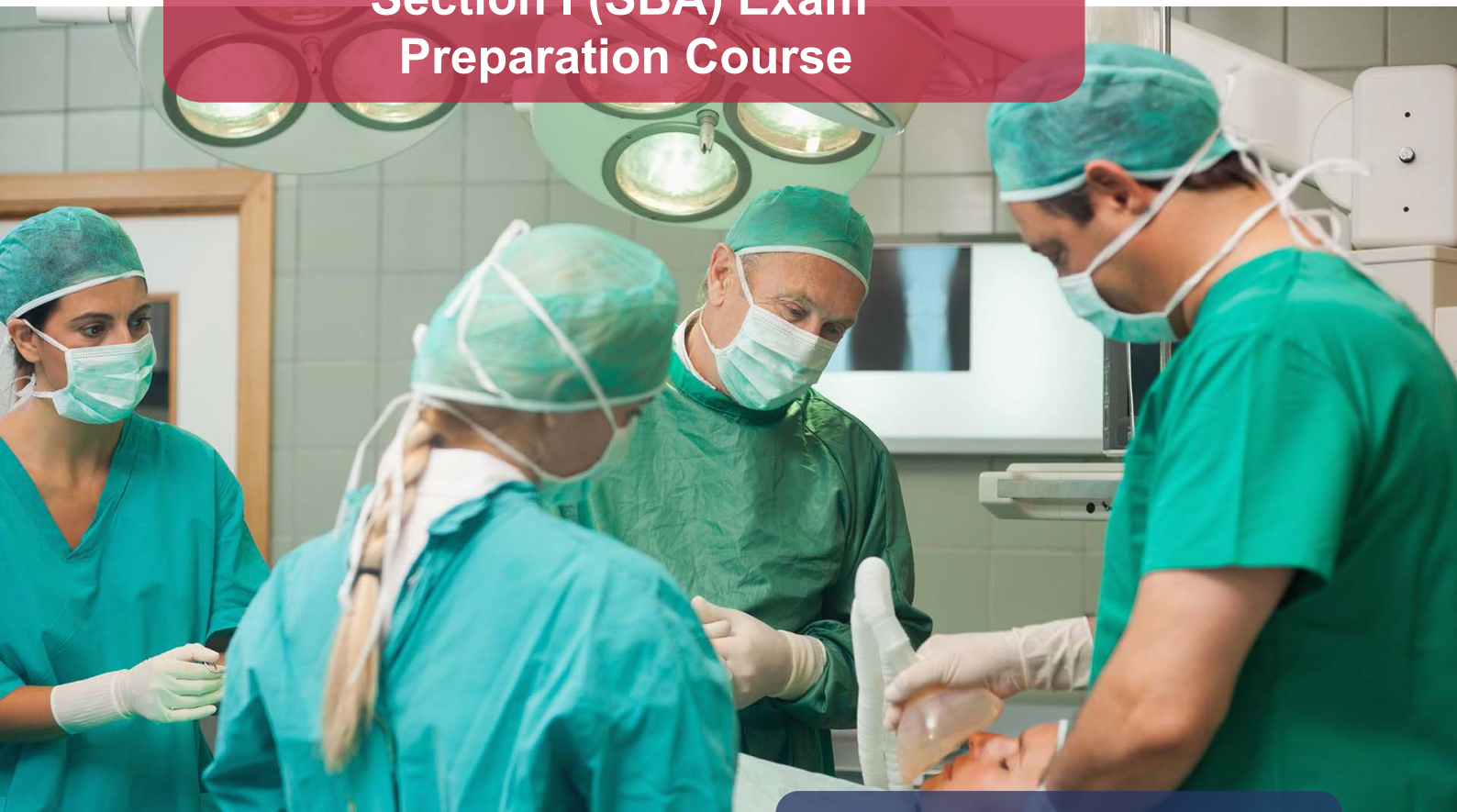


DOCTORS ACADEMY



BETTER EDUCATION. BETTER HEALTH.

