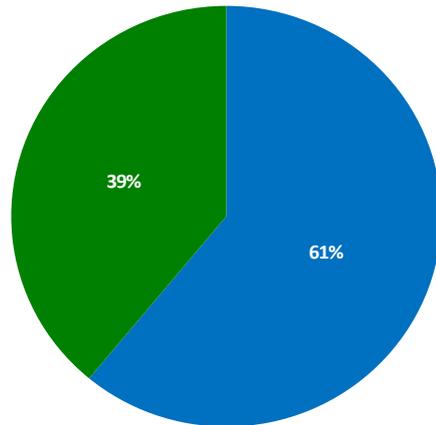
Overall Teaching Feedback

Emergency and Critical Care Vivas



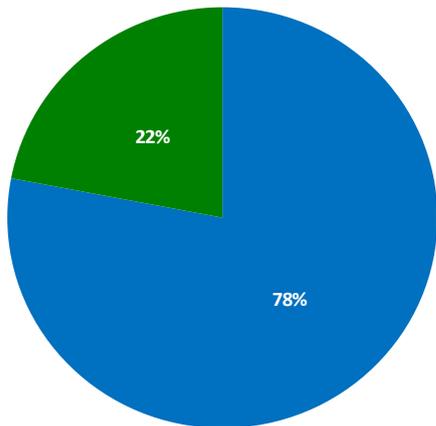
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Academic and Basic Science Vivas



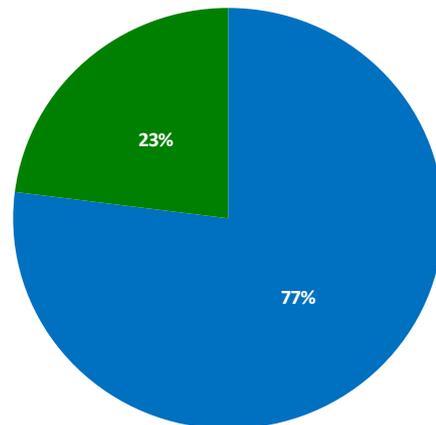
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Critical Care for Surgeons - Dr Girendra Sadera



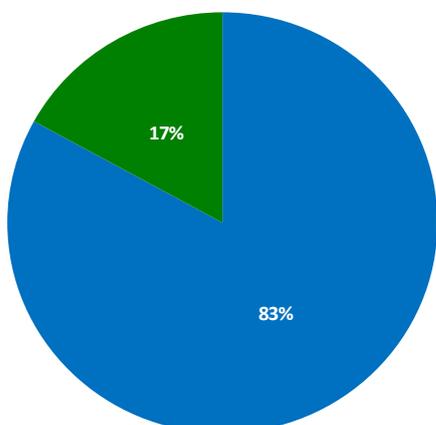
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Breast Surgery - Mr Sumohan Chatterjee



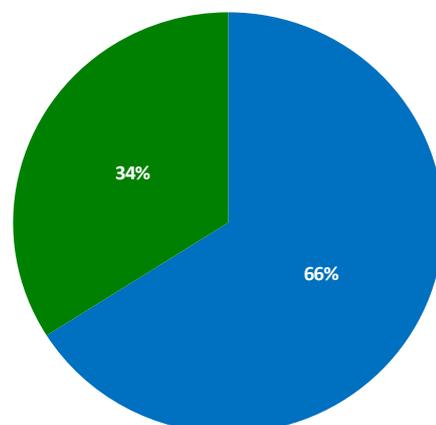
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Endocrine Surgery - Miss Alison Waghorn



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

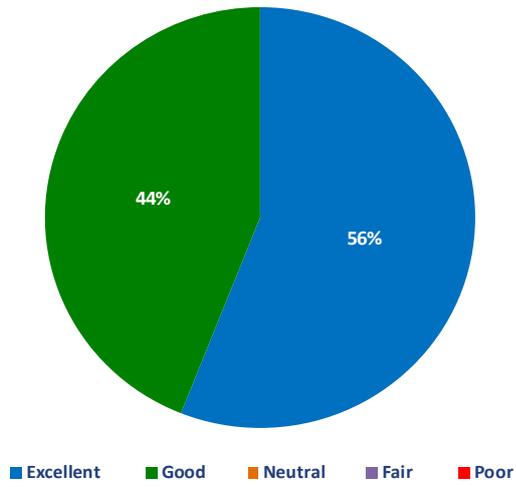
Basic Trauma Management - Mr Paul Sutton



