

**Final Preparation for
MRCS A**

Feedback - September 2018

Final Preparation for MRCS A

This intensive, one-day course was specifically designed for candidates appearing for the exam on the 8th January 2019. Led by Professor Stuart Enoch, the Convenor of the renowned Cardiff MRCS OSCE courses, this course was suitable for candidates who had completed adequate prior revision and were keen to brush-up on the entire exam syllabus in one day.

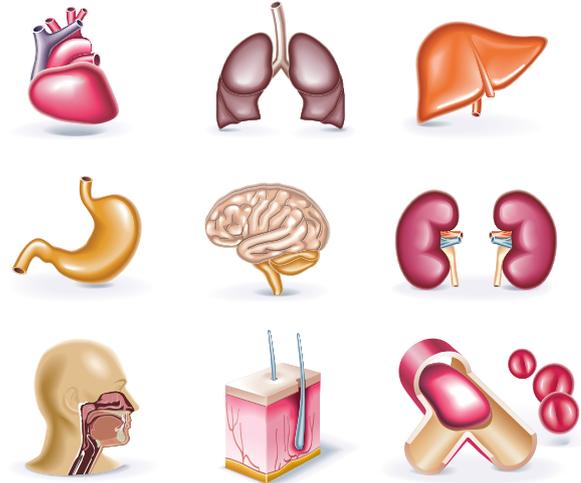
There were no lectures. Rather, the entire day instead focused on 'rapid fire' discussion of the SBA and EMQ questions and answers that are most likely to appear in the exam. The sessions only highlighted the 'must know' areas and took the candidate through the core topics in Applied Basic Sciences (ABS) and Principles of Surgery in General (PoSG). The course took into consideration the changes to the exam introduced in January 2017 (180 ABS questions and 120 PoSG questions) and the additional emphasis on ABS, particularly anatomy.

The course covered, amongst others, the following areas:

- Applied surgical anatomy.
- General physiological principles.
- System specific physiology.
- General principles of pathology.
- System specific pathology.
- Principles of surgery in general.
- All surgical specialties.

Course Information

Course date:	8th September 2018
Venue:	School of Biosciences, Cardiff University
Attendance:	31 Delegates
Aimed at:	Anyone looking to take the MRCS Part A Exam.
Course fee:	£155.00



Course Programme

0815 – 0830	Registration
0830 – 0920	Revision and recap of Anatomy of Skull, Head, Scalp and Face
0920 – 0940	Revision and recap of Anatomy of Neck
0940 – 1010	Surgical Pathology and Clinical Scenarios in Head and Neck. (This session will include pertinent topics in Neurosurgery, ENT Surgery and Maxillofacial Surgery)
1010 – 1025	Essentials in Burns
1025 – 1045	Revision and recap of Anatomy of Thorax, Mediastinum, Heart and Lung
1045 – 1100	Surgical Pathology and Clinical Scenarios in Thorax. (This session will include pertinent topics in Cardiothoracic Surgery and Upper GI Surgery)

1100 – 1120

Break for Refreshments

1120 – 1150	Revision and recap of Anatomy of the Upper Limb and Brachial Plexus
1150 – 1220	Surgical Pathology and Clinical Scenarios in Upper Limb Orthopaedic and Plastic Surgery. (This session includes nerve injuries, fractures, soft tissue injuries & reconstruction)
1220 – 1300	Basic Physiology of Wound Healing, Local Anaesthetics, Tourniquet and Principles of Surgery

1300 – 1340

Lunch

1340 – 1355	Basic Cardiorespiratory Physiology, Applied Surgical Sciences, and relevant Pathology
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Course Programme

1355 – 1410	Basic Endocrine and Renal Physiology, Applied Surgical Sciences, and relevant Pathology
1410 – 1430	Basic Neurophysiology, Applied Surgical Sciences, and relevant Pathology
1430 – 1500	Revision and recap of Anatomy of the Abdomen and Pelvis
1500 – 1540	Surgical Pathology and Clinical Scenarios in Abdomen and Pelvis. (This session will include pertinent topics in General Surgery, HPB Surgery, Upper GI Surgery, Vascular Surgery and Urology)

