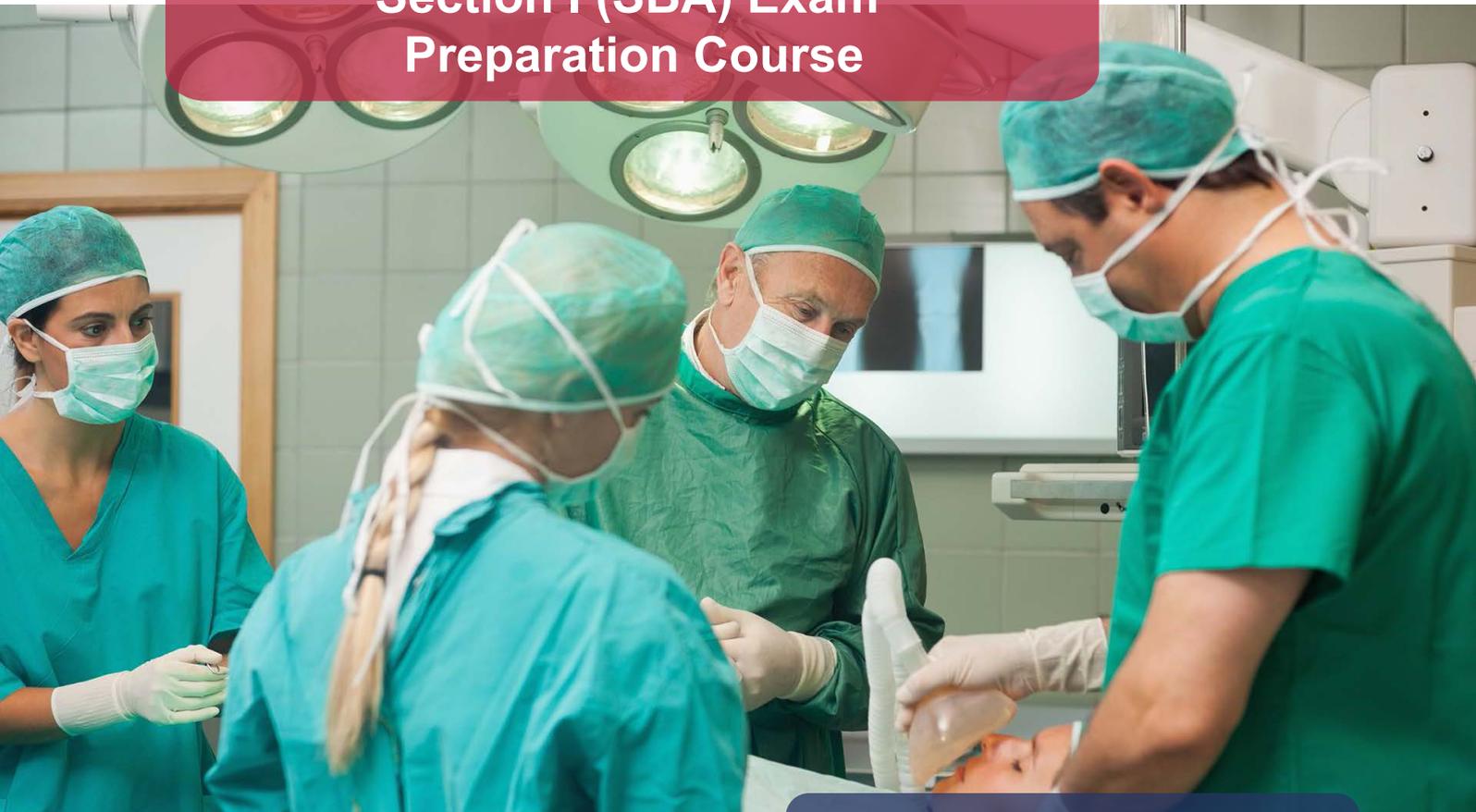


**DOCTORS ACADEMY**



**BETTER EDUCATION. BETTER HEALTH.**

**FRCS (General Surgery):  
Section I (SBA) Exam  
Preparation Course**



**Feedback - September 2023**

## FRCS (General Surgery): Section I (SBA) Exam Preparation Course

This intensive course was aimed at delegates preparing for Section I (SBA) of the Intercollegiate FRCS Examination in General Surgery. The course was delivered by a group of experienced senior consultants who highlighted the key components and discussed high-yield topics from each sub-speciality within the JCST General Surgical curriculum. The course took into consideration the changes introduced to the exam from May 2021. The new exam will consist of 120 SBA questions in paper 1 and 120 SBA questions in paper 2. Each paper will be of 2 hours and 15 minutes in duration.

