

DOCTORS ACADEMY



BETTER EDUCATION. BETTER HEALTH.

COLLEGE OF PHYSICIANS AND
SURGEONS OF CARDIFF



ERUDITIO. NOVATIO.
EXCELLENTIA. MISERICORDIA.

Essential Principles and Skills In Orthopaedic Surgery (EPSOS)



Feedback - June 2021

Essential Principles and Skills In Orthopaedic Surgery (EPSOS)

This one-day practical course allowed trainees to develop competence and confidence to perform procedures commonly carried out in orthopaedic clinics, on orthopaedic wards, in the operating theatre and in the A&E department. The course, with a high-tutor-to-delegate ratio, demonstrated the surgical principles of managing compartment syndrome, closed reduction of common fractures and dislocations, application of skeletal and skin tractions, pelvic fracture management and application of pelvic binder, spinal immobilisation, plastering and back slab techniques, joint aspiration and injections, management of open fractures and application of external fixator, and internal fixation including lag screws and dynamic compression plates (DCPs).

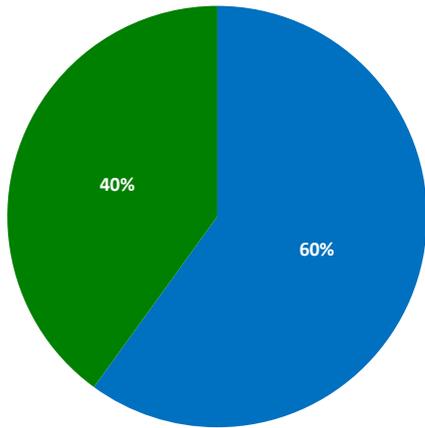
Course Information

Venue:	College of Physicians and Surgeons of Cardiff, Doctors Academy Educational Centre, Cardiff
Dates:	25th June 2021
Attendance:	12 Delegates
Aimed at:	Foundation Year 2 Doctors interested in orthopaedic surgery. Core Surgical Trainees (CT1; CT2; CT3) with an interest in orthopaedic surgery. Orthopaedic-Themed Core (CT1; CT2; CT3) or Speciality Surgical (ST1; ST2) Trainees. Trust Grade and Staff Grade Doctors working in orthopaedic surgery.
Course Fee :	£195.00



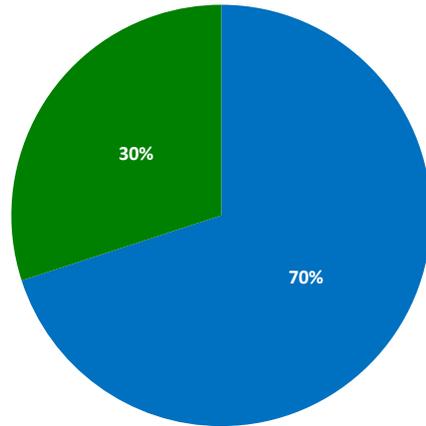
Overall Feedback

How was the content of the course?



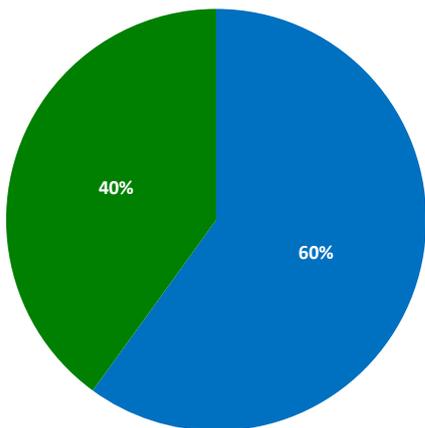
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



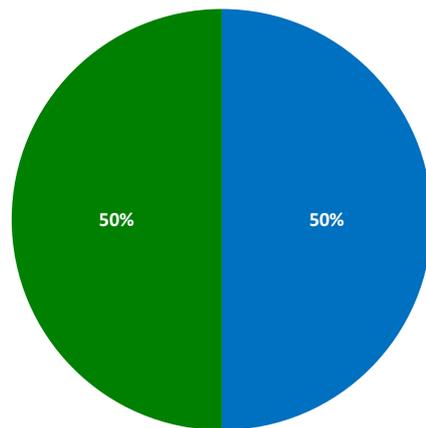
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the demonstrations?



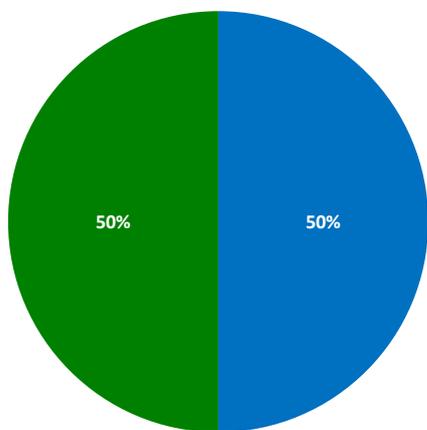
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course meet your learning objectives?



