

**Cardiff MRCS Course (MANCHESTER):
Structured Revision for MRCS A**



Feedback - November 2019

Cardiff MRCS Course (MANCHESTER): Structured Revision for MRCS A

Basic sciences such as anatomy, physiology, pathology and microbiology are essential for developing a strong foundation in surgical training and for the understanding of its clinically applied aspects. As such, these subjects form an integral part in the MRCS A exam.

This intensive two-day course provided the attendee with an overview of basic physiological principles, consolidated the candidate's core and applied surgical knowledge in anatomy and relevant pathology, and provided a focused revision of pertinent topics as tested in the exam. The course took into consideration the recent changes to the MRCS A exam, with more emphasis on basic sciences – especially anatomy.

On Day 1, the emphasis was on basic and surgically applied anatomy (except head, neck and spinal cord), general pathology and burns. Day 2 covered head and neck anatomy, autonomic nervous system, spinal cord and lesions, embryology, cancer pathology, microbiology, trauma, principles of surgery and applied surgical sciences.

Course Information

Course Date:	16th and 17th November 2019
Venue:	Postgraduate Education Centre Manchester Royal Infirmary Manchester
Attendance:	29 Delegates
Aimed at:	FY1; FY2; CT1; CT2; ST1; ST2; SHO; Trust Grade; Staff Grade; Clinical Fellow
Course Fee:	£285.00



Course Programme

Day 1

SURGICAL AND APPLIED ANATOMY, GENERAL PATHOLOGY AND BURNS

0830 - 0840	Registration
0840 - 0850	Introduction and Format of the Exam
0850 - 1030	Brachial Plexus, Arm, Shoulder, Scapula, Back and Rotator Cuff (includes Upper Limb Nerve Injuries, Palsies and Shoulder Pathologies)
1030 - 1110	Cubital Fossa, Forearm, Flexor Retinaculum and Hand (includes Carpal Tunnel Syndrome, Ulnar Nerve Palsies, Hand Pathologies)

1110 - 1130 Break for Refreshments

1130 - 1230	Thoracic Wall; Mediastinum; Heart; Lungs; Oesophagus; Diaphragm; Vascular Anatomy (including Vascular Access)
1230 - 1300	General Pathology 1

1300 - 1340 Lunch

1340 - 1420	Transpyloric Plane, Anterior Abdominal Wall and Inguinal Region (includes Hernia and Scrotal Swellings)
1420 - 1440	Abdominal Anatomy; Hollow and Solid Organs
1440 - 1500	Pelvis and Perineum
1500 - 1530	Management of Burns

1530 - 1550 Break for Refreshments

1550 - 1630	Lumbar and Lumbosacral Plexus
1630 - 1715	Femoral Triangle, Thigh, Popliteal Fossa; Lower Leg, Ankle and Foot (includes Lower Limb Nerve Injuries, Palsies, Compartment Syndrome and Ankle Injuries)
1715 - 1800	General Pathology 2
1800 - 1830	Revision of Day 1 and Sample Questions
1830	End of Day 1

Course Programme

Day 2

HEAD AND NECK ANATOMY, EMBRYOLOGY, AUTONOMIC NERVOUS SYSTEM, SPINAL CORD, MICROBIOLOGY, CANCER PATHOLOGY, PRINCIPLES OF SURGERY, TRAUMA AND APPLIED SURGICAL SCIENCES

0830 - 0930 Skull Base, Cranial Nerves and Vasculature of the Brain

0930 - 1015 Scalp, Face, Mandible, Parotid, TMJ

1015 - 1030 Head and Neck Embryology

1030 - 1045 Break for Refreshments

1045 - 1130 Neck, Thyroid, Larynx, Pharynx, Tongue; Surgical Pathologies of the Neck

