









# Glasgow University Obstetrics and Gynaecology Society Undergraduate Conference 2019

The morning session included practical workshops covering key skills and clinical scenarios. In the afternoon, there were a number of speakers covering contemporary topics of interest in the field.

The main speaker was Mr Adam Kay, bestselling and award winning author of "This is Going to Hurt", who discussed his experiences as a trainee in Obstetrics and Gynaecology. This conference also provided a great opportunity for students at all stages to expand their understanding of Obstetrics and Gynaecology as a career, and to improve in key clinical skills. Certificates were provided to all attendees.

There was also the opportunity for students to present an abstract, where a prize was awarded for the best poster presentation.

#### **Course Information**

Course Date: 7th April 2019

Venue: Teaching and Learning Centre,

Queen Elizabeth University

Hospital, Glasgow

Attendance: 131 Delegates

Aimed at: Undergraduate Medical Students

with an Interest in Obstetrics

and Gynaecology

Conference Fee: £18.00



# **Programme**

1530 – 1600

1600 – 1615

0930 – 1000	Registration	
1000 – 1015	Welcome Talk	
1015 – 1035	Workshop A: Surgical Skills	
1035 – 1055	Workshop B: Clinical Skills: Insertion of IUD	
1055 – 1115	Workshop C: Obstetrics Skills	
1115 – 1130	Refreshments in Atrium	
1130 – 1200	Workshop D: A Day in the Life of an O&G Trainee	
1200 – 1230	Workshop E: How to Build Your CV for a Career in O&G	
1200 – 1230 1230 – 1315	Workshop E: How to Build Your CV for a Career in O&G  Lunch and Poster Presentations in Atrium	
1230 – 1315	Lunch and Poster Presentations in Atrium	
<b>1230 – 1315</b> 1315 – 1330	Lunch and Poster Presentations in Atrium  Welcome Back Talk	
<b>1230 – 1315</b> 1315 – 1330  1330 – 1400	Lunch and Poster Presentations in Atrium  Welcome Back Talk  Sexual Health in Glasgow - Dr Pauline McGough	

This is Going to Hurt - Adam Kay

Closing Address and Prizes

# **Faculty**

# Dr Amanullah Durrani, MBChB, MRCPsych

Consultant Perinatal Psychiatrist
NHS Greater Glasgow and Clyde, United Kingdom

### Dr Marco Gaudoin, MBChB, MD

Medical Director at GRCM Fertility GRCM Fertility, Glasgow, United Kingdom

# Dr Rhona Lindsay, MBChB, MRCS, MRCOG

Consultant Gynaecological Oncologist Glasgow Royal Infirmary, Glasgow, United Kingdom

# Dr Pauline McGough, MBBS, FFSRH, FRCOF

Consultant in Sexual and Reproductive Health Clinical Director Sandyford, Glasgow, United Kingdom

