

The Royal College of Surgeons of Edinburgh
Future Surgeons: Key Skills

Arrowe Park Hospital, Wirral
15th November 2019 (Friday)

Programme

0830	Registration	
0850	Introduction	Seminar Room
0900	Gowning and Gloving	Wet Lab (demonstration and practice)
0940	Handling Instruments	Wet Lab (demonstration and practice)
1015	Knot-Tying (1) <ul style="list-style-type: none"> • Reef Knot • Instrument Tie 	Wet Lab (demonstration and practice)
1100 – 1115 Refreshment Break		
1115	Knot-Tying (2) <ul style="list-style-type: none"> • Surgeon's Knot 	Wet Lab (demonstration and practice)
1200	Suturing <ul style="list-style-type: none"> • Needle Manipulation • Interrupted Sutures • Sub-Cuticular Absorbable Sutures • Assisting • Continuous Suture 	Wet Lab (demonstration and practice)
1300 – 1340 Lunch Break		
1340	LA Techniques, Skin Lesions and Wound Management <ul style="list-style-type: none"> • Skin Lesions • Cyst Removal • Abscess Drainage and Excision • Debridement 	Wet Lab (demonstration and practice)
1440	Diathermy	
1510	Laparoscopy Skills <ul style="list-style-type: none"> • Hand-Eye Co-Ordination • Polo Mints Exercise • Sugar Cubes Exercise 	Wet Lab (structured practice)
1610	Question and Answer Session	Seminar Room
1630	Feedback and Close	