



# Keele National Orthoplastics Workshop



Feedback - March 2024

## Keele National Orthoplastics Workshop

The event provided students with the opportunity to gain hands on consultant led teaching in the fields of Orthopaedic and Plastic Surgery.

Multi-speciality collaboration is vital in providing the best medical care in today's health system. Orthopaedic and Plastic Surgery commonly work hand-in-hand to optimise complex cases involving major trauma, open fractures and are both allied in hand surgery.

The event aimed to provide a useful learning resource to help students become passionate about these fields of medicine.

The event included workshops and delegates rotated in small groups throughout the afternoon.

The event explored the use of plate fixation, external fixation, tendon repair and flap design through interactive consultant lead workshops using small group-based teaching. Delegates were provided with a handbook covering the information explored throughout the day.

### Course Information

<b>Venue:</b>	<b>Clinical Education Centre, University Hospital North Midlands</b>
<b>Date:</b>	<b>23<sup>rd</sup> March 2024</b>
<b>Attendance:</b>	<b>40 Delegates</b>
<b>Aimed at:</b>	<b>Year 3 – 6 Medical Students and FY1/FY2 Doctors</b>
<b>Course Fee :</b>	<b>£20.00</b>



## Programme

0930 – 1000 Registration

1010 – 1020 Welcome and Introduction – Mr Daniel Cox

1020 – 1050 Speaker – The Bare Bone – Gp Capt Ian Sargeant

**1050 – 1100**

**Refreshments**

1100 – 1150 Workshops

1150 – 1240 Workshops

**1240 – 1320**

**Lunch & Poster Presentations**

1320 – 1410 Workshops

1410 – 1500 Workshops

1500 – 1550 Workshops

1550 – 1630 Closing Plenary – Mr Daniel Cox

## Faculty List

### Breast faculty:

**Ms. Vanessa Msosa, MBBS, ESSQ, ChM (Gen Surg), FCS (ECSA)**

Advanced Fellow in Breast Surgery  
Royal Stoke University Hospital, Stoke-on-Trent

