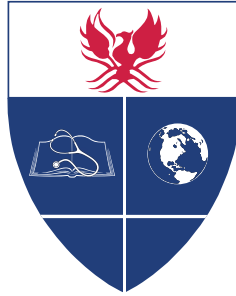
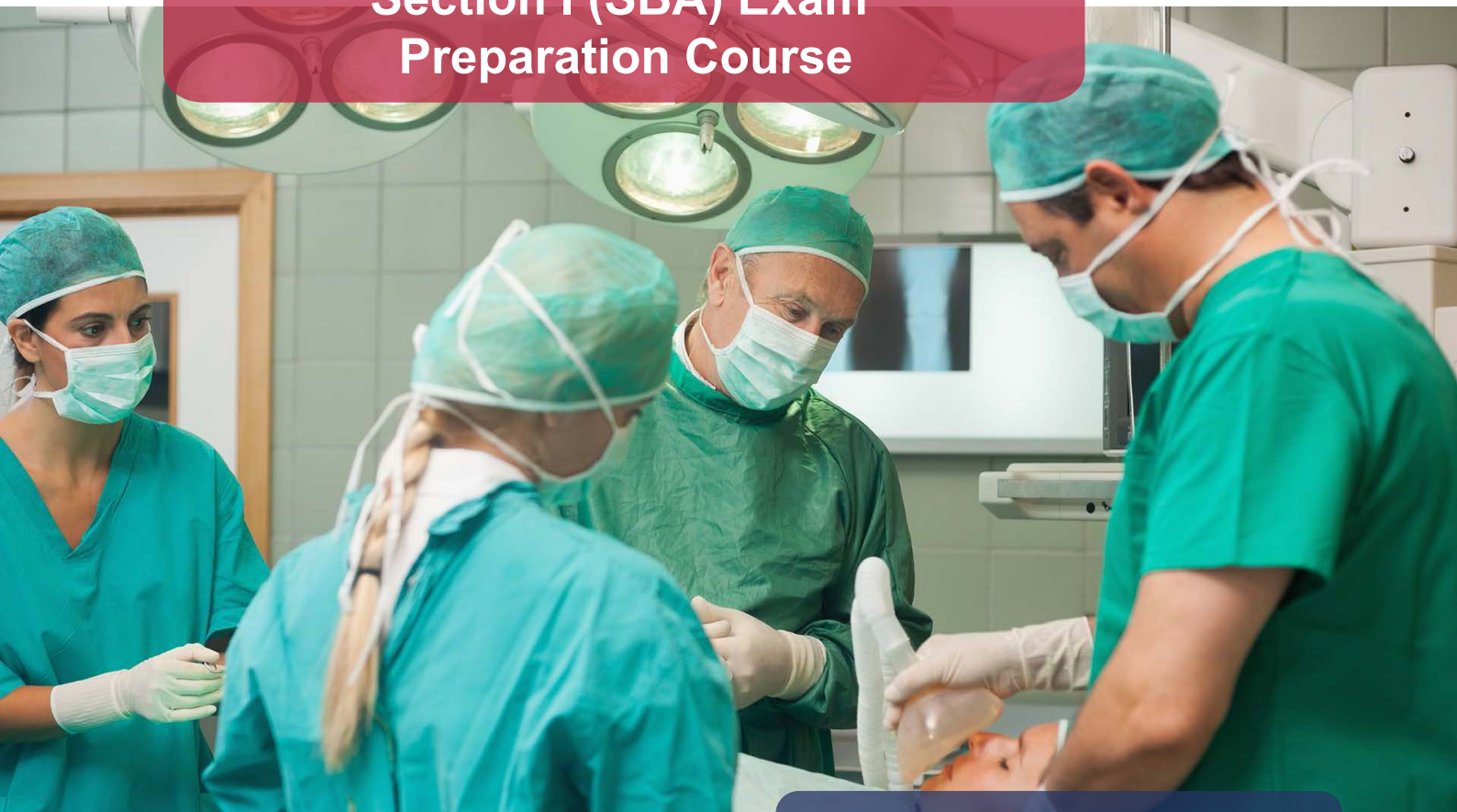


