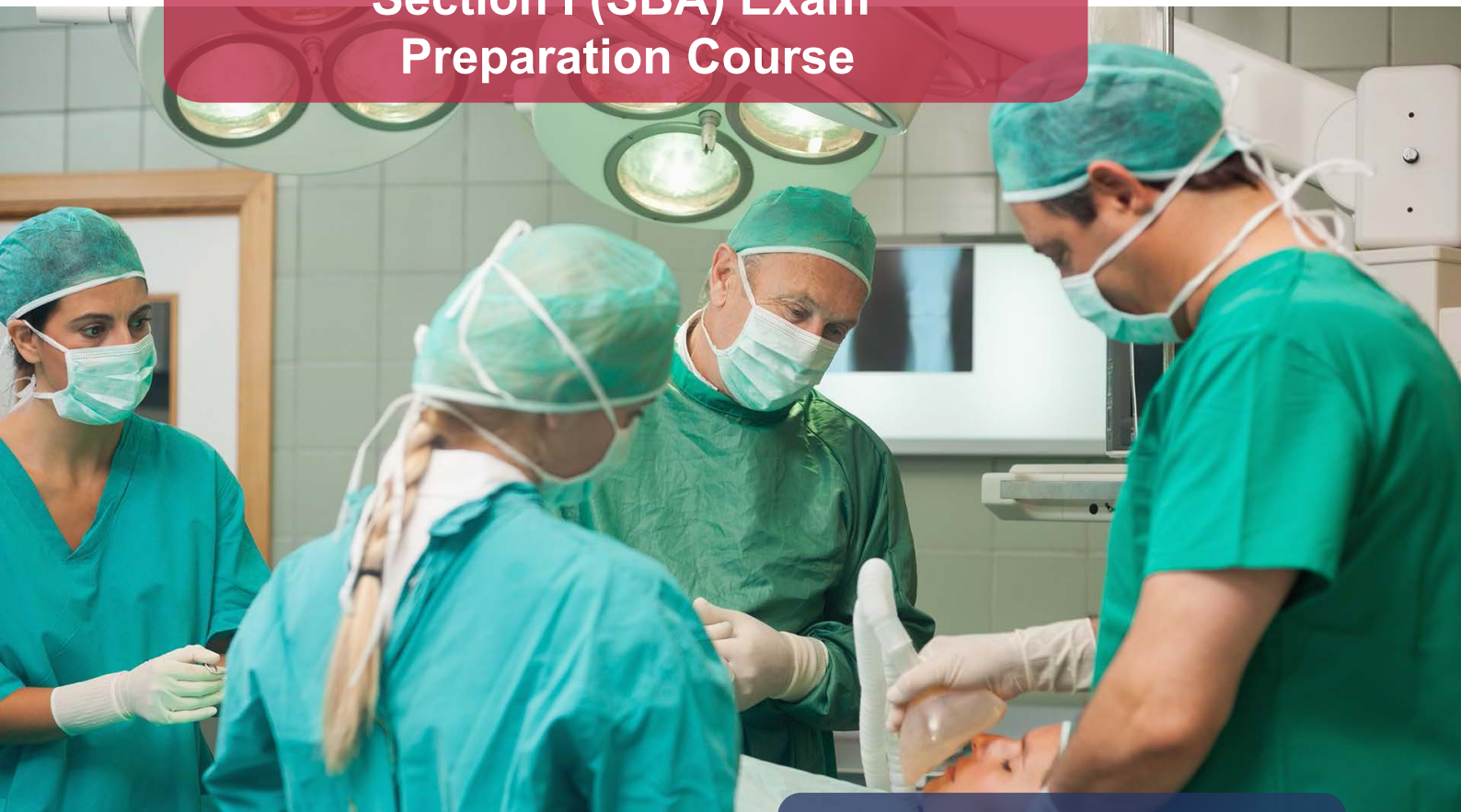


DOCTORS ACADEMY



BETTER EDUCATION. BETTER HEALTH.

