



Future Surgeons: Key Skills for Medical Students and Foundation Year Trainees

7th April 2019, Christie Hospital, Manchester

Course Programme

0830	Registration
0850	Introduction
0900	Gowning and Gloving
0940	Handling Instruments
1015	Knot-tying (1) – Reef Knot, Instrument Tie

1100

Coffee Break

1115	Knot-tying (2) – Surgeons Knot, Tie at Depth
1200	Suturing – Needle Manipulation, Interrupted Sutures, Sub-Cuticular Absorbable Sutures, Assisting, Continuous Suture

1300

Lunch Break

1340	LA Techniques, Skin Lesions & Wound Management - Skin Lesions, Cyst Removal Abscess Drainage & Excision, Debridement
1440	Diathermy
1510	Laparoscopy Skills – Hand-Eye Coordination, Polo Mints Exercise, Sugar Cubes Exercise
1610	Question and Answer Session
1630	Feedback and Close