



The Christie  
School of Oncology

4<sup>th</sup> FRCS (General Surgery) Exit  
Exam Preparation Course

Feedback - January 2015

## 4<sup>th</sup> FRCS (General Surgery) Exit Exam Preparation Course

This intensive three-day revision course is designed to help candidates prepare for the Intercollegiate FRCS Examination in General Surgery. Delivered by an experienced group of senior consultants, the course used a combination of direct vivas, interactive discussions, and patients with signs and symptoms to provide the candidate with a focused revision of pertinent topics.

We are pleased to inform you that the 4th Christie FRCS Exit Revision Course in General Surgery was a great success and provided a positive experience for candidates, patients, teaching faculty and the organisers. Through the three days all sub-specialities in General Surgery were covered. In addition to providing key knowledge the unique feature of this course, our one-to-one vivas like in the exam, really put delegate on the spot and tested their knowledge and skills to prepare them for the exam.

We would like to thank all those that taught on the course from Manchester and beyond to provide delegates with inestimable tips and suggestions. A particular mention must go to our esteemed tutor Mr Pradip Datta that conducted most of the interactive teaching. This course follows in the footsteps of his highly acclaimed Caithness FRCS course in Wick, Scotland, that he conducted for over 20 years.

All candidates felt the course was a resounding success with very useful information and tips provided. This is demonstrated by the feedback presented in this document and the continued success of the course.



### Course Information

**Course date:** 9th - 11th January 2015

**Venue:** Christie Hospital  
Manchester, UK

**Attendance:** 22 Delegates

**Aimed at:**

- Consultants
- Speciality Trainees
- Registrar Level Doctors

**(ST5 or above/ST3 or above in General Surgery)**

**Strongly advised for trainees that have completed Section 1 (SBA & EMI Component) of the exam, or are thinking of doing it soon.**

**Course fee:** £650.00

### Objectives of Course:

- Upon completion a delegate should be confident in their preparation for the oral and clinical parts of Section 2 of the exam.
- A delegate should be able to present and discuss clinical cases as in an exam situation.
- A delegate should of learned correct exam technique to further their preparation.

### Endorsed by:



THE ROYAL COLLEGE  
OF SURGEONS OF  
EDINBURGH

The college awards 18 CPD points for attendance at this course.

## Course Programme - Day One

<b>0830 - 0900</b>	Registration & Coffee	Mr C R Selvasekar, Convenor
<b>0900 - 0915</b>	Welcome & Introduction	Mr Pradip K Datta
<b>0915 - 0930</b>	Examination Techniques - 10 Commandments	Mr C R Selvasekar
<b>0930 - 1100</b>	Upper gastrointestinal tract	Mr Pradip K Datta

**1100 - 1115** **Break for refreshments**

<b>1115 - 1245</b>	Lower gastrointestinal tract	Mr C R Selvasekar
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**1230 - 1330** **Lunch**

<b>1330 - 1530</b>	Pancreas & Spleen	Mr Pradip K Datta
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**1230 - 1330** **Break for Refreshments**

<b>1600 - 1800</b>	Thyroid & Endocrines	Mr Pradip K Datta
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<b>1800</b>	End of Day One	
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## Course Programme - Day Two

**0800 - 1000**      Trauma & Emergency Surgery      Mr Pradip K Datta

**1000 - 1100**      Scenario based Critical Care      Mr Pradip K Datta

**1100 - 1115**      **Break for refreshments**

**1115 - 1245**      Vascular Surgery      Mr Pradip K Datta

**1245 - 1345**      **Lunch**

**1345 - 1445**      Anus & anal canal      Mr Omer Aziz

**1445 - 1545**      Head and Neck & Skin Lesions      Mr Pradip K Datta

**1545 - 1615**      **Break for Refreshments**

**1615 - 1715**      Hepatobiliary System      Mr Rahul Deshpande

**1715 - 1800**      Breast      Mr Pradip K Datta

**1800**      End of Day Two

## Course Programme - Day Three

<b>0800 - 0915</b>	Critical Care Surgery	Dr Vidya Kasipandian
<b>0915 - 0930</b>	Format of FRCS Section 2 - Tips on how to succeed	Ms Sarah O'Dwyer
<b>0930 - 0950</b>	The FRCS Examination - How to pass & avoid pitfalls	Mr N Simha / Ms C Mason