**DOCTORS ACADEMY**



**BETTER EDUCATION. BETTER HEALTH.**

## **FRCS (General Surgery): Section I (SBA) Exam Preparation Course**



**Feedback - May 2025**

## FRCS (General Surgery): Section I (SBA) Exam Preparation Course

This intensive course was aimed at delegates preparing for Section I (SBA) of the Intercollegiate FRCS Examination in General Surgery. The course was delivered by a group of experienced senior consultants who highlighted the key components and discussed high-yield topics from each sub-speciality within the JCST General Surgical curriculum. The course took into consideration the changes introduced to the exam from May 2021. The new exam will consist of 120 SBA questions in paper 1 and 120 SBA questions in paper 2. Each paper will be of 2 hours and 15 minutes in duration.

### Learning Style:

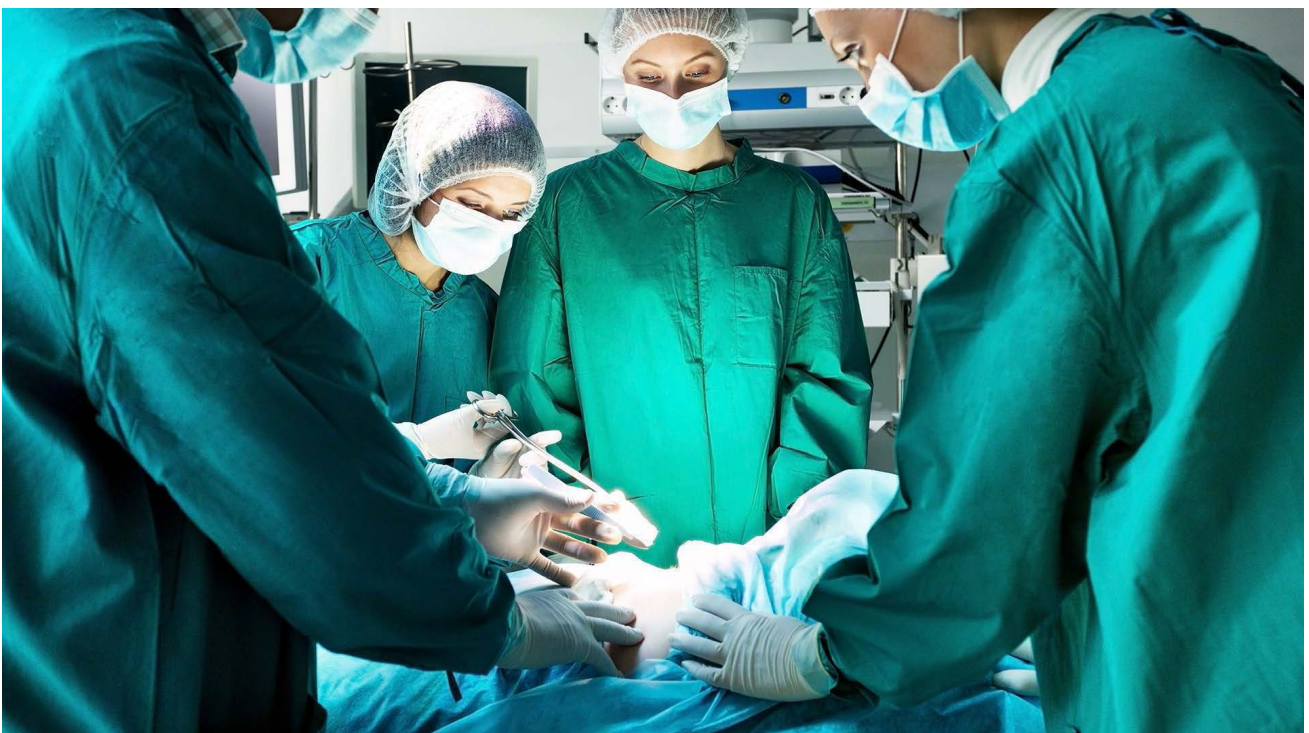
- o Interactive discussions and active delegate participation
- o Focused teaching on high yield topics
- o Updates on current guidelines and advances in all sub-specialities
- o Solving sample SBA questions
- o Discussion on clinical images and pathology specimens
- o Practical tips and exam preparation guidance from senior trainees who have recently passed the FRCS Exam