FRCS (General Surgery): Section I (SBA) Exam Preparation Course



Feedback - May 2026

FRCS (General Surgery): Section I (SBA) Exam Preparation Course

This intensive course was aimed at delegates preparing for Section I (SBA) of the Intercollegiate FRCS Examination in General Surgery. The course was delivered by a group of experienced senior consultants who highlighted the key components and discussed high-yield topics from each sub-speciality within the JCST General Surgical curriculum. The course took into consideration the changes introduced to the exam from May 2021. The new exam will consist of 120 SBA questions in paper 1 and 120 SBA questions in paper 2. Each paper will be of 2 hours and 15 minutes in duration.

Learning Style:

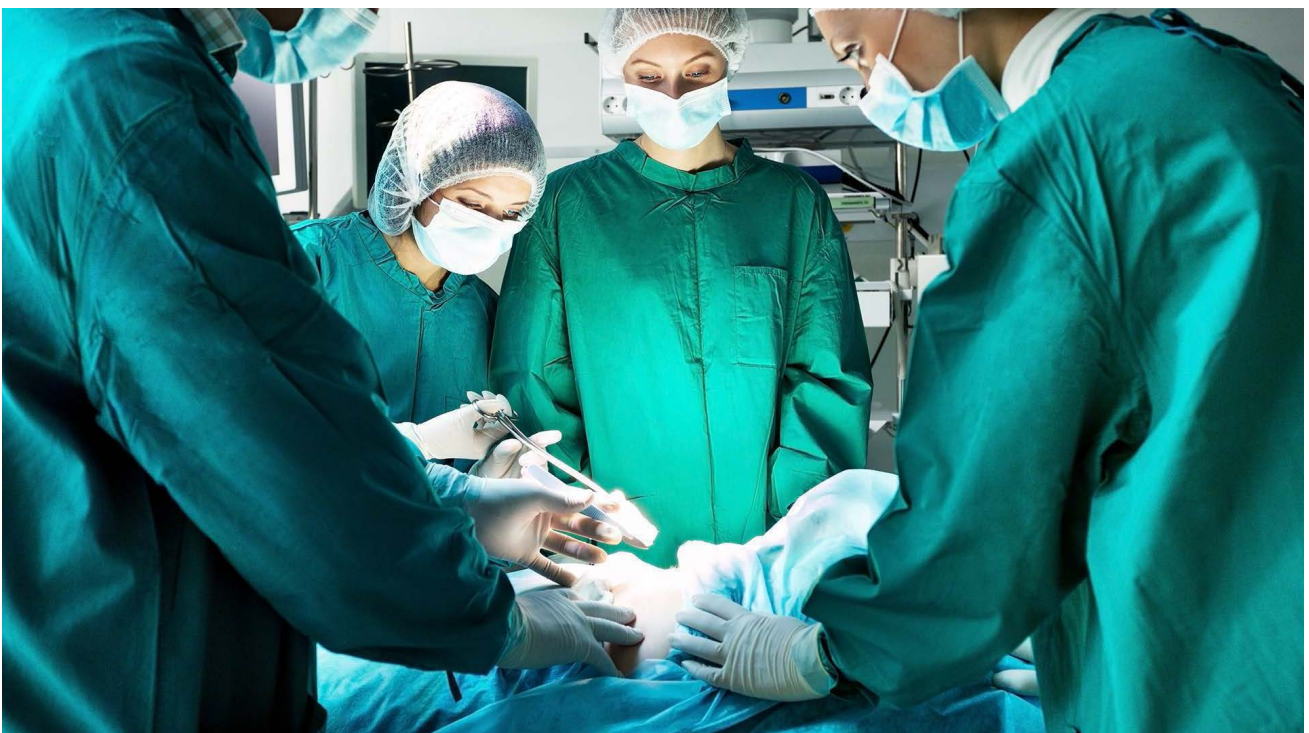
- o Interactive discussions and active delegate participation
- o Focused teaching on high yield topics
- o Updates on current guidelines and advances in all sub-specialities
- o Solving sample SBA questions
- o Discussion on clinical images and pathology specimens
- o Practical tips and exam preparation guidance from senior trainees who have recently passed the FRCS Exam

