

Principles of Managing Hand Fractures and Fracture Fixation Course

27th July 2025 (0830-1730 hours)

Practical Component Held at College of Physicians and Surgeons of Cardiff, Cardiff Bay

Programme

0845 - 0900 Introduction to Practical Sessions

0900 - 0930 Using the Fracture Fixation Kit

0930 - 1030 Metacarpal Plate Fixation

1030 - 1050 Break for Refreshments

1050 - 1200 Metacarpal Lag Screw Fixation

1200 - 1300 Proximal Phalanx Plate Fixation

1300 - 1340 Lunch

1340 - 1500 Proximal Phalanx Lag Screw Fixation

1500 - 1545 Creating Own Fractures and Fixation

1545 - 1600 Break for Refreshments

1600 - 1715 Case Discussions on Complex Hand Fractures and Fracture Dislocations

1715 - 1730 Questions, Summary and End of Course