FRCS (General Surgery): Section I (SBA) Exam Preparation Course



Feedback - September 2026

FRCS (General Surgery): Section I (SBA) Exam Preparation Course

This intensive course was aimed at delegates preparing for Section I (SBA) of the Intercollegiate FRCS Examination in General Surgery. The course was delivered by a group of experienced senior consultants who highlighted the key components and discussed high-yield topics from each sub-speciality within the JCST General Surgical curriculum. The course took into consideration the changes introduced to the exam from May 2021. The new exam will consist of 120 SBA questions in paper 1 and 120 SBA questions in paper 2. Each paper will be of 2 hours and 15 minutes in duration.

Learning Style:

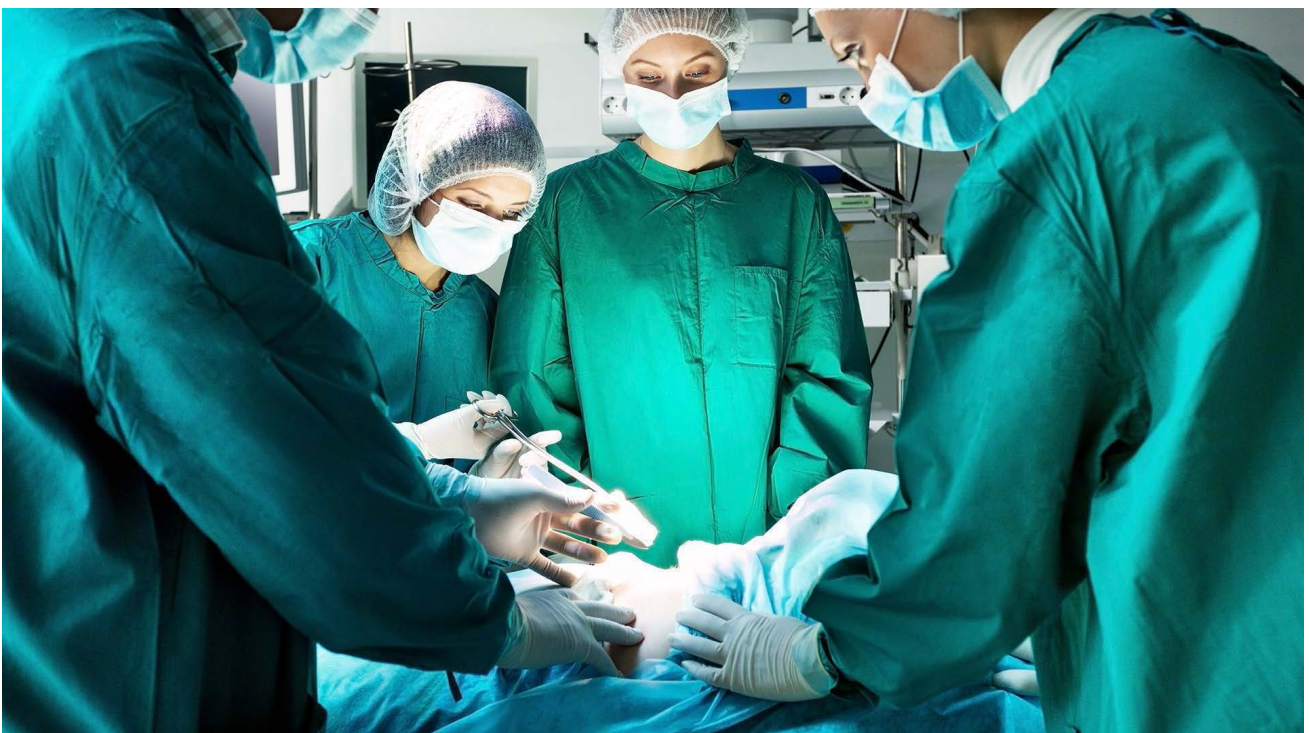
- o Interactive discussions and active delegate participation
- o Focused teaching on high yield topics
- o Updates on current guidelines and advances in all sub-specialities
- o Solving sample SBA questions
- o Discussion on clinical images and pathology specimens
- o Practical tips and exam preparation guidance from senior trainees who have recently passed the FRCS Exam