Course Information

Venue:	Online Course Held Via Zoom
Dates:	9th and 10th May 2026
Attendance:	13 Delegates
Aimed at:	ST5 or above/SpR Year 3 or above in General Surgery. Trainees planning to sit the FRCS Section I Exam within 12 months.
Course Fee:	£285.00

Topics and Subspecialities:

- o Colorectal
- o Upper Gastrointestinal
- o Hepatobiliary
- o Transplant
- o Breast & Endocrine
- o General, Trauma & Emergency Surgery
- o Statistics



Programme

Saturday 9th May 2026

0830-0840 Introduction and Housekeeping

0845-1015 HPB Surgery (Mr R. Bhogal, Consultant HPB Surgeon)

1015-1030 Break

1030-1130 General Surgery and Basic Sciences [1] (Prof S. Enoch, Director of PG Surgical Studies)

1130-1145 Break

1145-1330 Oesophageal Motility Disorders, GORD, and UGI Emergencies
(Miss YM Goh, Consultant UGI Surgeon)

1330-1430 Lunch

1430-1600 General Surgery and Basic Sciences [2] (Prof S. Enoch, Director of PG Surgical Studies)

1600-1620 Break

1620-1705 Nutrition (Dr A. McCulloch, Consultant Gastroenterologist)

1705-1750 IBD (Dr A. McCulloch, Consultant Gastroenterologist)

1750-1810 Break

1810-1900 General Surgery and Basic Sciences [3] (Prof S. Enoch, Director of PG Surgical Studies)

1900-2000 Break

2000-2130 UGI Cancers (Mr A. Sud, Consultant UGI Surgeon)

Programme

Sunday 10th May 2026

0830-1040 Vascular Surgery, Trauma and Critical Care (Prof S. Enoch, Director of PG Surgical Studies)

1040-1100 Break

1100-1230 Surgical Statistics (Dr R. Williams, Academic Surgical Lecturer)

1230-1315 Lunch

1315-1530 Colorectal Surgery [Cancers], Colorectal Screening, Polyps, Genetic Syndromes, and Colorectal Functional Disorders (Miss YL Goh, Post CCT Colorectal Fellow)

1530-1545 Break

1545-1715 Endocrine Surgery (Mr N. Houghton, Consultant Endocrine Surgeon)

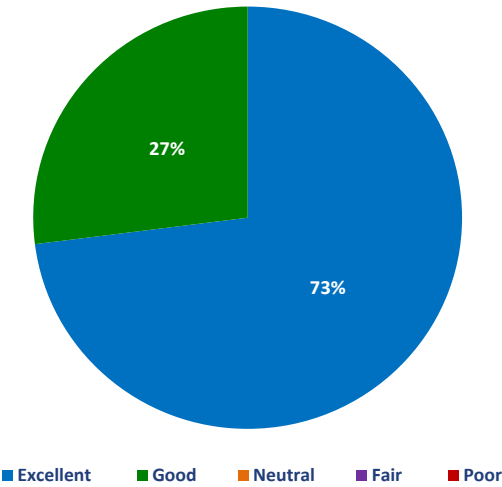
1715-1730 Break

1730-1845 Diverticular Disease, Volvulus, and Surgery for IBD and Benign Anorectal Conditions (Miss YL Goh, PostCCT Colorectal Fellow)

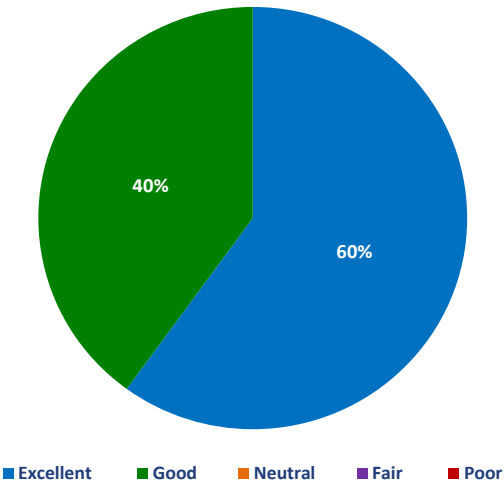
1900-2030 Breast Surgery (Mr M. Rees, Consultant Breast Surgeon)

