

## FRCS (General Surgery): Section I (SBA & EMI) Exam Preparation Course

Feedback - January 2018

## FRCS (General Surgery): Section I (SBA & EMI) Exam Preparation Course

This one-day intensive course was aimed at delegates preparing for Section I (SBA & EMI) or revising for Section II of the Intercollegiate FRCS Examination in General Surgery. The course was delivered by a group of experienced senior consultants who highlighted the key components and discussed high-yield topics from each subspeciality within the JCST General Surgical curriculum.

#### **Learning Style**

- o Interactive discussions and active delegate participation
- o Focused teaching on high yield topics
- o Updates on current guidelines and advances in all sub-specialities
- o Solving sample SBA and EMI questions
- o Discussion on clinical images and pathology specimens
- Practical tips and exam preparation guidance from senior trainees who have recently passed the FRCS Exam

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/	Course Information		
	Course date:	20 <sup>th</sup> January 2018	
	Venue:	The Enterprise Centre, Shrewsbury College, Shrewsbury	
	Attendance:	23 Delegates	
	Aimed at:	ST5 or above/SpR Year 3 or above in General Surgery. Trainees planning to sit the FRCS Section I Exam within 6 months or revising for the FRCS Section II Exam.	
	Course fee:	£165.00	

#### **Topics and Subspecialities**

- o Colorectal
- o Upper Gastrointestinal
- o Hepatobiliary
- o Vascular
- o Transplant
- o Breast & Endocrine
- o General, Trauma & Emergency Surgery
- o Critical Care
- o Statistics



## Course Programme

0800 - 0830	Registration
0830 - 0845	Introduction
0845 - 0945	Colorectal Surgery (Miss Emma Hamilton, Consultant Colorectal Surgeon)
0945 - 1015	Oncology for Surgeons (Miss Emma Hamilton, Consultant Colorectal Surgeon)
1015 - 1030	Surgical Nutrition (Miss Emma Hamilton, Consultant Colorectal Surgeon)
1030 - 1045	Coffee Break
1045 - 1145	Upper GI Surgery (Mr James Rink, Consultant Upper GI & Bariatric Surgeon)
1145 - 1215	Surgery Statistics (Miss Nuha Yassin, Post-CCT Fellow Colorectal Surgery)
1215 - 1315	Critical Care (Dr Christopher Mowatt, Consultant Anaesthetist and Critical Care)
1315 - 1400	Lunch
1400 - 1500	Vascular Surgery (Miss Kate Merriman, Consultant Vascular Surgeon)
1500 - 1600	Breast & Endocrine Surgery (Mr Nicholas Purser, Consultant Breast Surgeon)
1600 - 1615	Coffee Break
1615 - 1715	Hepatobiliary Surgery (Mr Ricky Bhogal, Post-CCT Fellow HPB Surgery)
1715 - 1815	General, Trauma & Emergency (Miss Kate Merriman, Consultant Vascular Surgeon)
1815 - 1820	Tips & Tricks to Passing the Part A (Mr Mit Dattani, ST7 Colorectal Trainee)
1820 - 1830	Close

## **Faculty List**

**Dr Christopher Mowatt, BM BS, FRCA** Consultant Anaesthetist Shrewsbury and Telford Hospitals NHS Trust

Miss Emma Hamilton, MBChB, BSc, MD, FRCS (Gen Surg) Consultant Colorectal Surgeon Shrewsbury and Telford Hospitals NHS Trust

**Mr James Rink, MB BChir, MPhil, FRCS (Eng)** Consultant Upper Gastrointestinal and Bariatric Surgeon Shrewsbury and Telford Hospitals NHS Trust

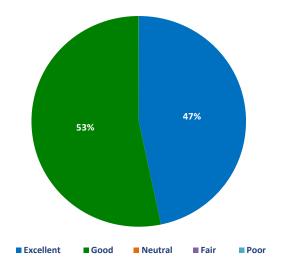
Miss Kate Merriman, BM BS, FRCS Consultant Vascular Surgeon Shrewsbury and Telford Hospitals NHS Trust

Mr Nicholas Purser, MB ChB, FRCS Consultant Breast Surgeon Worchestershire Acute Hospitals NHS Trust

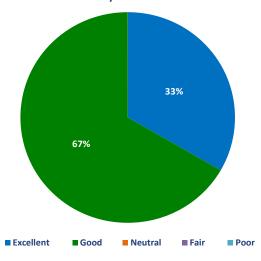
Miss Nuha Yassin, MBChB, MSc, PhD, FRCS Post-CCT Fellow Royal Shrewsbury Hospital, Shrewsbury

Mr Ricky Bhogal, MB ChB, PhD, FRCS Post-CCT Fellow University Hospital Birmingham NHS Foundation Trust

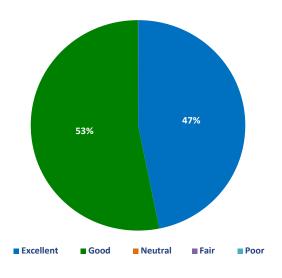
#### How was the content of the course?



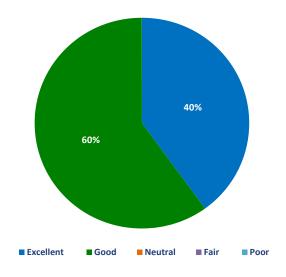




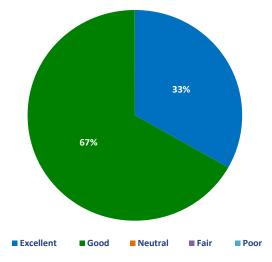
Colorectal Surgery - (Miss Emma Hamilton)

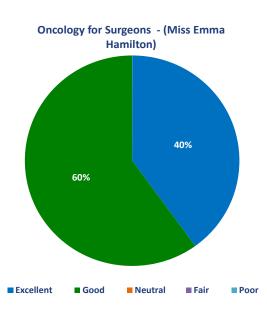


How was the clarity of presentations?

