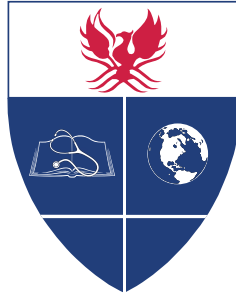
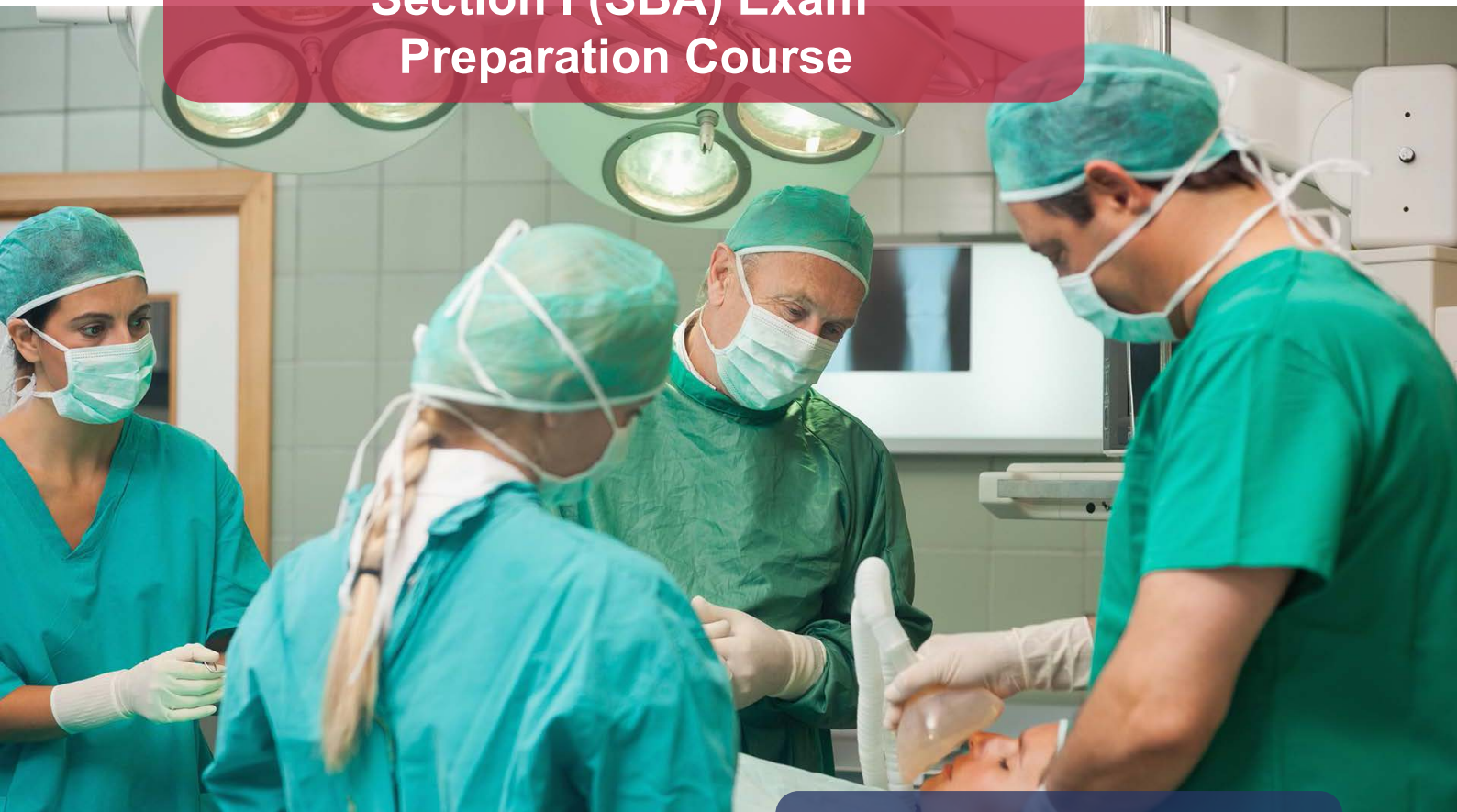


DOCTORS ACADEMY



BETTER EDUCATION. BETTER HEALTH.