### **0950 - 1010** Break for refreshments

<b>1010 - 1110</b>	Academic viva (All Faculty)	
<b>1110 - 1130</b>	Update in Upper GI surgery	Mr Abdus Samee
<b>1130 - 1150</b>	Update in Lower GI surgery	Mr Omer Aziz
<b>1150 - 1210</b>	Update in Hepatobiliary surgery	Mr Thomas Satyadas
<b>1210 - 1230</b>	Update in Pancreas	Mr Rahul Deshpande
<b>1230 - 1250</b>	Update in Vascular surgery	Mr Sriram Rajagopalan

### **1250 - 1330** Lunch

<b>1330 - 1730</b>	Clinical case presentation & discussion - Endocrine - Transplant surgery, AV fistula, CAPD - Colorectal / PTS - Upper GI / Hepatobiliary - Breast - Hernia - Vascular	
<b>1730</b>	Feedback & Summary	
<b>1745</b>	End of Course	

## Faculty List

**Mr Abdus Samee, MS, FRCS, MD, FRCS (Gen Surg)**

Surgical Registrar

University Hospital of North Staffordshire, Hartshill

**Miss Anjana Satpathy, MS Med, FRCS**

Consultant Breast and Oncoplastic Surgeon

Glan Clwyd Hospital, Rhyl

**Mr Ali Kazem, FRCS (Gen Surg)**

Speciality Doctor

Leighton Hospital, Crewe

**Mr Arif Khan, FRCSEd, FRCS**

Consultant Surgeon

Leighton Hospital, Crewe

**Mr Cheliah Selvasekar, MD, FRCS (Ed), FRCS (Gen), PG Cert (Med Ed), P.G.Dip (Health Executive)**

Course Convenor

Consultant Colorectal and Laparoscopic Surgeon

Christie Hospital, Manchester

Honorary Senior Lecturer, University of Manchester

**Ms Clare Mason, FRCS (Gen Surg)**

Senior Registrar in Colorectal Surgery

Christie Hospital, Manchester

**Miss Claudia McKean, MB ChB, FRCS, FRCS (Gen)**

Surgical Tutor & Consultant Breast Surgeon

Countess of Chester Hospital

**Mr Ismail Mallick, MBBS, MRCS, FRCS (Gen Surg)**

Senior Registrar in Surgery

Yorkshire Deanery

**Mrs Nabila Nasir, MS, FRCS, FRCS (Gen)**

Consultant Breast Surgeon  
North Manchester General Hospital

**Mr Nasir Iqbal, MBBS, Dip MIS (France), FRCS (General Surgery)**

Consultant in General and Colorectal Surgery  
Wrightington, Wigan & Leigh NHS Foundation Trust

**Mr. N. Srinivasaiah, MD, MRCS (Eng, Ed, Glas), MRCSI(Dub), (DNB-Ind), FRCS (Gen Surg)**

Specialty Registrar, General Surgery,  
South East Thames Deanery

**Mr Omer Aziz, PhD, FRCS**

Laparoscopic and Colorectal Surgeon  
Christie Hospital, Manchester

**Mr Rahul Deshpande, MD, FRCS**

Consultant Hepatobiliary and Pancreatic Surgeon  
North Manchester General Hospital

**Mr Pradip K Datta MBE, MS, FRCS (Ed), FRCS (Eng), FRCS (Irel), FRCS (Glasg)**

Principal Course Tutor  
Honorary Consultant General Surgeon  
Caithness General Hospital, Wick, Scotland  
Formerly, Examiner for FRCS and MRCS; Member of Council (2000-2012) and Honorary Secretary (2003-2007), Royal College of Surgeons of Edinburgh.

**Mr Sajal Rai, MD, FRCS, FRCS (Gen Surg)**

Consultant Laparoscopic and Colorectal Surgeon  
Stepping Hill Hospital, Stockport

