

A photograph of three medical students in white lab coats and blue stethoscopes. They are gathered around a desk, looking at a computer monitor. The student on the right is pointing at the screen with a pen. The student in the middle is smiling. The student on the left is also smiling and looking at the screen. The background is a bright, modern clinical setting with large windows.

**Cardiff MRCS Course:  
Final Revision for MRCS OSCE**  
(Includes Basic Sciences and Procedural Skills)

Feedback - February 2019

## Cardiff MRCS Course: Final Revision for MRCS OSCE (Includes Basic Sciences and Procedural Skills)

This two-day intensive course was specifically designed for candidates appearing for the MRCS exam in February 2019. The course was suitable for candidates who had done adequate prior revision and wished to brush-up on the whole exam syllabus, distributed within the 18 stations, in 2 days. The course involved a series of short interactive sessions and focused discussion highlighting the 'must know' areas. Candidates were taken through the 'high yield' core topics in Applied Basic Sciences, Clinical Knowledge and its application. The course also provided practice of clinical examination and communication skills, and commonly tested procedural skills. This two-day course was calculated to be worth a minimum of 60 hours of individual revision.

### Topics Covered:

- o Applied Surgical Anatomy
- o General Physiological Principles
- o General and System Specific Pathology
- o Principles of Surgery in General
- o Overview of Clinical Examination and Communication Skills
- o Practice of Procedural Skills

### Course Information

<b>Course Date:</b>	<b>2<sup>nd</sup> and 3<sup>rd</sup> February 2019</b>
<b>Venue:</b>	<b>School of Biosciences, Cardiff University</b>
<b>Attendance:</b>	<b>17 Delegates</b>
<b>Aimed at:</b>	<b>Candidates Preparing for the MRCS OSCE Examination</b>
<b>Course Fee:</b>	<b>£365.00</b>



## Faculty List

**Mr Joseph Merola, MRCS (Eng)**

Clinical Fellow in Neurosurgery  
University Hospital of Wales

**Mr Mike Rees, MBChB, MRCS**

Speciality Registrar in General Surgery  
Royal Gwent Hospital, Newport

**Mr Ronak Ved, MBBCh, BSc, MRCS**

Registrar in Neurosurgery  
University Hospital of Wales

**Professor Stuart Enoch, MBBS, MRCSEd, MRCS (Eng), PGCert (Med Sci), PhD**

Consultant in Surgical Studies  
Doctors Academy

**Mr Umair Aslam, MRCS, FRCS**

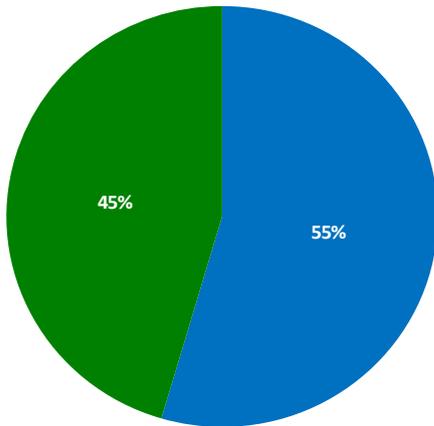
Senior Registrar in Cardiothoracic Surgery  
Morrison Hospital, Swansea

**Mr Wahid Abdul, BSc (Hons), MBBCh, MRCS**

Speciality Registrar in Trauma and Orthopaedics  
Princess of Wales Hospital, Bridgend

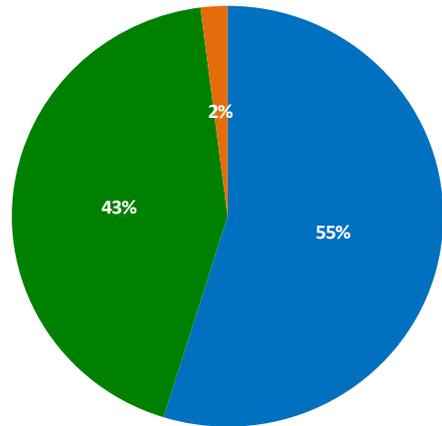
# Overall Teaching Feedback

How useful was the overview session on head, skull base and face?