1130 - 1200 Pre-Operative Assessment

1200 - 1230 Post-Operative Management

1230 - 1300 Autonomic Nervous System, Spinal Cord and Spinal Cord Lesions

1300 - 1345 Lunch

1345 - 1430 Essential Topics in Microbiology

1445 - 1500 Management of Trauma; ATLS Principles

1500 - 1530 Head Injury; Neurophysiology

1530 - 1550 Break for Refreshments

1550 - 1610 Skin Cancers and Melanoma

1610 - 1630 Cancer of the Colon

1630 - 1645 Cancer of the Breast

1645 - 1700 Cancer of the Testis

1700 - 1730 Fundamentals of Wound Healing; Reconstructive and Plastic Surgery

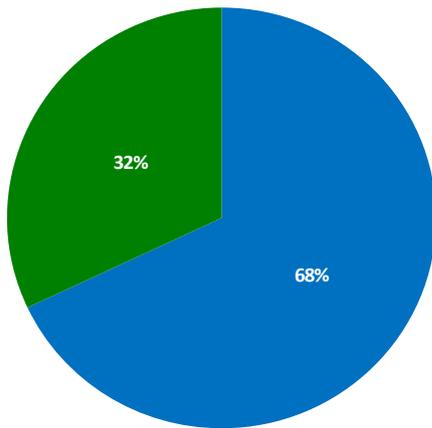
1730 - 1800 Principles of Local Anaesthetics; Sutures and Suture Materials

1800 - 1830 Vascular Surgery and Vascular Reconstruction

1830 - 1845 Summary and End of Course

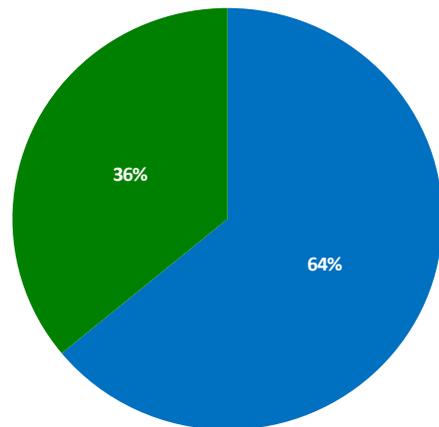
Overall Course Feedback

How was the content of the course?



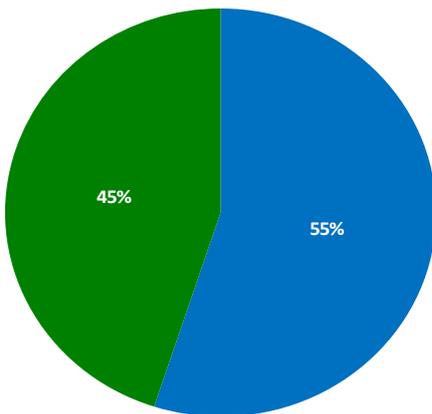
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the clarity of the lectures?



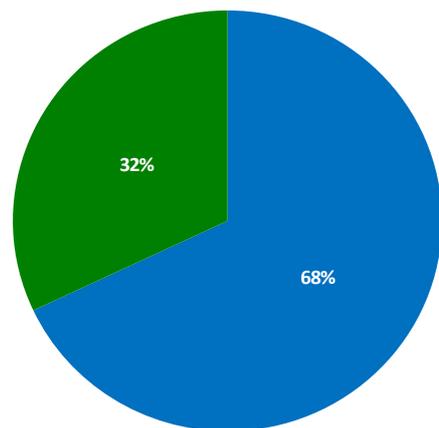
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Did the course cover the main topics you consider are important for the exam?



