

# Future Surgeons: Key Skills

For Medical Students and Foundation Year Trainees

**24<sup>th</sup> November 2018**  
**Arrowe Park Hospital, Wirral**

## Reporting Information

Dear Colleague,

Thank you for choosing to attend the Future Surgeons: Key Skills Course on Saturday 24<sup>th</sup> November 2018. We look forward to welcoming you.

This mail is to inform you of the programme and the format for the day.

**Date:** 24<sup>th</sup> November 2018 (Saturday)

**Venue:** Clinical Skills Centre, Arrowe Park Hospital, Wirral, Liverpool

**Address:**

Arrowe Park Hospital  
Arrowe Park Road  
Wirral  
Merseyside  
CH49 5PE  
United Kingdom

**Telephone:** 0151 678 5111

**Directions:**

Please follow this link to view the hospital in Google maps:

[https://www.google.co.uk/maps/place/arrowe+park+hospital/@53.3718638,-3.0948622,15z/data=!4m2!3m1!1s0x0:0xdc3d73bab95a4b4?sa=X&ved=0ChOQ\\_BlwDGoVChMIh526gJKXyQIVzLkUCh3t3AoT](https://www.google.co.uk/maps/place/arrowe+park+hospital/@53.3718638,-3.0948622,15z/data=!4m2!3m1!1s0x0:0xdc3d73bab95a4b4?sa=X&ved=0ChOQ_BlwDGoVChMIh526gJKXyQIVzLkUCh3t3AoT)

Please follow this link for detailed information regarding directions and parking:

<https://www.wuth.nhs.uk/our-locations/arrowe-park-hospital/getting-here/>

**Start of Registration:** 0830 hrs

**Start of Course:** 0845 hrs prompt

**End of Course:** 1645 hrs

**Course Format/Content:**

This day is a structured programme of learning basic surgical skills and techniques. Delivered using a series of tutor demonstrations and hands-on sessions on animal tissue, the course will introduce to you the safe basic surgical techniques that are common to all surgical practices

On completion of the course, you should be able to: Demonstrate safe practice when gowning and gloving; Handle commonly used surgical instruments in a safe and effective manner; Create secure 'Reef' and 'Surgeons' knots; Pick up and safely drive a needle through tissue with accurate bite placement; Appreciate the safe use of local anaesthesia; Perform an interrupted suture to close a wound; Demonstrate the steps for excising a skin lesion under local anaesthesia; Excise a sebaceous cyst; Drain a superficial abscess; Perform the essential steps to debride a traumatic wound effectively; Perform basic techniques used for endoscopy, and; Understand the principles of using diathermy safely.

**Programme:**

The programme for the course can be found via this link:

<https://doctorsacademy.org/CourseNw/KeySkillsCWales/PGMN18.pdf>

**Breaks:**

There will be a 15-minute refreshment break in the morning and a 40-minute lunch break. Coffee, tea and biscuits, as well as a sandwich lunch, will be provided.

**Dress Code:**

The dress code for this event is professional/semi-formal. Kindly refrain from wearing shorts of any kind, hoodies and flip-flops.

**What you need to bring with you:**

1. A copy of the email you have received from us regarding your confirmation of place (with your name). Please note that you will not be allowed to attend the course without this information.
2. Your University/Hospital identification badge.

We look forward to seeing you at the course.

Please do not hesitate to contact us on [info@doctorsacademy.org.uk](mailto:info@doctorsacademy.org.uk) if you have any queries in the interim.

With very best wishes,

Surgical Skills Faculty  
Educational Directorate  
Doctors Academy  
[www.doctorsacademy.org](http://www.doctorsacademy.org)