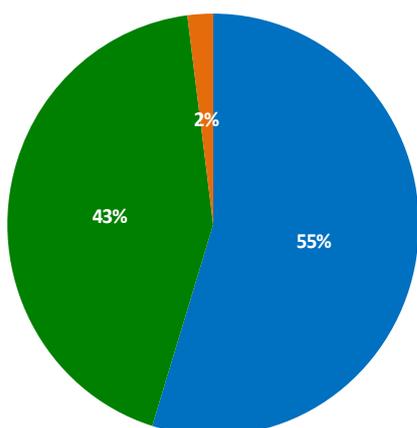
■ Extremely useful   ■ Very useful   ■ Useful  
 ■ Reasonably useful   ■ Not useful

How useful was the overview session on neck?



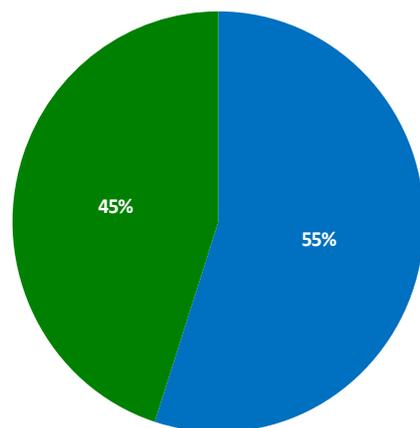
■ Extremely useful   ■ Very useful   ■ Useful  
 ■ Reasonably useful   ■ Not useful

How useful was the overview session on thorax?



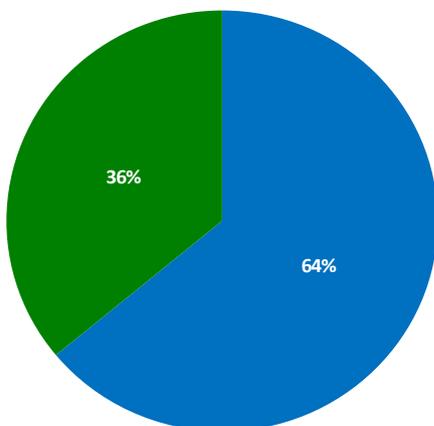
■ Extremely useful   ■ Very useful   ■ Useful  
 ■ Reasonably useful   ■ Not useful

How useful was the overview session on abdomen?



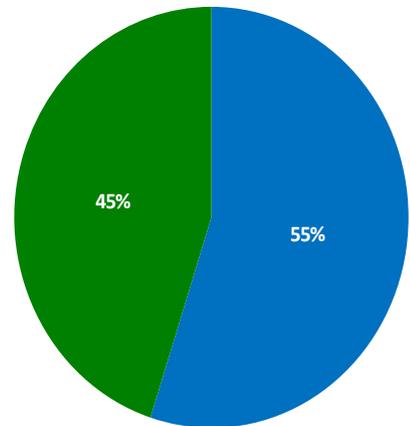
■ Extremely useful   ■ Very useful   ■ Useful  
 ■ Reasonably useful   ■ Not useful