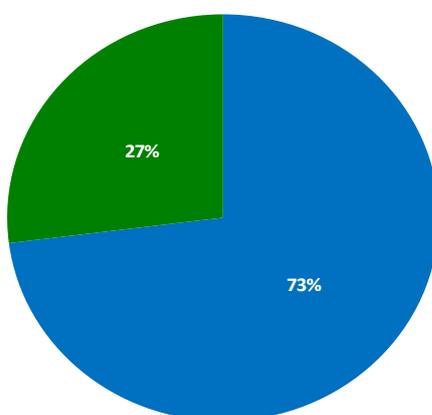
■ Most certainly ■ Certainly ■ Probably ■ A little ■ Not at all

Skull Base



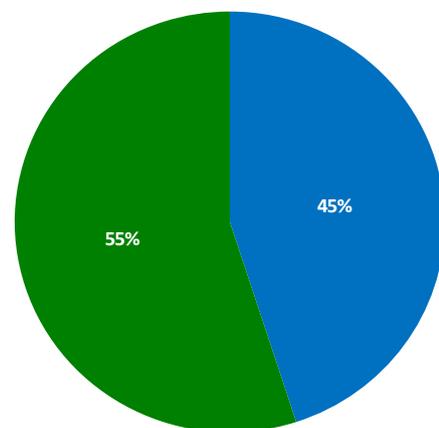
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Head and Face



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

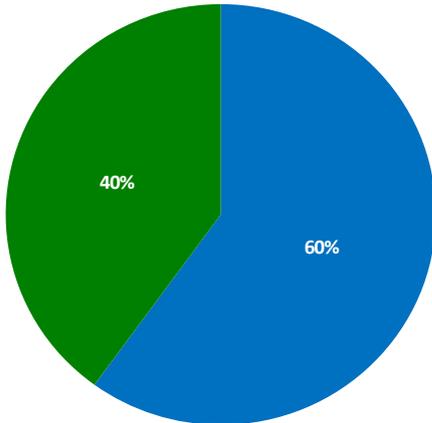
Neck



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

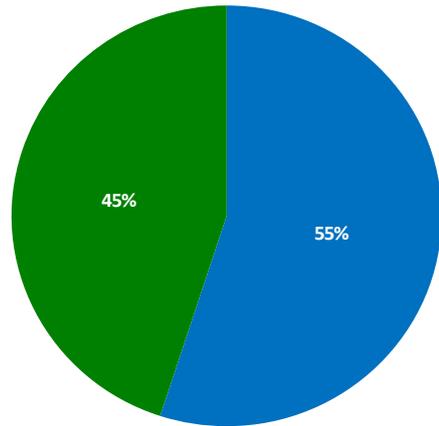
Overall Course Feedback

Thorax and Heart



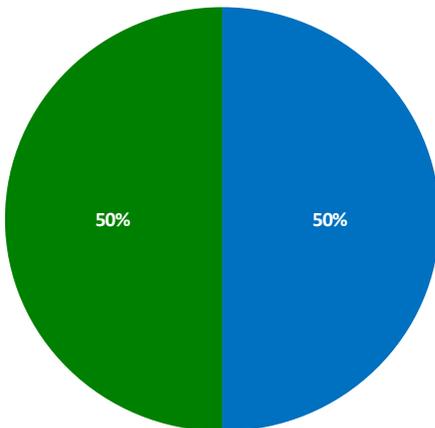
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Upper Limb



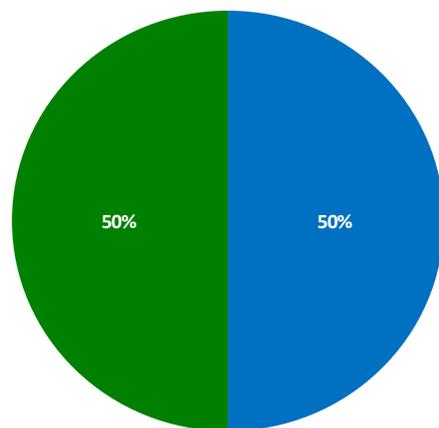
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Abdomen



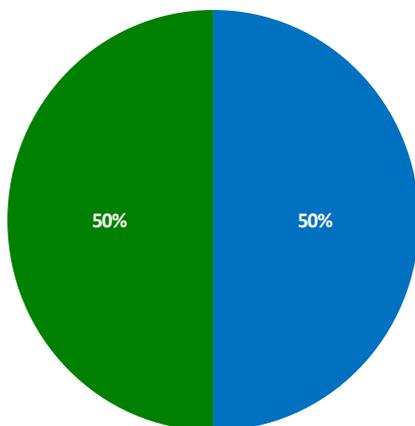
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Pelvis