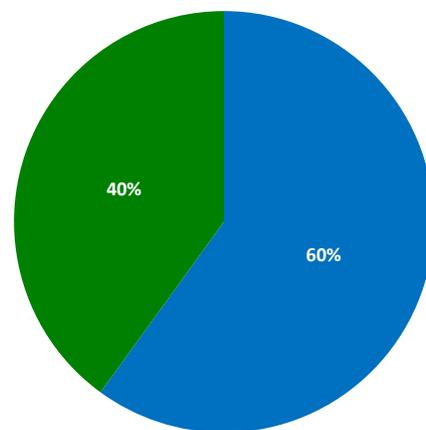
■ Most certainly ■ Certainly ■ Just about ■ Limited ■ Not at all

Closed Reduction Techniques



■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

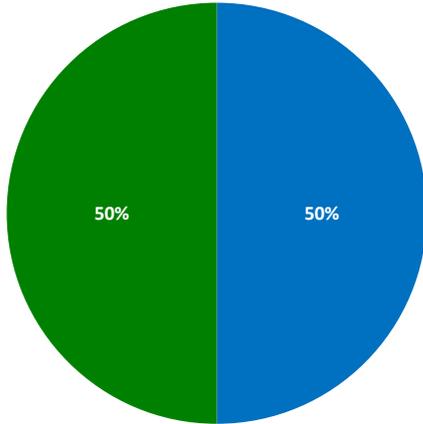
Open Reduction and Internal Fixation



■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

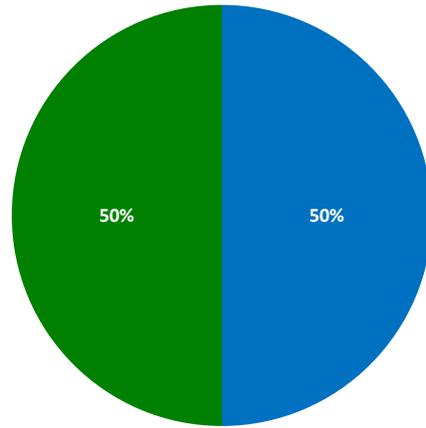
Overall Feedback

Stabilisation of Femur Fracture with Thomas Splint



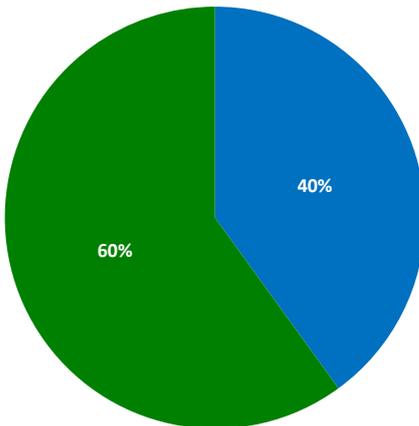
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

PoP Application Techniques



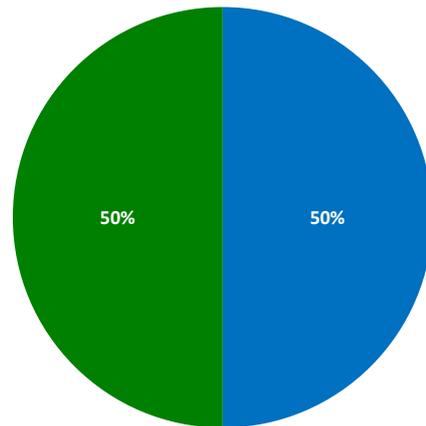
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

Joint Injections



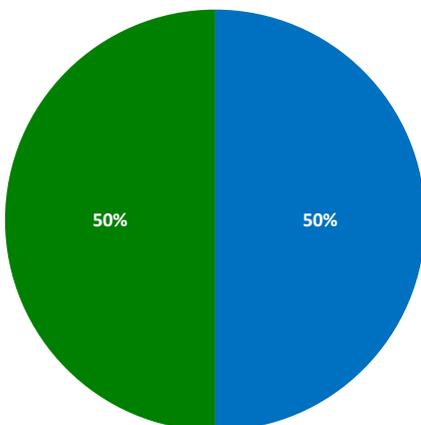
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