Head, Face, Neck



■ Excellent   ■ Very Good   ■ Good   ■ Poor   ■ Very Bad

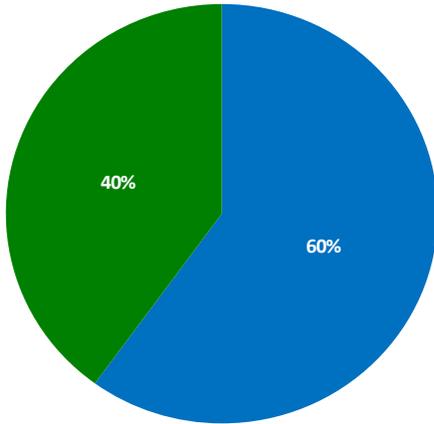
Upper and Lower Limbs



■ Excellent   ■ Very Good   ■ Good   ■ Poor   ■ Very Bad

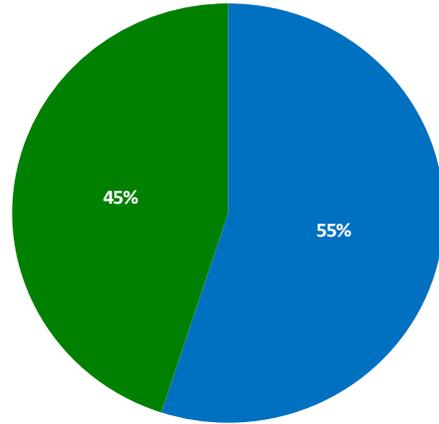
# Overall Teaching Feedback

Thorax and Mediastinum



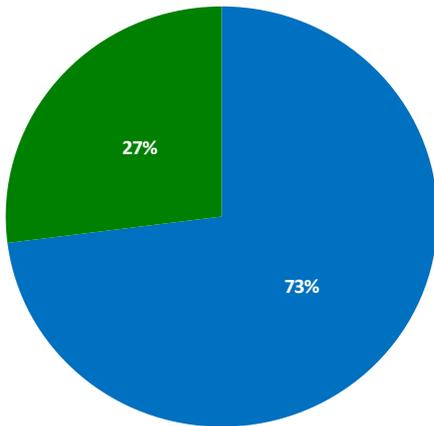
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

Abdomen and Pelvis



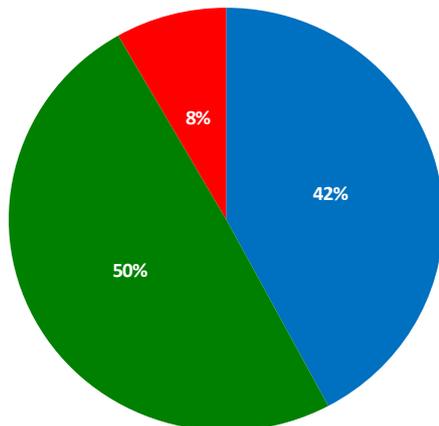
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

Vertebrae, Spine, Brain



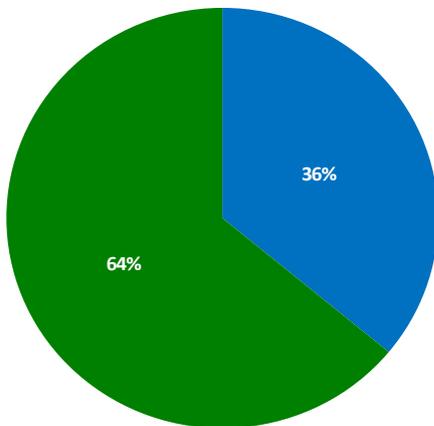
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

How useful was the session on communication skills?



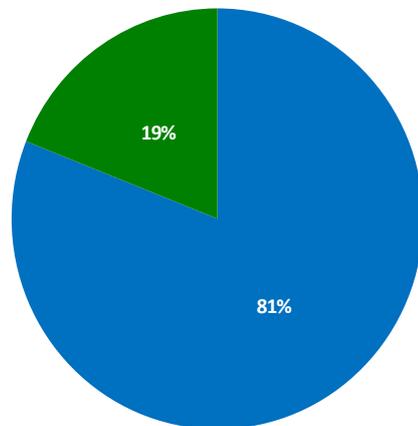
■ Extremely useful ■ Very useful ■ Useful  
■ Reasonably useful ■ Not useful

How useful was the session on thyroid cancers?



■ Extremely useful ■ Very useful ■ Useful  
■ Reasonably useful ■ Not useful

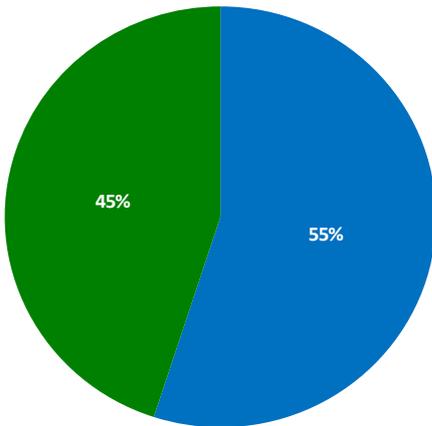
How useful was the session on malignant melanoma and sentinel node biopsy?



