

**The Mental Health:
A New Perspective.
ICSM Psychiatry Society
Spring Conference 2019**



Feedback - March 2019



The Mental Health: A New Perspective. ICSM Psychiatry Society Spring Conference 2019

The Mental Health: A New Perspective. ICSM Psychiatry Society Spring Conference 2019 took place on Saturday 2nd March 2019 at the Sir Alexander Fleming Building, Imperial College, London. It intended to provide the delegate with an insight into the field of mental health and mental health disorders. The day comprised of a series of keynote talks, delivered by specialists in the field of mental health, which discussed the latest understanding of behavioural and biological underpinnings of common mental health disorders, and changing perceptions of mental health.

Course Information

Course Date:	2nd March 2019
Venue:	Sir Alexander Fleming Building, Imperial College, South Kensington
Attendance:	32 Delegates
Aimed at:	Medical Students of all years, in particular those with an interest in Psychiatry; Pre-Medical Students; Junior Doctors
Conference Fee:	£10.00



Programme

1000 - 1030 Registration / Welcome

1030 - 1115 Lecture

- Dr Martina Di Simplicio

1115 - 1200 Lecture

- Professor Edward Bullmore - Inflamed Depression

1200 - 1300

Lunch, Networking, Art Exhibition and Poster Presentations

1300 - 1440 Workshops

1. Art, Psychiatry and Film
2. Day in the Life of a Psychiatrist
3. Developing and Evaluating the Effectiveness of Smartphone Apps to Support the Mental Health of Young People - Dr Nihara Krause
4. Balint

1440 - 1500

Coffee Break

1500 - 1545 Lecture

- Professor Thornicroft - Evidence of How to Reduce Stigma and Discrimination

1545 - 1630 Lecture

- Professor Carmine Pariante

1630 Closing Remarks

SPEAKERS

Professor Edward Bullmore, FRCP, FRCPsych, FMedSci

Professor of Psychiatry at the University of Cambridge.

Head of the Department of Psychiatry and Director of Wolfson Brain Imaging Centre in the Department of Clinical Neurosciences.

Professor Sir Graham Thornicroft, FRCPsych, FMedSci

Professor of Community Psychiatry at the Institute of Psychiatry, Psychology and Neuroscience at King's College London.

Consultant Psychiatrist at South London and Maudsley NHS Foundation Trust.

Fellow of the Academy of Medical Sciences and National Institute of Health Research Senior Investigator.

Professor Carmine Pariante, FRCPsych

Professor of Biological Psychiatry at the Institute of Psychiatry, Psychology and Neuroscience (IoPPN).

Consultant Perinatal Psychiatry in the associated South London and Maudsley NHS Foundation Trust.

Awarded 2012 "Academic Psychiatrist of the Year" from the Royal College of Psychiatrists.