1540 – 1600

Break for Refreshments

1600 – 1630	Revision and recap of Anatomy of the Lower Limb and Sacral Plexus
1630 – 1700	Surgical Pathology and Clinical Scenarios in Lower Limb Orthopaedic and Plastic Surgery. (This session includes nerve injuries, fractures, soft tissue injuries & reconstruction)
1700 – 1730	Clinically Applied Statistics
1730 – 1800	Clinical Microbiology and Antibiotics
1800 – 1830	Clinically Applied Genetics and Embryology
1830 – 1900	Tips and Suggestions for Answering in the Exam
1900	End of Course

Faculty

Dr Alan Watson, BSc, PhD

Reader in Anatomy and Neuroanatomist

University of Cardiff

Ms Clare Carpenter, BSc (Anat), MB BCh, MRCS (Eng), MD, FRCS (T&O) Consultant Paediatric Orthopaedic Surgeon

University Hospital of Wales, Cardiff

Mr Edmund Leung, DMedSci, MRCS, FRCS

Consultant General Surgeon

Hereford County Hospital

Mr Kevin Conway, MB BCh, MD, FRCS (Gen Surg)

Consultant Vascular Surgeon

Royal Glamorgan Hospital

Dr Paul Morgan, FRCA

Consultant Intensivist

University Hospital of Wales, Cardiff

Professor Stuart Enoch, MBBS, MRCSEd, MRCS (Eng), PGCert (Med Sci), PhD

Professor, Higher Surgical Education

Doctors Academy

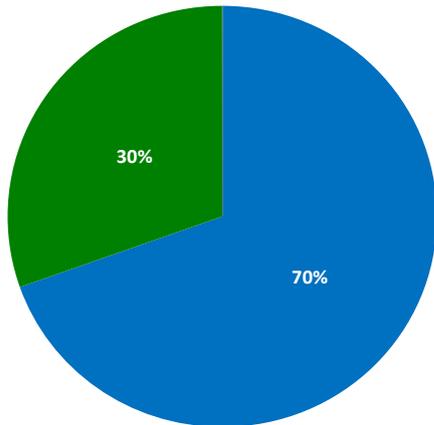
Miss Yan Mei Goh, MBChB, MRCS, PGDip Clin Ed.

PhD Research Fellow - Imperial College London

Specialist Registrar in General Surgery - Oxford Deanery

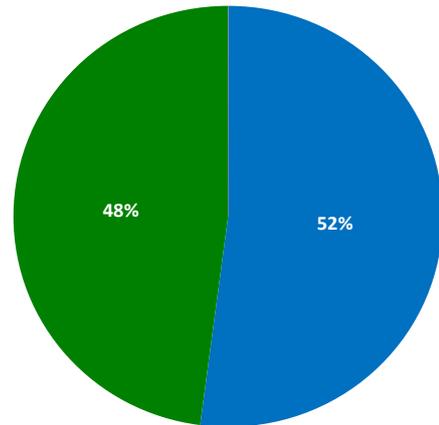
Overall Teaching Feedback

How was the content of the course?



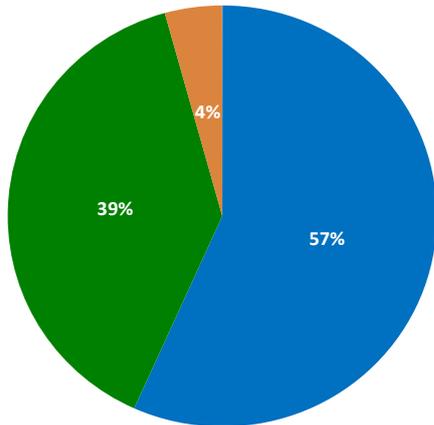
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the clarity of lectures?



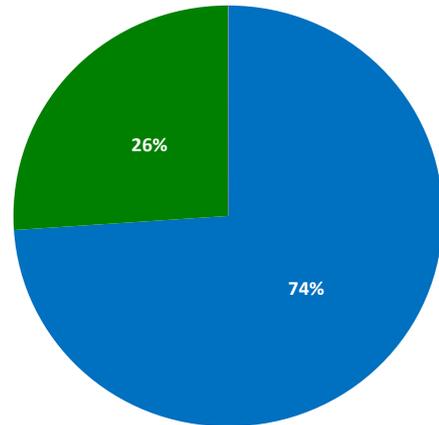
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

If you have done the exam, how was the relevance of the course to your exam?



