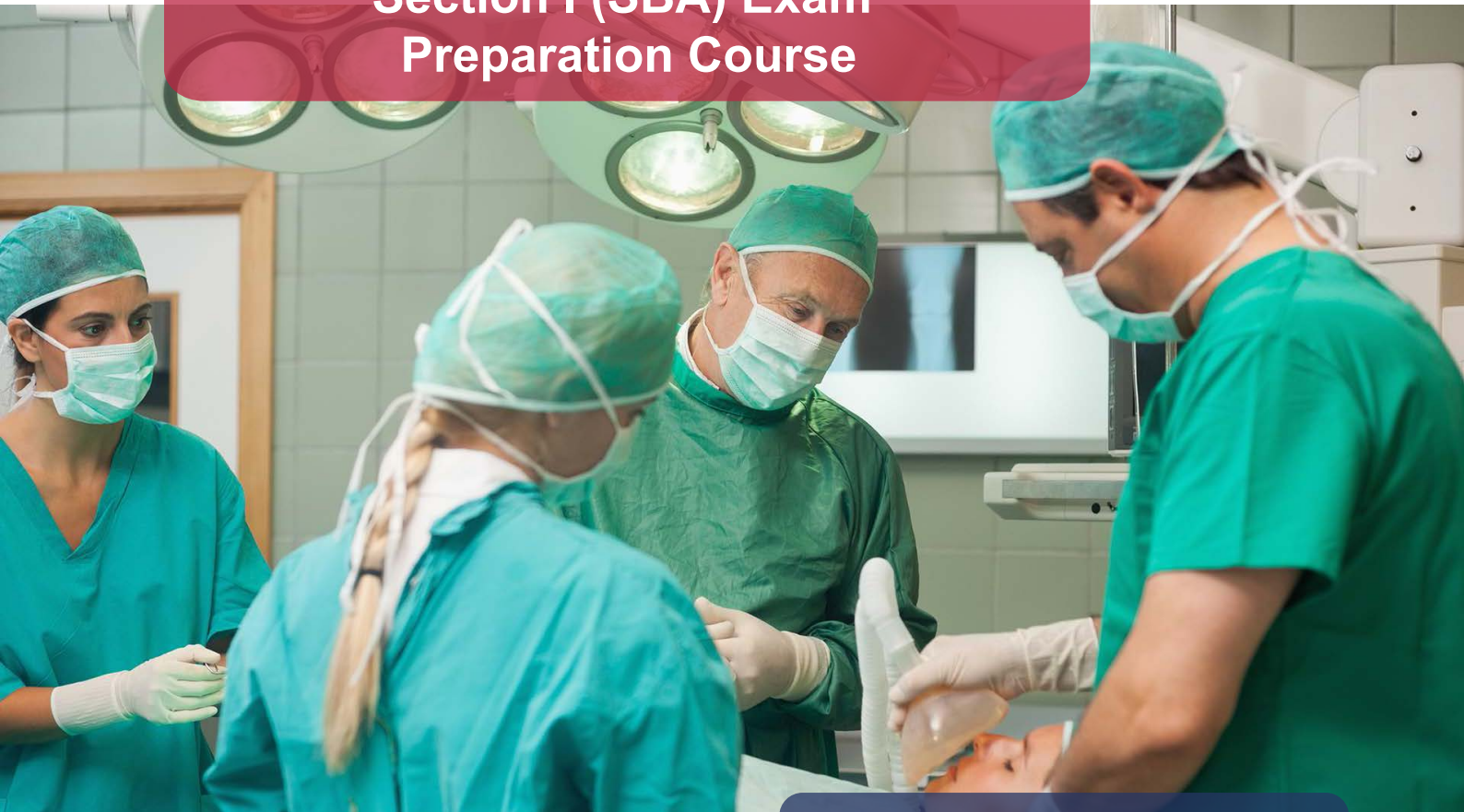


DOCTORS ACADEMY



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**FRCS (General Surgery):
Section I (SBA) Exam
Preparation Course**