**Miss Sarah O'Dwyer, MD, FRCS**

Consultant Colorectal Surgeon,  
Christie Hospital, Manchester

**Mr Siba Senapati, MS, FRCS, FRCS (Gen)**

Upper GI Surgeon  
Salford Royal Hospital, Manchester

**Mr Sriram Rajagopalan, MD, FRCS**

Consultant in Vascular Surgery  
Leighton Hospital, Crewe

**Mr Sumohan Chatterjee, MBBS, FRCS, FRCS (Gen Surg)**

Consultant Breast Surgeon,  
Salford Royal Hospital, Manchester

**Mr Thomas Satyadas, MS, FRCS (Gen Surg)**

Consultant Hepatobiliary Surgeon  
Manchester Royal Infirmary

**Mr Tim Bullen, FRCS (Gen Surg)**

Senior Registrar in Surgery  
Christie Hospital, Manchester

**Mr Tunde Campbell, MBBS, FWACS, FRCSEd (Gen Surg)**

Consultant Transplant Surgeon  
Central Manchester University Hospitals

**Ms Vasha Kaur, MB ChB (Hons), MRCS, FRCS (Gen Surg)**

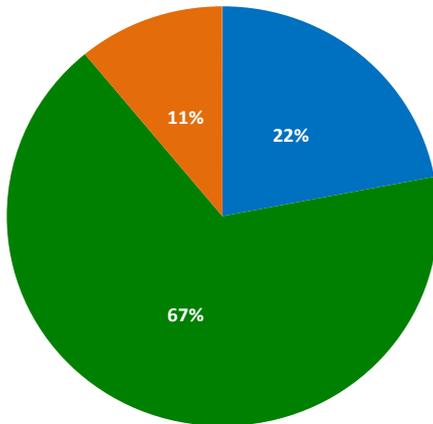
Senior Registrar in Surgery  
London Deanery

**Dr Vidya Kasipandian, MBBS, FRCA, EDICM, FFICM**

Consultant in Critical Care and Anaesthesia  
Christie Hospital, Manchester

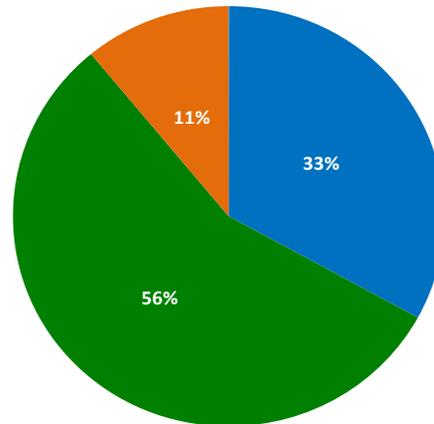
## Overall Course Feedback to the Questions:

How was the overall content of the course?



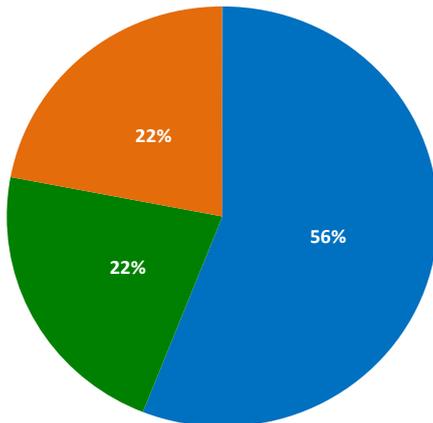
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How was the clarity of presentations/demonstrations?



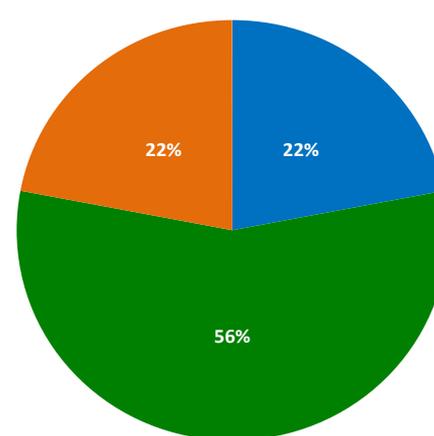
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How would you rate the relevance of the course to your exam?



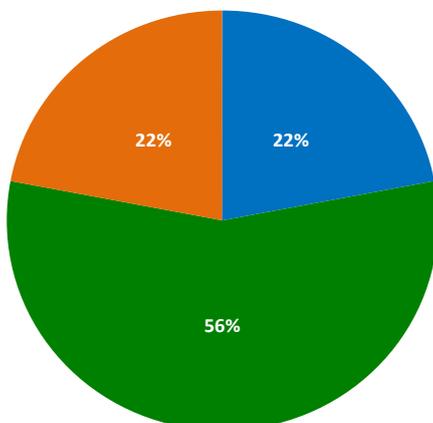
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the lectures?



