

Principles of Managing Hand Fractures and Fracture Fixation Course

11th July 2024 (1800-2100 hours)

Theoretical Component Held via Zoom

17th July 2024 (0830-1800 hours)

Practical Component Held at College of Physicians and Surgeons of Cardiff, Cardiff Bay

Programme

Theory Session - 11th July 2024 (1800 – 2100 hours)

Virtual Session Over Zoom

1800 - 1805	Introduction
1805 - 1905	Principles of Fracture Fixation
1905 – 1915	Comfort Break
1915 - 2025	Type of Hand Fractures and Approaches in the Management of Hand Fractures
2030	Questions and End of Theory Session

Practical Session - 17th July 2024 (0830 – 1800 hours)

Doctors Academy Institute and College of Physicians and Surgeons of Cardiff, Cardiff Bay

0845 - 0900	Introduction to Practical Sessions
0900 - 0930	Using the Fracture Fixation Kit
0930 - 1030	Metacarpal Plate Fixation

1030 – 1050 Break for Refreshments

1050 - 1200	Metacarpal Lag Screw Fixation
1200 - 1300	Proximal Phalanx Plate Fixation

1300 - 1340 Lunch

1340 - 1500	Proximal Phalanx Lag Screw Fixation
1500 - 1545	Creating Own Fractures and Fixation

1545 - 1600 Break for Refreshments

1600 - 1715	Case Discussions on Complex Hand Fractures and Fracture Dislocations
1715 – 1800	Questions, Summary and End of Course