



The Inaugural South West Plastic Surgery Conference 2018



Feedback - May 2018

The Inaugural South West Plastic Surgery Conference 2018

The Inaugural South West Plastic Surgery Conference 2018 provided attendees with an insight into the field of Plastic Surgery. The morning consisted of a series of lectures, delivered by experienced Plastic Surgeons, which explored the speciality and its sub-specialities, as well as providing practical tips on how to enter one of the most competitive surgical specialities. The afternoon session comprised of practical workshops which focused on skills commonly used by Plastic Surgeons. The workshops included basic suturing skills and knot-tying, flap design, and tendon repair.

Students had the opportunity to present a poster at the conference. Abstracts were accepted in the following areas: audit; SSU/SSC; case report; elective research project; other research project associated with Plastic Surgery (including hand surgery, dermatological surgery or surgery in general).

Course Information

Course date:	5th May 2018
Venue:	RILD Building, Royal Devon and Exeter NHS Foundation Trust, Barrack Road, Exeter
Attendance:	33 Delegates
Aimed at:	Medical Students of all years
Conference fee:	£15.00



Course Programme

0830 - 0900	Registration and pre-conference questionnaire
0900 - 0915	Welcome and Opening Mr Vikram Devaraj, Consultant Plastic Surgeon
0915 - 1000	Lecture series: The Life of a Plastic Surgeon Mr Andrew Watts, Consultant Plastic Surgeon
1000 - 1045	Understanding Plastic Surgery Subspecialties Mr Tamer Ali, SpR in Plastic Surgery

1045 - 1100 **Tea break***

1100 - 1200	Lecture series (cont.): Building a Plastic Surgery Portfolio Miss Sarah Al-Himdani, SpR in Plastic Surgery
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1200 - 1300 **Lunch* and poster exhibition**

1300 - 1330	Plastic Surgery Skills Workshop Part One – suturing: Session 1: Suture Types and Techniques Seminar Mr Vikram Devaraj, Consultant Plastic Surgeon
1330 - 1500	Session 2: Suturing and Knot-tying Workshop

1500 - 1520 **Tea break***

1520 - 1550	Plastic Surgery Skills Workshop Part Two – tendons: Session 1: Hand Examination Seminar Miss Sarah Al-Himdani, SpR in Plastic Surgery
1550 - 1720	Session 2: Tendon Repair Workshop
1720 - 1740	ASiT Sponsorship Talk Ms Niroshini Rajaretnam (ASiT Peninsula Rep)
1740 - 1800	Closing and post-conference questionnaire Mr Vikram Devaraj, Consultant Plastic Surgeon

Faculty

Mr Vikram Devaraj, MBChB, FRCS(Eng), FRCS(Plast), PG Cert (Clin Ed)

Consultant Plastic, Reconstructive and Aesthetic Surgeon

Clinical Senior Lecturer and Clinical Lead for Anatomy

University of Exeter Medical School

Mr Andrew Watts, FRCS(Plast)

Consultant Plastic, Reconstructive and Aesthetic Surgeon

Royal Devon and Exeter NHS Foundation Trust

Honorary Clinical Lecturer - University of Exeter Medical School

Miss Sarah Al-Himdani, MBChB, MRCS(Eng), MSc

Registrar in Plastic Surgery

Royal Devon and Exeter NHS Foundation Trust

Workshop Tutors:

Mr James Coelho

Dr Michael Clarke

Dr Robin Jones

Dr Anna Longshaw

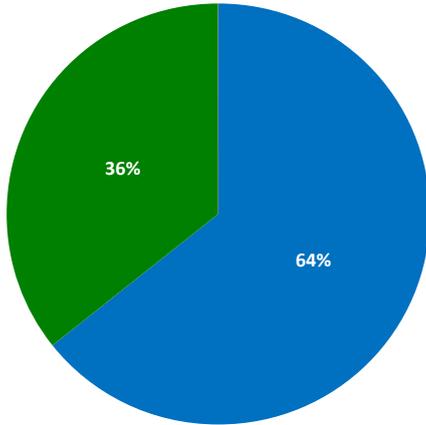
Dr Alexandra MacMillan

Dr Mohammad Masood

Dr Brian Rigney

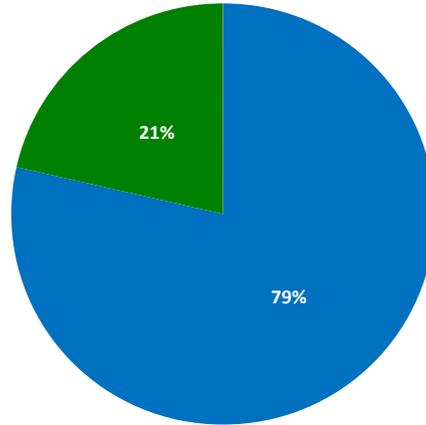
Overall Teaching Feedback

How was the content of the conference?



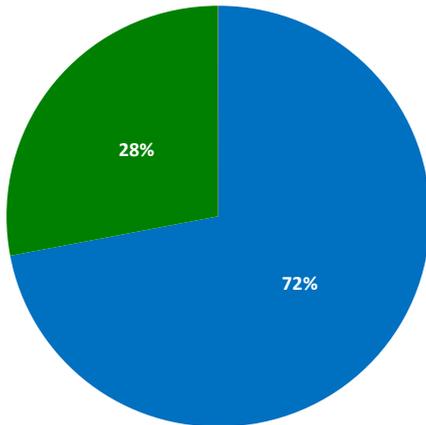
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



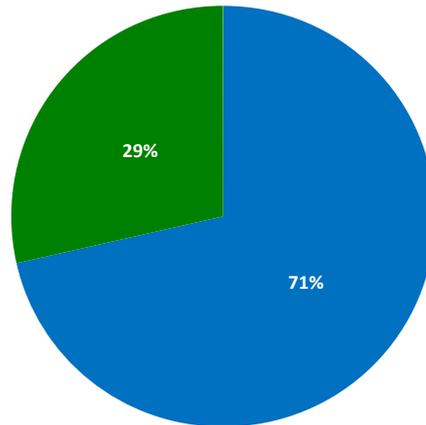
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Welcome and Opening - Mr Vikram Devaraj



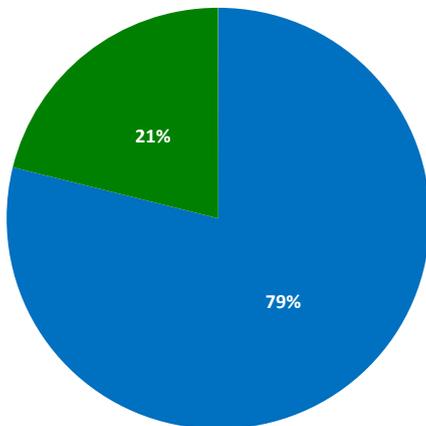
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

The Life of a Plastic Surgeon - Mr Andrew Watts



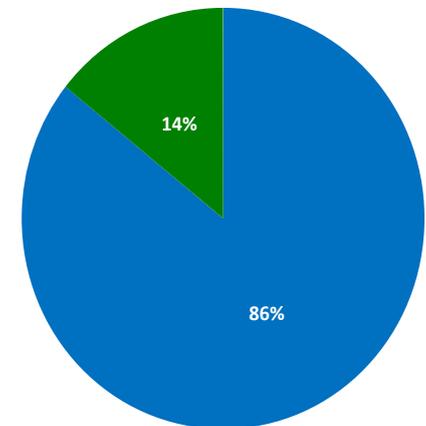
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Understanding Plastic Surgery Subspecialties - Mr Tamer Ali