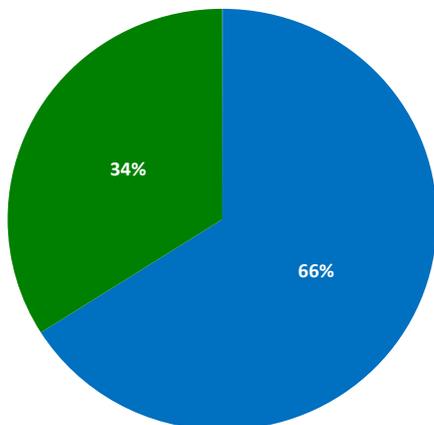
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Haven't taken the exam yet

How would you rate the general academic standard of the lecturer?



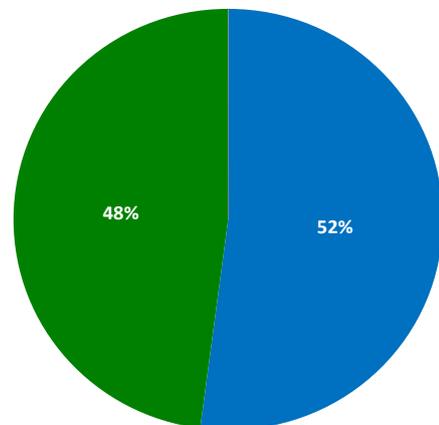
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Anatomy of Head and Face



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

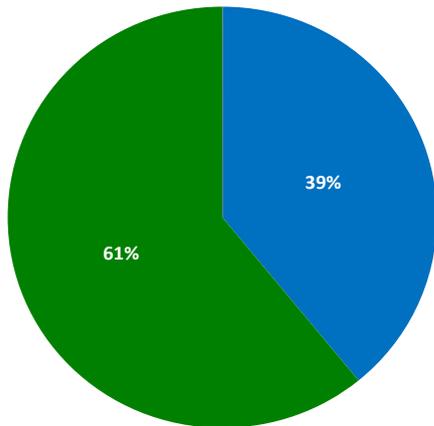
Anatomy of Neck



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

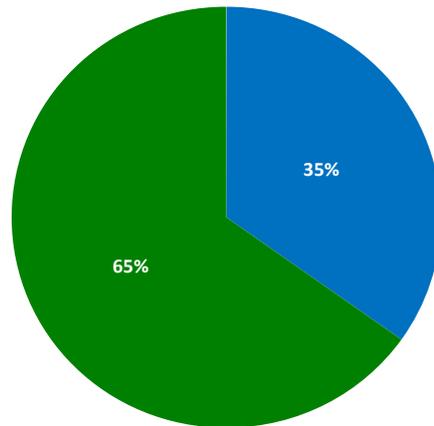
Overall Teaching Feedback

Colonic Resections (Pathology)



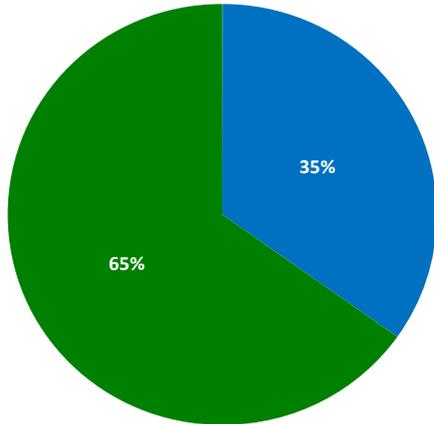
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Spinal Cord Lesions



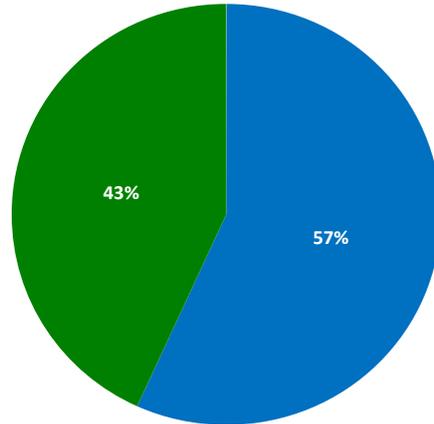
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Anatomy of Thorax, Mediastinum, Heart and Lung