Feedback - April 2023

www.doctorsacademy.org

FRCS (General Surgery): Section I (SBA) Exam Preparation Course

This intensive course was aimed at delegates preparing for Section I (SBA) of the Intercollegiate FRCS Examination in General Surgery. The course was delivered by a group of experienced senior consultants who highlighted the key components and discussed high-yield topics from each sub-speciality within the JCST General Surgical curriculum. The course took into consideration the changes introduced to the exam from May 2021. The new exam will consist of 120 SBA questions in paper 1 and 120 SBA questions in paper 2. Each paper will be of 2 hours and 15 minutes in duration.

Learning Style:

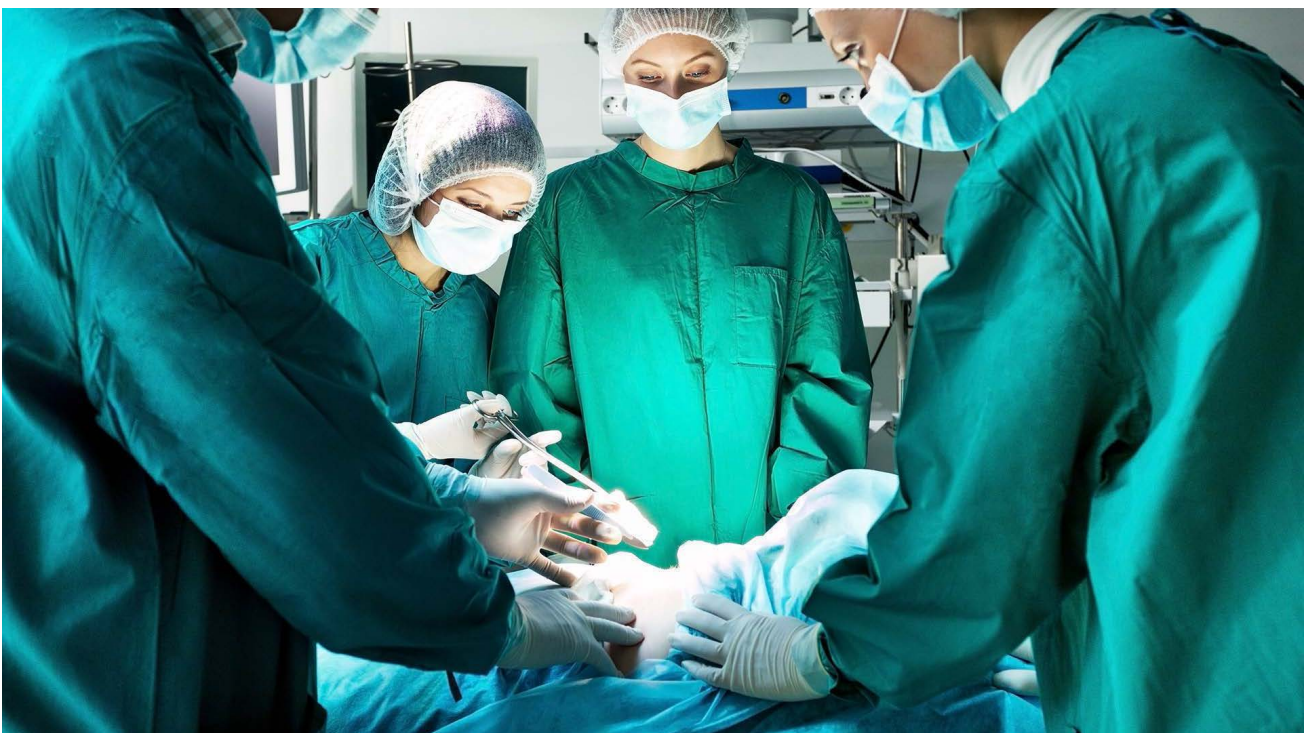
- o Interactive discussions and active delegate participation
- o Focused teaching on high yield topics
- o Updates on current guidelines and advances in all sub-specialities
- o Solving sample SBA questions
- o Discussion on clinical images and pathology specimens
- o Practical tips and exam preparation guidance from senior trainees who have recently passed the FRCS Exam