# **Organising Committee**

### Miss Jennifer Wardall

President

### **Miss Brooke Marron**

President

### **Mr Craig Hendry**

Treasurer

### Miss Frances Lanaghan

Society Member

#### **Miss Hannah Mackeret**

Secretary

#### **Miss Katie Dunca**

PR

### **Miss Rachael Robertso**

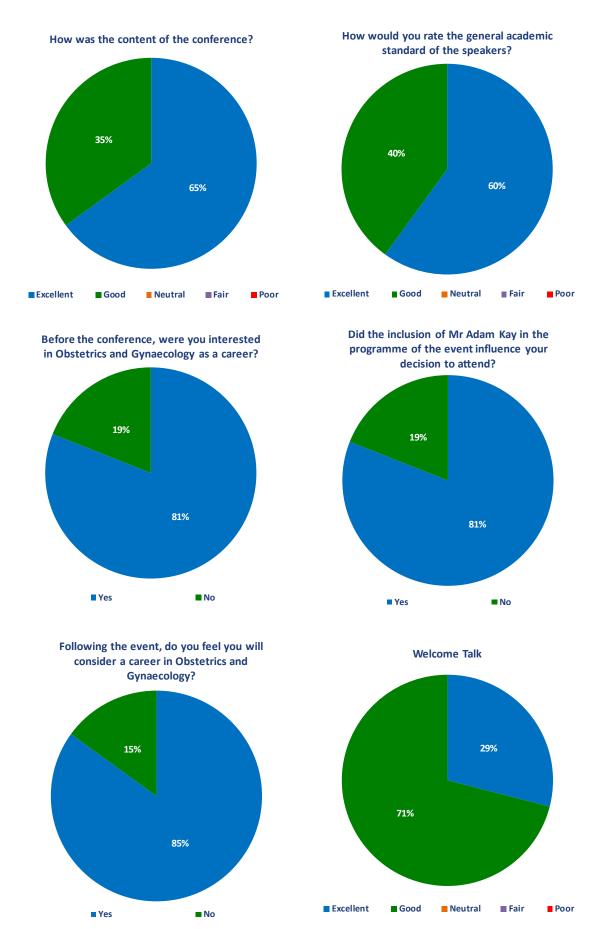
Vice President

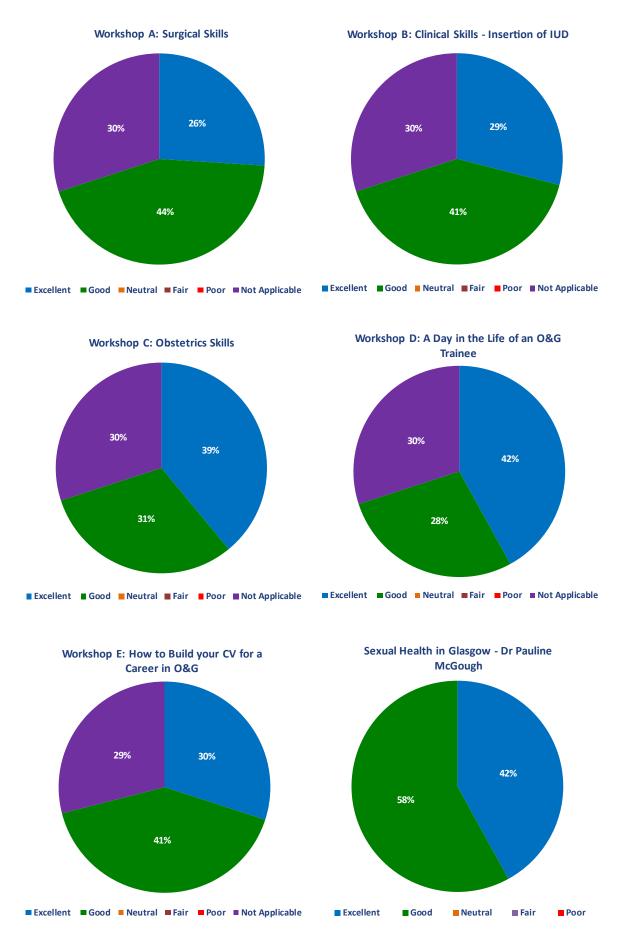
### Miss Ruth Begbie

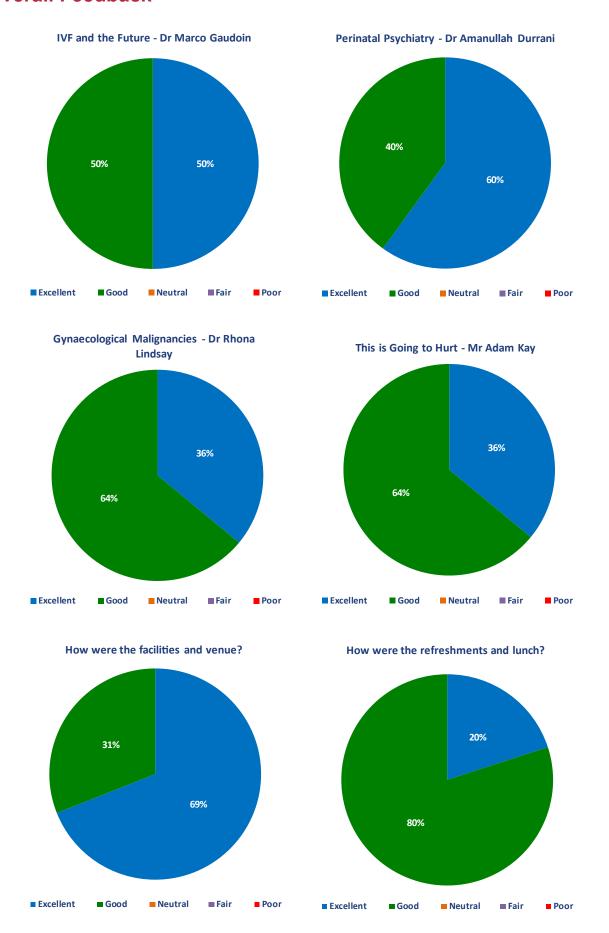
Conference Convenor

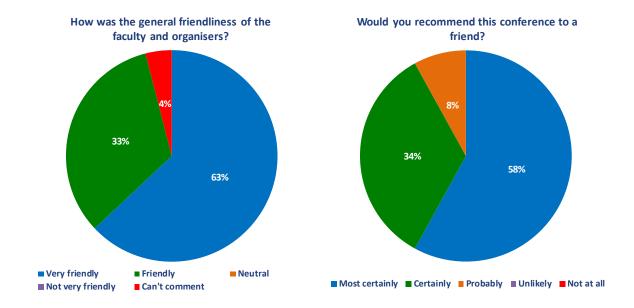
### Mr Ryan Frize

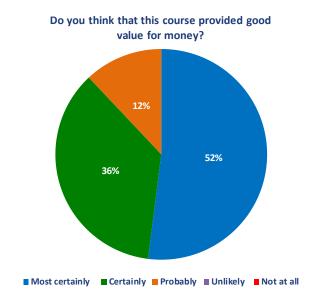
Sponsorship











I thought the conference was very well organised, and that the presentations were interesting and at an appropriate academic level.

AG

University of Glasgow, Glasgow, United Kingdom

It was well organised and well timed. All presentations were clear and concise.

HO

University of Glasgow, Glasgow, United Kingdom

I thoroughly enjoyed the teaching from the afternoon session; it was very relevant to my current work.

SJ

University of Glasgow, Glasgow, United Kingdom

This was a great conference, and it was well suited for an undergraduate level.

HC

University of Glasgow, Glasgow, United Kingdom

It was very good!

RM

University of Glasgow, Glasgow, United Kingdom

It gave us a great insight into Obstetrics and Gynaecology as a career, as we have not had formal teaching on this area yet. The practical stations were very stimulating, and the doctors were very kind and enthusiastic! It made me really interested in the career of Obstetrics and Gynaecology.

YS

University of Glasgow, Glasgow, United Kingdom