Dr Martina Di Simplicio, MD, PhD

Academic Psychiatrist

ORGANISING COMMITTEE

Miss Simran Bains

Conference Lead

Mr Jung Moses

Conference Subcommittee

Miss Khaleda Islam

Conference Subcommittee

Mr Simon Thackray

Conference Subcommittee

Miss Shri-Ishvarya Rajamoorthy

Conference Subcommittee

Miss Katie Zhou

Conference Subcommittee

WORKSHOP TUTORS

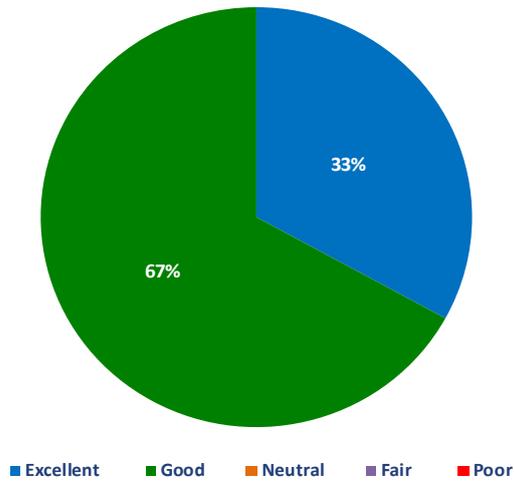
Dr David O'Flynn

Dr Jeffrey Fehler

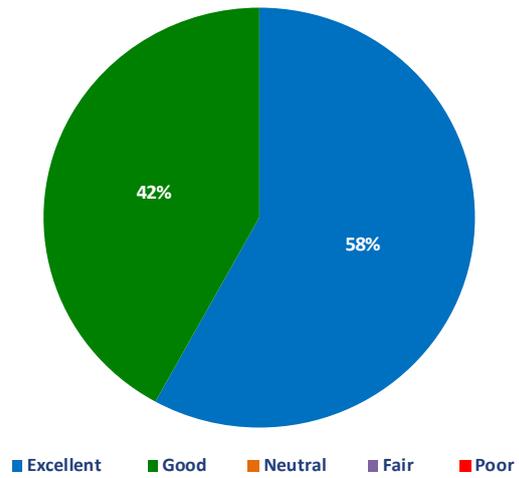
Dr Nihara Krause

Overall Feedback

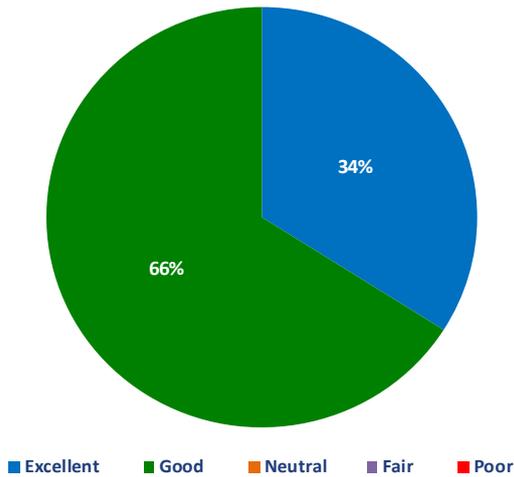
How was the content of the conference?



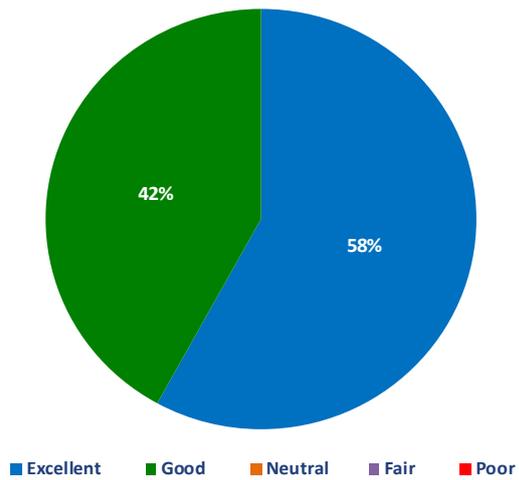
How would you rate the general academic standard of the speakers?



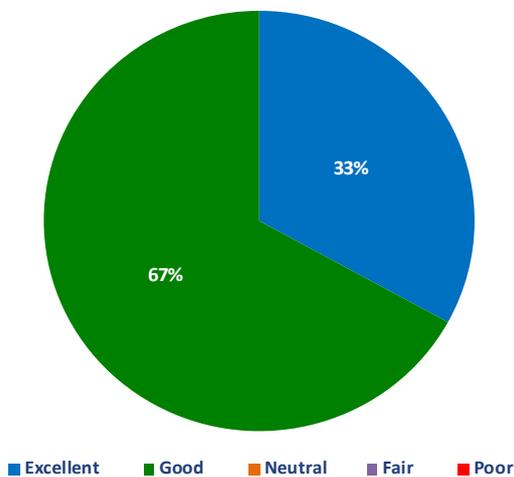
Dr Martina Di Simplicio - Mood Instability and Future Simulation



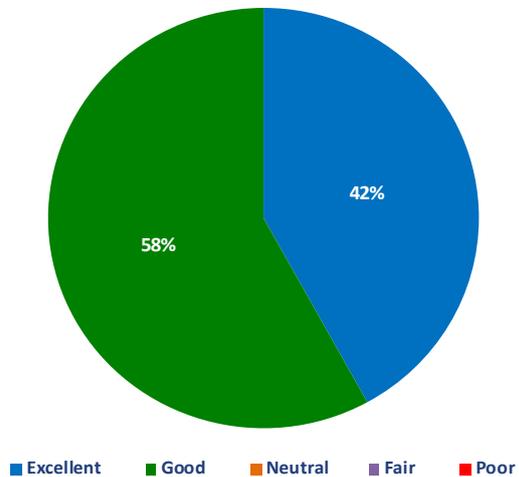
Professor Edward Bullmore - Inflamed Depression