FRCS (General Surgery): Section I (SBA) Exam Preparation Course



Feedback - October 2025

FRCS (General Surgery): Section I (SBA) Exam Preparation Course

This intensive course was aimed at delegates preparing for Section I (SBA) of the Intercollegiate FRCS Examination in General Surgery. The course was delivered by a group of experienced senior consultants who highlighted the key components and discussed high-yield topics from each sub-speciality within the JCST General Surgical curriculum. The course took into consideration the changes introduced to the exam from May 2021. The new exam will consist of 120 SBA questions in paper 1 and 120 SBA questions in paper 2. Each paper will be of 2 hours and 15 minutes in duration.

Learning Style:

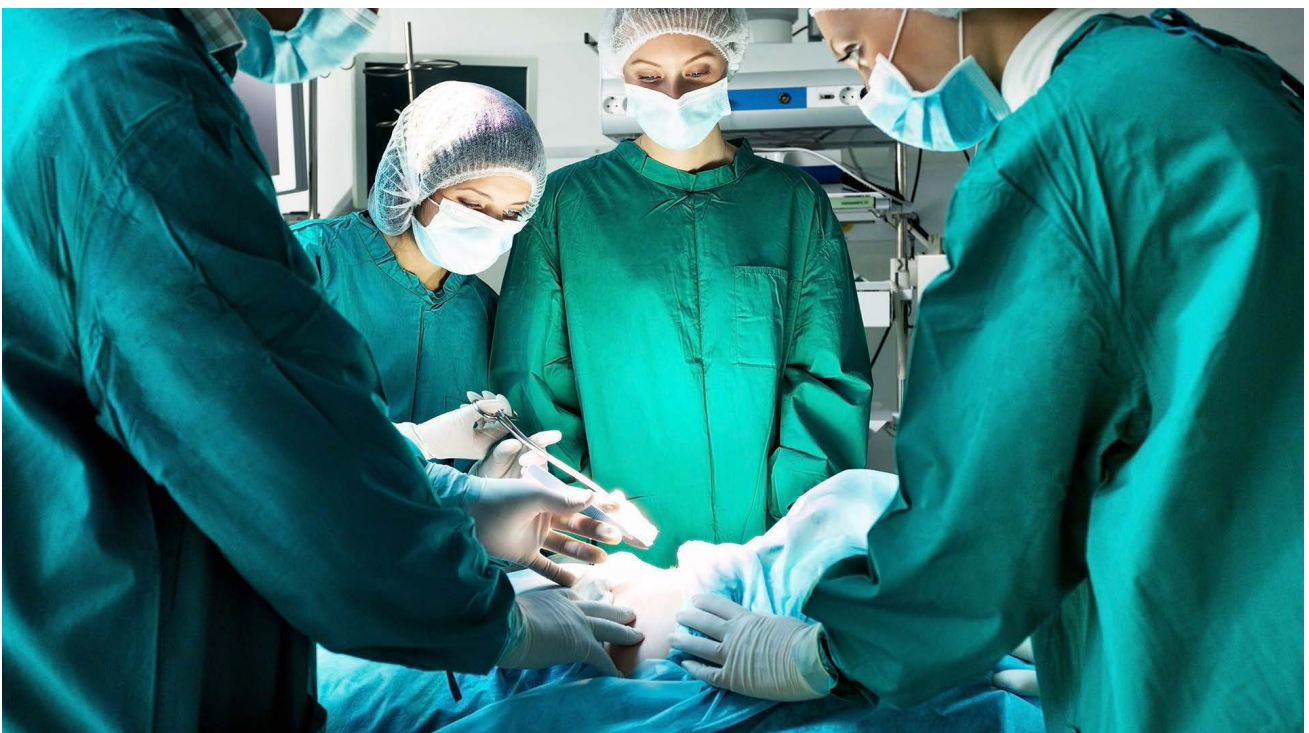
- o Interactive discussions and active delegate participation
- o Focused teaching on high yield topics
- o Updates on current guidelines and advances in all sub-specialities
- o Solving sample SBA questions
- o Discussion on clinical images and pathology specimens
- o Practical tips and exam preparation guidance from senior trainees who have recently passed the FRCS Exam