External Fixation



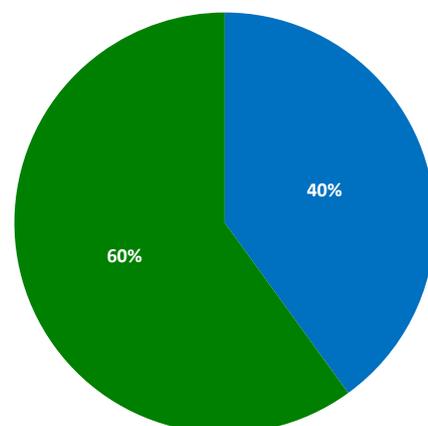
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

Fasciotomy for Release of Compartments



■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

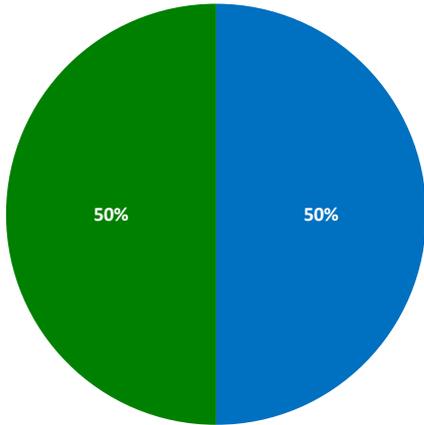
Application of Pelvic Binder



■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

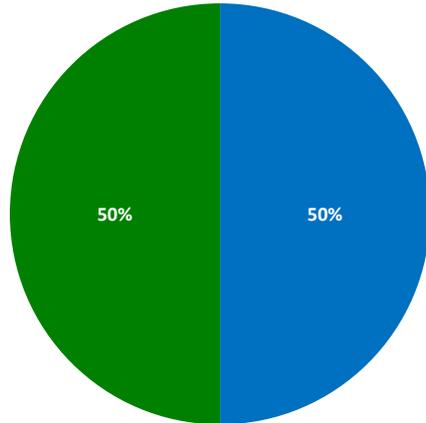
Overall Feedback

How were the facilities and venue?



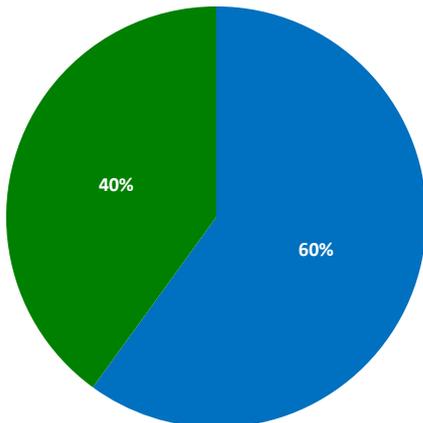
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



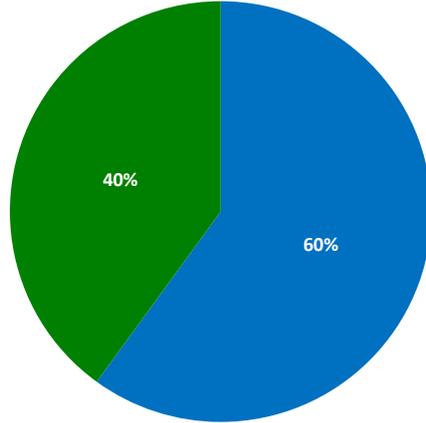
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



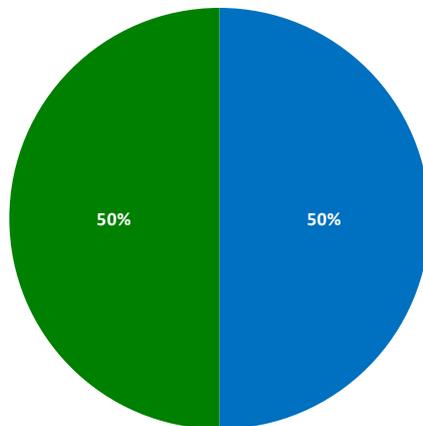
■ Very Friendly ■ Friendly ■ Neutral
■ Not very Friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Enjoyed the practical elements and hands on experience of doing most procedures.

OA

Warrington and Halton NHS Foundation Trust, United Kingdom

Excellent course, relevant to anyone who wants to do orthopaedics! Thank you!

HL

Macclesfield Hospital, Cheshire

Good.

AF

Ulster Hospital, Dundonald

Really appreciated having so much hands on and less focus on theory. The instructors were all very passionate and approachable. Very good course thank you so much!

KM

Stockport NHS Foundation Trust, United Kingdom

Good delegate-to-tutor ratio. Good amount of knowledge taught in a short period of time. Not overwhelming.

JK

Royal Wolverhampton Hospitals NHS Trust, United Kingdom



DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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World Journal of Medical Education & Research



Peer-reviewed academic journal
with ISSN.

- No fee to view, read and download articles
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- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
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