### Learning Style:

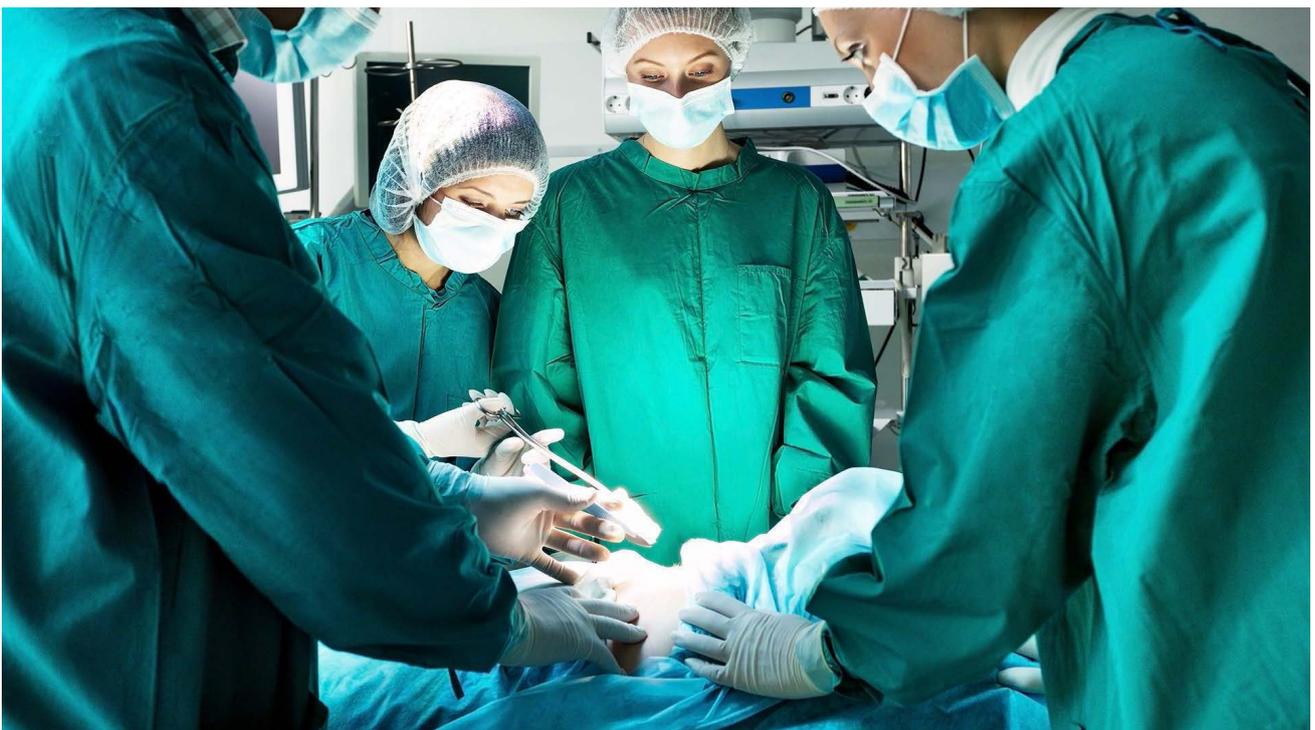
- o Interactive discussions and active delegate participation
- o Focused teaching on high yield topics
- o Updates on current guidelines and advances in all sub-specialities
- o Solving sample SBA questions
- o Discussion on clinical images and pathology specimens
- o Practical tips and exam preparation guidance from senior trainees who have recently passed the FRCS Exam

### Course Information

<b>Venue:</b>	<b>Online Course Held Via Zoom</b>
<b>Dates:</b>	<b>29<sup>th</sup> and 30<sup>th</sup> September 2023</b>
<b>Attendance:</b>	<b>38 Delegates</b>
<b>Aimed at:</b>	<b>ST5 or above/SpR Year 3 or above in General Surgery. Trainees planning to sit the FRCS Section I Exam within 12 months.</b>
<b>Course Fee:</b>	<b>£195.00</b>

### Topics and Subspecialities:

- o Colorectal
- o Upper Gastrointestinal
- o Hepatobiliary
- o Transplant
- o Breast & Endocrine
- o General, Trauma & Emergency Surgery
- o Statistics