Course Information

Venue:	Online Course Held Via Zoom
Dates:	11th and 12th October 2025
Attendance:	17 Delegates
Aimed at:	ST5 or above/SpR Year 3 or above in General Surgery. Trainees planning to sit the FRCS Section I Exam within 12 months.
Course Fee:	£285.00

Topics and Subspecialities:

- o Colorectal
- o Upper Gastrointestinal
- o Hepatobiliary
- o Transplant
- o Breast & Endocrine
- o General, Trauma & Emergency Surgery
- o Statistics



Programme

Saturday 11th October 2025

0820-0830 Introduction and Housekeeping

0830-0945 Transplant Surgery (Mr K. Patel, Consultant Transplant Surgeon)

0945-1000 Morning Break

1000-1130 Endocrine Surgery (Mr N. Houghton, Consultant Endocrine Surgeon)

1145-1315 HPB Surgery (Mr R. Bhogal, Consultant HPB Surgeon)

1315-1400 Lunch

1400-1510 General Surgery and Basic Sciences [1] (Prof S. Enoch, Director of PG Surgical Studies)

1510-1555 Surgical Statistics Part 1 (Dr R. Williams, Academic Surgical Lecturer)

1600-1645 Surgical Statistics Part 2 (Dr R. Williams, Academic Surgical Lecturer)

1645-1700 Afternoon Break

1700-1815 Colorectal Surgery [Cancers] (Mr D. Sarma, Consultant Colorectal Surgeon)

1830-2000 Breast Surgery (Mr M. Rees, Consultant Breast Surgeon)

Sunday 12th October 2025

0830-0930 General Surgery and Basic Sciences [2] (Prof S. Enoch, Director of PG Surgical Studies)

0930-1045 Oesophageal Motility Disorders, GORD, and UGI Emergencies (Miss YM Goh, Upper GI Advanced Fellow)

1045-1105 Morning Break

1105-1225 Vascular Surgery, Trauma and Critical Care (Prof S. Enoch, Director of PG Surgical Studies)

1225-1340 Colorectal Screening, Polyps, Genetic Syndromes, and Colorectal Functional Disorders (Miss YL Goh, Academic Surgical Lecturer)

1340-1430 Lunch

1430-1530 Diverticular Disease, Volvulus, and Surgery for IBD and Benign Anorectal Conditions (Mr M. Rahman, Post CCT Robotic Colorectal Fellow)

1530-1600 Afternoon Break

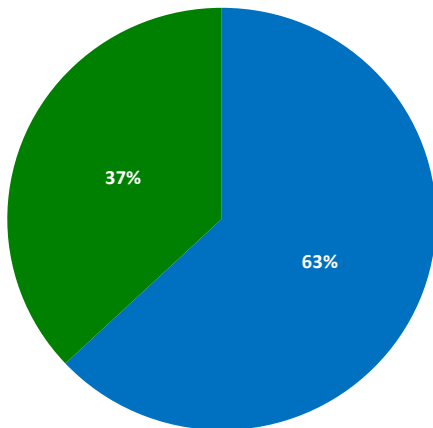
1600-1645 Nutrition (Dr A. McCulloch, Consultant Gastroenterologist)

1645-1730 IBD (Dr A. McCulloch, Consultant Gastroenterologist)

1745 End of Course

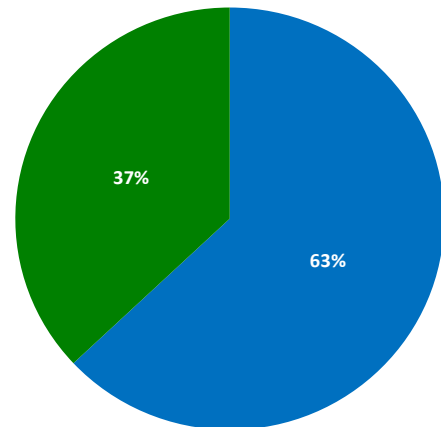
Overall Feedback

How was the content of the course?