Professor Thornicroft - Evidence of How to Reduce Stigma and Discrimination

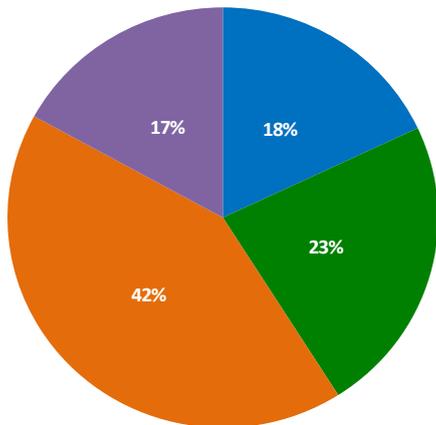


Dr Carmine Pariante - Stress and Inflammation



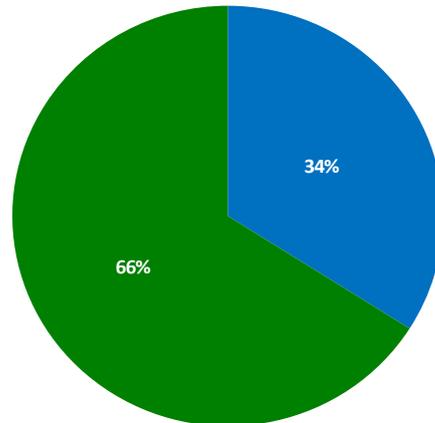
Overall Feedback

Which talk did you find the most beneficial?



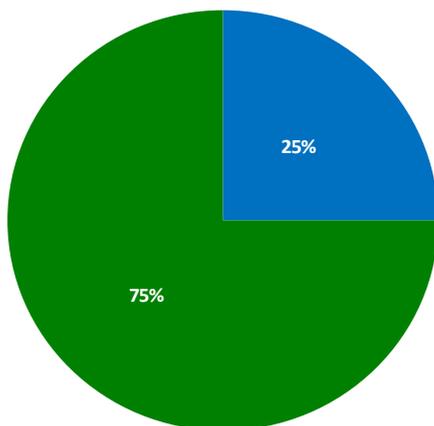
■ Dr Martina Di Simpicio ■ Professor Edward Bullmore
■ Professor Thornicroft ■ Dr Carmine Pariante

Art, Psychiatry and Film



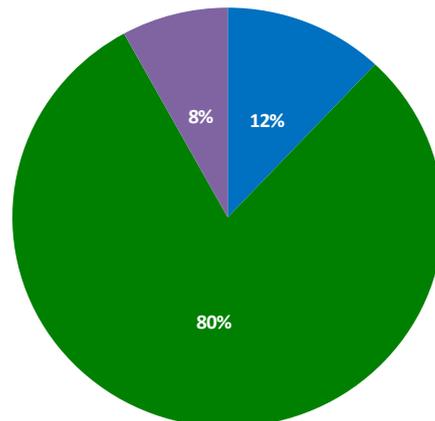
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Day in the Life of a Psychiatrist



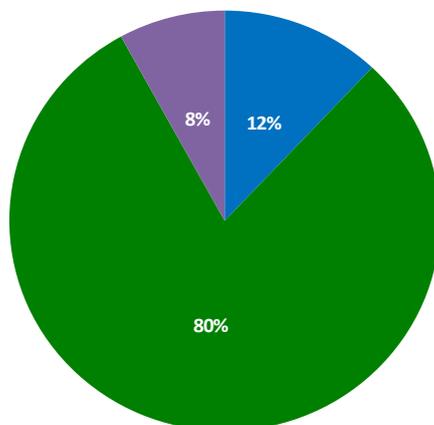
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Developing and Evaluating the Effectiveness of Smartphone Apps to Support the Mental Health of Young People - Dr Nihara Krause



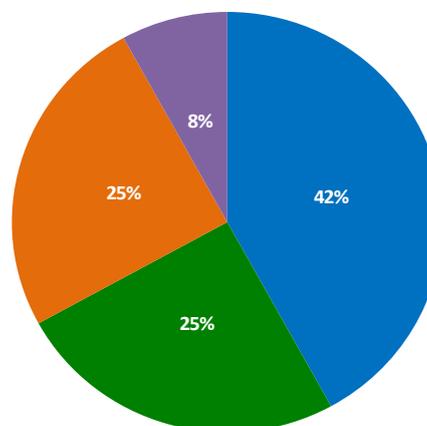
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Balint