■ Extremely useful ■ Very useful ■ Useful  
■ Reasonably useful ■ Not useful

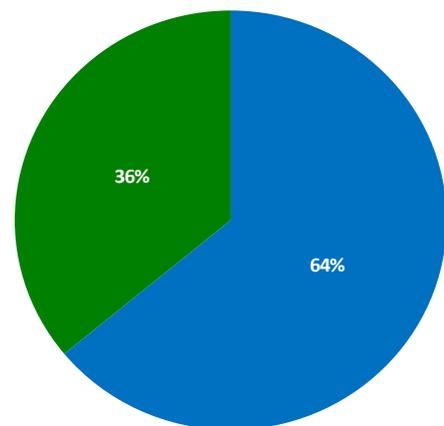
# Overall Teaching Feedback

How useful was the session on autonomic nervous system and spinal cord lesions?



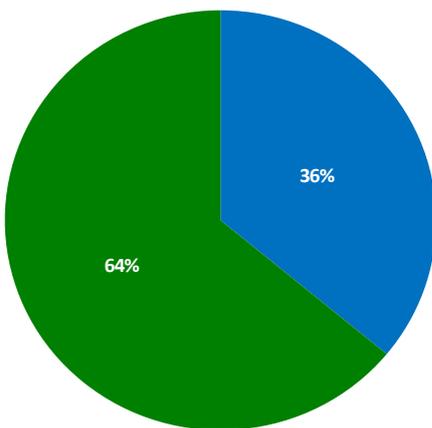
■ Extremely useful ■ Very useful ■ Useful  
 ■ Reasonably useful ■ Not useful

How useful was the session on sutures and needles?



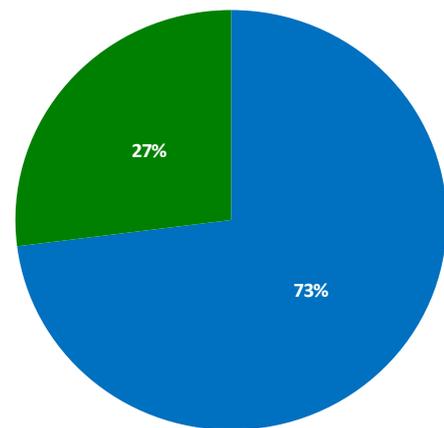
■ Extremely useful ■ Very useful ■ Useful  
 ■ Reasonably useful ■ Not useful

How useful was the session on wound management and reconstruction?



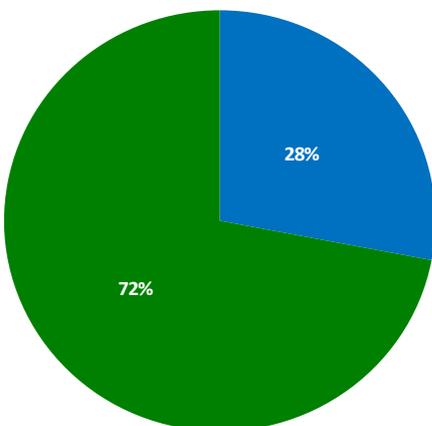
■ Extremely useful ■ Very useful ■ Useful  
 ■ Reasonably useful ■ Not useful

Male Urinary Catheterisation



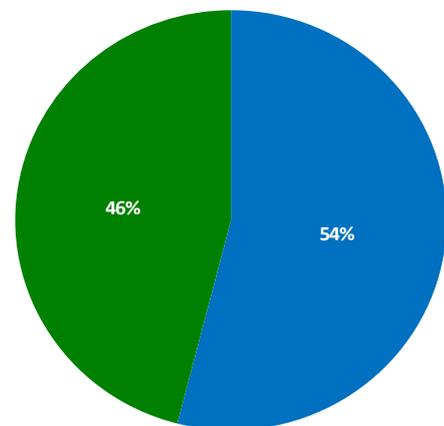
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