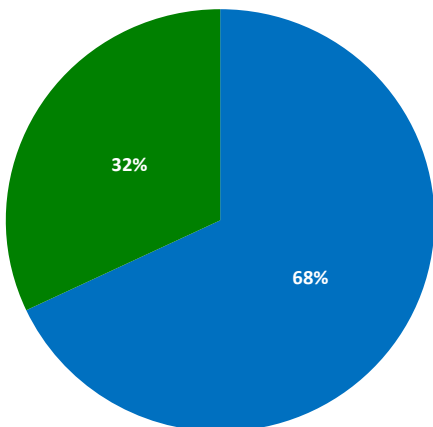
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



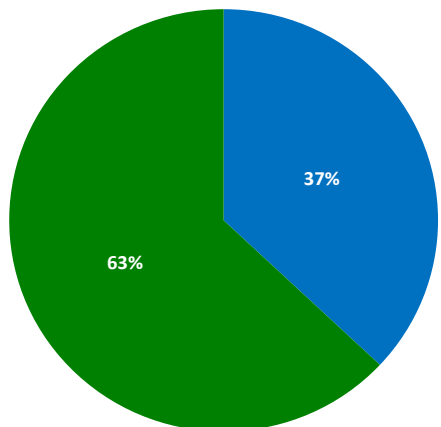
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the information provided?



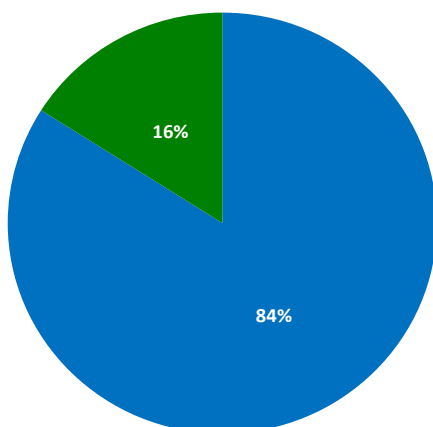
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course meet your learning objectives?



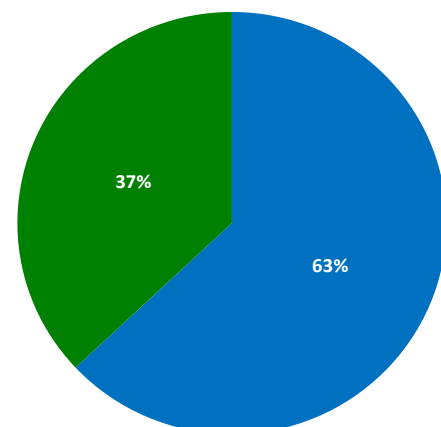
■ Most certainly ■ Certainly ■ Probably ■ A little ■ Not at all

HPB Surgery (Mr R. Bhogal)



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

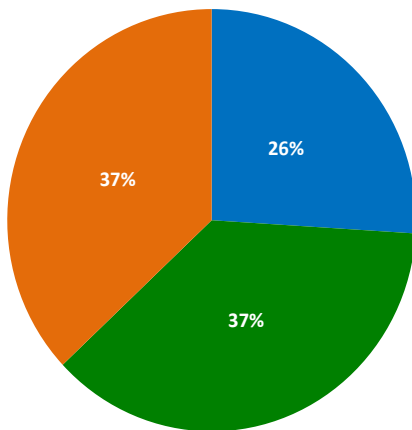
Endocrine Surgery (Mr N. Houghton)



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

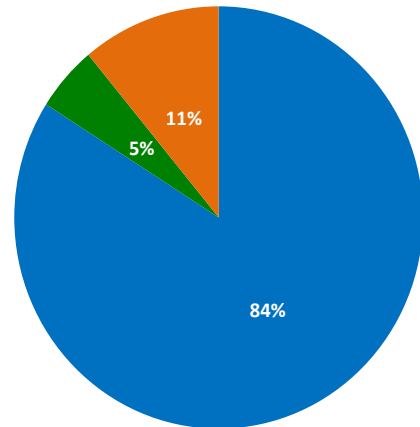
Overall Feedback

Transplant Surgery (Mr K. Patel)