Overall Feedback

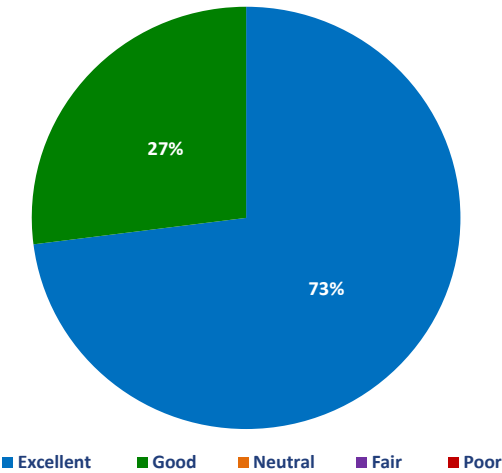
How was the content of the course?



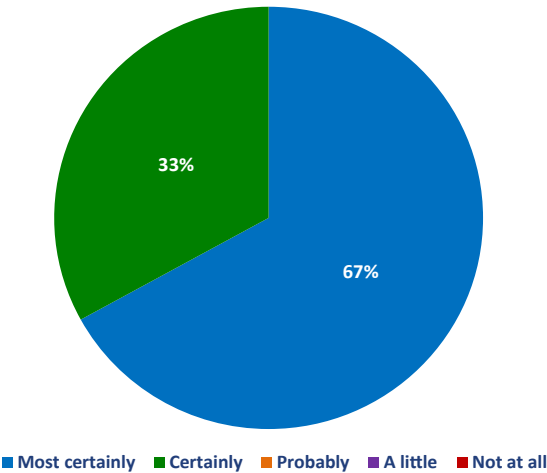
How would you rate the general academic standard of the faculty?



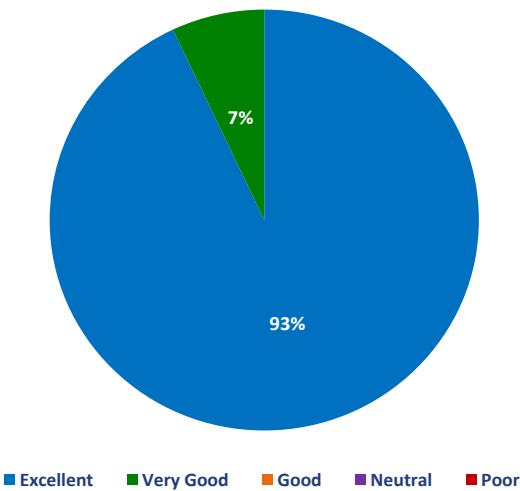
How was the clarity of the information provided?



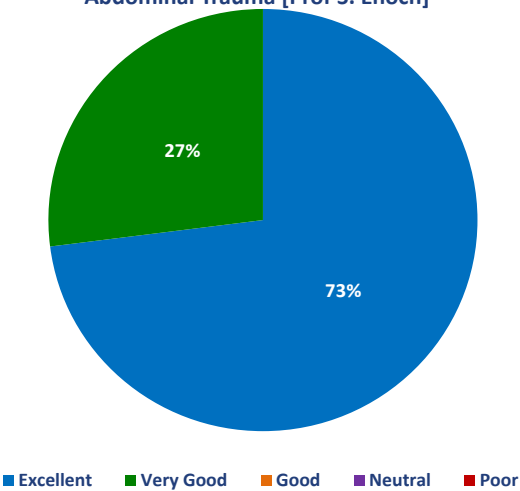
Did the course meet your objectives?



