

Cardiff MRCS Course: Intensive Preparatory Course for MRCS OSCE

(primarily focusing on procedural skills, clinical examination
and communication skills)

30th and 31st January 2021

College of Physicians and Surgeons of Cardiff, Frazer Building, Cardiff Bay, Cardiff

Programme

Day 1

0820 - 0830	Registration
0830 - 0930	Summary and Revision of Basic Sciences I (Knowledge Component)
0930 – 1245 (with staggered break for refreshments)	Group Rotations (to include the following stations: Theatre Safety Principles; Handling Instruments; Knot Tying; Sutures; Needles; Suturing Techniques (simple and advanced); Haemostatic Stitch; Chest Drain Insertion; Male Urinary Catheterisation; Venepuncture of High Risk Patient; Cannulation; FNA; Interpretation of ABG Results; Lumbar Puncture)

1245 - 1330

Lunch

1330 – 1645 (with staggered break for refreshments)	Group Rotations (to include the following stations: Theatre Safety Principles; Handling Instruments; Knot Tying; Sutures; Needles; Suturing Techniques (simple and advanced); Haemostatic Stitch; Chest Drain Insertion; Male Urinary Catheterisation; Venepuncture of High Risk Patient; Cannulation; FNA; Interpretation of ABG Results; Lumbar Puncture)
1645 - 1815	OSCE Discussion (Pre-Operative Assessment; Post-Operative Management; Antibiotics; Theatre List Prioritisation; Wound Healing and Reconstruction; Local Anaesthesia; Tourniquet; Diathermy; CSF physiology)
1815 - 1915	Summary and Revision of Basic Sciences II (Knowledge Component)
1915	Feedback and Close

Day 2

0830 – 0915 Summary and Revision of Basic Sciences III (Knowledge Component)

0915 – 1300 (with refreshment break from 1100 – 1120):

Clinical Examination Sessions

Candidates will be divided into small groups and will go through the following clinical examinations on simulated patients:

- Examination of the abdomen and abdominal organs
- Examination of cranial nerves
- Examination of varicose veins
- Examination of the arterial system
- Examination of the cardiorespiratory system
- Examination of the hip and knee
- Examination of the shoulder and back

1300 – 1345

Lunch Break

1350 – 1715 (with refreshment break from 1530 – 1550):

Clinical Consultation Skills Sessions (Communication Skills):

These stations will consist of, amongst others:

- Information giving and information gathering
- Challenging situation/patient
- Difficult consultation
- Breaking bad news
- Explaining a diagnosis or discussing management options
- Consent in surgery
- Telephone communication

1715 – 1730 Summary and Feedback

1740 End of Course.