

Future Surgeons: Key Skills

(For Medical Students and Foundation Year Trainees)

16th November 2019 (Saturday)
Arrowe Park Hospital, Wirral

REPORTING INFORMATION

KINDLY READ THE MAIL IN FULL SINCE IT CONTAINS IMPORTANT INFORMATION.

Dear Colleague,

Thank you for choosing to attend the Future Surgeons: Key Skills Course on Saturday 16th November 2019. We look forward to welcoming you.

This mail is to inform you of the programme and the format for the day.

I. GENERAL AND REPORTING INFORMATION

Date: **16th November 2019 (Saturday)**

Start of Registration: **0830 hours**

Start of Course: **0850 hours prompt**

End of Course: **1645 hours**

Venue: **Clinical Skills Centre, Arrowe Park Hospital, Wirral**

Address:
Arrowe Park Hospital
Arrowe Park Road
Wirral
Merseyside
CH49 5PE
United Kingdom

Telephone: **0151 678 5111**

II. DIRECTIONS AND PARKING

Please follow this link to view the hospital on a Google map:
https://www.google.co.uk/maps/place/arrowe+park+hospital/@53.3718638,-3.0948622,15z/data=!4m2!3m1!1s0x0:0xdc3d73bab95a4b4?sa=X&ved=0CHoQ_BlwDGoVChMih526gJKXyQIVzLkUCh3t3AoT

Please follow this link for detailed information regarding directions to the hospital and parking:
<https://www.wuth.nhs.uk/our-locations/arrowe-park-hospital/getting-here/>

When you enter the hospital, kindly follow signs for 'Clinical Skills Centre'.

III. COURSE FORMAT AND CONTENT

This day is a structured programme of learning basic surgical skills and techniques. Delivered using a series of tutor demonstrations and hands-on sessions on animal tissue, the course will introduce to you the safe basic surgical techniques that are common to all surgical practices.

On completion of the course, you should be able to:

- Demonstrate safe practice when gowning and gloving.
- Handle commonly used surgical instruments in a safe and effective manner.
- Create secure 'Reef' and 'Surgeons' knots.
- Pick up and safely drive a needle through tissue with accurate bite placement.
- Appreciate the safe use of local anaesthesia.
- Perform an interrupted suture to close a wound.
- Demonstrate the steps for excising a skin lesion under local anaesthesia.
- Excise a sebaceous cyst.
- Drain a superficial abscess.
- Perform the essential steps to debride a traumatic wound effectively.
- Perform basic techniques used for laparoscopy.
- Understand the principles of using diathermy safely.

Programme:

The programme for the course can be found via this link:
<https://doctorsacademy.org/CourseNw/KeySkillsCWales/PGM16N.pdf>

IV. BREAKS FOR REFRESHMENTS AND LUNCH

There will be a 15-minute refreshment break in the morning and a 40-minute lunch break. Coffee, tea and biscuits will be provided during the refreshment break. Lunch will also be provided. Vegetarian and non-vegetarian options will be available.

V. DRESS CODE

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies, and flip-flops.

What you need to bring with you:

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.
2. Your University/Hospital identification badge.

Please do not hesitate to contact us at info@doctorsacademy.org.uk if you have any further queries. Alternatively, you can contact us at 02920 616 765.

If you have any issues on the day of the course or are unable to find the venue, please contact us on **+44 (0) 75 3426 0131**.

We look forward to meeting you at the course.

With very best wishes,

Surgical Skills Faculty
Educational Directorate
Doctors Academy
www.doctorsacademy.org