HPB Surgery [Mr R. Bhogal]

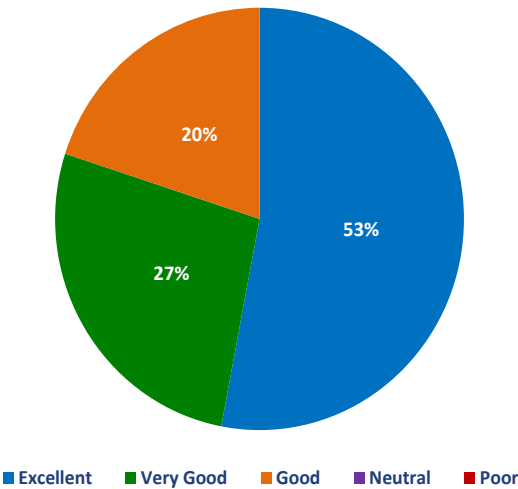


Neck Anatomy; Neck, Thoracic, and Abdominal Trauma [Prof S. Enoch]

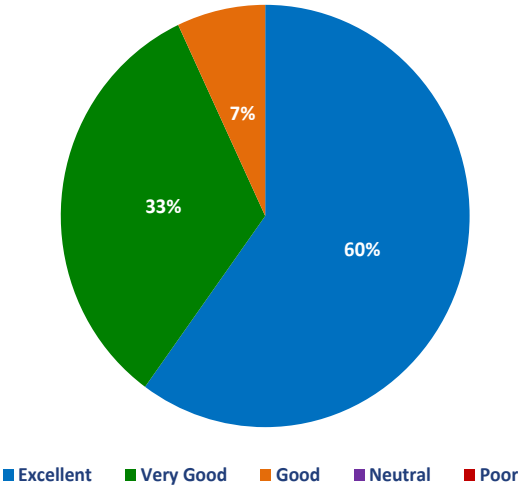


Overall Feedback

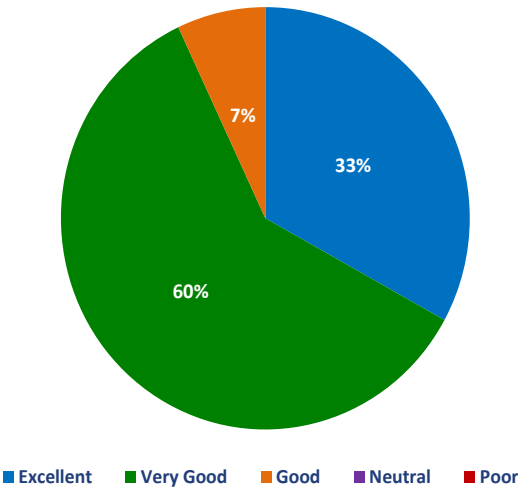
Upper GI Surgery (Benign) [Miss YM Goh]



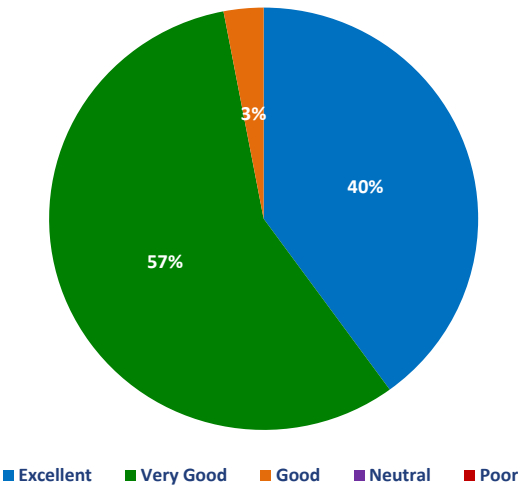
Abdominal Wall, Inguinal, Mesentery, Peritoneal Reflections, Ureter, and Pelvis [Prof S. Enoch]



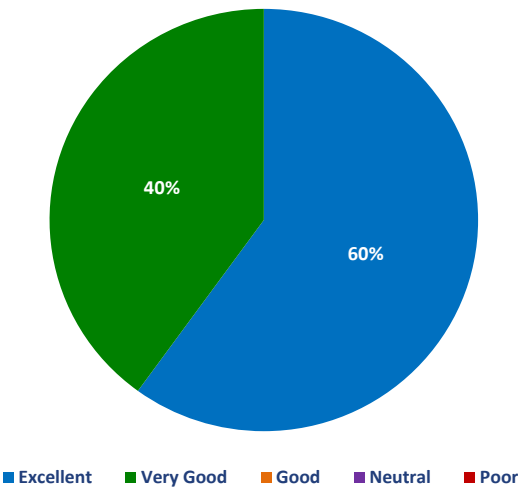
Nutrition [Dr A. McCulloch]