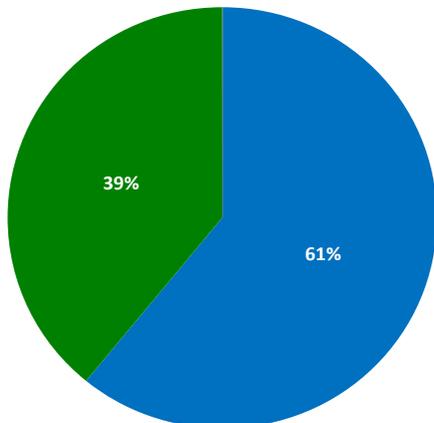
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Vascular bypass procedures



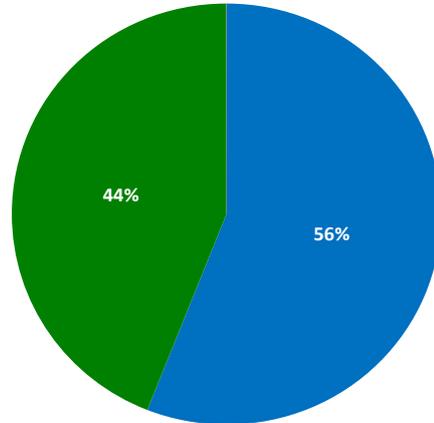
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Anatomy of the Upper Limb and Brachial Plexus



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

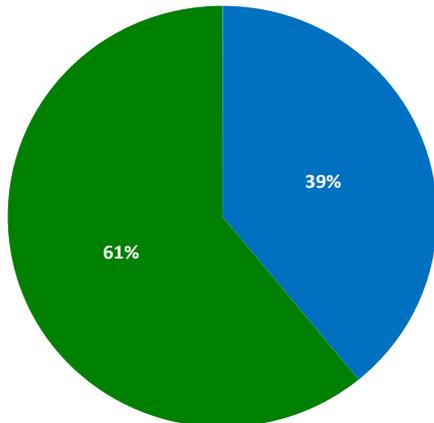
Lower Limb Fractures



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

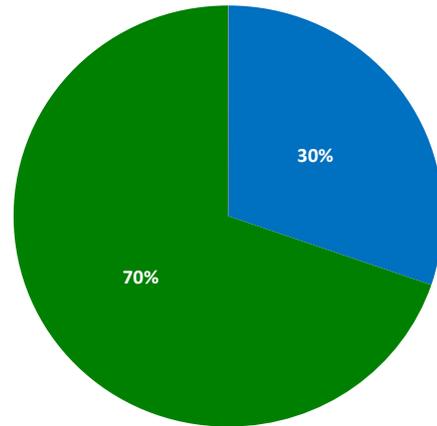
Overall Teaching Feedback

Basic Physiology Questions



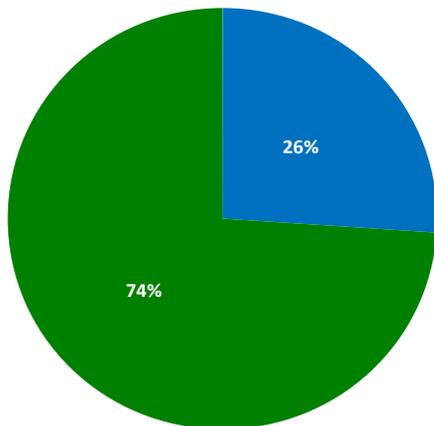
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pharmacology Questions



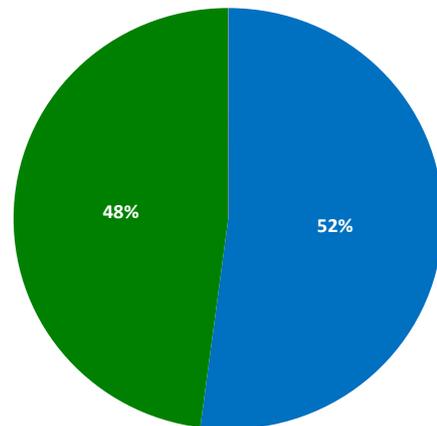
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Microbiology Questions