Venepuncture of High Risk Patient



■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

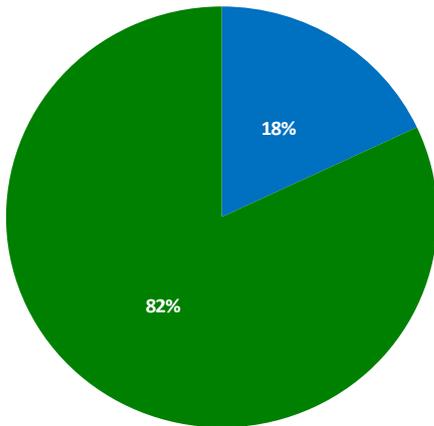
Knot Tying



■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

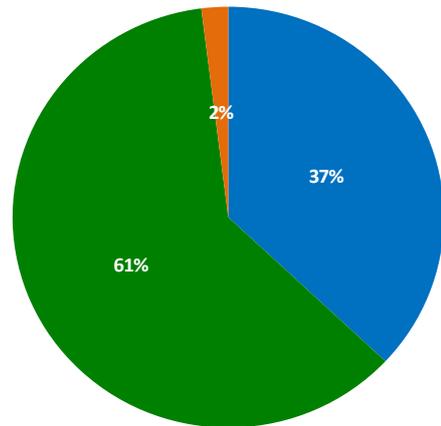
# Overall Teaching Feedback

### Suturing Techniques



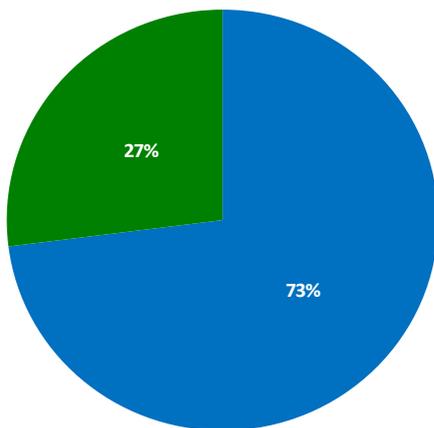
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

### ABG and Interpretation of ABG Results



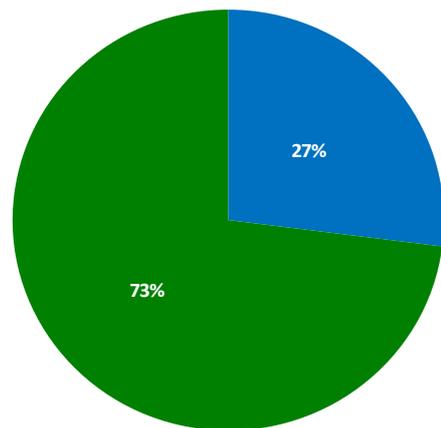
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

### Surgical Excision of a Naevus



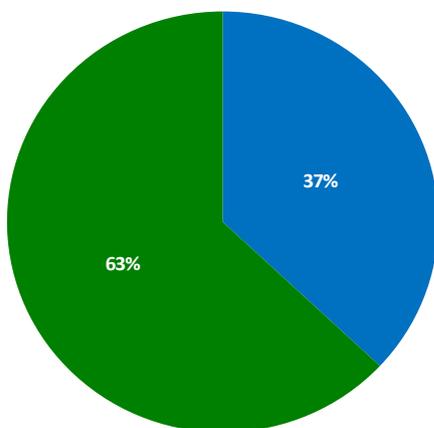
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

### Debridement of a Contaminated Wound



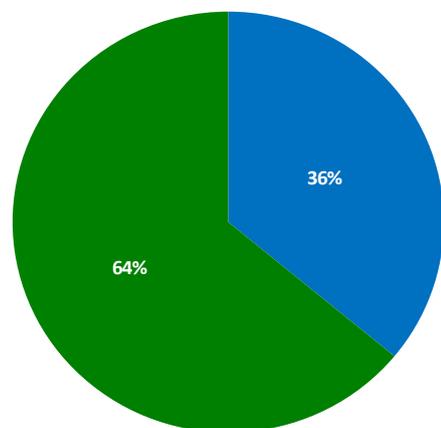
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