It was professional and educational, but thoroughly enjoyable.

NM

University of Glasgow, Glasgow, United Kingdom

This was a very well organised and informative event.

MW

University of Dundee, Dundee, United Kingdom

Excellent!

JB

It was well organised. I really enjoyed the mornings circuit of stations as they were not rushed but also you did not get bored, and it was excellent being able to use the laparoscopy simulation.

**RT** 

University of Glasgow, Glasgow, United Kingdom

It was really well organised and a great conference!

MD

University of Glasgow, Glasgow, United Kingdom

It was really well organised, with relevant and useful learning points. The staff were very friendly.

**RM** 

University of Dundee, Dundee, United Kingdom

It was very good overall.

RM

University of Glasgow, Glasgow, United Kingdom

It was great and really well organised! It was good to get some relevant practical sessions, as well as the presentations.

CW

University of Glasgow, Glasgow, United Kingdom

The organisation and range of speakers were excellent.

SW

University of Glasgow, Glasgow, United Kingdom

The talks were very good in the afternoon!

SA

University of Glasgow, Glasgow, United Kingdom

It was all very professional and very well executed.

AC

University of Glasgow, Glasgow, United Kingdom

The organisation was excellent - everything ran very smoothly. The teaching and presentations were varied and informative, as well as engaging. I think the conference was very eye opening and unmissable for anyone considering a career in Obstetrics and Gynaecology.