Course Information

| | |
|--------------------|--|
| Venue: | Online Course Held Via Zoom |
| Dates: | 21st and 22nd April 2023 |
| Attendance: | 22 Delegates |
| Aimed at: | ST5 or above/SpR Year 3 or above in General Surgery. Trainees planning to sit the FRCS Section I Exam within 12 months. |
| Course Fee: | £185.00 |

Topics and Subspecialities:

- o Colorectal
- o Upper Gastrointestinal
- o Hepatobiliary
- o Transplant
- o Breast & Endocrine
- o General, Trauma & Emergency Surgery
- o Statistics



Programme

Friday 21st April 2023

1750 - 1800 Introduction

1800 - 1920 HPB Surgery (Mr Ricky Bhogal, Consultant HPB Surgeon)

1920 - 1930 Break

1930 - 2020 Colorectal Surgery [1] (Mr Daniel McGrath, Consultant Colorectal Surgeon)

2020 - 2025 Break

2025 - 2125 Colorectal Surgery [2] (Mr Daniel McGrath, Consultant Colorectal Surgeon)

2125 - 2130 Break

2130 - 2225 Breast Surgery [1] (Mr Michael Rees, Consultant Oncoplastic Breast Surgeon)

2225 - 2230 Break

2230 - 2310 Breast Surgery [2] (Mr Michael Rees, Consultant Oncoplastic Breast Surgeon)

2315 End of Day 1

Saturday 22nd April 2023

0830 - 1010 Upper GI Surgery (Mr Ashok Menon, Consultant Upper GI Surgeon)

1010 - 1015 Break

1015 - 1130 Endocrine Surgery (Miss Aimee DiMarco, Consultant Endocrine Surgeon)

1130 - 1145 Break

1145 - 1300 Transplant and Vascular Access (Professor Krishna Menon, Consultant Liver Transplant Surgeon)

1300 - 1400 Lunch

1400 - 1500 Inflammatory Bowel Disease (Dr Adam McCulloch, Consultant Gastroenterologist)

1500 - 1505 Break

1505 - 1605 Nutrition (Dr Adam McCulloch, Consultant Gastroenterologist)

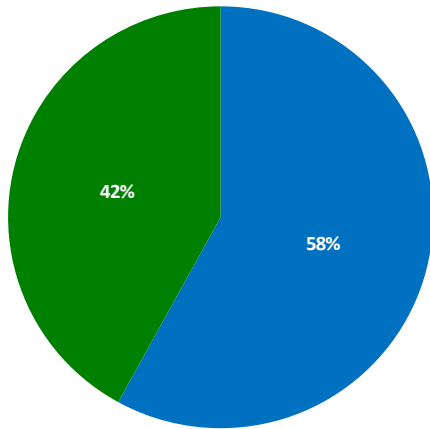
1605 - 1620 Break

1620 - 1730 General Surgery and Basic Sciences (SBAs)

1730 - 1745 Close of Course

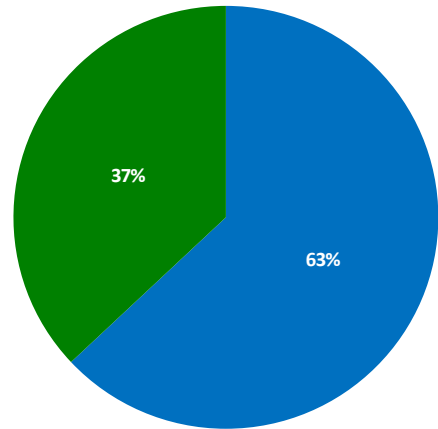
Overall Feedback

How was the content of the course?