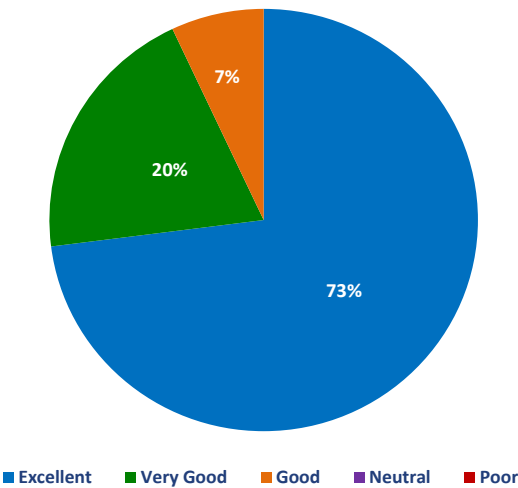
IBD [Dr A. McCulloch]



Surgical Statistics [Dr R. Williams]

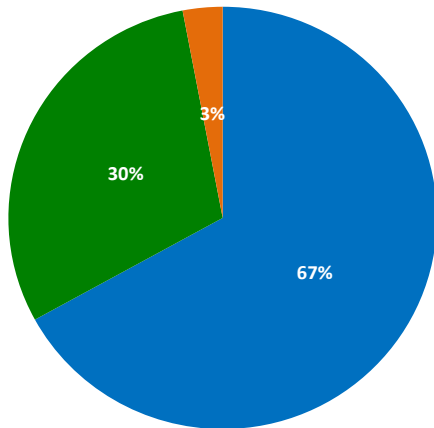


Upper GI Surgery (Cancer) [Mr A. Sud]



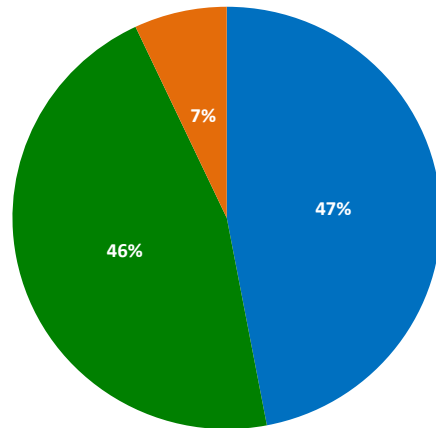
Overall Feedback

PVD, Aorto-Iliac Disease, AAA, Vascular Anatomy, and Other Vascular Conditions [Prof S. Enoch]



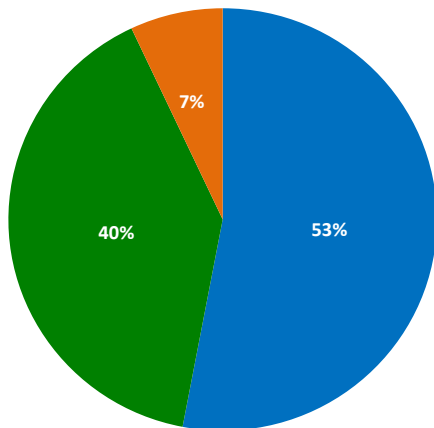
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Colorectal Surgery (Cancer) [Miss YL Goh]



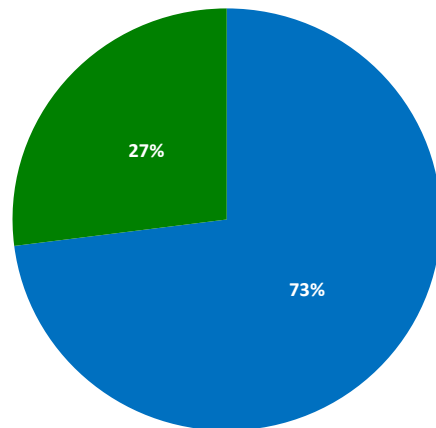
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Colorectal Surgery (Benign) [Miss YL Goh]