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

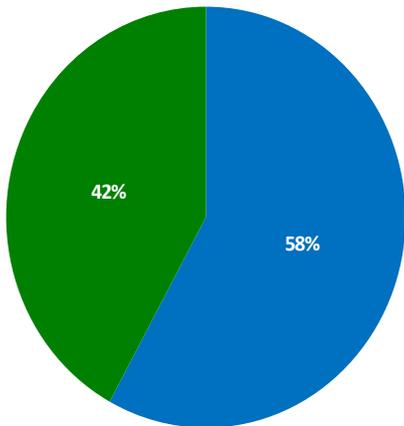
Which workshop did you find the most beneficial?



■ Art, Psychiatry and Film ■ Day in the Life of a Psychiatrist
■ Dr Nihara Krause ■ Balint

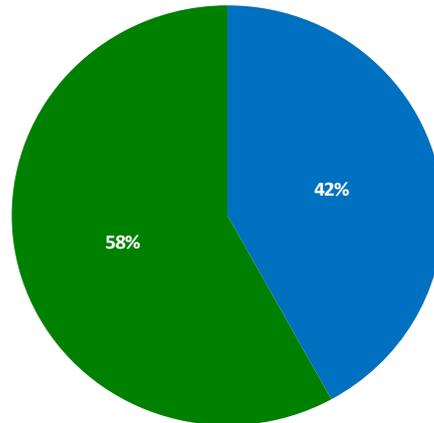
Overall Feedback

How were the facilities and venue?



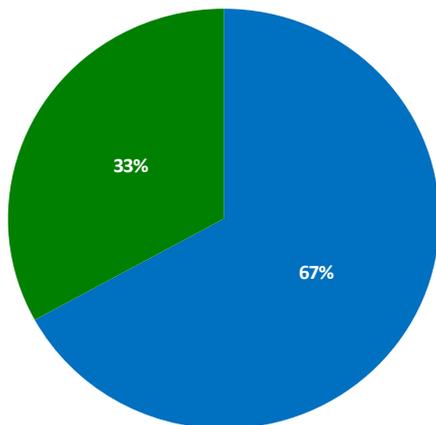
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



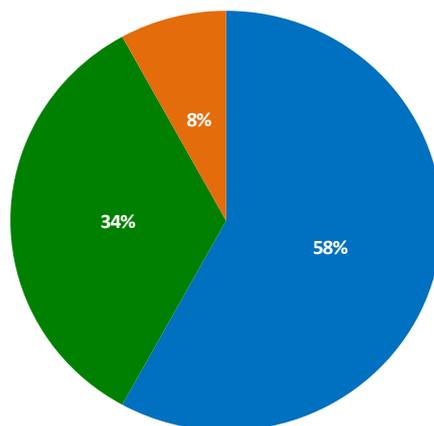
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



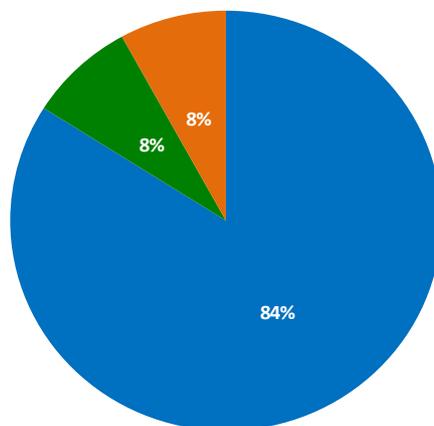
■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

Would you recommend this conference to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this conference provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

It was good!

MO

Guy's Hospital Medical School, London, United Kingdom

It was very interesting to listen to the lecturer's research and opinions about current perspectives on mental health. I think the presentations were very detailed and they explained the content thoroughly.

BS

Goldsmiths, University of London, London, United Kingdom

This was a very well-organised and interesting conference. The variety of speakers were great.

LC

Imperial College London Faculty of Medicine, London, United Kingdom

I learned something new and thought that the conference was good.

CL

Goldsmiths, University of London, London, United Kingdom

It was great.

RM

City, University of London, London, United Kingdom



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- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

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