# Programme

## Friday 29<sup>th</sup> September 2023

1820 - 1830 Introduction

1830 - 1945 Endocrine Surgery (Miss A. DiMarco, Consultant Endocrine Surgeon)

**1945 - 2000**

**Break**

2000 - 2145 Breast Surgery (Mr M. Rees, Consultant Oncoplastic Breast Surgeon)

2145 End of Day 1

## Saturday 30<sup>th</sup> September 2023

0745 - 1000 Colorectal Surgery (Mr D. McGrath, Consultant Colorectal Surgeon)

**1000 - 1030**

**Break**

1030 - 1130 SBAs in General Topics and Basic Sciences [1] (Professor S. Enoch)

1130 - 1300 Transplant and Vascular Access (Mr I. Mohamed, Consultant Transplant and Vascular Access Surgeon)

**1300 - 1345**

**Lunch**

1345 - 1430 SBAs in General Topics and Basic Sciences [2] (Professor S. Enoch)

1430 - 1550 HPB Surgery (Mr Ricky Bhogal, Consultant HPB Surgeon)

**1550 - 1600**

**Break**

1600 - 1800 Upper GI Surgery (Mr Nicholas Bird, Consultant Upper GI Surgeon)

**1800 - 1815**

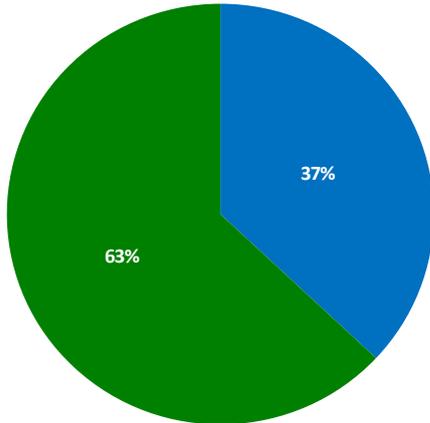
**Break**

1815 - 1915 SBAs in General Topics and Basic Sciences [3] (Professor S. Enoch)

1915 End of Course

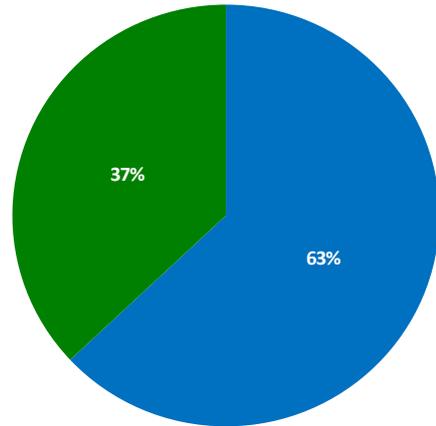
# Overall Feedback

How was the content of the course?



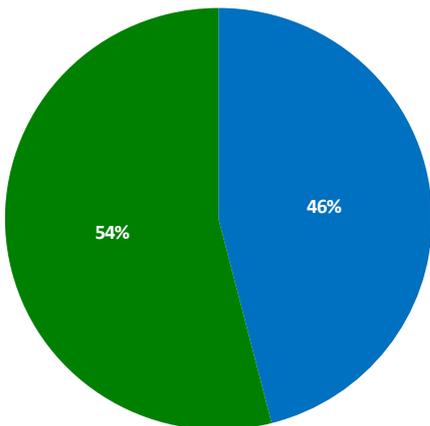
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



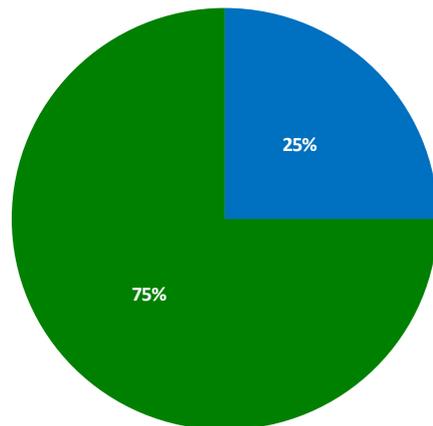
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the information provided?



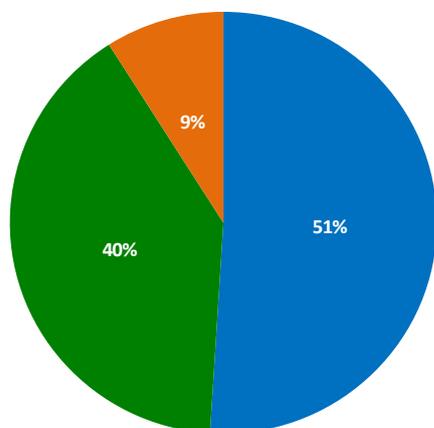
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course meet your objectives?