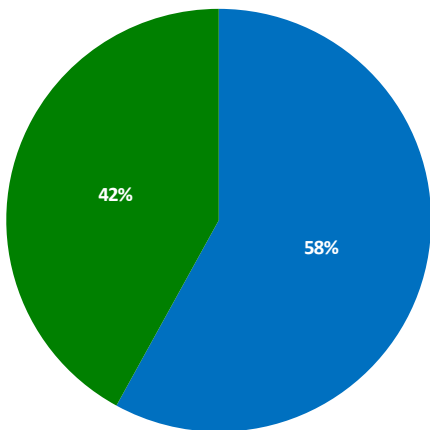
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



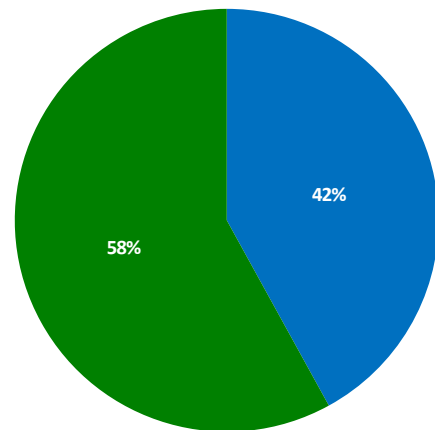
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the information provided?



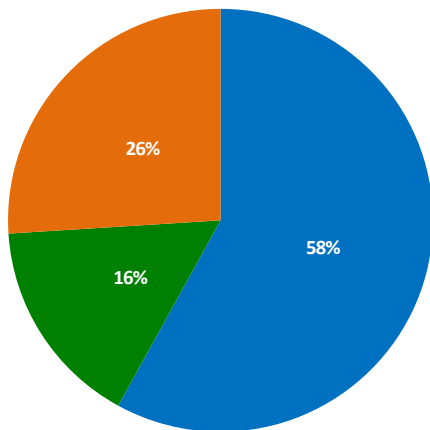
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course meet your objectives?



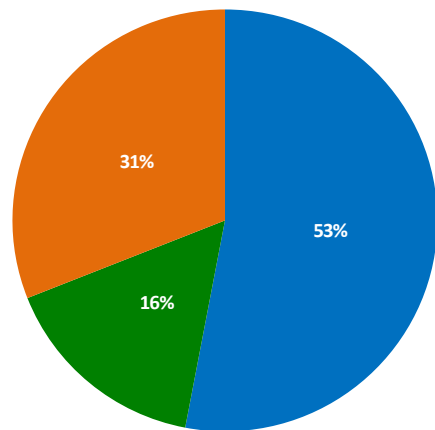
■ Most certainly ■ Certainly ■ Probably ■ A little ■ Not at all