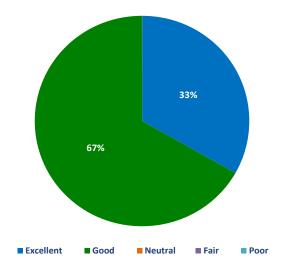


How would you rate the general academic standard of the lectures?

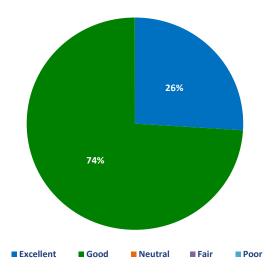




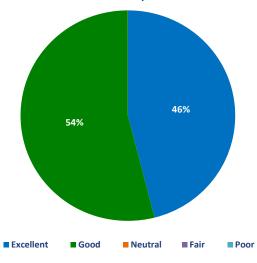
#### Surgical Nutrition - (Miss Emma Hamilton)

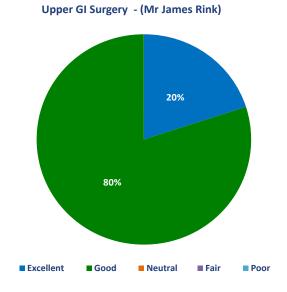


Critical Care - (Dr Christopher Mowatt)

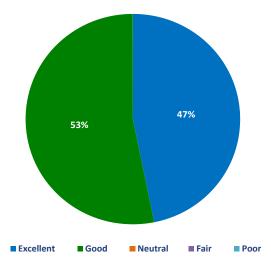




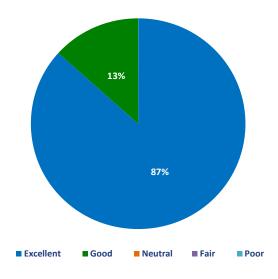


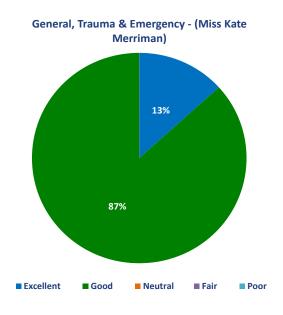


Vascular Surgery - (Miss Kate Merriman)

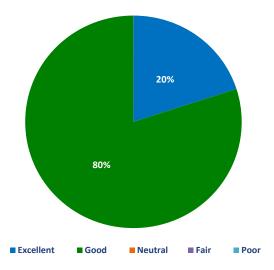


Hepatobiliary Surgery - (Mr Ricky Bhogal)

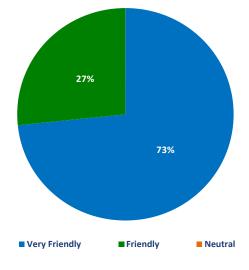


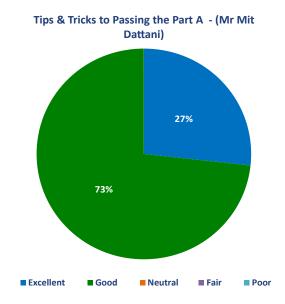


How were the facilities and venue?

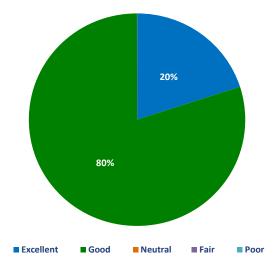




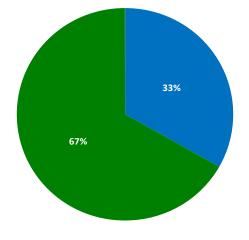




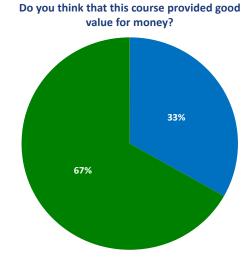
How were the refreshments and lunch?







■ Most Certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all



Most Certainly Certainly Probably Unlikely Not at all

## **Individual Comments**

Good course, a good starting point for me to categorise my revision, excellent slides.

CN East Surrey Hospital, Redhill

Good course overall.

RG Royal Blackburn Hospital, Blackburn

Very good and informative course.

SR Queen Elizabeth Hospital Birmingham

Good overall summary of content for the part 1 FRCS.

AS Croydon University Hospital, Croydon

Great course.

ZP Royal London Hospital, London

This was very well organised course with well prepared speakers although it was difficult to cover everything in detail in a single day course.

SA Royal Oldham Hospital, Oldham



Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events/ competitions.

#### **Courses (a selection):**

#### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### **Postgraduate:**

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



#### Forthcoming key events:

- International Medical Summer School Manchester, 6<sup>th</sup> to 10<sup>th</sup> August 2018
- International Academic and Research Conference Manchester, 11<sup>th</sup> August 2018
- World University Anatomy Challenge Manchester, 9<sup>th</sup> and 10<sup>th</sup> August 2018

#### **Publications**





#### publications.doctorsacademy.org

#### World Journal of Medical Education & Research



Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

wjmer.co.uk

#### **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### **Resources for:**

- General Surgery Exams
- Dental Students

- Medical Students

- Plastic Surgery Exams
  DOHNS Exams
- International Entrance Exams
- MRCS Exams

#### www.doctorexams.co.uk