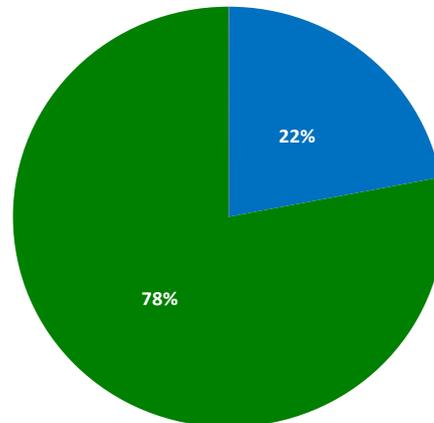
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

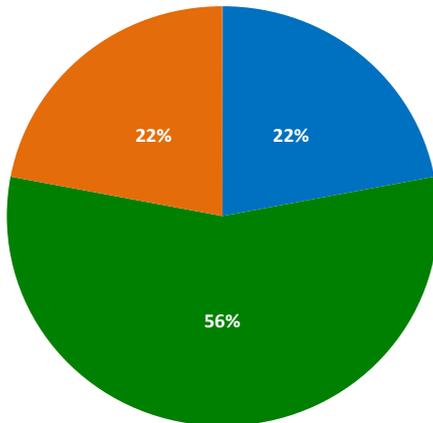
How was the general friendliness of the faculty and organisers?



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

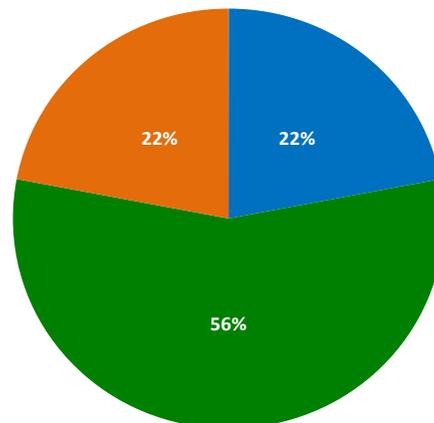
## Overall Course Feedback to the Questions:

How were the refreshments and lunch?



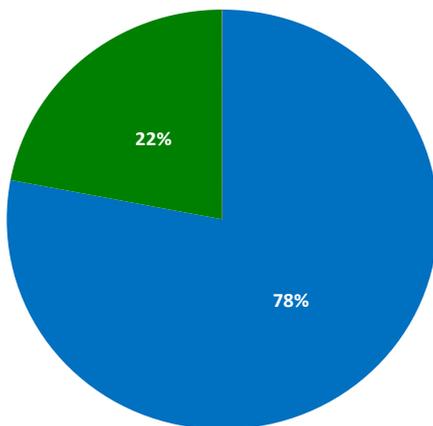
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How was the course dinner?



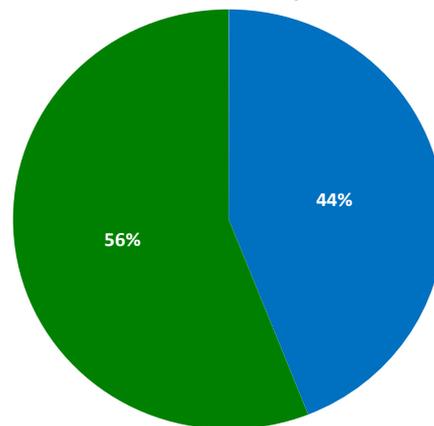
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Would you recommend this course to a friend?



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

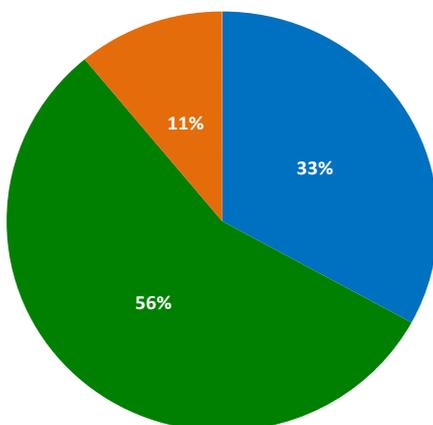
Do you think this course provided good value for money?