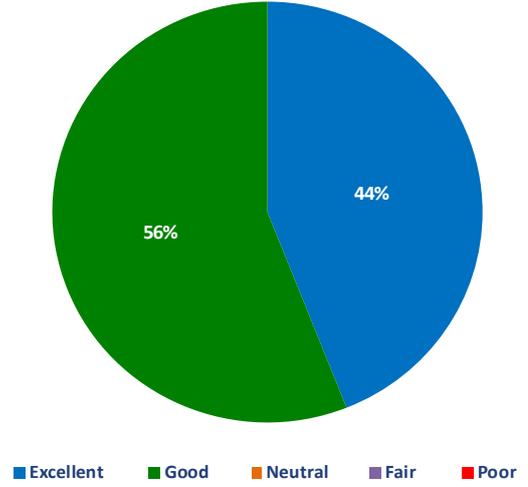
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Overall Teaching Feedback

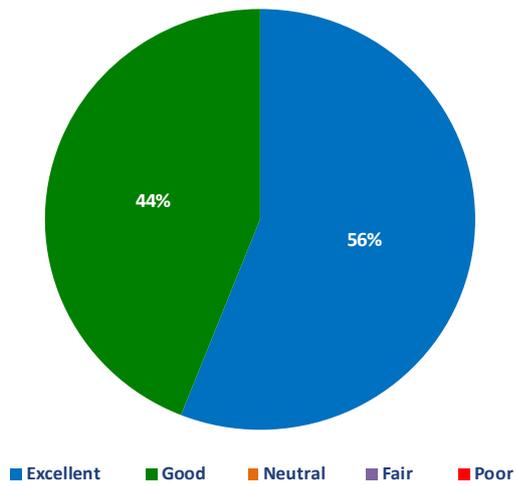
Clinical Case Presentation - Transplant/Vascular



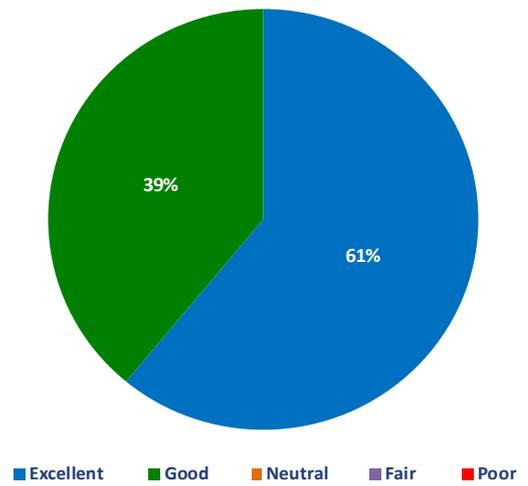
Clinical Case Presentation - Breast/Endocrine



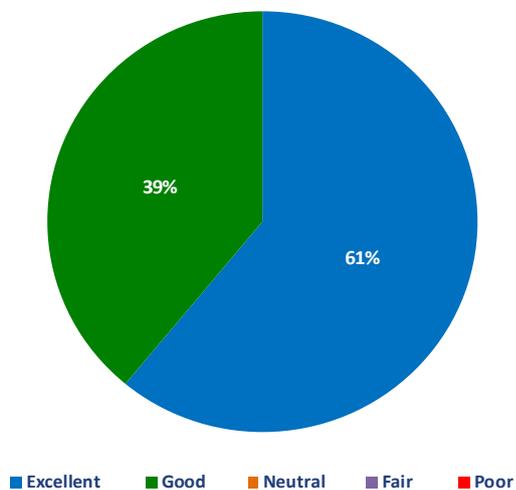
Clinical Case Presentation - Colorectal/Bariatric



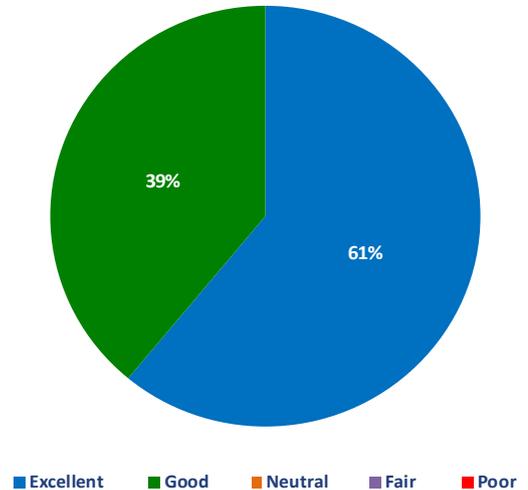
Clinical Case Presentation - UGI/General



