

DOCTORS ACADEMY



BETTER EDUCATION. BETTER HEALTH.

**COLLEGE OF PHYSICIANS AND
SURGEONS OF CARDIFF**



ERUDITIO. NOVATIO.
EXCELLENTIA. MISERICORDIA.

Essential Principles and Skills In Orthopaedic Surgery (EPSOS)



Feedback - October 2021

Essential Principles and Skills In Orthopaedic Surgery (EPSOS)

This one-day practical course allowed trainees to develop competence and confidence to perform procedures commonly carried out in orthopaedic clinics, on orthopaedic wards, in the operating theatre and in the A&E department. The course, with a high-tutor-to-delegate ratio, demonstrated the surgical principles of managing compartment syndrome, closed reduction of common fractures and dislocations, application of skeletal and skin tractions, pelvic fracture management and application of pelvic binder, spinal immobilisation, plastering and back slab techniques, joint aspiration and injections, management of open fractures and application of external fixator, and internal fixation including lag screws and dynamic compression plates (DCPs).

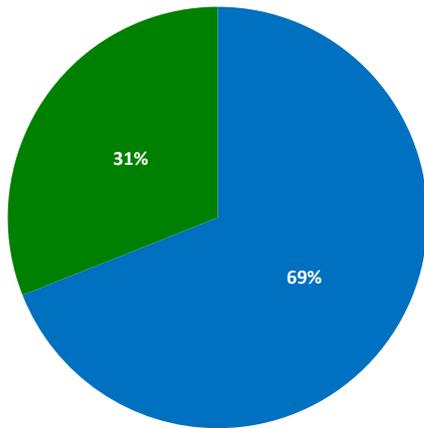
Course Information

Venue:	College of Physicians and Surgeons of Cardiff, Doctors Academy Educational Centre, Cardiff
Dates:	9th October 2021
Attendance:	13 Delegates
Aimed at:	Foundation Year 2 Doctors interested in orthopaedic surgery. Core Surgical Trainees (CT1; CT2; CT3) with an interest in orthopaedic surgery. Orthopaedic-Themed Core (CT1; CT2; CT3) or Speciality Surgical (ST1; ST2) Trainees. Trust Grade and Staff Grade Doctors working in orthopaedic surgery.
Course Fee :	£195.00



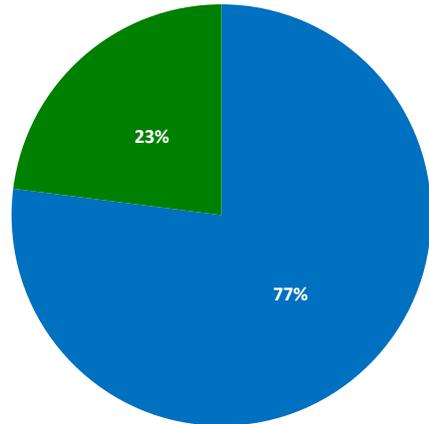
Overall Feedback

How was the content of the course?



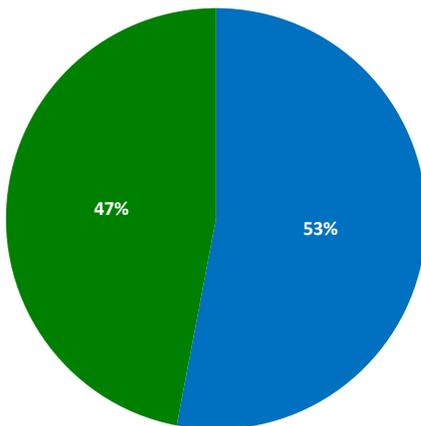
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



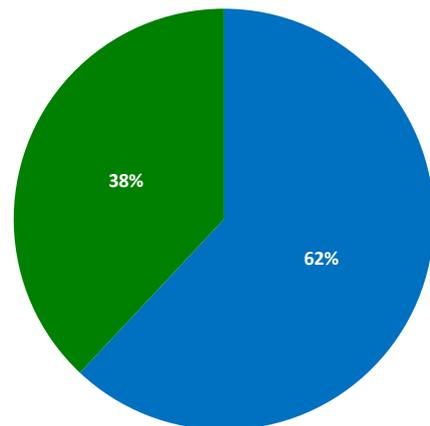
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the demonstrations?



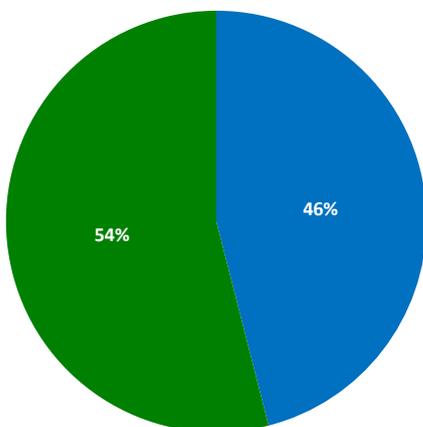
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course meet your learning objectives?