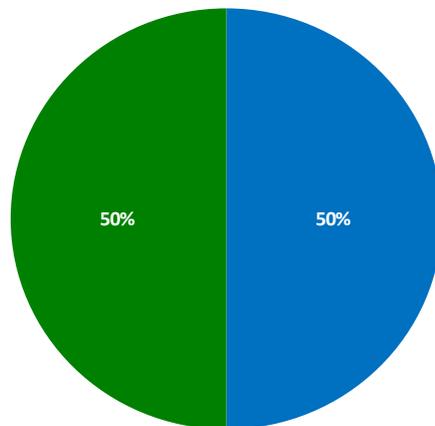
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Lower Limb



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

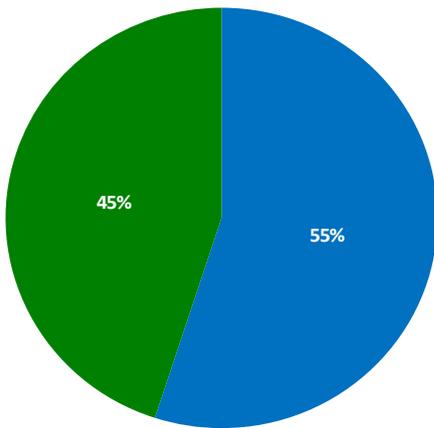
Spine and Spinal Cord



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

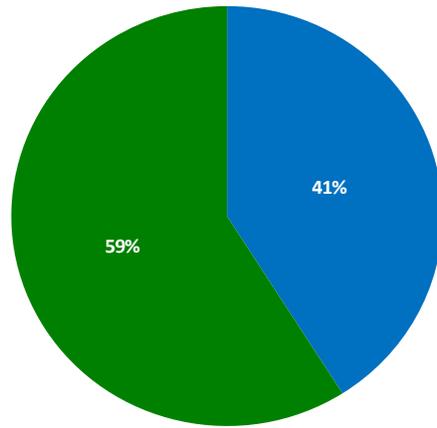
Overall Course Feedback

General Physiology



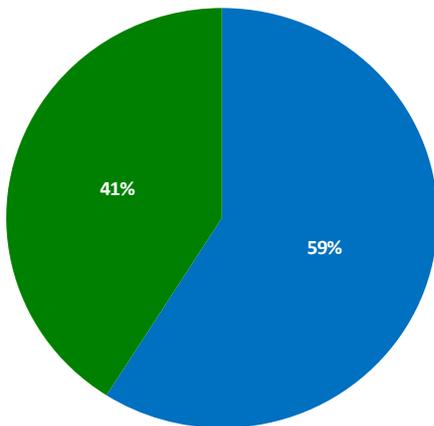
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

General Pathology



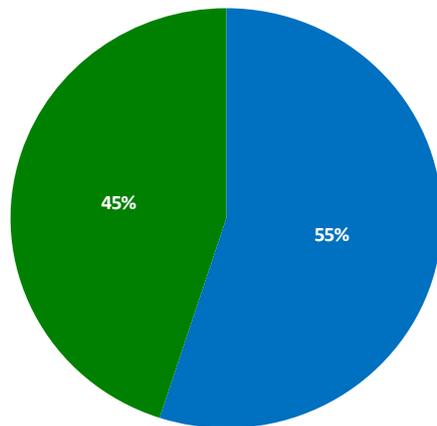
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Thyroid Pathologies