### Fine Needle Aspiration Cytology



■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

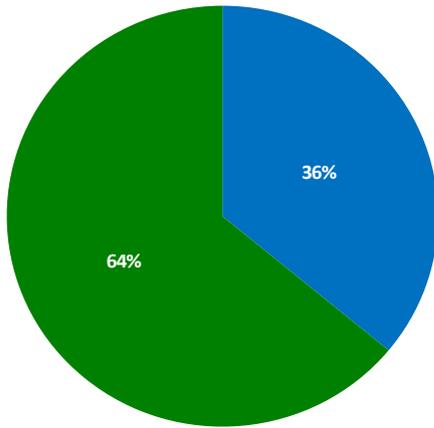
### Lumbar Puncture (Layers, Indications)



■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

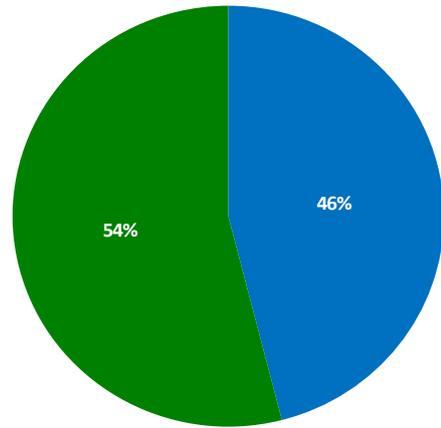
# Overall Teaching Feedback

Neck and Oral Examination



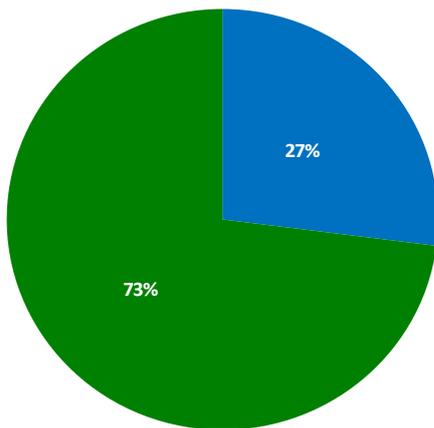
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

Cranial Nerves



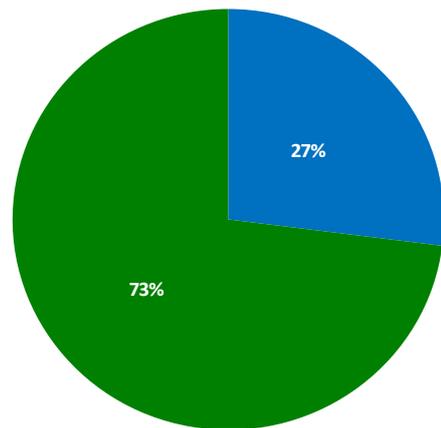
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

Spine and Shoulder



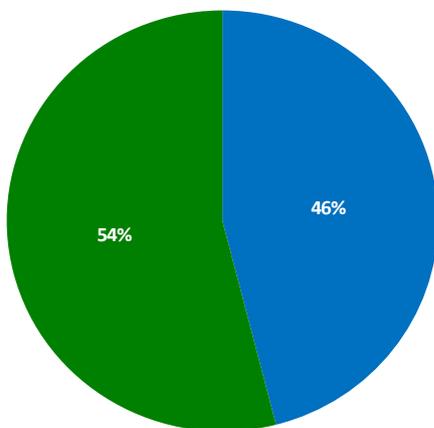
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

Abdomen



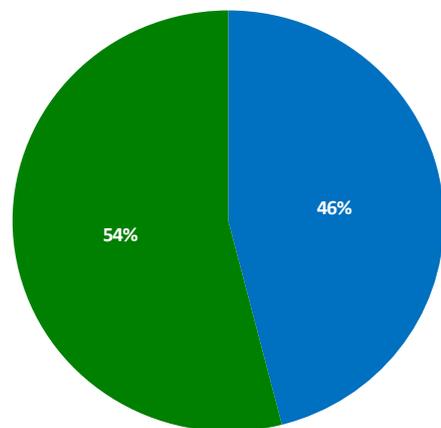
■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