### Course Information

<b>Venue:</b>	<b>Online Course Held Via Zoom</b>
<b>Dates:</b>	<b>10<sup>th</sup> and 11<sup>th</sup> May 2025</b>
<b>Attendance:</b>	<b>17 Delegates</b>
<b>Aimed at:</b>	<b>ST5 or above/SpR Year 3 or above in General Surgery. Trainees planning to sit the FRCS Section I Exam within 12 months.</b>
<b>Course Fee:</b>	<b>£195.00</b>

### Topics and Subspecialities:

- o Colorectal
- o Upper Gastrointestinal
- o Hepatobiliary
- o Transplant
- o Breast & Endocrine
- o General, Trauma & Emergency Surgery
- o Statistics



# Programme

**Saturday 10<sup>th</sup> May 2025**

0830-0845 Introduction and Housekeeping

0845-1015 Endocrine Surgery (Ms A. Waghorn, Consultant Endocrine Surgeon)

**1015-1035 Break**

1035-1210 Transplant Surgery (Mr K. Patel, Consultant Transplant Surgeon)

**1210-1300 Lunch**

1300-1430 HPB Surgery (Mr R. Bhogal, Consultant HPB Surgeon)

**1430-1445 Break**

1445-1615 Colorectal Surgery (Miss YL Goh, Higher Surgical Education)

**1615-1630 Break**

1630-1730 Surgical Statistics (Dr R. Williams, Director of Academic Studies)

**Sunday 11<sup>th</sup> May 2025**

0850-0950 General Surgery and Basic Sciences (1)  
[Neck, Thorax and Related Trauma; Anterior Abdominal Wall, Hernias, Scrotum; Peritoneum, Mesentery and Sacs; Intra-Abdominal Anatomy and Ureters]  
(Prof S. Enoch, Head of PG Surgical Studies)

**0950-1000 Break**

1000-1115 General Surgery and Basic Sciences (2)  
[General and System-Specific Pathology; Wounds, Grafts and Flaps; Skin Cancers, Melanoma and Burns; Vascular Anatomy and Surgery; Leg Ulcers]  
(Prof S. Enoch, Head of PG Surgical Studies)

**1115-1130 Break**

1130-1230 Trauma and Critical Care [General and Systemic-Specific Trauma; Critical Care, Fluid Management, Inotropes and Coagulation] (Prof S. Enoch, Head of PG Surgical Studies)

**1230-1315 Lunch**

1315-1415 Nutrition (Dr A. McCulloch, Consultant Gastroenterologist)

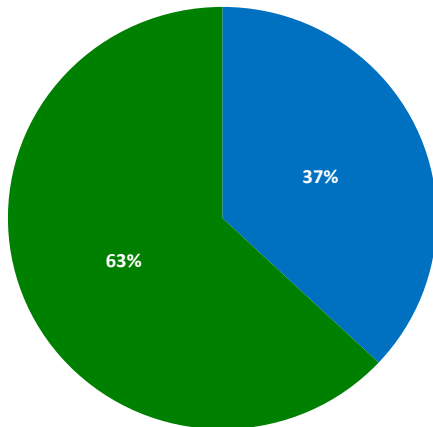
1415-1500 IBD (Dr A. McCulloch, Consultant Gastroenterologist)

**1500-1515 Break**

1515-1700 Upper GI Surgery (Mr A. Sud, Consultant UGI Surgeon)

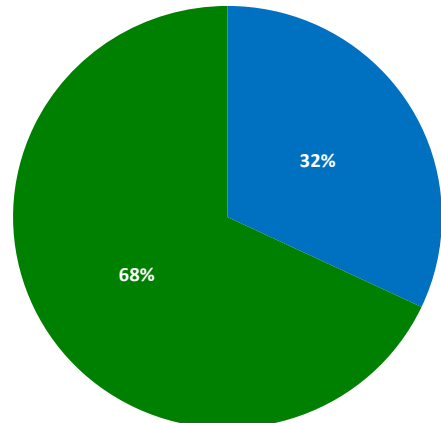
## Overall Feedback

How was the content of the course?