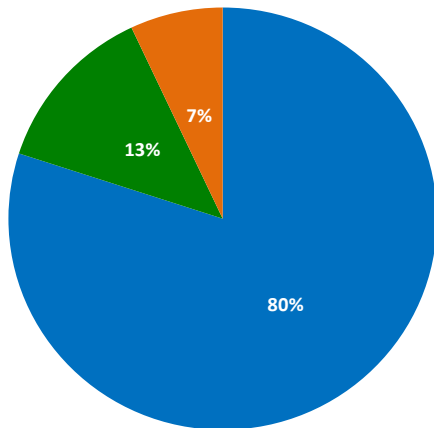
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Endocrine Surgery [Mr N. Houghton]



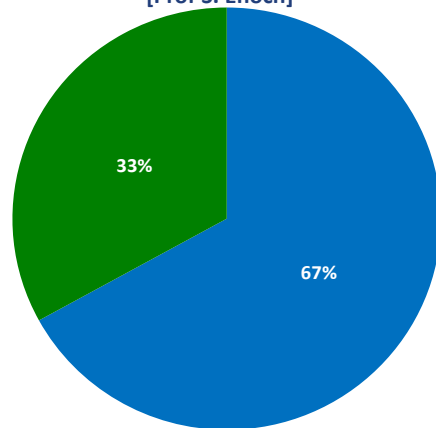
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Breast Surgery [Mr M. Rees]



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

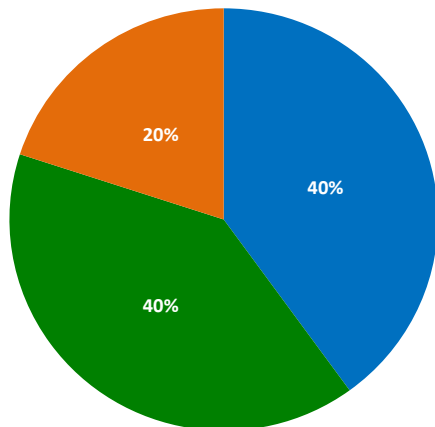
General Pathology, Skin Cancers, and Burns [Prof S. Enoch]



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

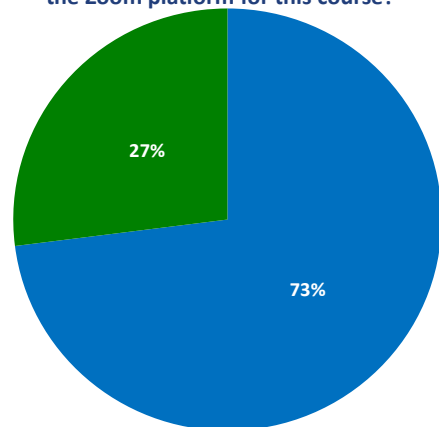
Overall Feedback

Transplant Surgery [Mr K. Patel]



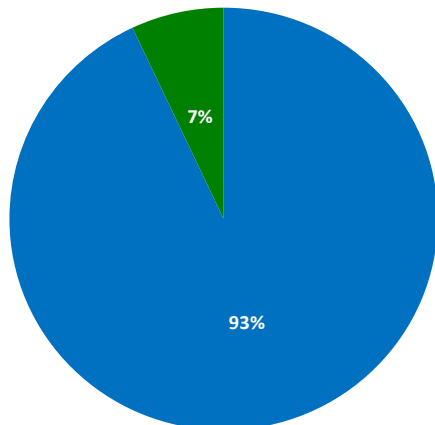
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

How would you rate the appropriateness of the Zoom platform for this course?



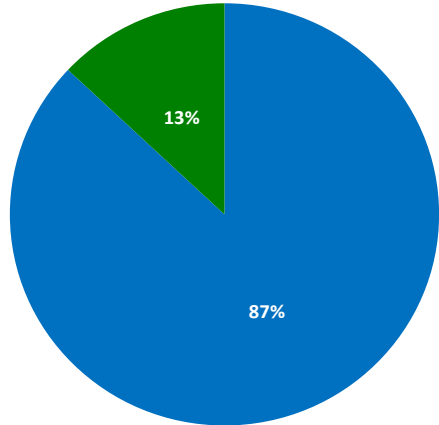
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

How was the general friendliness of the faculty and organisers?