Clinical Case Presentation - Colorectal/UGI

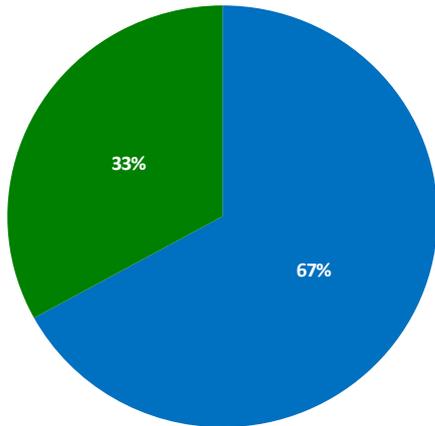


Clinical Case Presentation - Colorectal/HPB



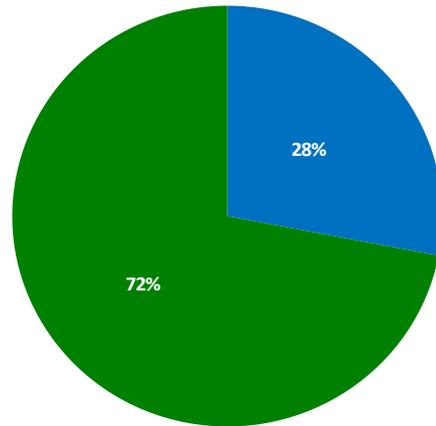
Overall Teaching Feedback

How were the facilities and venue?



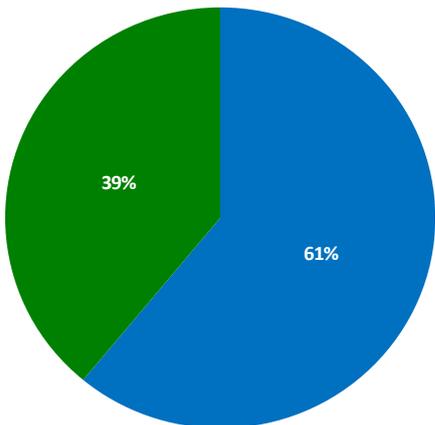
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



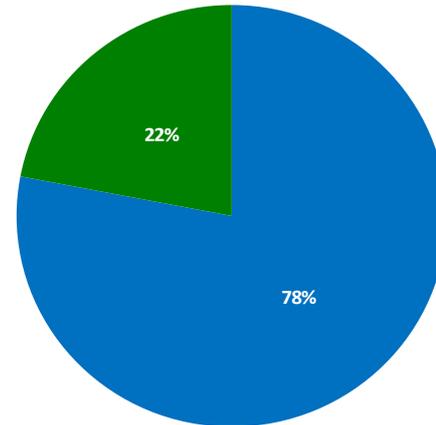
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did you attend the course dinner?



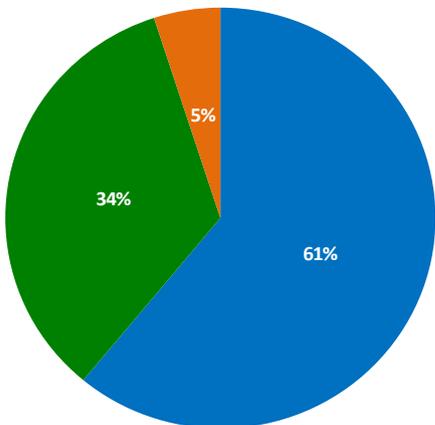
■ Yes ■ No

How was the general friendliness of the faculty and organisers?



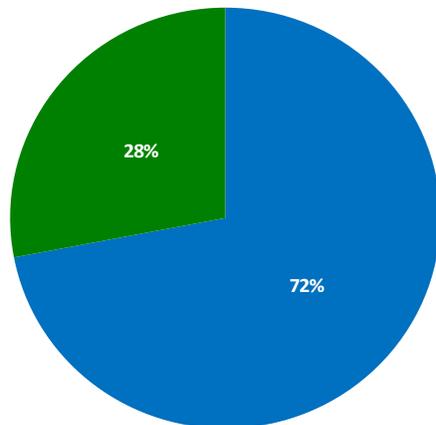
■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

It was great.

RO

St George's University Hospitals NHS Foundation Trust, United Kingdom

It was a very good course to give a general idea about what to expect in the real exam. It was definitely relevant.

GE

Sherwood Forest Hospitals NHS Foundation Trust, United Kingdom

It was superb.

RG

Russells Hall Hospital, Dudley, United Kingdom

The course was great.

PA

Stepping Hill Hospital, Stockport, United Kingdom

Excellent.

IS

University Hospital of North Durham, Durham, United Kingdom

It was highly relevant.

HW

University Hospitals of Leicester NHS Trust, United Kingdom

The faculty were top class and were experts in their field. I felt put under pressure during the vivas, which was great preparation for the part 2 exam. The feedback was fair, constructive and very helpful. Virtually every session was helpful and well-structured.

MD

Dartford and Gravesham NHS Trust, United Kingdom

It was very relevant and provided good value for money.

AA

University Hospitals of Leicester NHS Trust, United Kingdom

It was good.

AH

Northern Lincolnshire and Goole NHS Foundation Trust, United Kingdom

Individual Comments

The course was fantastic; it exceeded my expectations.

MS

Maidstone and Tunbridge Wells NHS Trust, United Kingdom



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



publications.doctorsacademy.org

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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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