HPB Surgery



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

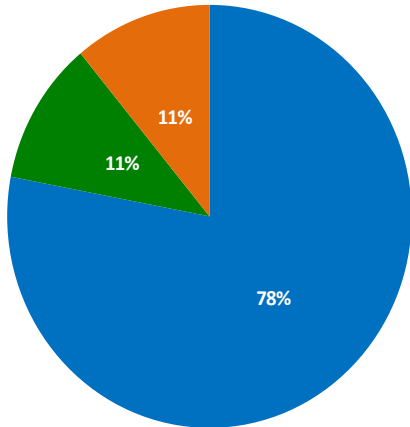
Colorectal Surgery



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

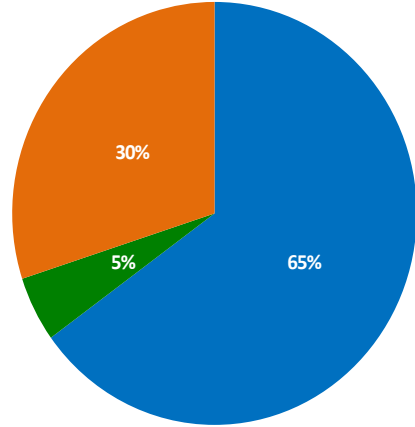
Overall Feedback

Breast Surgery



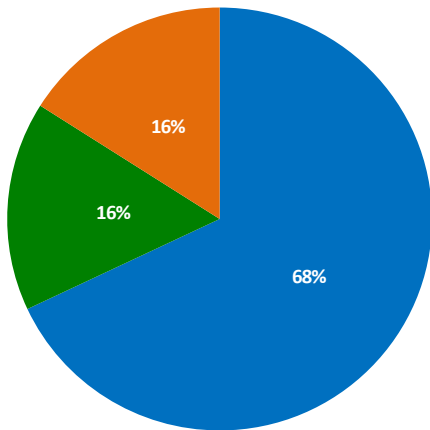
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

UGI Surgery



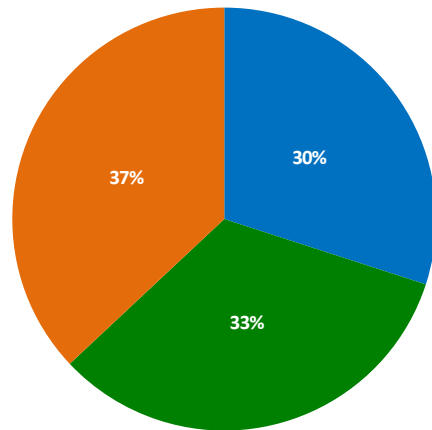
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Endocrine Surgery



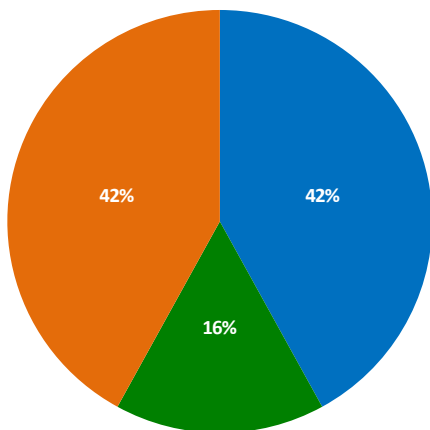
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Transplant Surgery



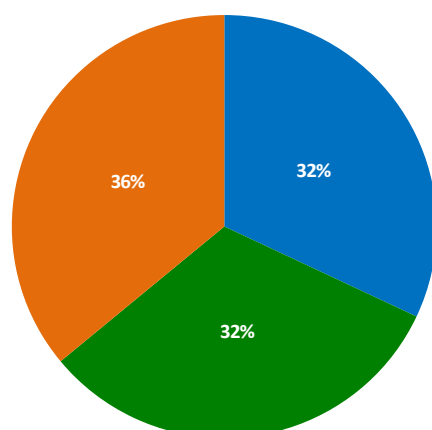
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