Course Information

Venue:	Online Course Held Via Zoom
Dates:	19th and 20th September 2026
Attendance:	11 Delegates
Aimed at:	ST5 or above/SpR Year 3 or above in General Surgery. Trainees planning to sit the FRCS Section I Exam within 12 months.
Course Fee:	£285.00

Topics and Subspecialities:

- o Colorectal
- o Upper Gastrointestinal
- o Hepatobiliary
- o Transplant
- o Breast & Endocrine
- o General, Trauma & Emergency Surgery
- o Statistics



Programme

Saturday 19th September 2026

0830-0840 Introduction

0840-1010 Transplant Surgery (Mr K. Patel)

1010-1030 Break

1030-1200 Upper GI Surgery [Benign] (Miss YM Goh)

1210-1310 Colorectal Surgery [Benign] (Miss YL Goh)

1310-1400 Lunch

1400-1500 Colorectal Surgery [Cancer] (Miss YL Goh)

1510-1555 Surgical Basic Sciences (Prof S. Enoch)

1555-1615 Break

1615-1700 Neck, Thorax, Abdominal, and Pelvic Trauma (Prof S. Enoch)

1700-1730 Surgical Pathology (Prof S. Enoch)

1740-1800 Break

1800-1930 Upper GI Surgery [Cancer] (Mr A. Sud)

1930-1945 Summary and Close

Programme

Sunday 20th September 2026

0830-0950 Surgical Statistics (Dr R. Williams)

1000-1130 HPB Surgery (Mr R. Bhogal)

1130-1145	Break
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1145-1215 General Surgery (Prof S. Enoch)

1215-1300 Vascular Surgery (Prof S. Enoch)

1300-1345 **Lunch**

1345-1430 IBD (Dr A. McCulloch)

1430-1515 Nutrition (Dr A. McCulloch)

1515-1545	Break
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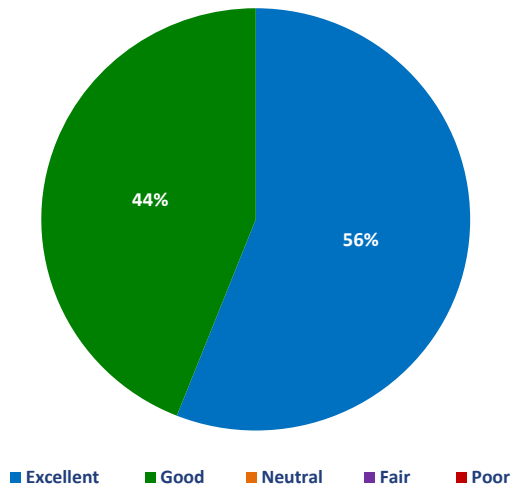
1545-1715 Endocrine Surgery (Mr N. Houghton)

1800-1930 Breast Surgery (Mr M. Rees)