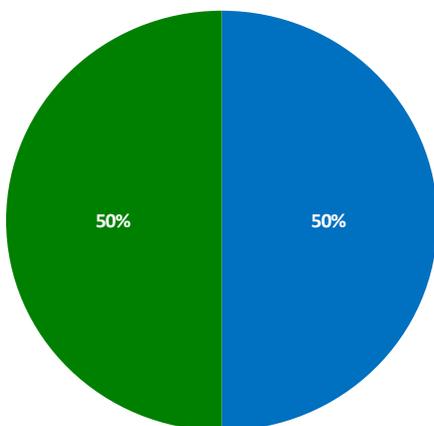
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Colorectal Pathologies



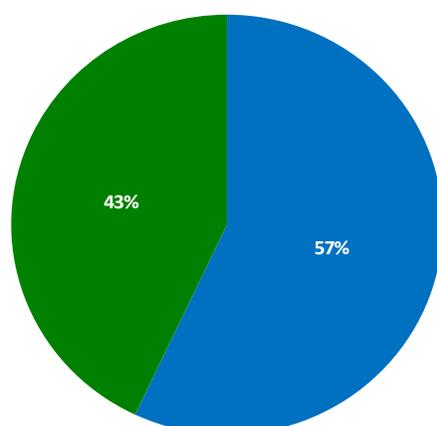
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Vascular Conditions



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

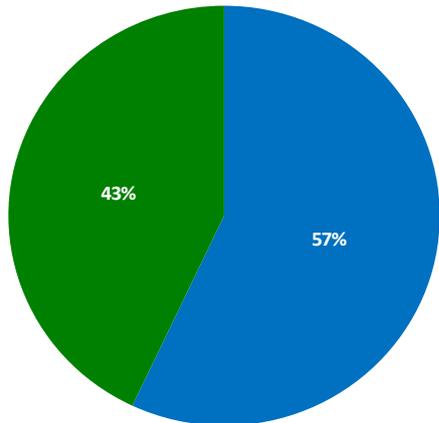
How useful were the mock tests?



■ Very beneficial ■ Beneficial ■ Neutral
■ Less beneficial ■ Of no benefit

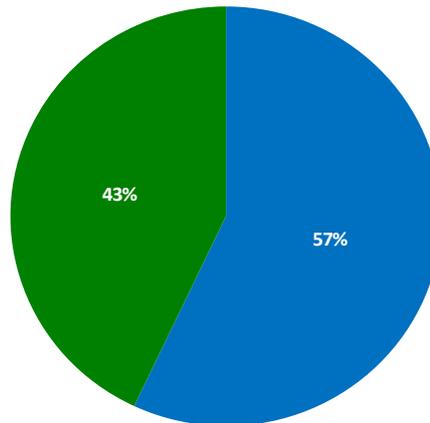
Overall Course Feedback

Did you find discussing topics in relation to sample questions beneficial?



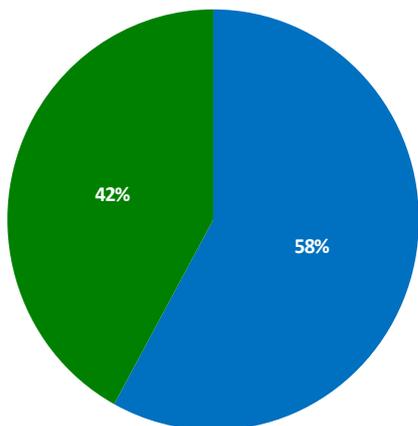
■ Very beneficial
 ■ Beneficial
 ■ Neutral
■ Less beneficial
 ■ Of no benefit

How were the facilities and venue?



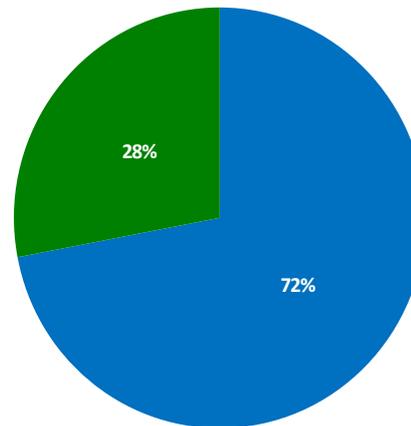
■ Excellent
 ■ Good
 ■ Neutral
 ■ Fair
 ■ Poor

How were the refreshments and lunch?