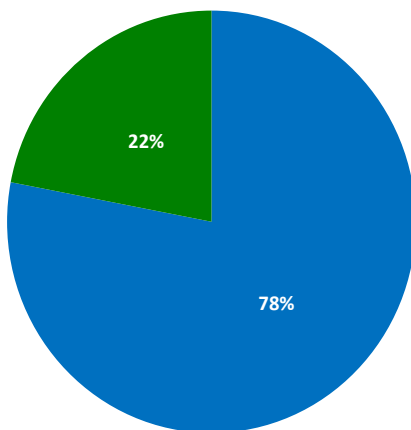
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Neck, Thorax and Abdomen Trauma; Basic Anatomy (Prof S. Enoch)



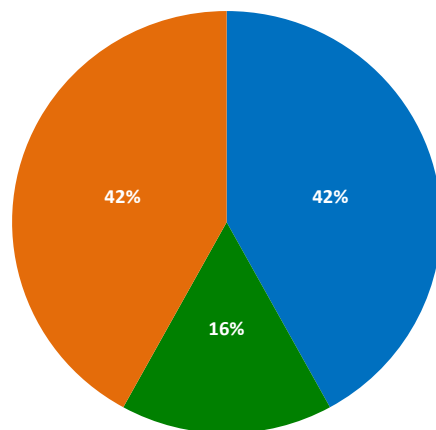
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Surgical Statistics (Dr R. Williams)



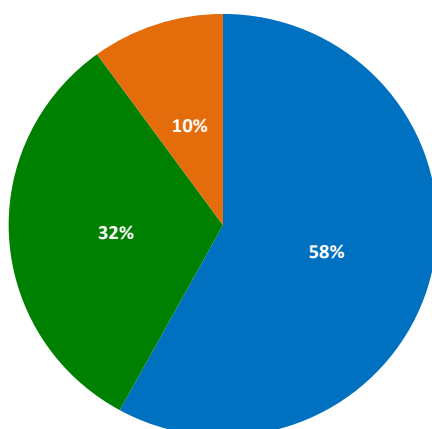
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Colorectal Surgery [Cancer] (Mr D. Sarma)



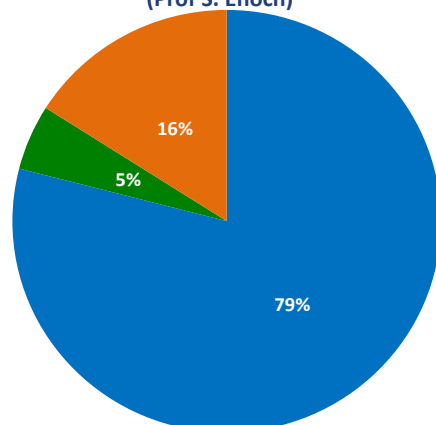
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Breast Surgery (Mr M. Rees)



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

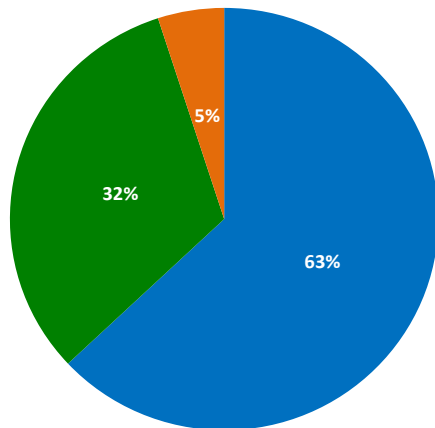
Vascular Surgery and Embryological Topics (Prof S. Enoch)



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

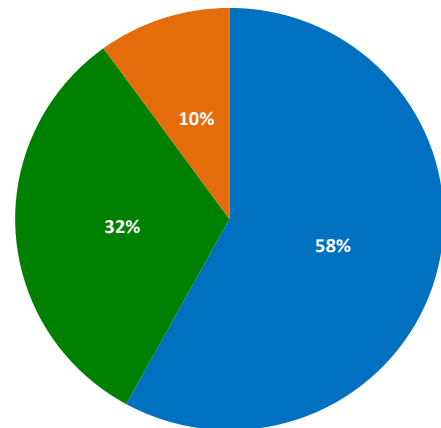
Overall Feedback

UGI Surgery [Benign] (Miss YM Goh)