Hip and Knee



■ Excellent ■ Very Good ■ Good ■ Poor ■ Very Bad

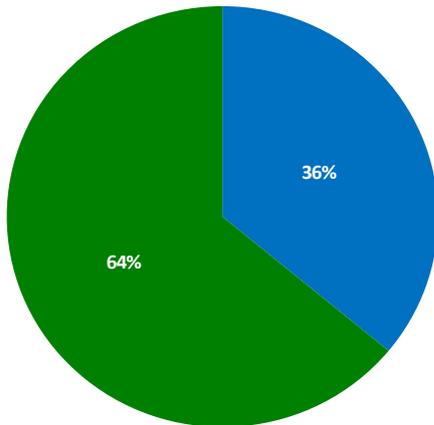
How useful was the discussion on venous examination?



■ Extremely useful ■ Very useful ■ Useful  
■ Reasonably useful ■ Not useful

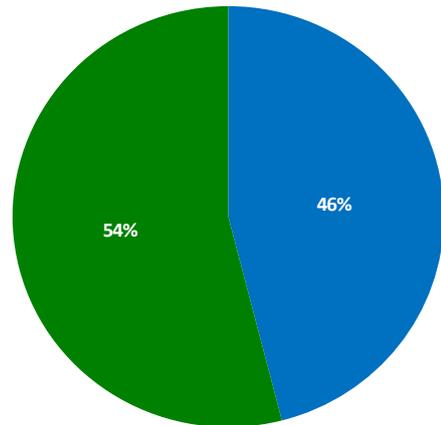
# Overall Teaching Feedback

How useful was the discussion on arterial examination?



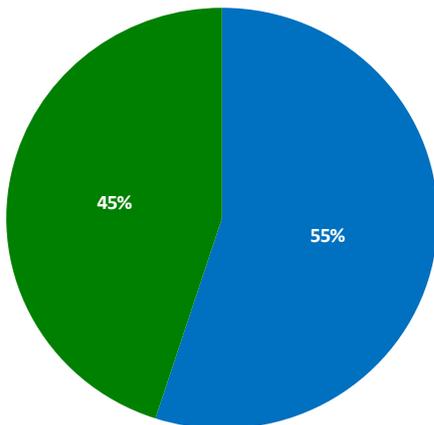
■ Extremely useful ■ Very useful ■ Useful  
 ■ Reasonably useful ■ Not useful

How useful was the general revision and overview of topics at the end of the course?



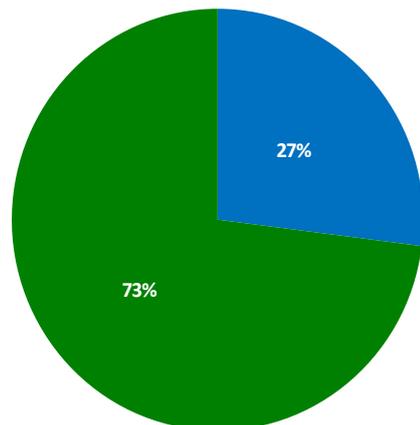
■ Extremely useful ■ Very useful ■ Useful  
 ■ Reasonably useful ■ Not useful

How were the facilities and venue?



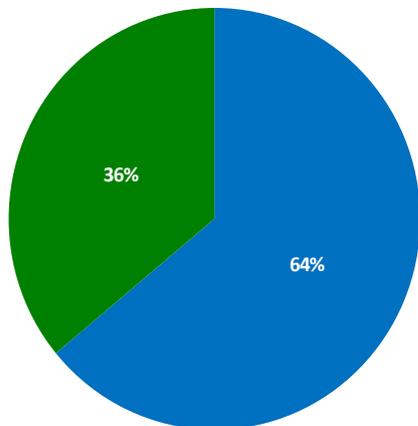
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