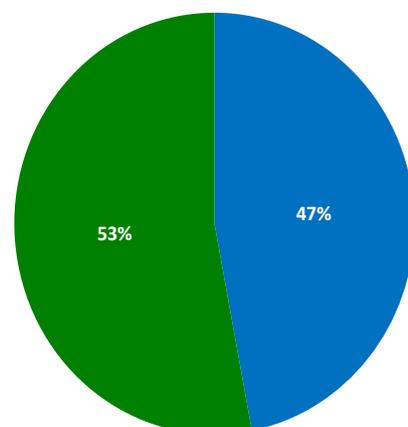
■ Most certainly ■ Certainly ■ Just about ■ Limited ■ Not at all

Closed Reduction Techniques



■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

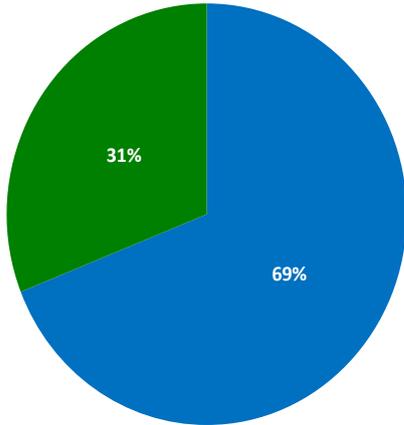
Open Reduction and Internal Fixation



■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

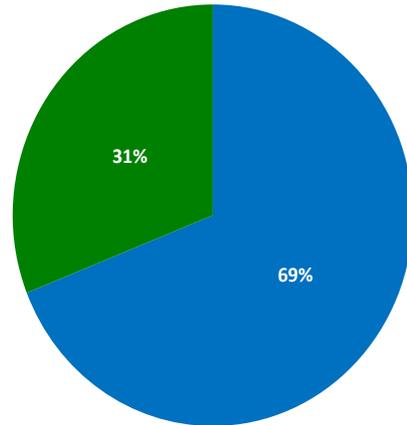
Overall Feedback

Stabilisation of Femur Fracture with Thomas Splint



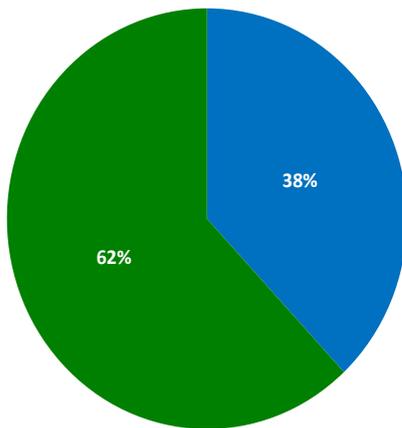
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

PoP Application Techniques



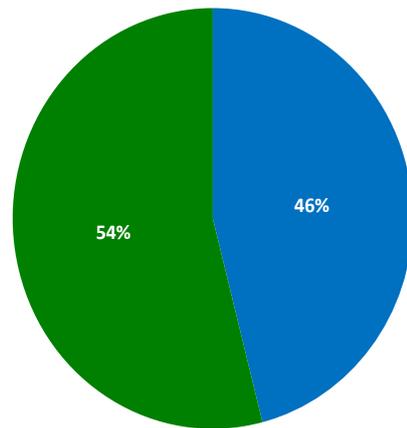
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

Joint Injections



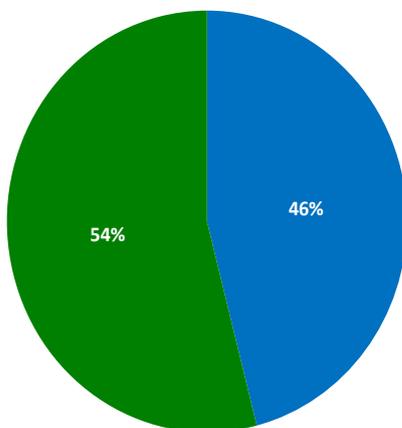
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

External Fixation



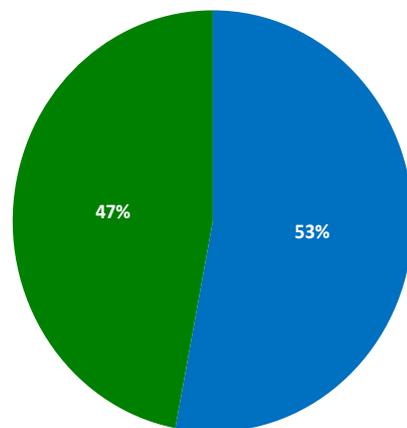
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