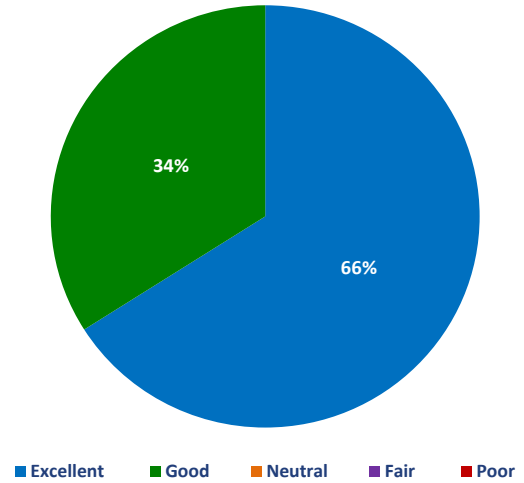
1930-1945 Summary and Close

Overall Feedback

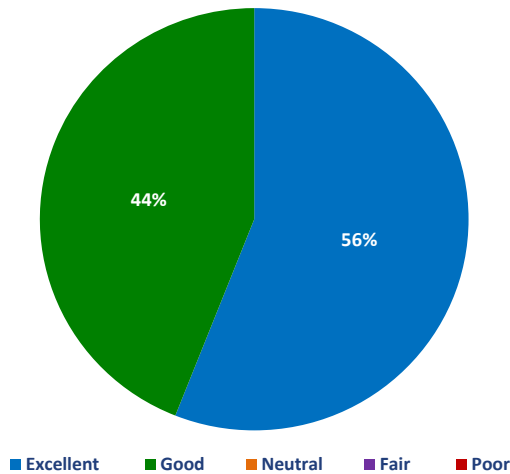
How was the content of the course?



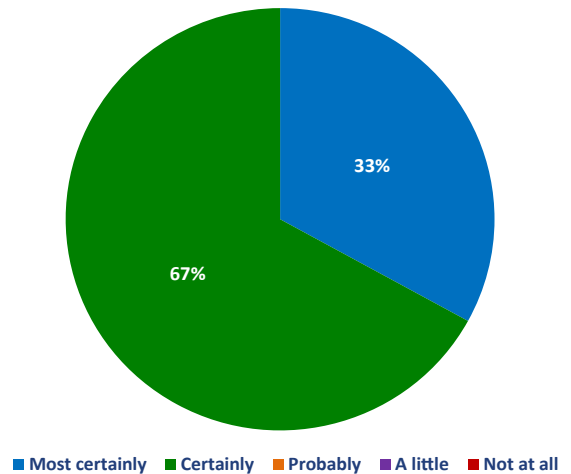
How would you rate the general academic standard of the faculty?



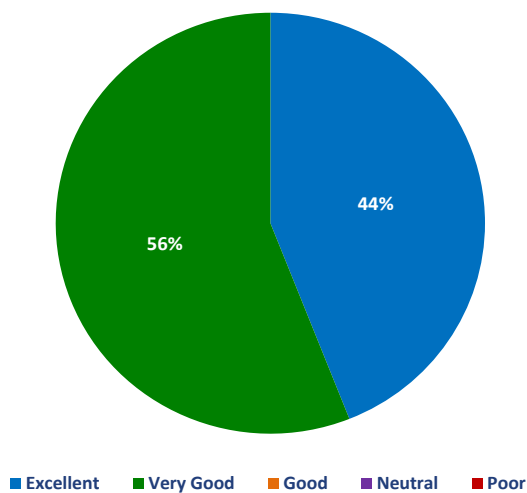
How was the clarity of the information provided?



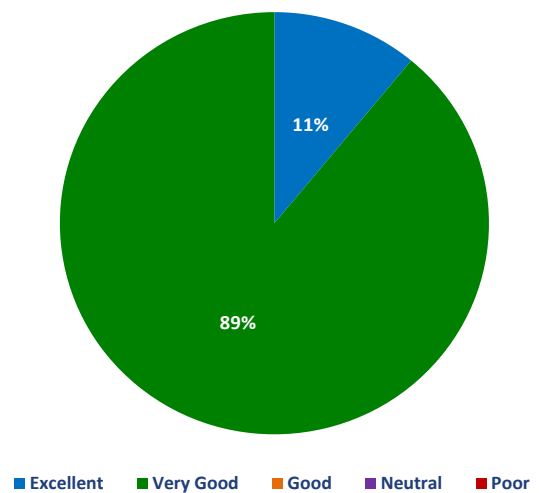
Did the course meet your objectives?