### Orthopaedics Faculty:

**Mr Nicholas Neal, MBChB, FRCS (Ortho)**

Consultant Orthopaedic Surgeon  
Royal Stoke University Hospital, Stoke-on-Trent

**Mr Keith Tamboowalla, MBBS, DNB, MRCS**

Orthopaedic Surgery Registrar  
Royal Stoke University Hospital, Stoke-on-Trent

**Mr Salman Sadiq, MBChB, MRCS**

Orthopaedic Surgery Registrar  
Princess Royal Hospital, Telford

**Dr Shahjahan Aslam, MBChB, MRCS**

Orthopaedic Surgery Core Trainee  
Aintree University Hospital, Liverpool

**Dr Ravi Patel, MBBS**

Foundation Doctor  
Princess Royal Hospital, Telford

## Organising Committee

**Mr. Daniel Cox**

Lead Coordinator & Teaching Lead

**Ms. Mia Bench**

Research Lead

**Ms. Ahmed Nadeem**

1<sup>st</sup> Year Representative

**Ms. Sri Venkatesan**

President

**Mr. Marios Makarezos**

5<sup>th</sup> Year Representative

**Mr. James Lindley**

Vice President

**Mr. Nicholas Wong**

4<sup>th</sup> Year Representative

**Ms. Poorva Zope**

Treasurer

**Ms. Tara Burns**

4<sup>th</sup> Year Representative

**Mr. Ryan Seal**

Secretary

**Ms. Maja Fulford**

3<sup>rd</sup> Year Representative

**Mr. Denis Chen**

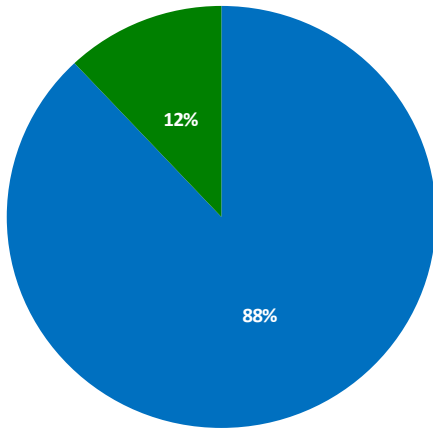
Social Media Officer

**Ms. Elpitha Polymerou**

2<sup>nd</sup> Year Representative

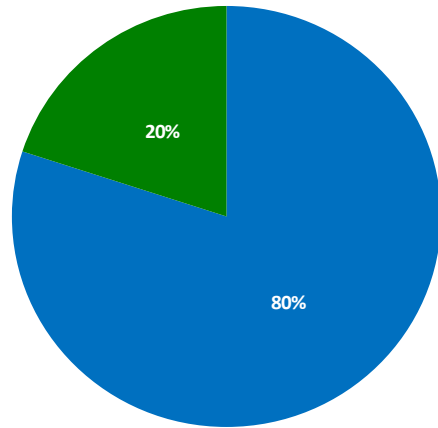
# Overall Feedback

How was the content of the event?



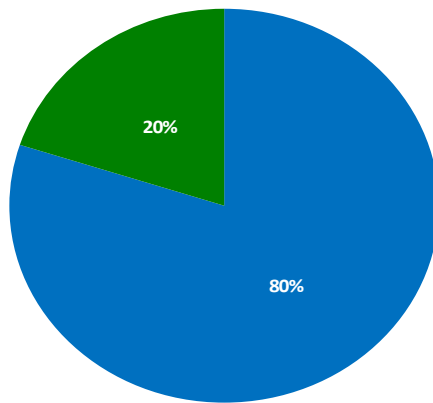
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the tutors?



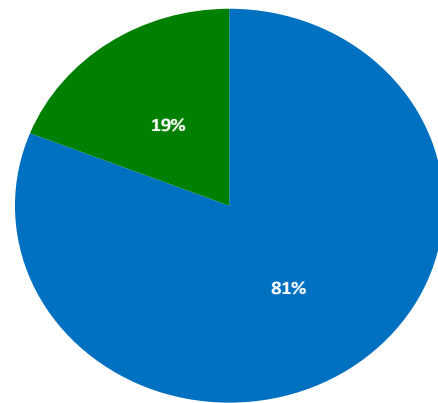
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the demonstrations?



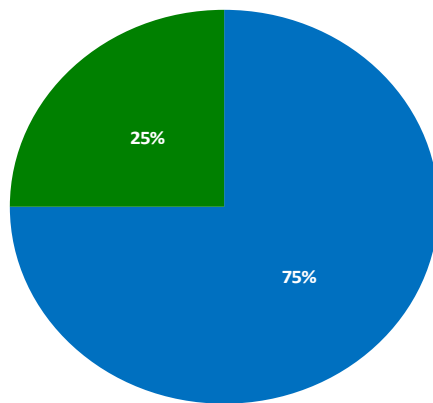
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the event meet your objectives?



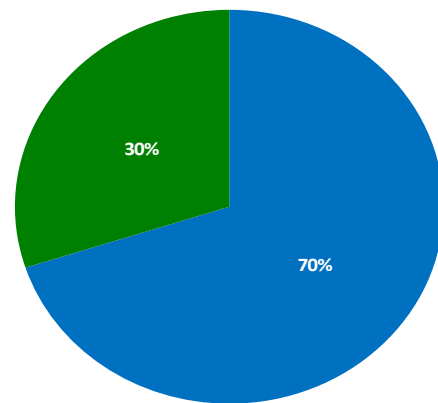
■ Most certainly ■ Certainly ■ Just about ■ Limited ■ Not at all

How would you rate the academic standard of the competition?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

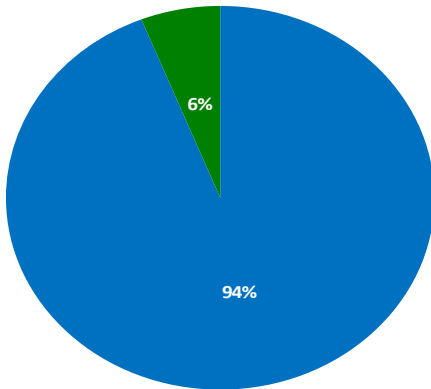
How would you rate the usefulness of the competition to your learning?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