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

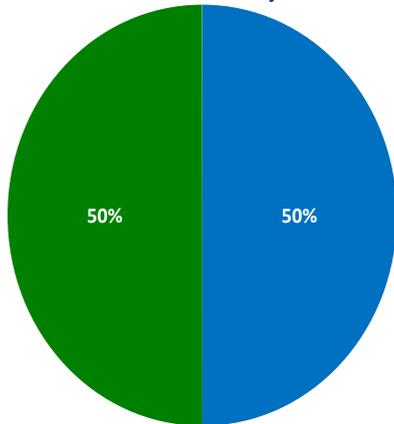
Building a Plastic Surgery Portfolio - Miss Sarah Al-Himdani



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

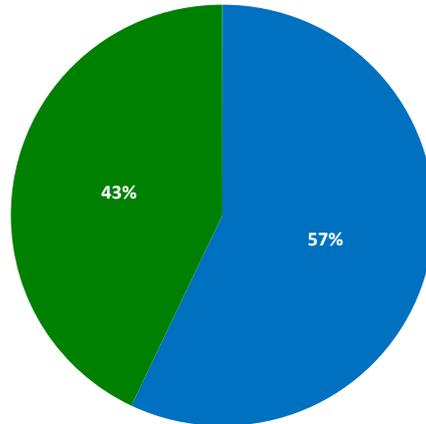
Overall Teaching Feedback

Suture Types and Techniques Seminar - Mr Vikram Devaraj



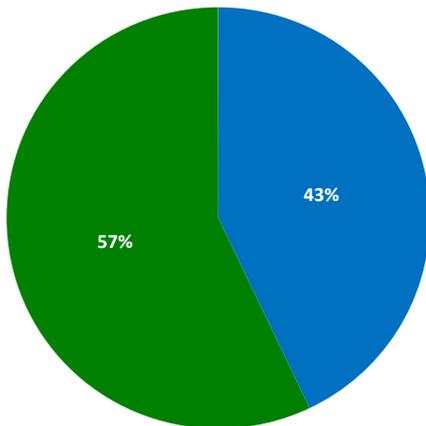
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Suturing and Knot-tying Workshop



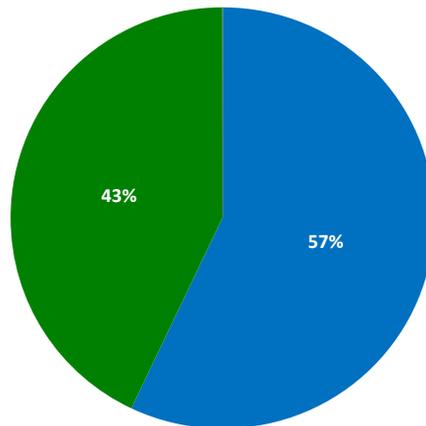
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Hand Examination Seminar - Miss Sarah Al-Himdani



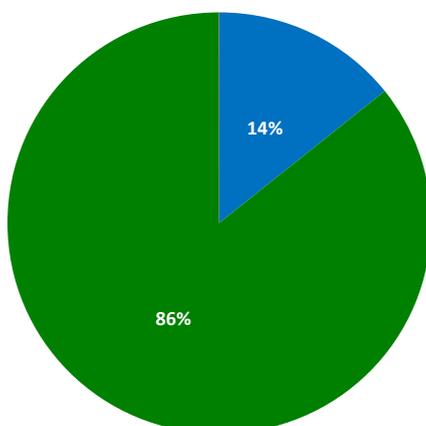
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Tendon Repair Workshop



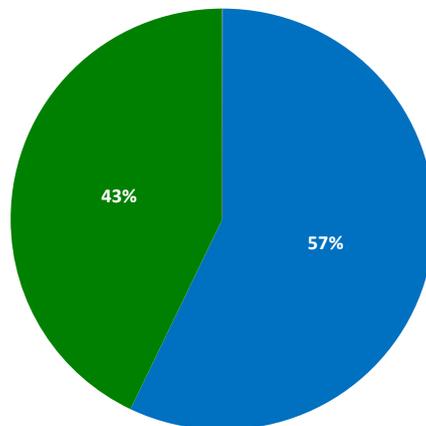
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