Transplant Surgery

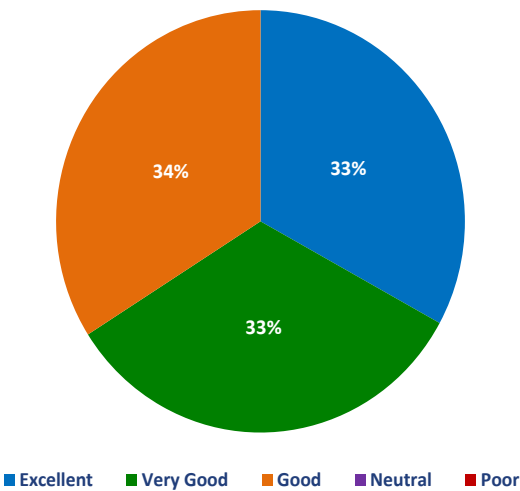


Upper GI Surgery (Benign)

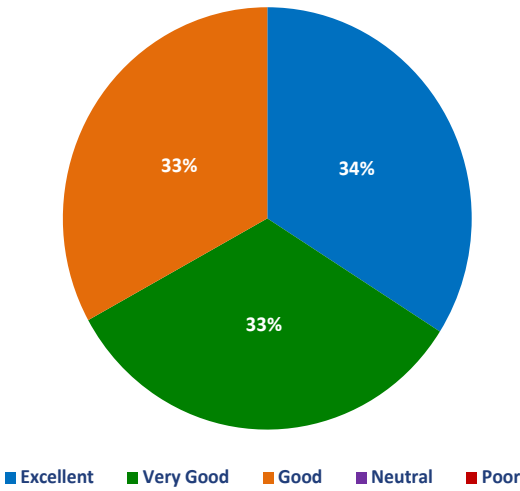


Overall Feedback

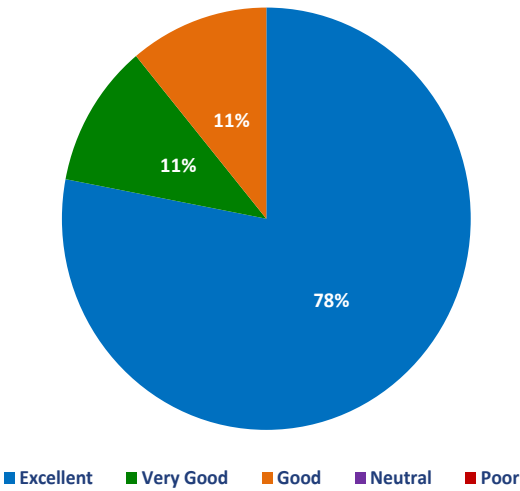
Colorectal Surgery (Benign)



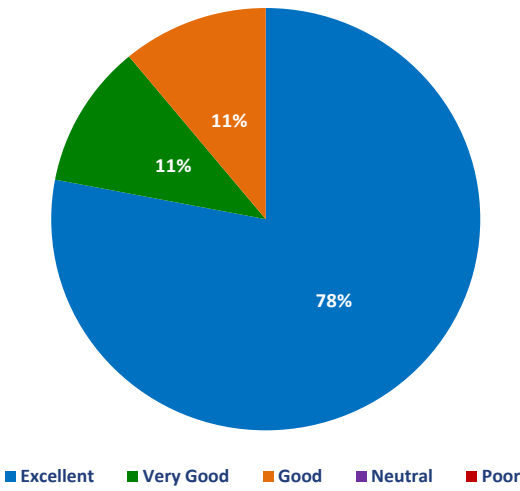
Colorectal Surgery (Cancer)