ВС

I really enjoyed the conference and felt that it encouraged my interest in Obstetrics and Gynaecology for the future. I would come again next year!

MA

University of Glasgow, Glasgow, United Kingdom

It was very good.

**OK** 

It was very good, relevant, and it was all pitched at the right level.

RH

University of Glasgow, Glasgow, United Kingdom

It was very good.

SR

University of Dundee, Dundee, United Kingdom

Overall, I thought the standard of teaching was really high and the topics covered were interesting and informative. The conference was well organised.

AS

Queen Margaret University, Edinburgh, United Kingdom

The day was organised amazingly well and everything went smoothly. The speakers and workshops were excellent and covered a wide range of topics. This was an excellent conference.

**EW** 

University of Glasgow, Glasgow, United Kingdom

I was incredibly impressed with the standard of organisation and talks at this conference. This was the first conference I have attended as a medical student and it was interesting to see the different career routes available in one speciality.

**EM** 

University of Glasgow, Glasgow, United Kingdom

This was a really well organised conference with a friendly committee. There was a good range of topics covered in the afternoon session too. I hope it is as successful next year!

CH

University of Glasgow, Glasgow, United Kingdom

It was very relevant to my studies in the later years of medical school. It provided a lot of insight into the career and what is involved. I found it to be very helpful and enjoyable.

**FM** 

As this was my first conference, I found this conference to be useful and enjoyable.

RH

University of Glasgow School of Medicine, Glasgow, United Kingdom

This was an excellent opportunity to learn about pursuing a career in Obstetrics and Gynaecology. The lectures and workshops should be conducted more often. The presentations were very informative and helpful. Thank you for such an excellent opportunity.

ZS

University of Health Sciences, Lahore, Pakistan

The conference topics were extremely relevant to the undergraduate students, which made the conference not only fun and applicable, but also very interesting and convincing to choose a career in Obstetrics and Gynaecology.

FK

University of Glasgow School of Medicine, Glasgow, United Kingdom

It was a very good, well organised, interesting and enjoyable day.

JM

University of Glasgow, Glasgow, United Kingdom

It was very well organised; it was clear lots of work had gone into the conference.

IK

University of Glasgow, Glasgow, United Kingdom

It was very good and informative.

SA

University of Glasgow, Glasgow, United Kingdom

The conference was well organised and all of the important information was given. I am looking forward to attending many of these conferences in the future.

FΝ

University of Glasgow, Glasgow, United Kingdom

It was good to think about how to prepare for the future by applying for different specialties.

CB

University of Glasgow, Glasgow, United Kingdom

It was very good!

BM

The committee were very welcoming, and the conference was well organised with a good variety of speakers!

MB

University of Glasgow, Glasgow, United Kingdom

Good.

DJ

University of Glasgow, Glasgow, United Kingdom

It was well organised and the time was well filled, but perhaps more time should be allocated to the skills workshops (due to the group sizes).

TB

University of Glasgow, Glasgow, United Kingdom

It has increased my interest in the field.

SK

University of Glasgow, Glasgow, United Kingdom

I thought it was very good and positive.

**AM** 

University of St Andrews, St Andrews, United Kingdom

It was very well organised, with a good variety of speakers.

AT

University of Glasgow, Glasgow, United Kingdom

It was very professional and enjoyable, with great speakers and useful practical workshops.

EC

It was very well organised; I really enjoyed the practical aspect. Getting hands on experience of procedures and hearing from people currently working in the field was an invaluable experience.

**RF** 

University of Glasgow, Glasgow, United Kingdom

I really enjoyed the conference.

SW

University of Glasgow School of Medicine, Glasgow, United Kingdom

This was such a good day, with great opportunities to try a range of clinical skills and to hear from an eclectic mix of speakers. It increased my enthusiasm for specialising in Obstetrics and Gynaecology. Well done to the organisers!

SL

University of Glasgow, Glasgow, United Kingdom

I would recommend the time for the workshops to be longer, and for the speakers to be broader and more interesting.