ASiT Sponsorship Talk - Ms Niroshini Rajaretnam



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

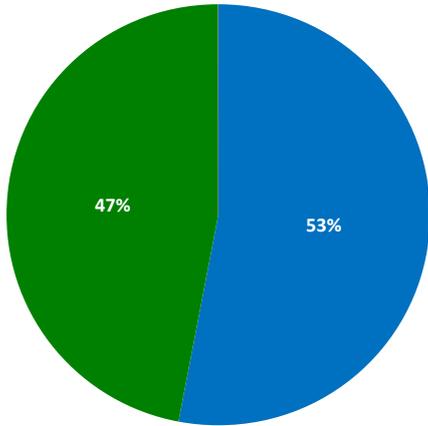
How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

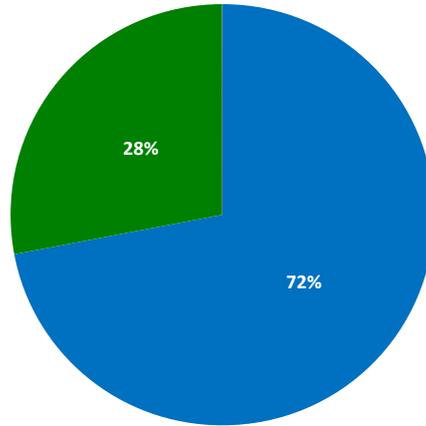
Overall Teaching Feedback

How were the refreshments and lunch?



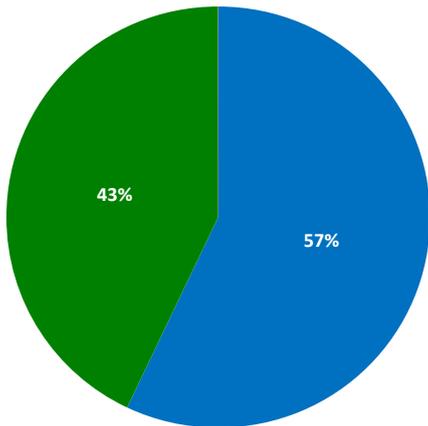
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



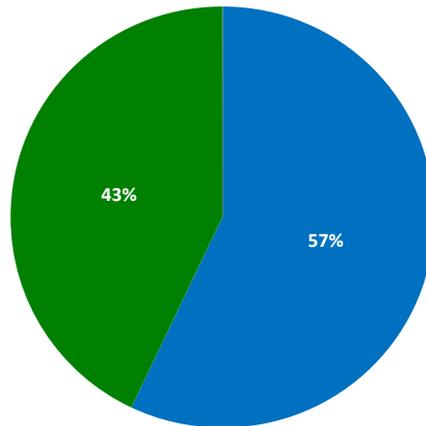
■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Would you recommend this conference to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this conference provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Fantastic day.

JM
University of Exeter

Speakers were captivating and the content is interesting and relevant. I really enjoyed the pre-workshop talks because they provided good introduction prior to the workshops. Amount of time allocated for each workshop was generous, which allowed plenty of time to practice and good 4:1 tutor to candidate ratio. Overall it was an amazing day well spent, definitely good value for money.

BH
University of Exeter

The organisation, teaching and presentation were great - thank you!

TB
Barts and the London School of Medicine & Dentistry

Good overall impression.

NS
University of Nottingham

Very good.

RG
University of Exeter

Very informative, enthusiastic speakers, very well-organised and ran to time. Great resources in the suturing and tendon repair workshops. The day enthused me about medicine and has aided in my decision-making about what specialities I might like to pursue in the future.

CF
University of Exeter

I enjoyed the conference very much. It boosted my passion for plastic surgery and helped me feel more confident about being able to become one.

JA
University of Exeter

It was very well organized and gave me an insight into plastic surgery.

ED
University of Exeter

I enjoyed attending this conference.

AK
University of Exeter



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- **International Medical Summer School**
Manchester, 6th to 10th August 2018
- **International Academic and Research Conference**
Manchester, 11th August 2018
- **World University Anatomy Challenge**
Manchester, 9th and 10th August 2018

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

Resources for:

- Medical Students
- Dental Students
- International Entrance Exams
- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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