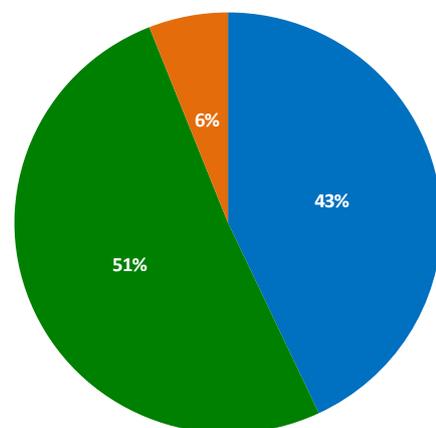
■ Most certainly ■ Certainly ■ Probably ■ A little ■ Not at all

Endocrine Surgery



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

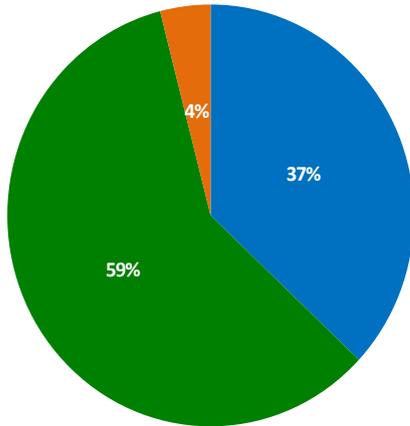
Breast Surgery



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

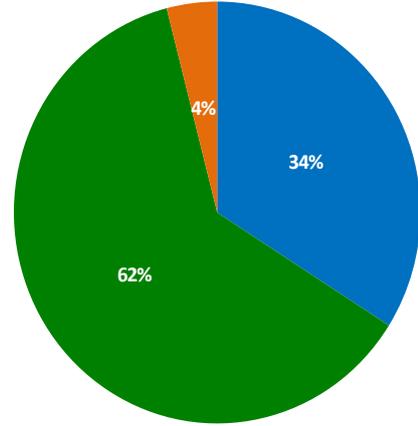
# Overall Feedback

Colorectal Surgery



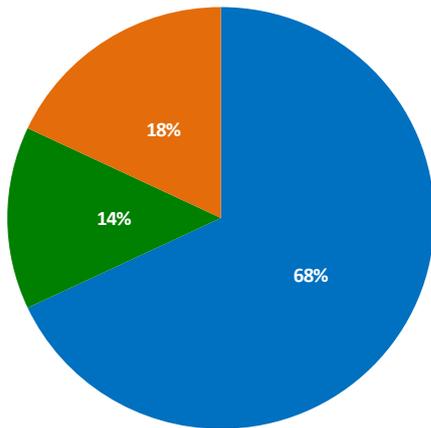
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Transplant Surgery



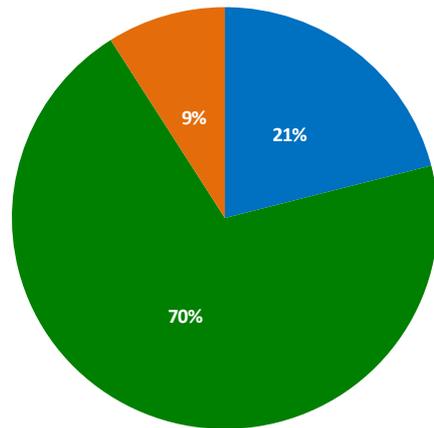
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

HPB Surgery



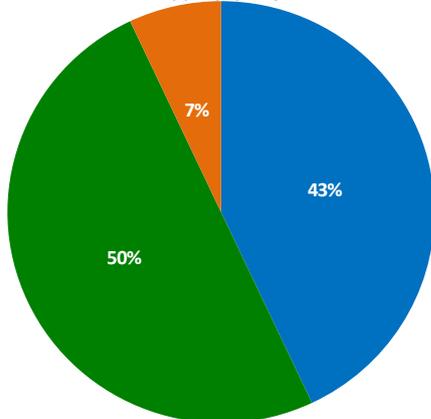
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