IBD



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

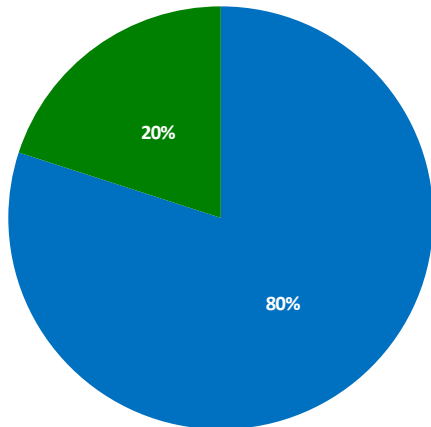
Nutrition



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

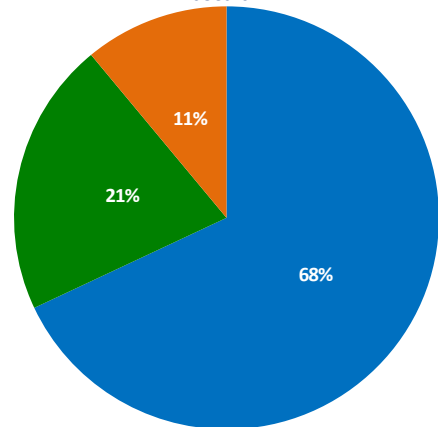
Overall Feedback

Questions in Basic Science and Anatomy



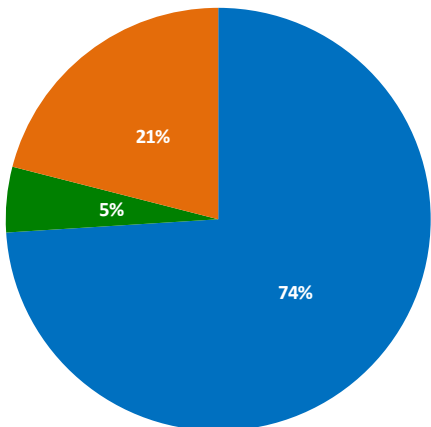
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Questions in Trauma, Critical Care and Vascular



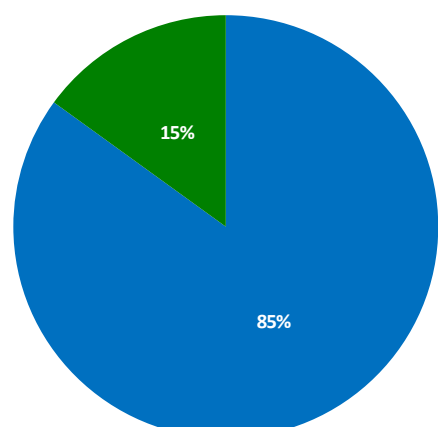
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

How would you rate the appropriateness of the Zoom platform for this course?



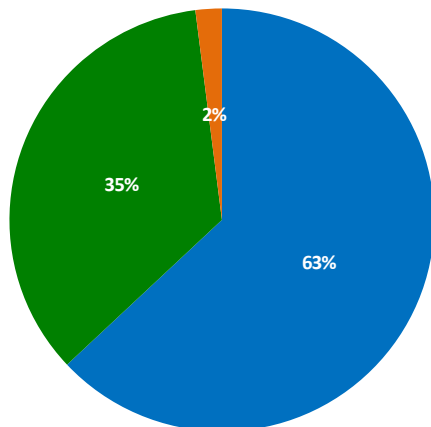
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

How was the general friendliness of the faculty and organisers?



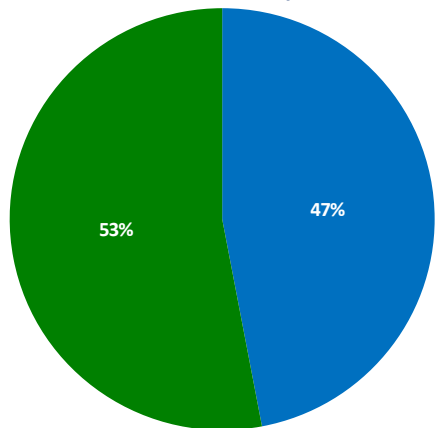
■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Very good.

BP
North Middlesex University Hospital, London, UK

Good preparation for part 1.

JJ
The Royal London Hospital, London, UK

Very good.

AT
Cork University Hospital, Cork, Republic of Ireland

Overall good course that covers the majority of the syllabus.

TS
University Hospital of Wales, Cardiff, UK

Very relevant.

EM
St Peter's Hospital, Chertsey, UK

Very good overall.

IM
Singleton Hospital, Swansea, UK

Very informative course.

DP
Barts Health NHS Trust, UK

Excellent.

MC
Queens Hospital, Romford, UK

Crisp and concise.

NP
West Middlesex University Hospital, Isleworth, UK



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

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