

Principles of Managing Hand Fractures and Fracture Fixation Course

10th November 2022 (1800-2100 hours)-

Theoretical Component Held via Zoom

13th November 2022 (0830-1800 hours)-

Practical Component Held at College of Physicians and Surgeons of Cardiff, Cardiff Bay

Programme

Theory Session - 10th November 2022 (1800 – 2030 hours)

Virtual Session Over Zoom

1800 - 1805	Introduction
1805 - 1905	Principles of Fracture Fixation
1905 – 1915	Comfort Break
1915 - 2025	Type of Hand Fractures and Approaches in the Management of Hand Fractures
2030	End of Theory Session

Practical Session - 13th November 2022 (0845 – 1720 hours)

Doctors Academy Institute and College of Physicians and Surgeons of Cardiff, Cardiff Bay

0845 - 0900	Introduction to Practical Sessions
0900 - 0930	Using the Fracture Fixation Kit
0930 - 1030	Metacarpal Plate Fixation

1030 – 1050 Break for Refreshments

1050 - 1200	Metacarpal Lag Screw Fixation
1200 - 1300	Proximal Phalanx Plate Fixation

1300 - 1340 Lunch

1340 - 1500	Proximal Phalanx Lag Screw Fixation
1500 - 1545	Creating Own Fractures and Fixation

1545 - 1600 Break for Refreshments

1600 - 1715	Case Discussions on Complex Hand Fractures and Fracture Dislocations
1715 – 1720	Summary and End of Course