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

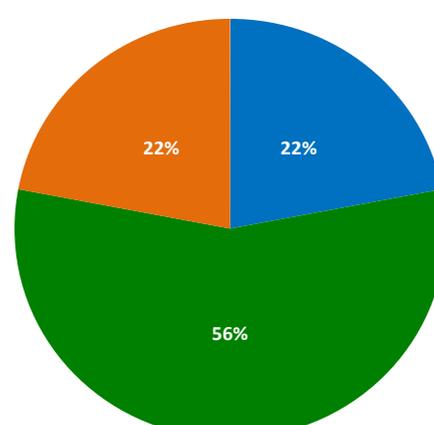
## Overall Teaching Feedback for the Area of:

Examination Techniques - 10 Commandments



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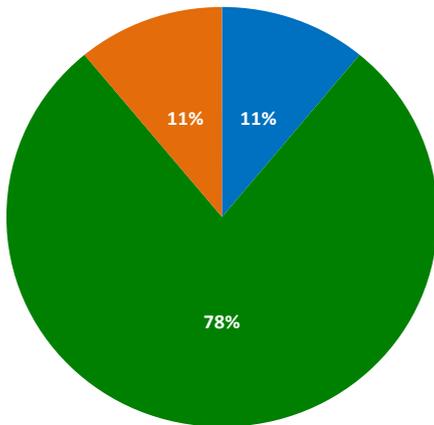
Upper Gastro-intestinal Tract



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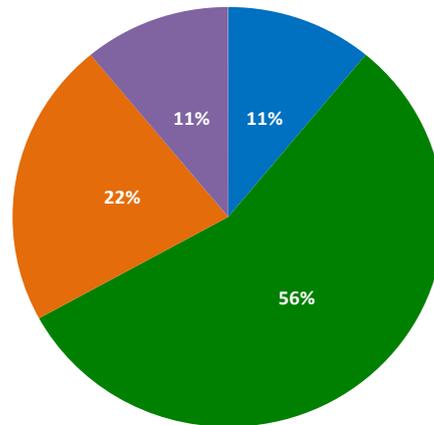
## Overall Teaching Feedback for the Area of:

Colon & Rectum



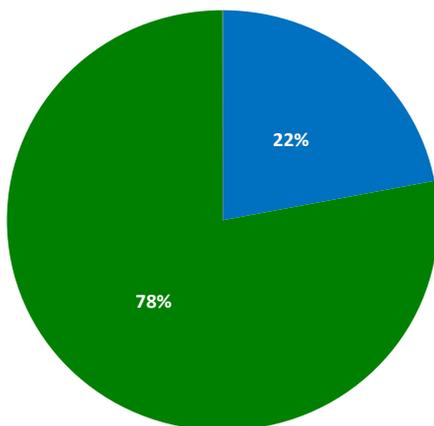
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Vascular Surgery



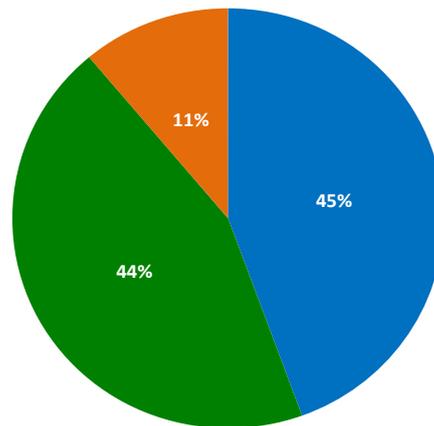
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Anal Cancer & Pseudomyxoma Peritonei



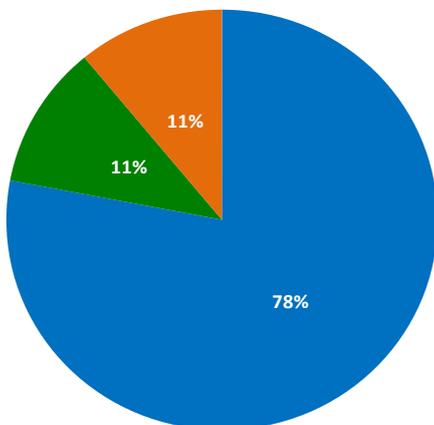
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Hepatobiliary