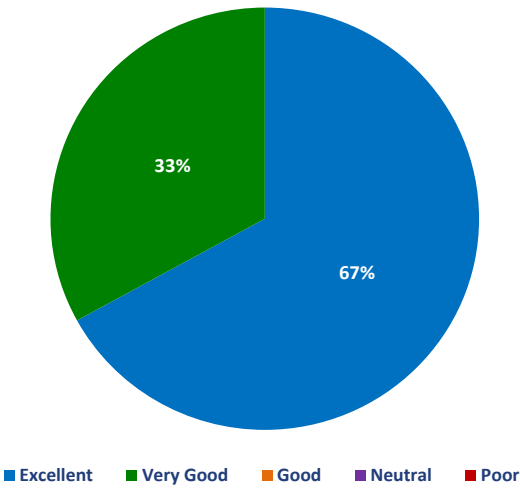
Surgical Basic Sciences



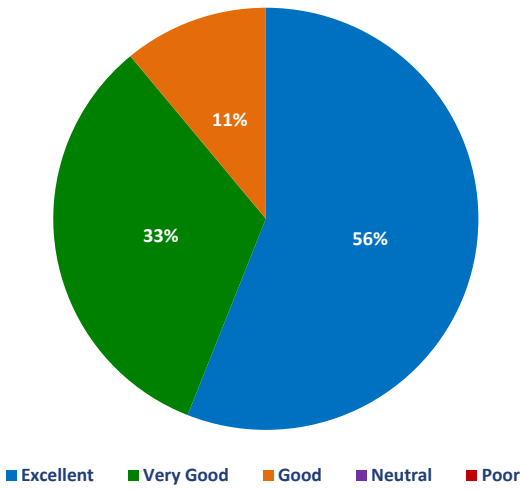
Neck, Thorax, Abdominal, and Pelvic Trauma



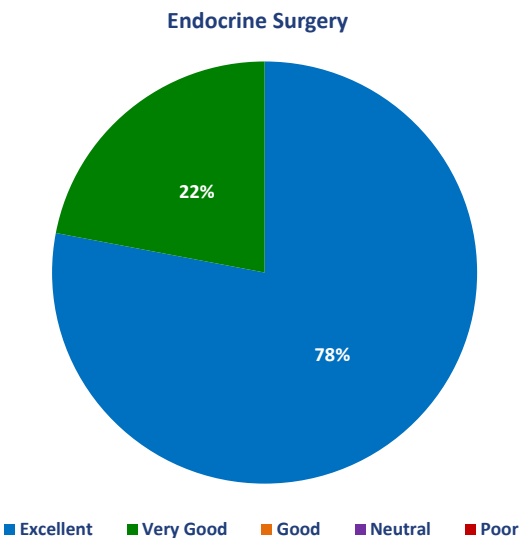