UGI Surgery



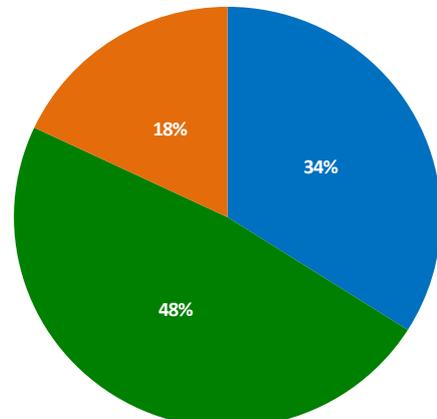
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

General Surgical, Skin, Burns, Vascular and Trauma SBAs



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

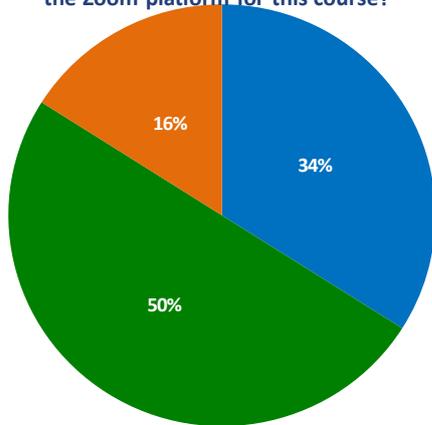
Statistics SBAs



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

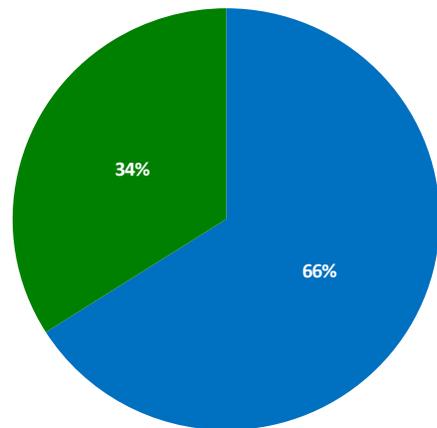
# Overall Feedback

How would you rate the appropriateness of the Zoom platform for this course?



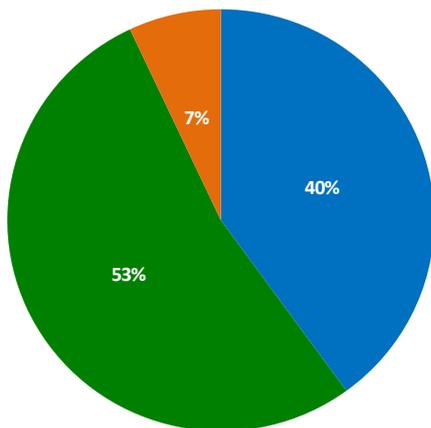
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

How was the general friendliness of the faculty and organisers?



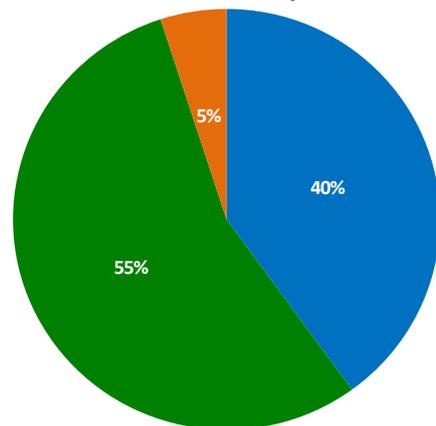
■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

Very nice and organised course with dedicated faculty and organizers. Keep up the great work.

**AK**  
**Mediclinic**

The course was informative and concise, which is the main objective.

**AG**  
**University College London Hospitals NHS Foundation Trust, UK**

It was an amazing course!

**CB**  
**Medway Maritime Hospital, Gillingham, UK**

Great course.

**NO**  
**Royal Surrey County Hospital, UK**

Excellent

**AM**  
**St James's University Hospital, Leeds, UK**

Really enjoyed the course. The teachers helped set our expectations of what we need to focus on. Previously I made the mistake of going into too much detail for the exam.

**RC**  
**Broomfield Hospital, Chelmsford, UK**

Excellent.

**AA**  
**Croydon University Hospital, Croydon, UK**

Excellent organisation, clear material, high yield course.

**BP**  
**West Suffolk Hospital NHS, UK**

Great course.

**SK**  
**QMC**

Excellent.

**AA**  
**University College London Hospitals NHS Foundation Trust, UK**



# DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



Peer-reviewed academic journal  
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- No subscription charges
- No submission fees
- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

[wjmer.co.uk](http://wjmer.co.uk)

## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

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