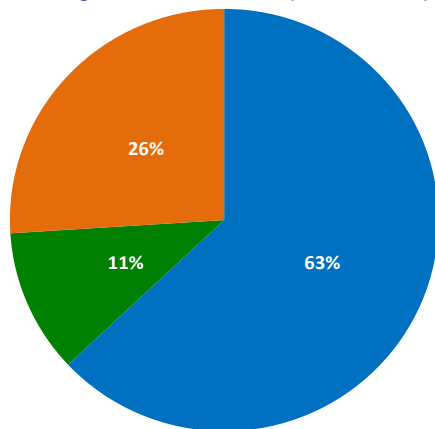
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Colorectal Screening, Polyps, Genetic Syndromes, and Colorectal Functional Disorders (Miss YL Goh)



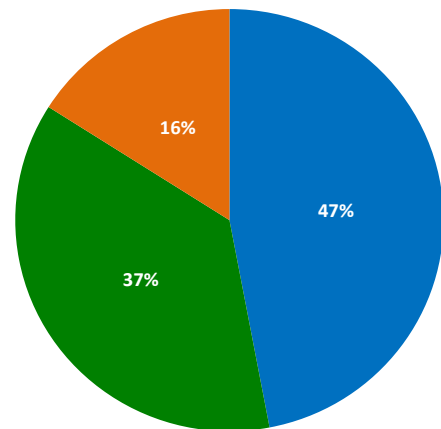
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Diverticular Disease, Volvulus, and Surgery for IBD and Benign Anorectal Conditions (Mr M. Rahman)



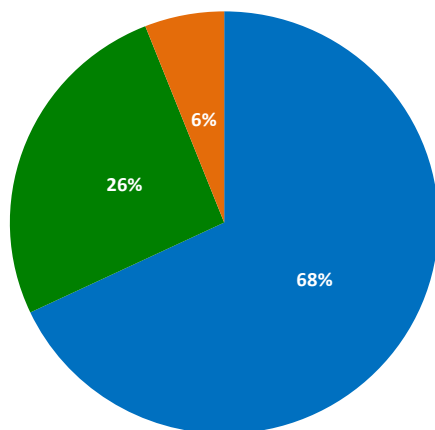
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Nutrition and IBD (Dr A. McCulloch)



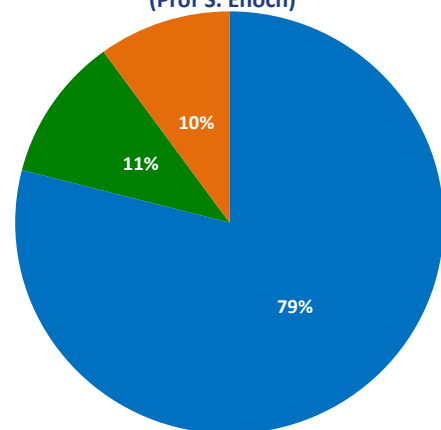
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

UGI Surgery [Cancer] (Mr A. Sud)



■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

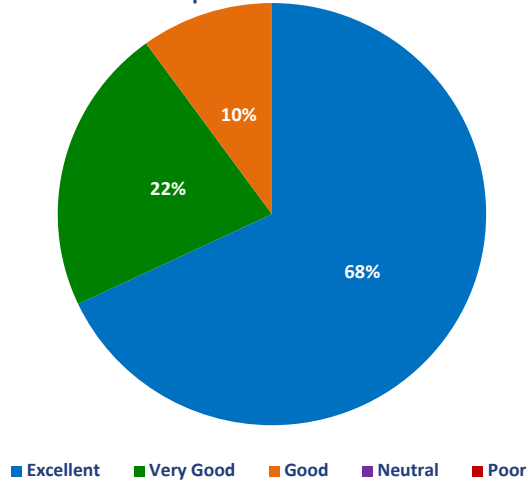
Pathology and Miscellaneous Surgical Topics (Prof S. Enoch)