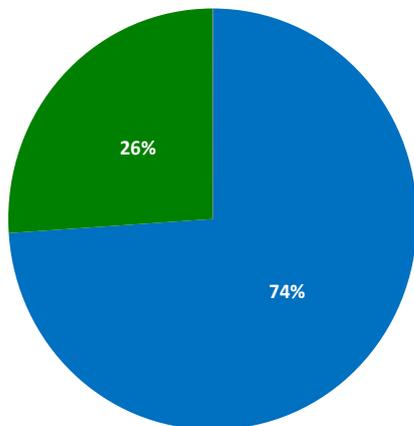
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Autonomic Nervous System



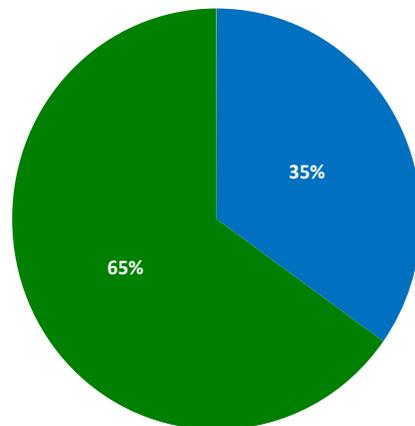
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Anatomy of the Abdomen and Pelvis



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

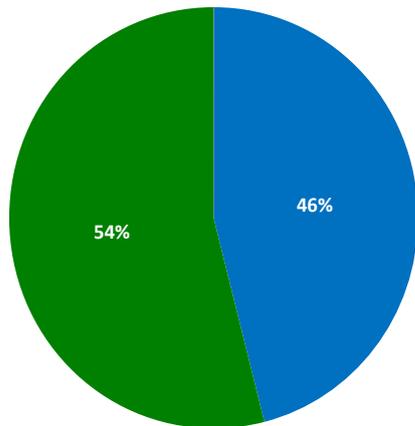
Basic Embryology



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

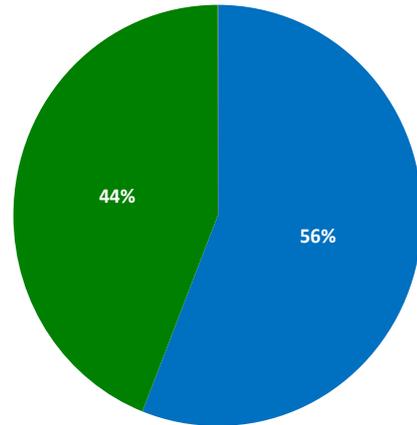
Overall Teaching Feedback

Anatomy of the Lower Limb and Sacral Plexus



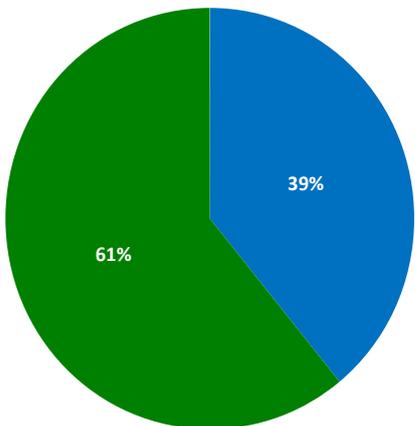
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Scrotal Swellings



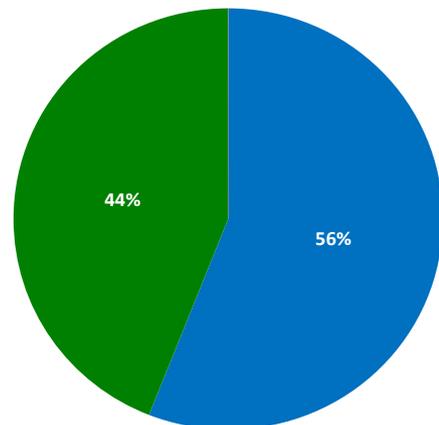
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CSF flow and Hydrocephalus