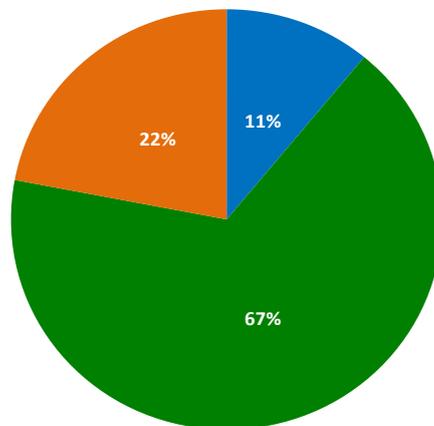
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Trauma, Emergency Surgery



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

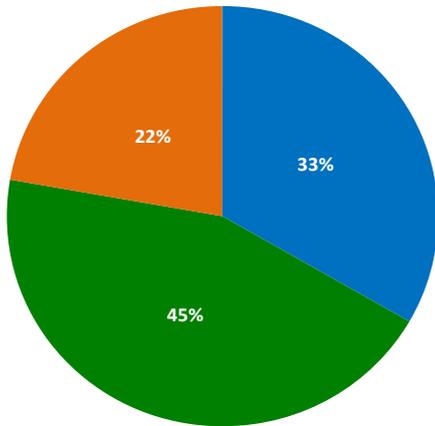
Pancreas & Spleen



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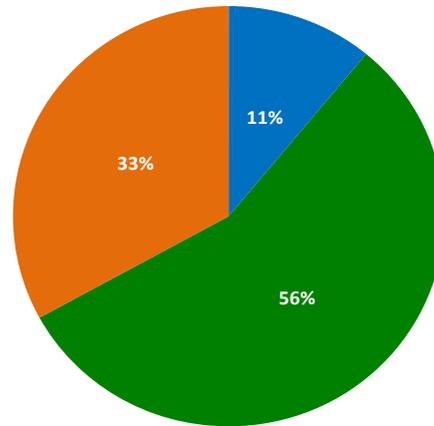
## Overall Teaching Feedback for the Area of:

Tips on FRCS Section 2 of exam



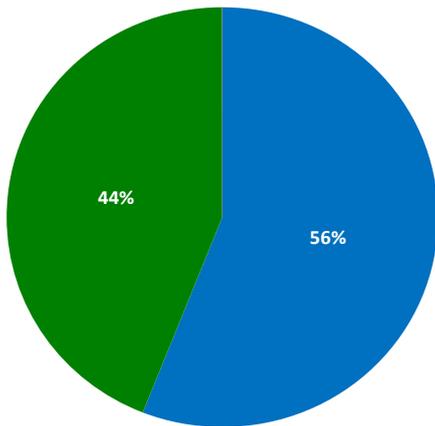
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Academic Viva



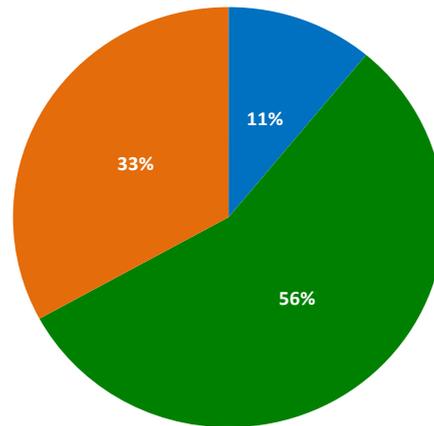
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Clinical Cases



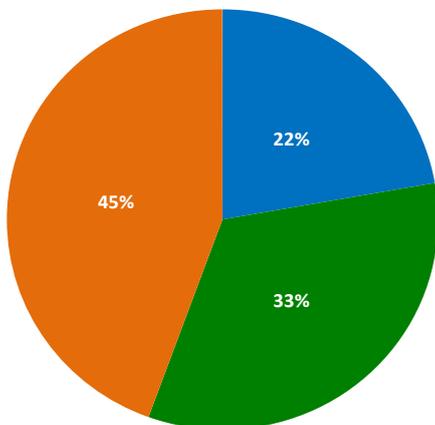
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Endocrine



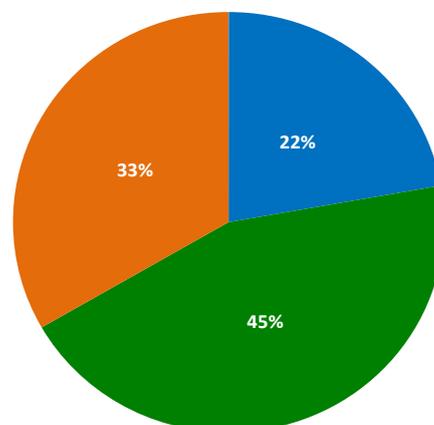
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Transplant Surgery



