

Cardiff MRCS(ENT) Course: Intensive One-Day Preparation Course for MRCS(ENT) OSCE

20th May 2023 (Saturday)

College of Physicians and Surgeons of Cardiff, Frazer Building, Cardiff Bay, Cardiff

REPORTING INFORMATION

**THIS DOCUMENT CONTAINS IMPORTANT INFORMATION. PLEASE TAKE A FEW MINUTES TO
READ IT IN ITS ENTIRETY.**

Dear Candidate,

Thank you for choosing to attend this course. May we take this opportunity to welcome you to the course and to Cardiff.

This document is to inform you of the directions to the venue, the reporting procedures, and the format for the day.

If you are also attending the Focused Communication Skills for MRCS(ENT) Course on Friday 19th May, kindly refer to the end of this reporting information for further details.

I. GENERAL AND REPORTING

Date: 20th May 2023 (Saturday)

Registration: Registration will take place from **0820 hours**.

Start of Course: The course will start at **0830 hours**.

End of Course: The course will finish at **1830 hours**.

Venue:

College of Physicians and Surgeons of Cardiff
Frazer Building
126 Bute Street
Cardiff Bay
Cardiff
CF10 5LE

Where to Report:

When you arrive at Frazer Building, please enter the foyer through the main door. A member of our team will direct you to the appropriate room.

II. ADDRESS, DIRECTIONS AND PARKING

Address:

College of Physicians and Surgeons of Cardiff
Frazer Building
126 Bute Street
Cardiff Bay
Cardiff
CF10 5LE

Driving

From the East

- Exit the M4 at Junction 29 onto the A48(M). Continue for 2.5 miles.
- Continue onto Eastern Avenue/A48 for 2.4 miles.
- Take the exit A4232 towards Cardiff (E)/Docks.
- When you reach the roundabout, take the first exit onto Southern Way/A4161/A4232. Continue for 0.4 miles.
- Take the A4161 ramp to the City Centre and continue for 0.2 miles.
- When you reach the roundabout, take the second exit onto A4161. Continue for 0.8 miles.
- Turn left onto Beresford Road and continue for 0.2 miles.
- Continue onto Moorland Road for 0.4 miles.
- Continue onto Courtenay Road for 0.1 miles.
- Continue onto Walker Road for 0.2 miles.
- Continue onto E Tyndall Street.
- Go through two roundabouts (0.8 miles).
- Continue onto Herbert Street for 0.1 miles.
- Turn left onto Bute Street and continue for approximately 0.5 miles.
- The venue will be on your right.

From the West

- Exit the M4 at Junction 33.
- Take the exit towards Cardiff West.
- When you reach the roundabout, take the third exit onto the A4232. Continue for 9.1 miles.
- Take the exit towards Techniquest/Museum and continue for 0.1 miles.
- When you reach the roundabout, take the first exit onto Stuart Street. Continue for 0.2 miles.
- Continue onto New George Street for 0.1 miles.
- Continue onto Bute Street for 0.1 miles.
- The venue will be on your left.

Parking:

Limited car parking is available at the rear of the venue. Please follow these links for visual directions to the car park.

<https://doctorsacademy.org.uk/coursenw/esst/Driving%20from-the-%20West.pdf>

<https://doctorsacademy.org.uk/coursenw/esst/Driving-%20from-%20the-%20East.pdf>

By Train

The closest station to the venue is Cardiff Bay Railway Station. You will need to change trains at Cardiff Central.

From Cardiff Central Train Station

- On arriving at Cardiff Central, head to Platform 6. Take the train to Cardiff Queen Street (trains run from Cardiff Central to Cardiff Queen Street every 5 minutes). The journey time is approximately 3 minutes.
- On arriving at Cardiff Queen Street, head to Platform 3. Take the train to Cardiff Bay (trains run from Cardiff Queen Street to Cardiff Bay every 12 minutes). The journey time is approximately 4 minutes.

- When you arrive at Cardiff Bay Train Station, exit to the right (sign-posted Mermaid Quay and Mount Stuart Square).
- Turn left onto Bute Street and walk towards the first set of traffic lights.
- Cross the road. You will see Frazer Building in front of you (there is a clock at the top of the building).

Alternatively, you can take a taxi from Cardiff Central Train Station to the venue. This will take approximately 7 minutes.

Visual directions to the venue can be found by following this link:

<https://doctorsacademy.org.uk/coursenw/esst/cardiff-Train.pdf>

III. COURSE FORMAT AND CONTENTS

As a one-day revision course, the course is aimed at consolidating your already-acquired knowledge and focusing on key aspects which will aid you to pass the exam, rather than overwhelming you with extensive information.

The lectures and group demonstrations will be a mix of didactic and interactive sessions, depending on the topic. The course will also consist of a mock OSCE.

Preparatory Material:

You will have received an email with details to access the preparatory material for the course. If you are able to view this prior to the course, you will then be able to ask the faculty any pertinent questions.

Please be assured that you will be able to access this material until the date of your exam, and you can, therefore, view the material after the course if you are unable to do so before.

IV. DRESS CODE

The dress code for this course is professional/semi-formal/smart-casual. Kindly refrain from wearing shorts of any kind, hoodies, and flip-flops.

V. BREAKS FOR REFRESHMENTS AND LUNCH

There will be 15-minute refreshment break in the morning and afternoon, and a 40-minute lunch break. During the refreshment breaks, you will be provided with coffee/tea and biscuits/cakes. Vegetarian and non-vegetarian options will be available. Gluten-free, dairy-free and vegan options can also be sourced; please inform us by return of mail if you have any special dietary requirements so that our team can make appropriate arrangements for you.

VI. ACCOMMODATION

If you are struggling to find accommodation, our team can provide you with accommodation in a self-contained house (provided that rooms are available) which you will share only with other delegates attending the course. The house is located close to the City Centre and is approx. 12 minutes by car or taxi from the venue in which the course will be held. The room rate is £56 per person per night for a Standard Room and £68 per person per night for a Queen Room. Continental breakfast is included. For further details, please contact us at courses@doctorsacademy.org.uk, and a member of our team will be able to advise you.

We look forward to meeting you at the course. Please do not hesitate to contact us at courses@doctorsacademy.org.uk if you have any queries in the interim.

Please ring +44 (0) 29 2061 6765 or +44 (0) 75 3426 0131 if you need any help on the day of the course with regards to directions to the venue.

With very best wishes,

Course Faculty

ENT/Head and Neck Courses
Doctors Academy

**THE INFORMATION BELOW IS ONLY FOR DELEGATES ATTENDING THE FOCUSED COMMUNICATION SKILLS COURSE
ON 19TH MAY 2023 (1430-1900 HOURS)**

The Focused Communication Skills for MRCS(ENT) Course will be held at the same venue. The address is:

**College of Physicians and Surgeons of Cardiff
Frazer Building
126 Bute Street
Cardiff Bay
Cardiff
CF10 5LE**

When you arrive at Frazer Building, please enter the foyer through the main door. A member of our team will direct you to the appropriate room.

The session will begin at 1430 hours and finish at 1900 hours. You may please arrive at the venue at 1430 hours.

Please ring +44 (0) 29 2061 6765 or +44 (0) 75 3426 0131 if you need any help on the day of the course with regards to directions to the venue.