

8th MRCS Part B and OSCE Courses

22nd – 25th February 2017, Dhow Palace Hotel, Dubai

Programme

Day 1: SURGICAL AND APPLIED ANATOMY (AND RELEVANT PATHOLOGY)

0830 – 0850	Registration and Coffee
0850 – 0900	Introduction to the course
0900 – 0930	Pre-course assessment
0940 – 1030	Brachial plexus, arm, shoulder, scapula, back and rotator cuff (includes upper limb nerve injuries, palsies and shoulder pathologies)
1030 – 1100	Cubital fossa, forearm, flexor retinaculum and hand (includes carpal tunnel syndrome, ulnar nerve palsies, hand pathologies)

1100 – 1120 Break for refreshments

1120 – 1145	Neck
1145 – 1215	Scalp and face
1215 – 1300	Mediastinum, Heart, Lungs and Diaphragm

1300 – 1400 Lunch

1400 – 1430	Thoracic wall; Vascular anatomy of thorax, head and neck and thorax (includes vascular access and chest drain insertion)
1430 – 1530	Transpyloric plane, anterior abdominal wall and inguinal region (includes hernia)

1530 – 1600 Break for refreshments

1600 – 1630	Abdominal and pelvic anatomy (includes bowel pathologies and segmental bowel resections)
1630 – 1700	Lumbar and lumbosacral plexus
1700 – 1730	Femoral triangle, thigh, popliteal fossa; Lower leg, ankle and foot (includes lower limb nerve injuries, palsies, compartment syndrome and ankle injuries)
1730 – 1745	Summary and Feedback
1800	End of Course

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DAY 2: SURGICAL PATHOLOGY, PRINCIPLES OF SURGERY AND APPLIED SURGICAL SCIENCES

0830 – 0850	Registration and Coffee
0850 – 0900	Introduction to the day
0900 – 0930	Pre-operative assessment
0930 – 1000	Post-operative management
1000 – 1045	Management of Trauma

1045 – 1115 Break for refreshments

1115 – 1150	Management of burns
1150 – 1215	Fundamentals of wound healing
1215 – 1230	Principles of Local Anaesthetics
1230 – 1245	Sutures, needles and suture materials
1245 – 1300	Lumps and benign lesions

1300 – 1400 Lunch

1400 – 1500	Tumours of colon, prostate, thyroid and breast
1500 – 1530	Skin cancers including melanoma
1530 – 1600	Ulcers, vascular pathology, thrombus and embolus

1600 – 1620 Break for refreshments

1620 – 1700	Management of Head Injury
1700 – 1800	Critical care physiology
1800 – 1815	Summary and Feedback
1815	End of Course

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Day 3: Clinical Examination Topics

Forenoon (0845 – 1300):

- Examination of abdomen and abdominal organs
- Examination of inguinal hernia and scrotal swellings
- Examination of varicose veins
- Examination of leg ulcers
- Examination of peripheral vascular disease

Afternoon (1400 – 1730):

- Examination of lymph nodes and neck swellings
- Examination of breast and breast lumps
- Examination of hip
- Examination of knee
- Examination of shoulder
- Examination of back
- Examination of the brachial plexus and hand

1730 – 1745

Feedback and Close

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Day 4: Communication Skills, Critical Care and Surgical Pathology

Forenoon (0845 – 1300):

- Information giving and information gathering
- Challenging situation/patient
- Difficult consultation
- Cancelled operation
- Breaking bad news
- Explaining a diagnosis or discussing management options
- Management of sepsis and septic shock
- Burns: Assessment, pathophysiology and principles of management

Afternoon (1400 – 1730):

- Consenting for:
 - o Colonoscopy
 - o Laparotomy for acute abdomen
 - o Hartmann's procedure
 - o Stoma formation
 - o Embolectomy
 - o Amputation
 - o Mastectomy and reconstructive options
 - o AAA repair
- Telephone communication
- Applied critical care physiology during the peri-operative period
- Surgical Pathology
- Clinical scenarios and tips on OSCE/viva

1730 – 1745

Feedback and Close