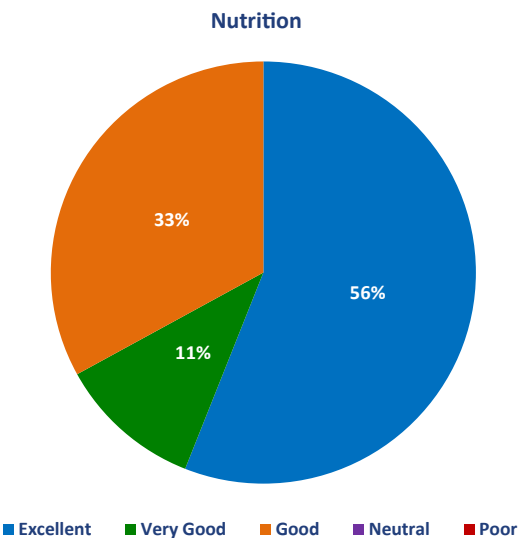
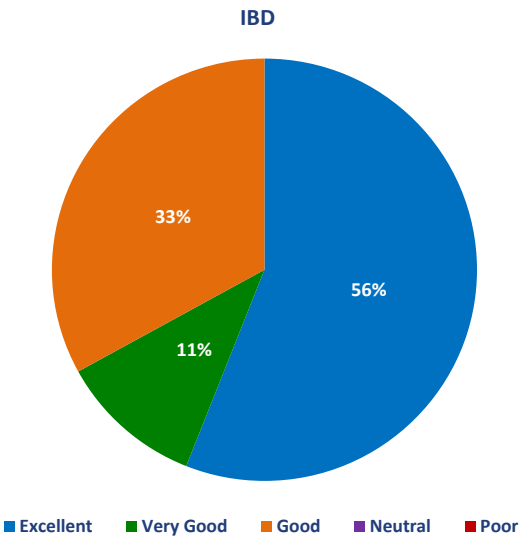
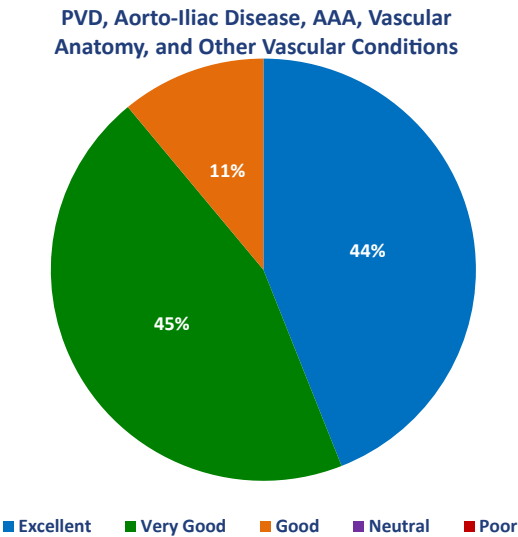
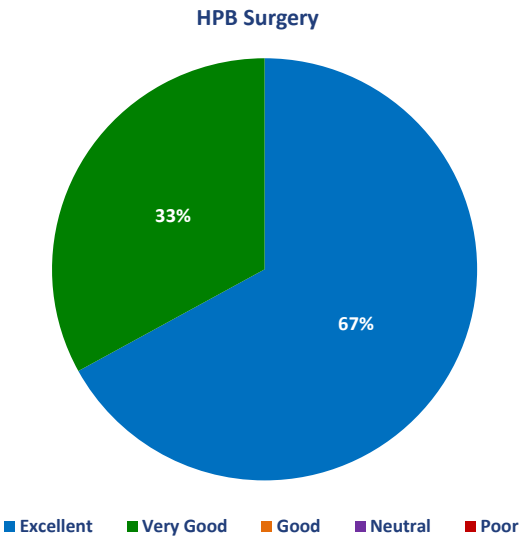
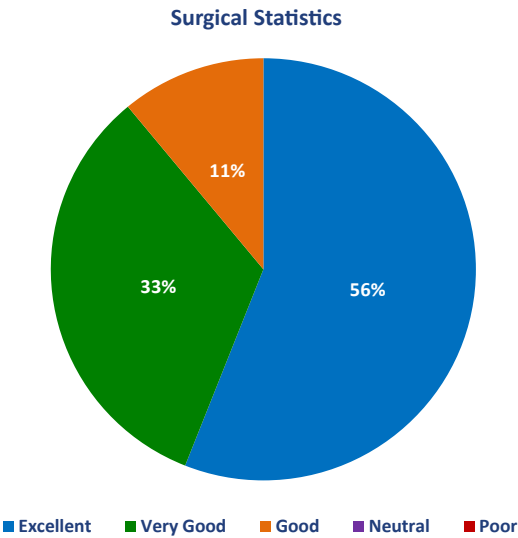
Surgical Pathology