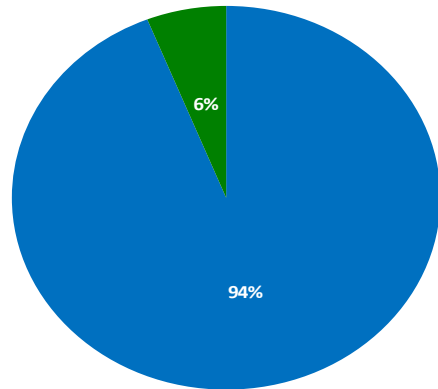
# Overall Feedback

The Bare Bone – Mr Keith Tamboowalla



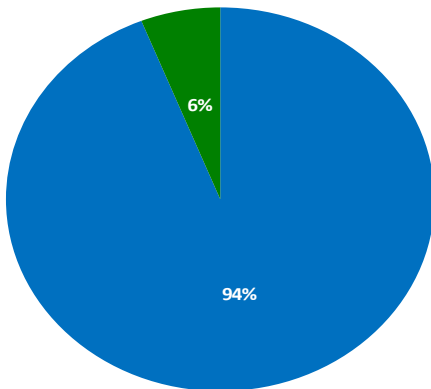
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop : Plaster Casting – Dr Ravi Patel



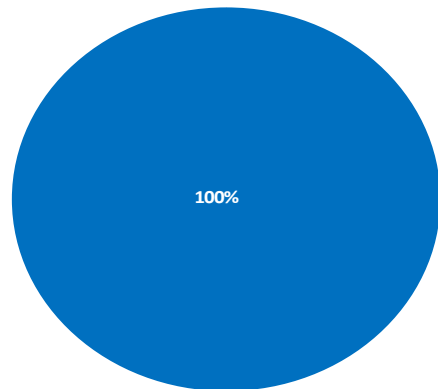
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop : Internal Fixation - Mr Nicholas Neal & Mr Keith Tamboowalla



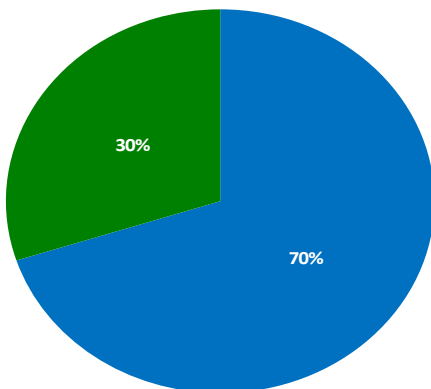
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop : External Fixation - Mr Salman Sadiq



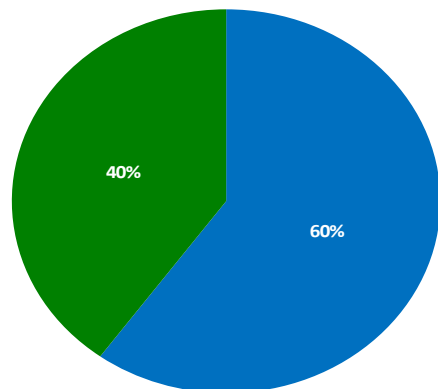
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop : Tendon Repair - Dr Shahjahan Aslam



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

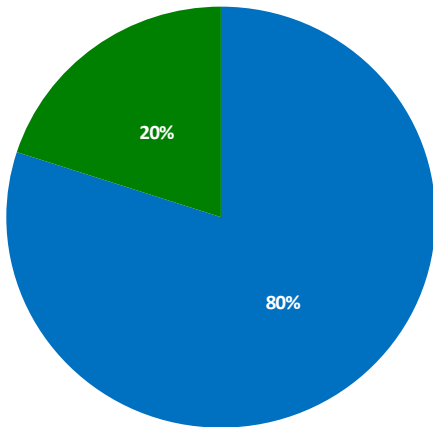
Workshop : Flap design – Ms. Vanessa Msosa



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

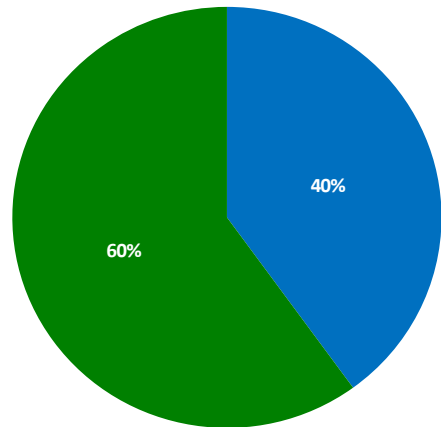
# Overall Feedback

How were the facilities and venue?