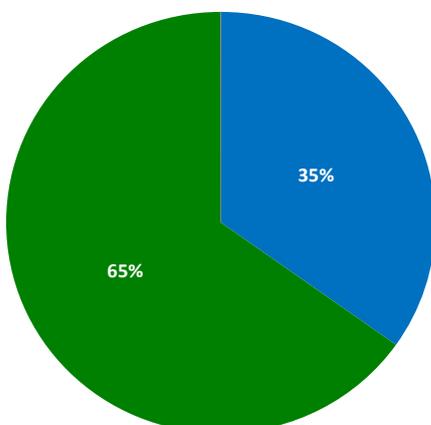
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



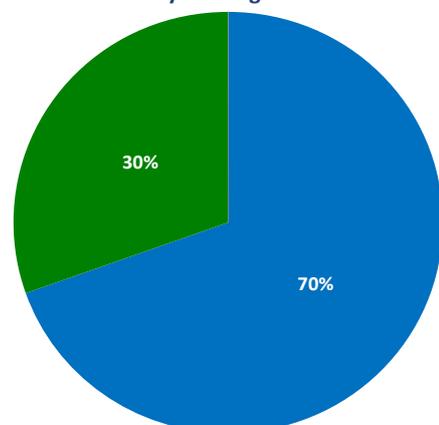
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

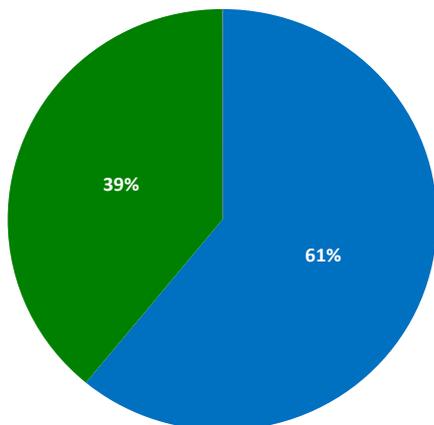
How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

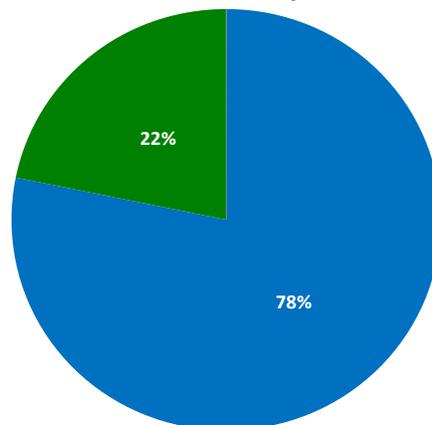
Overall Teaching Feedback

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Very impressed with the delivery of a full day of lectures that was high quality.

MF
llandough

Good structure.

OO
Nottingham University Hospitals NHS Trust, United Kingdom

Very good.

PD
Salford Royal NHS Foundation Trust Hope Hospital, United Kingdom

Excellent! Very helpful whether 2 days or 2 months prior to sitting the exam.

AS
Croydon University Hospital, Croydon

Good location, excellent pre-lecture notes, excellent teacher - would love a course to happen like that in Ireland- would most certainly get booked up quick!!! I don't understand why more places don't do it.

OG
Beaumont Dublin

Very relevant, content was very well narrowed down into a short time frame.

RW
Galway University Hospital

I have so much respect for Professor Enoch Stuart. An amazing doctor. Non-judgemental. Which made it easy to already and ask questions. Extremely valuable lectures and teaching. Thank you so much!

MN
Royal Victoria Hospital

Excellent facilities and lecturer, succinct lectures, covered most things.

AR
Colchester Hospital University, United Kingdom

Well organised and relevant to the exam.

CS
Queen's Medical Centre, Nottingham

Individual Comments

Great course.

SI
County Durham & Darlington Acute Hospitals NHS, United Kingdom

Excellent.

NI
Nottingham City NHS Trust, United Kingdom

Good, worthwhile.

JF
Royal Gwent Hospital, Newport

Very good.

KH
North Bristol NHS, United Kingdom

Excellent.

TC
St Mary's Isle of Wight

Great course. Well organised. Lecturer was brilliant.

AK
Queen Elizabeth Medical Centre, Birmingham



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- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

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