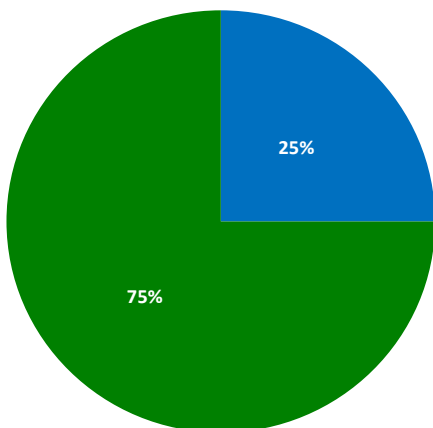
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



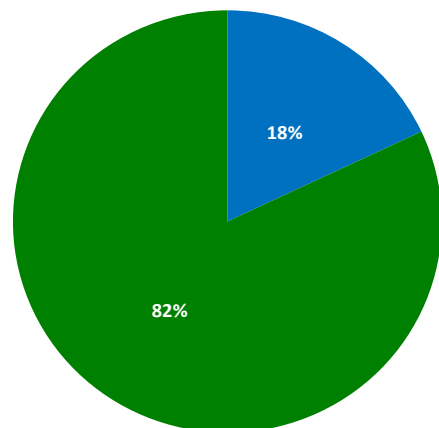
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the information provided?



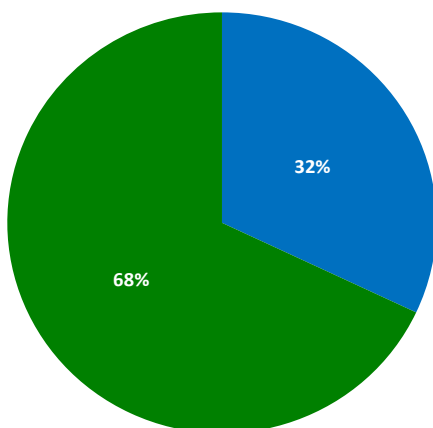
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course meet your learning objectives?



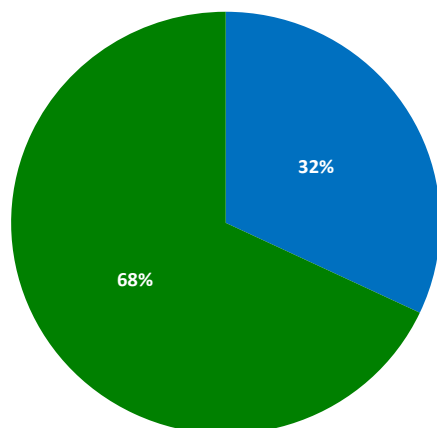
■ Most certainly ■ Certainly ■ Probably ■ A little ■ Not at all

Endocrine Surgery



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

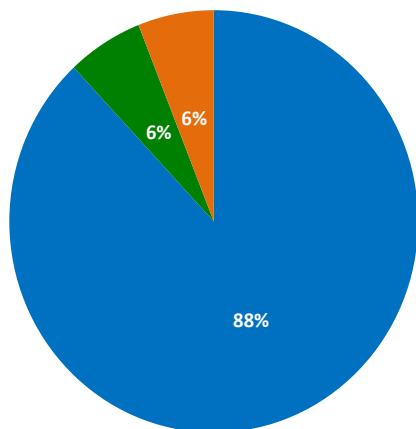
Transplant Surgery



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

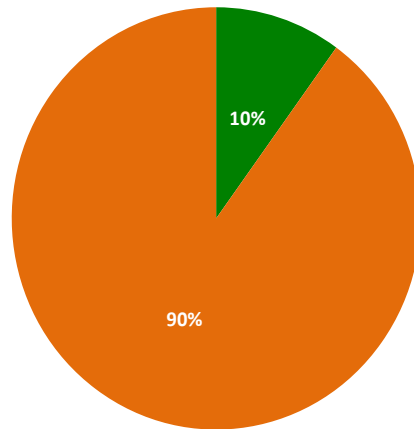
## Overall Feedback

HPB Surgery



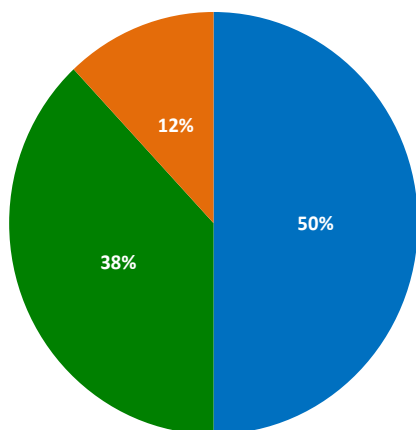
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Colorectal Surgery