KL

University of Glasgow, Glasgow, United Kingdom

Overall, it was a very good day that strengthened my interest in this field of medicine.

LH

University of Glasgow, Glasgow, United Kingdom

It was well organised, and the afternoon talks were extremely interesting. The only downfall was the timing, as it ran one hour behind schedule.

CC

University of Glasgow, Glasgow, United Kingdom

It was very useful – especially the "Week in the Life of an Obstetrics and Gynaecology Trainee" workshop.

DM

University of Glasgow, Glasgow, United Kingdom

This was a great day, with lots of hard work being put in by the organisation.

SA

University of Glasgow, Glasgow, United Kingdom

I liked the sexual health related topics, and I enjoyed the workshops.

CB

University of Dundee, Dundee, United Kingdom

This was a good experience.

DN

University of Glasgow, Glasgow, United Kingdom

I found it to be really useful – I particularly enjoyed the obstetric skills session.

JM

It was very good.

It was excellent. NF It was very well organised and the speakers were engaging. It will be very relevant for the future. EΤ University of Glasgow, Glasgow, United Kingdom The talks were all very interesting. RF University of Glasgow, Glasgow, United Kingdom It was very good. BD University of Glasgow, Glasgow, United Kingdom This was a very good conference. Some of the sessions in the morning could have done with being longer and could maybe have had one less talk in the afternoon. LW University of Dundee, Dundee, United Kingdom It was a very well organised and facilitated day. It was only a little bit relevant to my current studies because I am in the lower years of my studies, but it was also a great insight into what is to come! FΜ University of Glasgow, Glasgow, United Kingdom The talks were interesting, and the conference was good. KY University of Glasgow, Glasgow, United Kingdom The organisation was fantastic and the day ran smoothly. It was certainly good value for money considering the amount the day offered! DV University of Glasgow, Glasgow, United Kingdom The organisation was good and there was a great range of topics covered in the talks. KM

HK

This was a great conference, thank you.

ZM

University of Glasgow, Glasgow, United Kingdom

Overall, it was good and was of a very high quality.

HM

University of Glasgow, Glasgow, United Kingdom

It was very interesting.

JH

University of Glasgow, Glasgow, United Kingdom

It reinforced my career choice.

DM

University of Glasgow, Glasgow, United Kingdom

It was very good! I particularly enjoyed the sexual health talk, as this is something we don't have enough of during medical school.

TW

University of Glasgow, Glasgow, United Kingdom

It was very informative.

JY

University of Glasgow, Glasgow, United Kingdom

The IVF and perinatal psychiatry talks were excellent. The gynaecological malignancies talk wasn't so good. However, for a person who wants to pursue a career in Obstetrics and Gynaecology, this conference was a great opportunity to learn more about it.

HK

University of Glasgow, Glasgow, United Kingdom

It was a very enjoyable, interesting and informative conference.

EA

University of Glasgow, Glasgow, United Kingdom

It was well organised and has increased my interest in Obstetrics and Gynaecology as a career.

PΝ

It was very organised, with a good variety of talks and workshops. Obstetrics and Gynaecology was spoken about authentically.

JM



Doctors Academy is a UK-based International Non-Profit Organisation comprising of doctors, dentists and scientists that undertakes a diverse range of educational activities globally. The aim of the Academy is to disseminate information and exchange medical knowledge between professionals from diverse backgrounds working in a variety of healthcare settings. This is achieved by the provision of a number of attendance courses, publishing house, online resources and international events / competitions.

### Courses (a selection):

### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



# Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

### **Publications**



publications.doctorsacademy.org

#### **World Journal of Medical Education & Research**



Peer-reviewed academic journal with ISSN.

No fee to view, read and download articles No subscription charges No submission fees No manuscript processing fee No publishing fee No cost to read, write or publish!

wjmer.co.uk

#### **Online Revision Resources**

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

#### Resources for:

- Medical Students

- General Surgery Exams

- Dental Students

- Plastic Surgery Exams

- International Entrance Exams

- DOHNS Exams

- MRCS Exams

www.doctorexams.co.uk

www.doctorsacademy.org