

Cardiff MRCS Course: Intensive Revision for MRCS OSCE (includes basic sciences and procedural skills)

25th and 26th January 2020
School of Biosciences, Cardiff University

Programme

DAY 1

0815	Venue Opens
0820 - 0830	Registration
0830 - 0840	Exam Format, Marking and OSCE Pointers
0840 - 1000	REVISION OF OSCE QUESTIONS IN ANATOMY (1) Head, Neck, Lower Limb
1010 - 1135	REVISION OF PATHOLOGY (1) <ul style="list-style-type: none">• General Pathology• System-Specific Pathology• Vascular Pathology and Ulcers

1135 - 1150 Break and Refreshments

1155	Arrive at Anatomy Centre (Dissection Room)
1200 - 1350	PROSECTIONAL ANATOMY AND RELEVANT OSTEOLOGY: Circuit 1 <ul style="list-style-type: none">• Shoulder, Brachial Plexus, Arm, Elbow, Forearm, Hand, Hip, Gluteal Region, Thigh, Knee, Leg, Ankle, Head, Face, Neck, Anterior Abdominal Wall, Inguinal Region, Abdominal Contents, Solid Organs of the Abdomen, Pelvis, Thorax, Mediastinum, Heart and Lungs

1350 - 1430 Lunch

1430 - 1620	PROSECTIONAL ANATOMY AND RELEVANT OSTEOLOGY: Circuit 2 <ul style="list-style-type: none">• Shoulder, Brachial Plexus, Arm, Elbow, Forearm, Hand, Hip, Gluteal Region, Thigh, Knee, Leg, Ankle, Head, Face, Neck, Anterior Abdominal Wall, Inguinal Region, Abdominal Contents, Solid Organs of the Abdomen, Pelvis, Thorax, Mediastinum, Heart and Lungs
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1620 - 1640 Break and Refreshments

1640 - 1800	COMMUNICATION SKILLS <ul style="list-style-type: none"> • Information Giving • Information Gathering • Breaking Bad News • Consent • Referral • Telephone Conversation
1800 - 1845	REVISION OF OSCE QUESTIONS IN ANATOMY (2) Thorax, Abdomen, Upper Limb
1845 - 1930	APPLIED SURGICAL SCIENCES AND CRITICAL CARE (1) <ul style="list-style-type: none"> • General Principles • Local Anaesthetics • Physiological Parameters
1930	End of Day 1

DAY 2

0815	Venue Opens
0820 - 0830	Registration
0830 - 0945	REVISION OF PATHOLOGY (2) <ul style="list-style-type: none"> • Cancer Pathology – Thyroid • Cancer Pathology – Testis • Cancer Pathology – Melanoma • Cancer Pathology – Skin Cancers • Cancer Pathology – Colon • Cancer Pathology – Bones • Cancer Pathology – Salivary Glands

0945 - 1000 Break and Refreshments

1000 - 1300	CLINICAL AND PROCEDURAL SKILLS <ul style="list-style-type: none"> • Knot Tying • Excision of Lesion • Suturing Techniques, Sutures and Needles • Fine Needle Aspiration Cytology • Wound Debridement and Management • Urinary Catheterisation • Cannulation of a High Risk Patient • Venepuncture • Arterial Blood Gas Analysis • Lumbar Puncture • Chest Drain Insertion
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1300 - 1345 Lunch

1345 - 1645	CLINICAL EXAMINATION <ul style="list-style-type: none"> • Examination of the Hip • Examination of the Knee • Examination of the Spine/Back • Examination of the Shoulder • Examination of the Arterial System • Examination of the Venous System • Examination of the Abdomen • Examination of the Neck • Examination of Cranial Nerves
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1645 - 1700 Break and Refreshments

- 1700 - 1845 APPLIED SURGICAL SCIENCES AND CRITICAL CARE (2)
- Management of Burns
 - Calcium Metabolism
 - Metastatic Bone Disease
 - Spinal Cord Lesions and Cord Syndromes
 - Trauma Management
 - Reconstructive Surgery

1900 End of Course