Upper GI Surgery (Cancer)

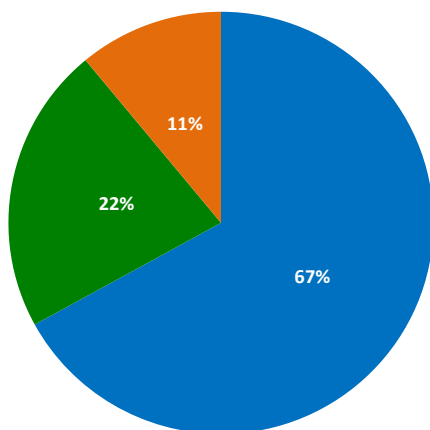


Overall Feedback



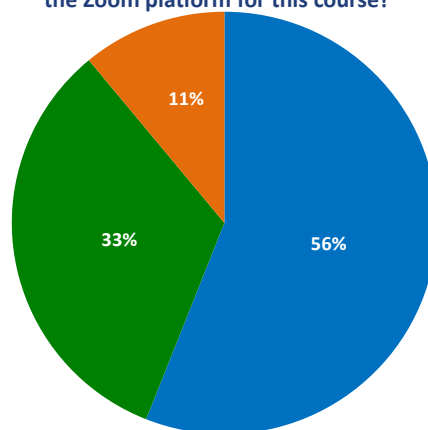
Overall Feedback

Breast Surgery



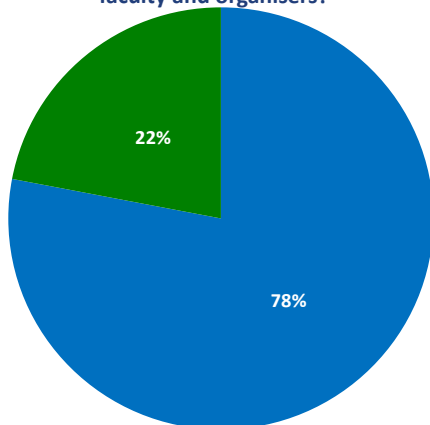
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

How would you rate the appropriateness of the Zoom platform for this course?



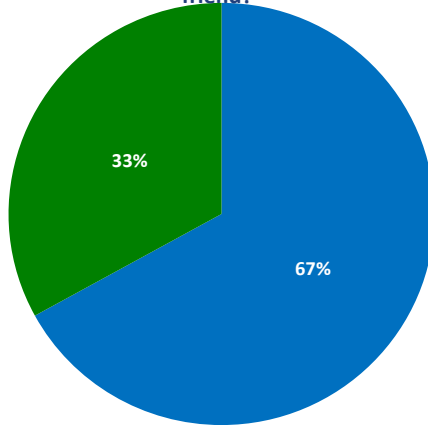
■ Excellent ■ Very Good ■ Good ■ Neutral ■ Poor

How was the general friendliness of the faculty and organisers?



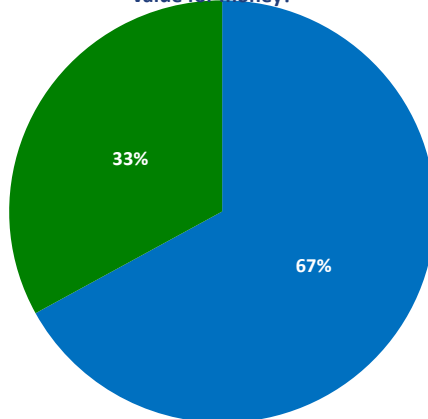
■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Very much time intense but worthy every minute especially the general topics and vascular. Special mention to breast and endocrine, hpb faculties too.

AM

It was great.

AJ

Genuinely dedicated team.

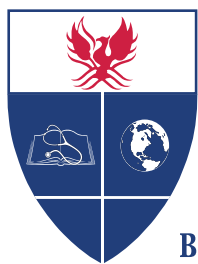
SR

It was a very good course to the point in MCQ preparation. Statistics was marvelous.

AK

Very comprehensive teaching covering breadth of curriculum. Variety of teaching styles afforded diversity across course. Appreciate comprehensive summaries for core topics e.g. HPB and questions based teaching for less commonly covered material e.g. pathology/skin/vascular.

JP



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Essential Surgical Skills and Principles for Aspiring Surgeons
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures

Postgraduate:

Exam Preparation Courses

- MRCS Part A
- MRCS Part B OSCE
- MRCS (ENT) OSCE
- FRCS (General Surgery) Section I
- FRCS (General Surgery) Section II
- FRCS (T&O) Section II
- MRCP PACES
- ST3 Interview Preparation (General Surgery, Orthopaedic Surgery, Plastic Surgery)

Skills Development Courses

- Fresh Frozen Cadaveric Courses
- Intercollegiate Basic Surgical Skills (RCSEd)
- Essential Surgical Skills and Principles for Aspiring Surgeons
- Infant Hip Ultrasound (Graf Method) for Diagnosis and Management of Developmental Dysplasia of the Hip
- Crash Course for Orthopaedic On-Calls
- Management of Hand Fractures and Principles of Fracture Fixation
- Vascular Ultrasound Skills



Postgraduate Programmes in Surgery:

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Online Revision Resources

DoctorExams consists of thousands of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. The questions have been written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of the given topics. Based on past exams, these questions have been carefully designed to meet the needs of undergraduate students and postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Part A
- MRCS Part B OSCE
- MRCS (ENT) OSCE

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