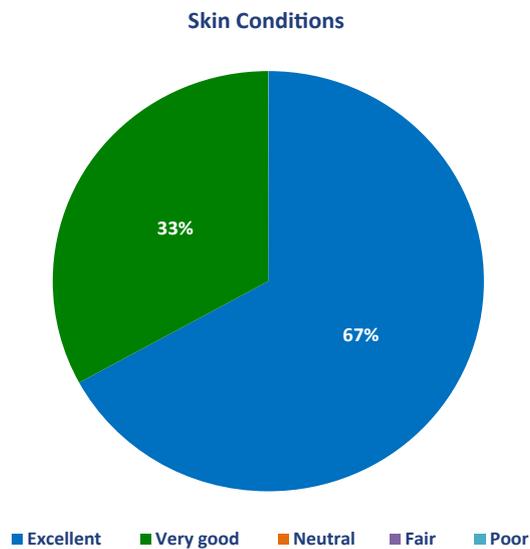
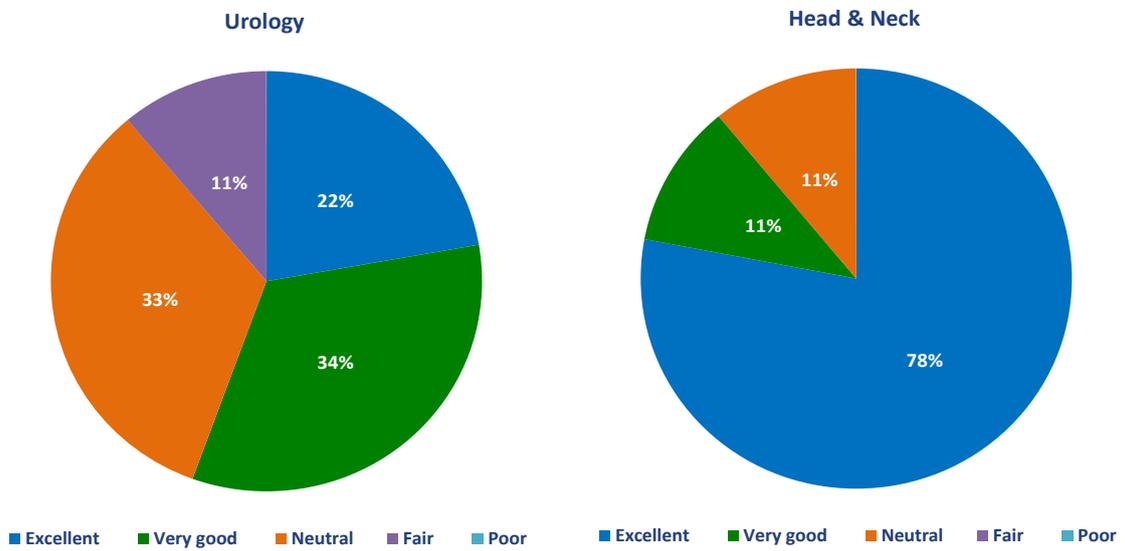
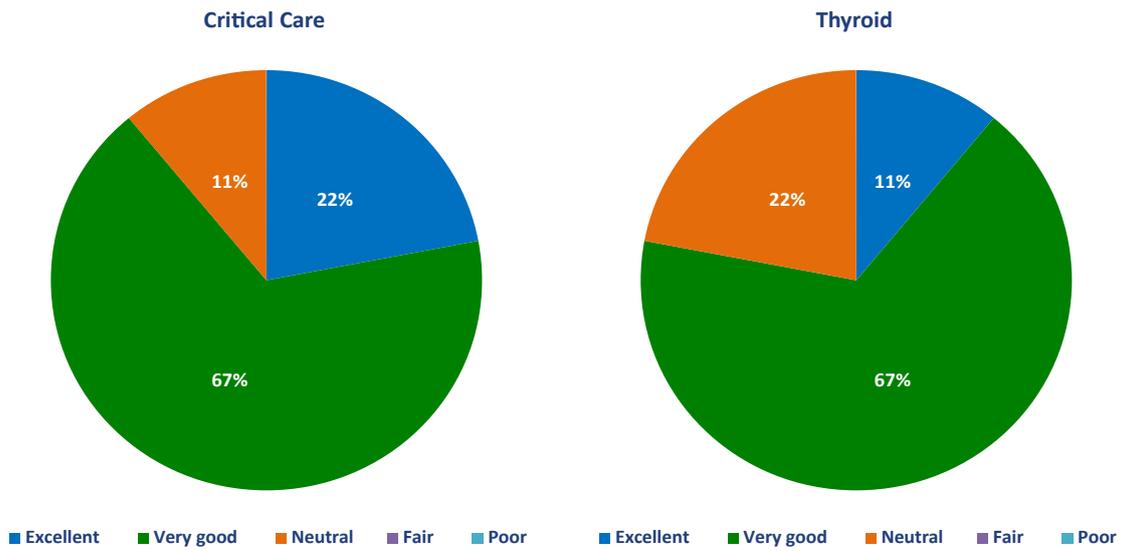
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Breast