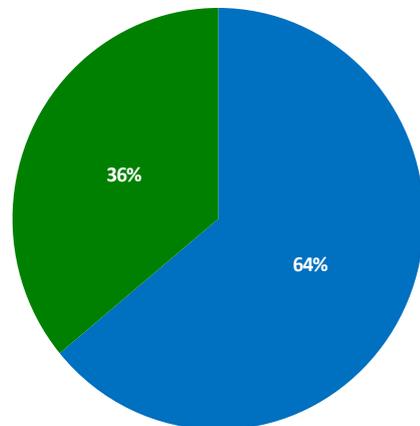
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



■ Very friendly ■ Friendly ■ Neutral  
 ■ Not very friendly ■ Can't comment

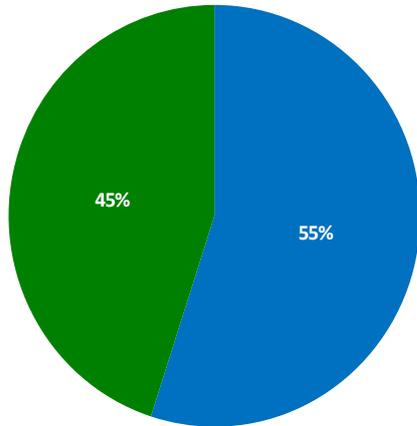
Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

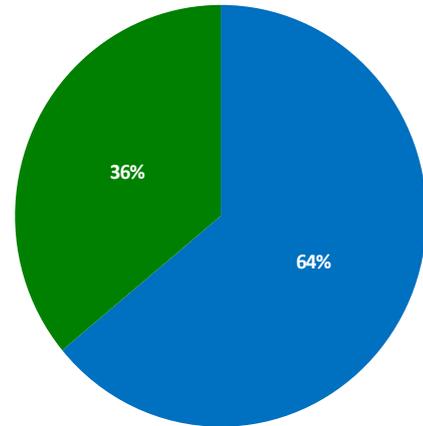
# Overall Teaching Feedback

Do you think that this course provided good value for money?



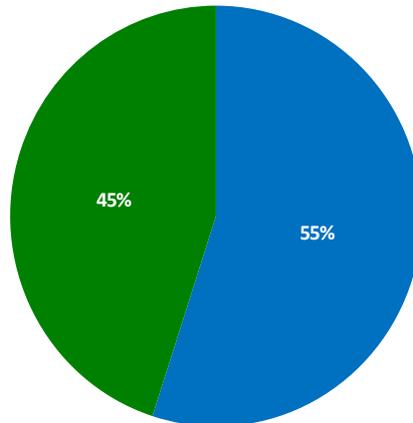
■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

How do you rate the relevance of the course to your exam?



■ Excellent ■ Very good ■ Neutral ■ Fair ■ Poor

Do you feel that the course provided you with a self-assessment of your strengths and weaknesses, and the areas you need to read/brush-up on?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

Overall, it was very good. It covered complicated topics that come up often in detail.

**HS**

***County Durham and Darlington NHS Foundation Trust, UK***

It was a well rounded course, and the teacher was knowledgeable.

**CV**

***Wythenshawe Hospital, Manchester, UK***

Excellent.

**OS**

***Doncaster Royal Infirmary, Doncaster, UK***

This course has been most useful to help consolidate knowledge and guide revision. I am very grateful to all the registrars and Professor who took the time and effort to teach on the course.

**EH**

***Chesterfield Royal Hospital NHS, Chesterfield, UK***

Very good.

**DM**

***Royal Gwent Hospital, Newport, UK***

Thank you. It was well organised and structured, as expected from a Doctors Academy course.

**MN**

***Royal Victoria Hospital, UK***

Excellent.

**NK**

***DHQ Teaching Hospital, Dera Ismail Khan, Pakistan***

Very good.

**RM**

***Birmingham Heartlands Hospital, Birmingham, UK***



# DOCTORS ACADEMY

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Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

## World Journal of Medical Education & Research



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[wjmer.co.uk](http://wjmer.co.uk)

## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

[www.doctorexams.co.uk](http://www.doctorexams.co.uk)

# [www.doctorsacademy.org](http://www.doctorsacademy.org)