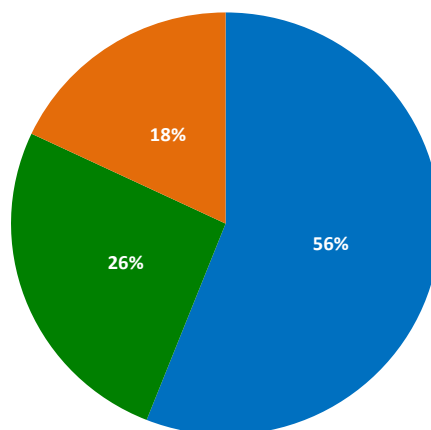
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Surgical Statistics



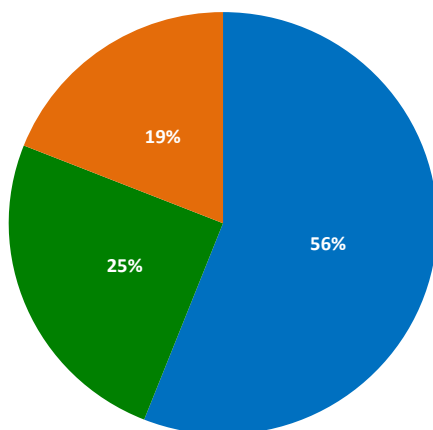
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Basic Sciences (Neck; Thorax; Abdomen)



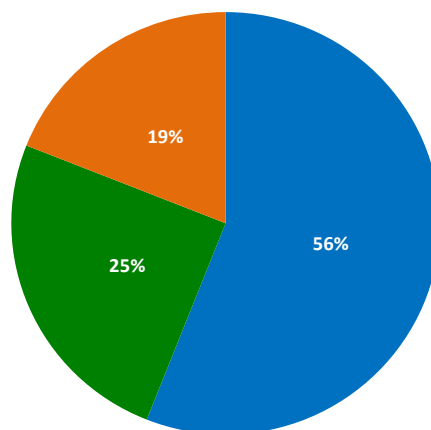
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

General Pathology



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

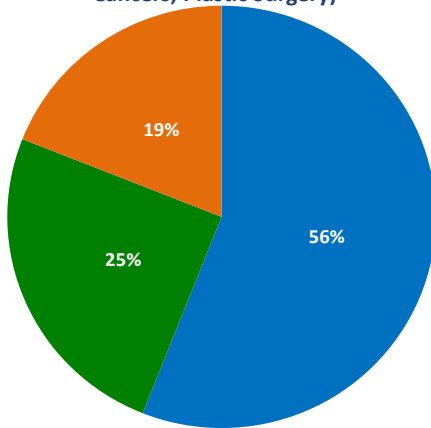
Vascular Surgery



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

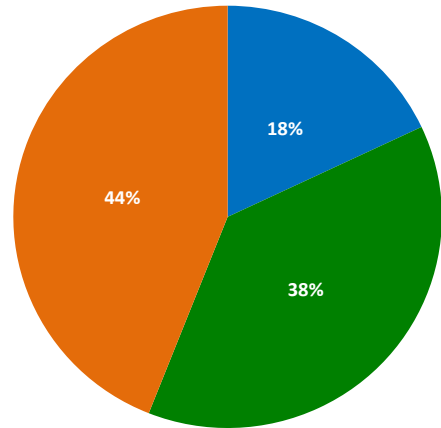
## Overall Feedback

Miscellaneous (Trauma; Critical Care; Skin Cancers; Plastic Surgery)



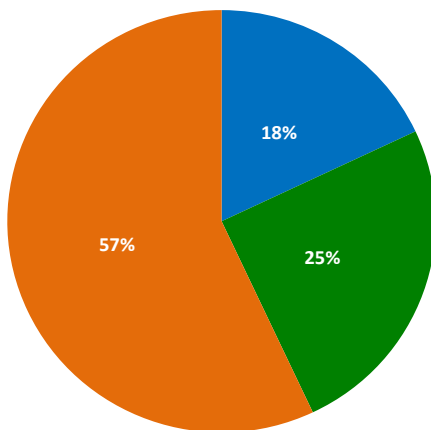
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