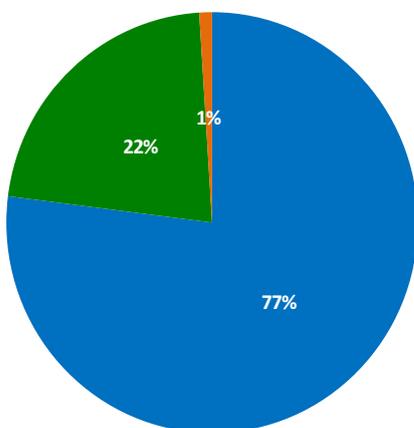
■ Excellent
 ■ Good
 ■ Neutral
 ■ Fair
 ■ Poor

How was the general friendliness of the faculty and organisers?



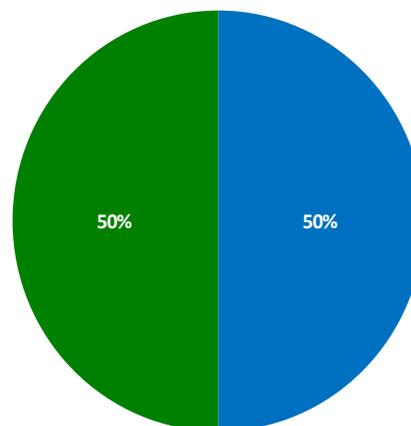
■ Very friendly
 ■ Friendly
 ■ Neutral
■ Not very friendly
 ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly
 ■ Certainly
 ■ Probably
 ■ Unlikely
 ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly
 ■ Certainly
 ■ Probably
 ■ Unlikely
 ■ Not at all

Individual Comments

It was quite intense, but it gave me a better idea of where to focus my studying. I would highly recommend it.

SM

Addenbrooke's Hospital, Cambridge, United Kingdom

Exceptional.

MB

Royal Victoria Hospital, Belfast, United Kingdom

The information was good, but it was densely packed. I would have preferred more interaction with the lecturer.

SY

Prince Charles Hospital, Merthyr Tydfil, United Kingdom

It was very good.

AK

Aintree University Hospital, Liverpool, United Kingdom

This was a useful course with a very knowledgeable presenter. Lots of information was provided in a rapid fashion.

CM

Southampton General Hospital, Southampton, United Kingdom

The course was very well organised; there was clear communication with the applicants. The teaching was targeted and the most important points for the exam were covered. The presentation and delivery were excellent. I believe this course was very relevant to the exam. Thank you.

SB

Mater Dei Hospital, Msida, Malta

This was a very beneficial course ideal for revision for the MRCS.

AA

University Hospitals of North Midlands NHS Trust, United Kingdom

This was a very intense course; it would have been useful to have had the presentations printed prior to the course.

MM

Scarborough General Hospital, Toronto, Canada

The questions were excellent, and some actually came up in the real exams.

HM

Klinikum Rechts der Isar, Munich, Germany

Individual Comments

This was an excellent course that was very helpful for exam preparation.

HO

Scunthorpe General Hospital, Scunthorpe, United Kingdom

It was excellent; all topics were relevant to the exam.

RF

Mater Dei Hospital, Msida, Malta

It was all very helpful in preparation for the Part A exam.

SC

Mater Dei Hospital, Msida, Malta

This was a great course covering major aspects of the exam. This was a great way to consolidate concepts or to kick start revision.

OS

University College London Hospitals NHS Foundation Trust, United Kingdom

This was a very useful course to attend that focused on high-yield topics.

PM

University Hospitals of Leicester NHS Trust, United Kingdom

This was an excellent course; it provided good value for money and was very useful preparation for the exam.

RC

Ulster Hospital, Dundonald, United Kingdom



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

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