Fasciotomy for Release of Compartments



■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

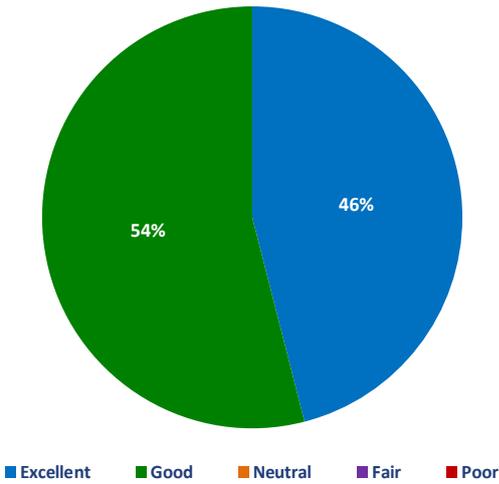
Application of Pelvic Binder



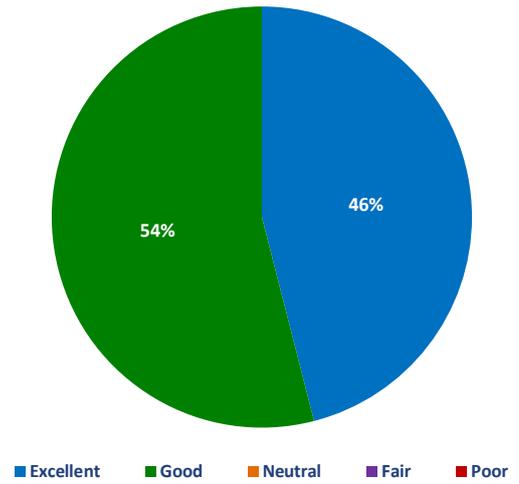
■ Excellent ■ Very Good ■ Satisfactory ■ Poor ■ Very poor

Overall Feedback

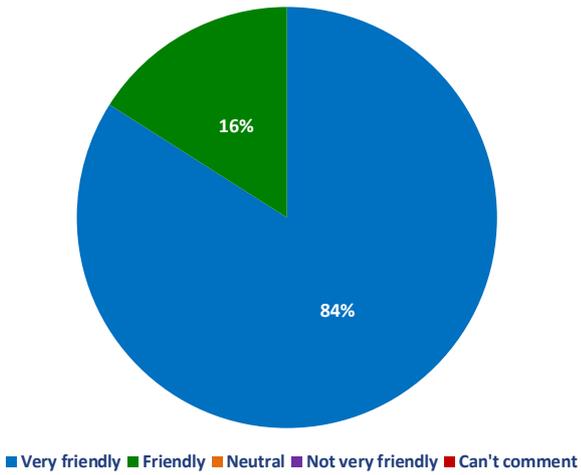
How were the facilities and venue?



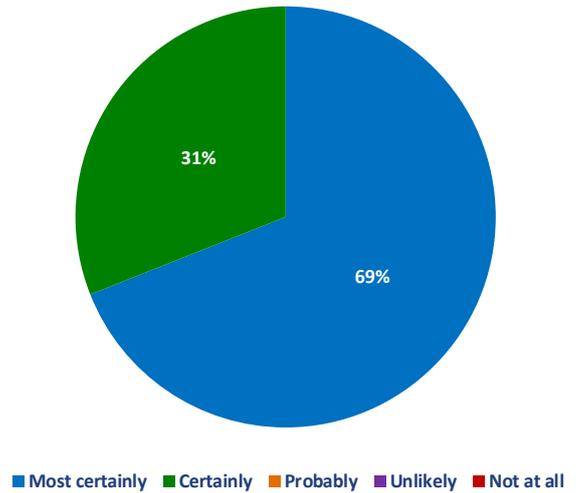
How were the refreshments and lunch?



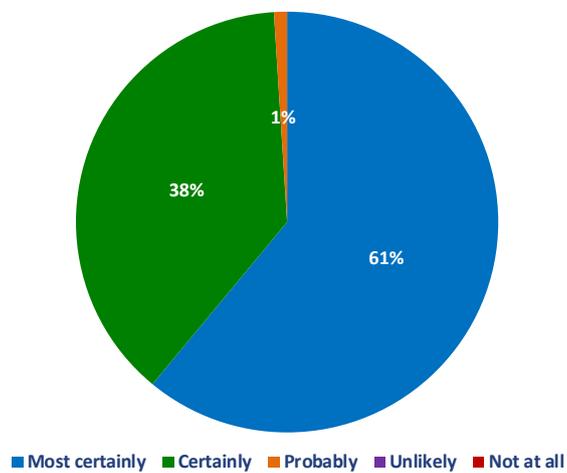
How was the general friendliness of the faculty and organisers?



Would you recommend this course to a friend?



Do you think that this course provided good value for money?



Individual Comments

Excellent course with very enthusiastic tutors. Provided a welcoming environment with lots of practical time. Thanks.

DT

Lancashire Teaching Hospitals Trust, UK

Excellent course.

KT

Wye Valley NHS Trust, UK

Excellent experience.

UH

POW Hospital, Bridgend

Amazing hands on experience. The course has covered the most frequently encountered clinical scenarios in orthopaedics. Great faculties and good delegate-to- tutor ration. Thank you for offering me the opportunity to attend this course.

CG

Southampton University Hospital, Southampton, UK



DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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World Journal of Medical Education & Research



Peer-reviewed academic journal
with ISSN.

- No fee to view, read and download articles
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- No submission fees
- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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