IBD



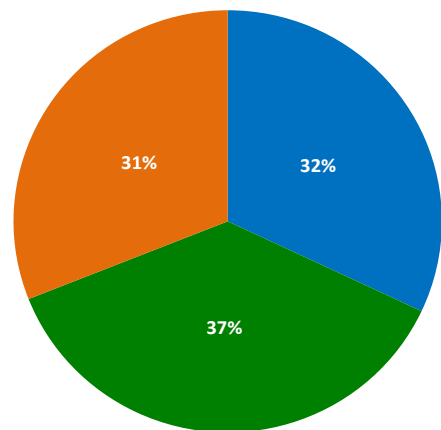
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Nutrition



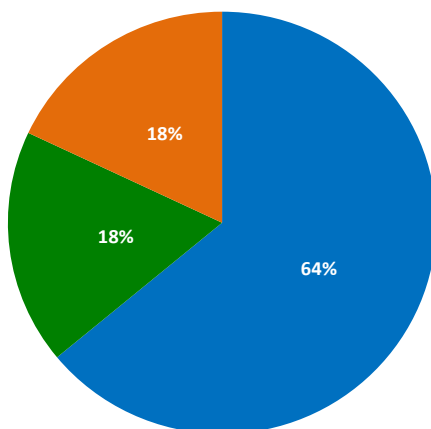
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

UGI Surgery



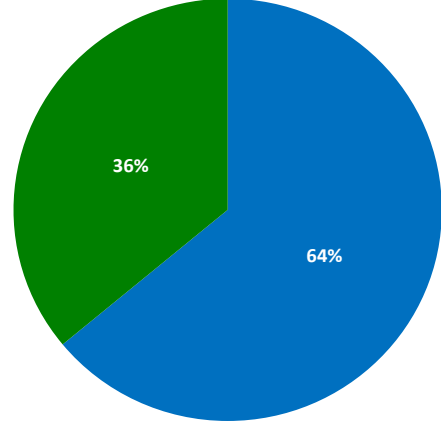
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

How would you rate the appropriateness of the Zoom platform for this course?



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

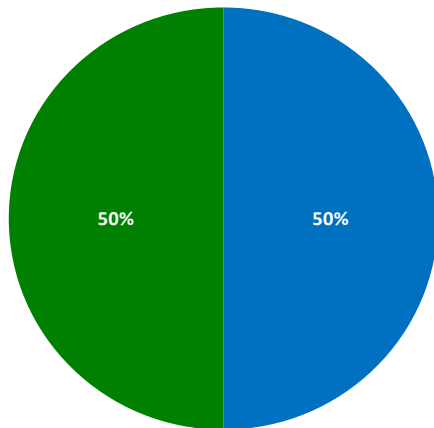
How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

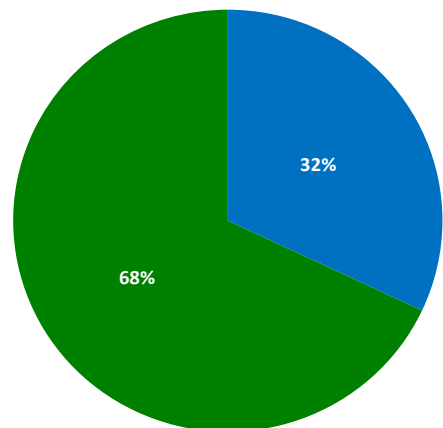
## Overall Feedback

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all



## Individual Comments

The HPB talk, endocrine and transplant talks were particularly excellent.

**KE**

***Walsall Manor Hospital***

Very knowledgeable.

**RL**

***Torbay and Southern Devon Health and Care NHS Trust, United Kingdom Europe***

Brilliant knowledgeable faculty.

**HW**

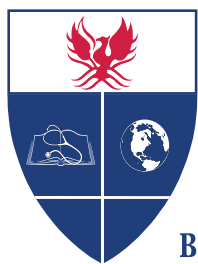
***Hull Royal Infirmary, Hull***

HPB and UGI lectures were very good and motivating.

**RK**

***Countess of Chester Hospital, Chester***





# DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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