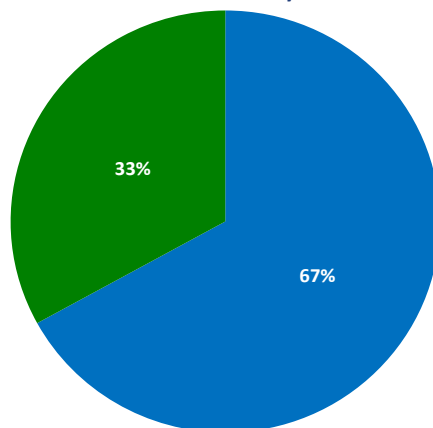
■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

All faculty very friendly knowledgeable and answer questions well.

RL

All faculty were good of course, but particularly Mr Rees had an excellent session, as a non breast trainee, really appreciate the hard work from everyone. Also thanks for the continuous oversight from Dr Williams for smooth running and Prof Enoch obviously for the hard work.

SS

Friendly and supportive.

FC

Excellent.

JB

Talks were good.

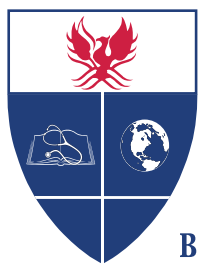
JT

Excellent course. All extremely useful, particularly the statistics sessions which were exceptional. Thank you.

PP

All the faculty were fantastic, but the main lead who delivered the whole overall programme and did the basic sciences modules, was exceptional. That memory and knowledge is enviable. It's a 5 star course.

FE



DOCTORS ACADEMY

BETTER EDUCATION. BETTER HEALTH.

Doctors Academy is an international non-profit organisation which comprises of doctors, dentists and scientists. The aim of the Academy is to disseminate information and facilitate the exchange of medical knowledge between professionals from diverse backgrounds who work in various healthcare settings. In order to achieve this, a diverse range of educational activities are undertaken globally which are further complemented by our publishing house, online resources, and international events and competitions.

Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Essential Surgical Skills and Principles for Aspiring Surgeons
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures

Postgraduate:

Exam Preparation Courses

- MRCS Part A
- MRCS Part B OSCE
- MRCS (ENT) OSCE
- FRCS (General Surgery) Section I
- FRCS (General Surgery) Section II
- FRCS (T&O) Section II
- MRCP PACES
- ST3 Interview Preparation (General Surgery, Orthopaedic Surgery, Plastic Surgery)

Skills Development Courses

- Fresh Frozen Cadaveric Courses
- Intercollegiate Basic Surgical Skills (RCSEd)
- Essential Surgical Skills and Principles for Aspiring Surgeons
- Infant Hip Ultrasound (Graf Method) for Diagnosis and Management of Developmental Dysplasia of the Hip
- Crash Course for Orthopaedic On-Calls
- Management of Hand Fractures and Principles of Fracture Fixation
- Vascular Ultrasound Skills



Postgraduate Programmes in Surgery:

Postgraduate Certificate (PGCert) in Surgical Education

Postgraduate Diploma (PGDip) in Surgical Education

Postgraduate Certificate (PGCert) in Surgical Anatomy

Publications



publications.doctorsacademy.org

World Journal of Medical Education & Research



**Peer-reviewed academic journal
with ISSN.**

- No fee to view, read and download articles
- No subscription charges
- No submission fees
- No manuscript processing fee
- No publishing fee
- No cost to read, write or publish!

wjmer.co.uk

Online Revision Resources

DoctorExams consists of thousands of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. The questions have been written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of the given topics. Based on past exams, these questions have been carefully designed to meet the needs of undergraduate students and postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Part A
- MRCS Part B OSCE
- MRCS (ENT) OSCE

doctorexams.co.uk

www.doctorsacademy.org