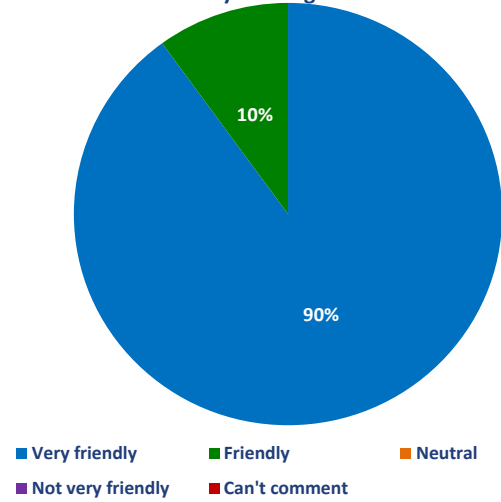
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

Overall Feedback

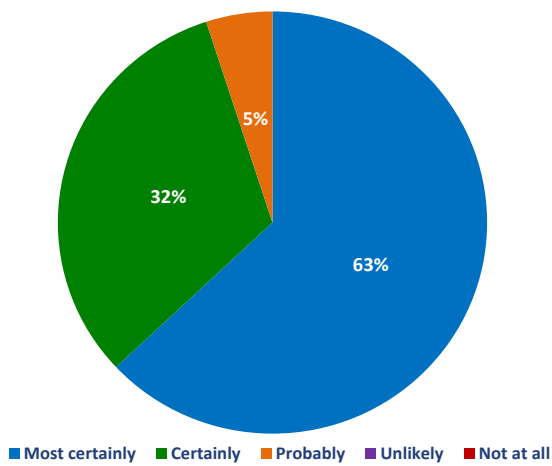
How would you rate the appropriateness of the Zoom platform for this course?



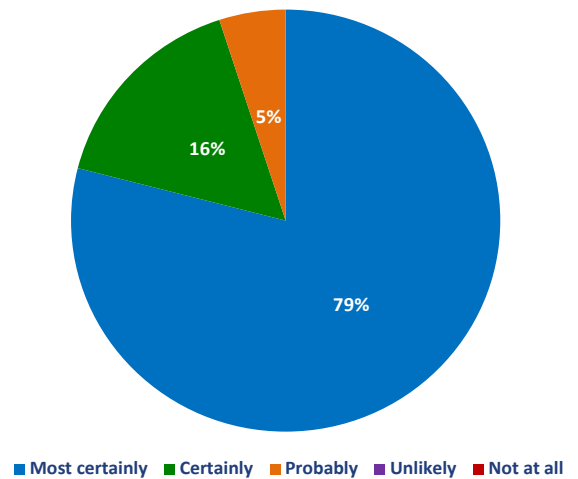
How was the general friendliness of the faculty and organisers?



Would you recommend this course to a friend?



Do you think that this course provided good value for money?



Individual Comments

Great course, no issues. very keen organisers, trying their best to provide as much content as possible.
Great advice given as well. Thank you.

OK

Cambridge University Hospitals NHS Foundation Trust, UK

Great many thanks.

SB

Musgrove Park Hospital, UK

Very good course.

MI

Manchester Royal Infirmary, Manchester

Really well structured and the team were accommodating to my situation (on call).

AS

Royal Marsden Hospital, UK

Great material and teaching.

PC

Queen Elizabeth Medical Centre, Birmingham

Excellent course, very good value for money.

JO

University Hospitals Bristol NHS Foundation Trust, UK

It was nicely organised and helpful for the preparation of exam.

MB

Prince Charles Hospital, CWM Taf University Health Board, United Kingdom

Yes. Excellent course.

SJ

Maidstone and Tunbridge Wells NHS Trust, UK

The teaching by Professor Enoch was outstanding, I wish he could do all/ most of the sessions!

AM

Royal Marsden Hospital, UK

Relevant and engaging content, packed with useful information for the exam.

VM

Musgrove Park Hospital, Taunton



DOCTORS ACADEMY

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- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
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Publications



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- MRCS Exams
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