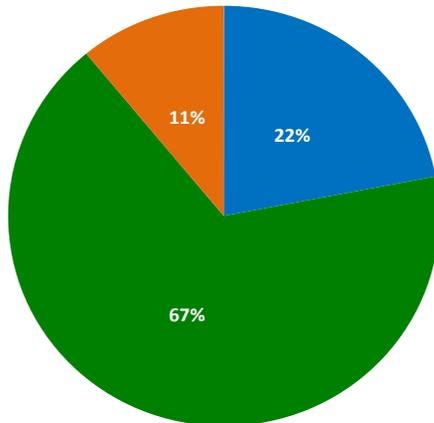
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## Overall Teaching Feedback for the Area of:



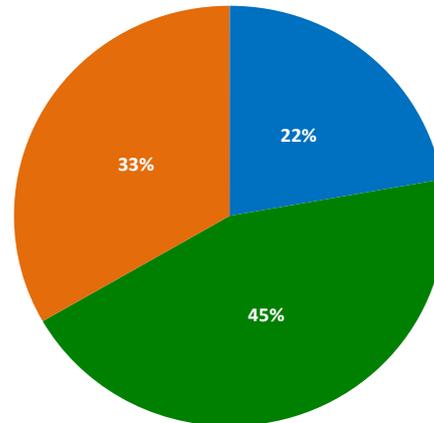
# Overall Feedback on FRCS (General Surgery): A Road to Success Book

How would you rate the information & contents of the book?



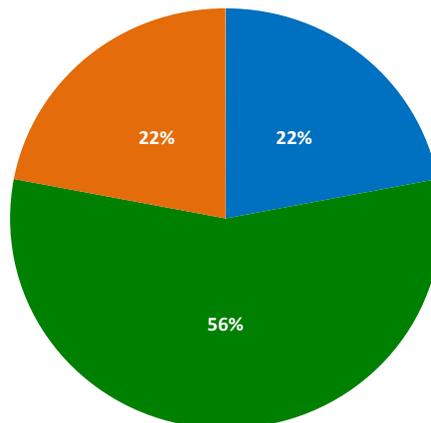
■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How would you rate the layout of the book?



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

How would you rate the usefulness of the book?



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

## Individual Comments

Good course.

**AQ**  
Milton Keynes General Hospital, Milton Keynes, UK

Excellent.

**HA**  
Hairmyres Hospital, Glasgow, UK

Very relevant.

**AA**  
Royal Free Hospital, London, UK

Very well organised.

**HS**  
Royal Bournemouth Hospital, Bournemouth, UK

I felt that the course was relevant and pitched at an appropriate level.

**AC**  
Countess of Chester Hospital, UK

Good course.

**HA**  
KAMC, Saudi Arabia



# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is an UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- **International Medical Summer School**  
*Manchester, 1<sup>st</sup> - 5<sup>th</sup> August 2016*
- **International Academic and Research Conference**  
*Manchester, 6<sup>th</sup> August 2016*
- **World University Anatomy Challenge**  
*Manchester, 5<sup>th</sup> August 2016*

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



Peer-reviewed academic journal  
with ISSN.

- No fee to view, read and download articles
- No subscription charges
- No submission fees
- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

[wjmer.co.uk](http://wjmer.co.uk)

## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

# [www.doctorsacademy.org](http://www.doctorsacademy.org)