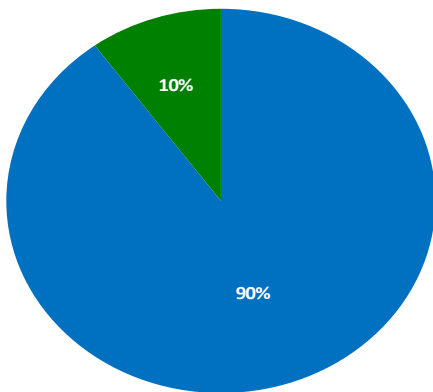
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments and lunch?



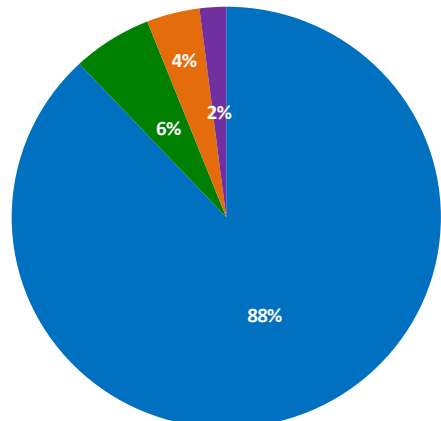
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



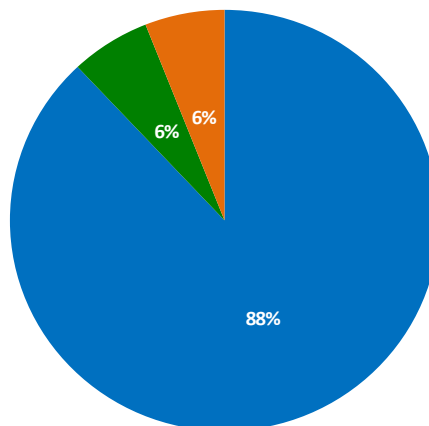
■ Very friendly ■ Friendly ■ Neutral  
■ Not very friendly ■ Can't comment

Would you recommend this event to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this event provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

## Individual Comments

All excellent and thoroughly enjoyed!

**MH**

***Keele University School of Medicine, Keele, UK***

Really amazing day and great insight into orthopaedics! All the tutors were lovely!

**AA**

***Keele University School of Medicine, Keele, UK***

Great learning experience.

**AB**

***Keele University School of Medicine, Keele, UK***

I thought this was a fantastic opportunity to learn the practical skills involved in orthoplastics, I particularly enjoyed tendon repair and plaster casting I thought these teaching sessions and demonstrations were excellent. I am a 4th year medical student in Shrewsbury studying MSK currently so this was very relevant to my current studies, and I am interested in pursuing plastic surgery so this was very relevant to my hopefully future career.

**AM**

***Keele University School of Medicine, Keele, UK***

It was a great experience and very relevant to the medical course even as a first year content covered was things we had learnt in pre clinical years. Great event!

**CO**

***Keele University School of Medicine, Keele, UK***

Good teaching, good tutors. Organised very well.

**SS**

***Keele University School of Medicine, Keele, UK***

I was honestly impressed by how well the event ran and also found the topics discussed very interesting, it has helped me feel more determined to pursue orthopaedics as a speciality.

**AD**

***Keele University School of Medicine, Keele, UK***

I really enjoyed it and it was better than what I thought it was going to be.

**AM**

***Keele University School of Medicine, Keele, UK***



## Individual Comments

Really well organised event from start to finish! Very interactive with plenty of learning opportunities!

**KK**

***Keele University School of Medicine, Keele, UK***

Good to start gauging interest in specific areas of orthopaedics or plastics.

**AD**

***Keele University School of Medicine, Keele, UK***

Certainly an informative day, with lots of opportunities to learn and talk to people which is fantastic.

**AB**

***Keele University School of Medicine, Keele, UK***



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## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
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## Publications



[publications.doctorsacademy.org](http://publications.doctorsacademy.org)

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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

### Resources for:

- Medical Students
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- MRCS Exams
- General Surgery Exams
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