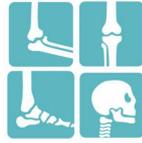


**SWOC 2022**  
12<sup>th</sup> February



**SWOC**

SOUTHWEST ORTHOPAEDIC  
VIRTUAL CONFERENCE

Saturday 12th Feb 2022



## South West Orthopaedic Conference 2022



Feedback - February 2022

## South West Orthopaedic Conference 2022

Following on from the success of last year's conference, SWOC 2022 was organised by medical students and doctors based at the Princess Elizabeth Orthopaedic Centre, Royal Devon and Exeter NHS Foundation Trust. The society sought to educate and inspire medical students, foundation doctors and aspiring surgeons to pursue a career in orthopaedics.

Due to the current COVID-19 pandemic this event was held in a virtual format. The morning consisted of lectures provided by specialists. The afternoon session provided delegates with the opportunity to participate in virtual breakout sessions. These involved case-based discussions of orthopaedic procedures and CV building workshops. This was followed by specialists discussing their own career paths and a question-and-answer panel. The day concluded with the presentation of awards for the best oral presentations. The feedback from previous conferences has been extremely positive. Delegates felt that the conference helped to further their passion for pursuing a career in orthopaedics.

### Course Information

<b>Course Date:</b>	<b>12<sup>th</sup> February 2022</b>
<b>Venue:</b>	<b>Virtual Event</b>
<b>Attendance:</b>	<b>52 Delegates</b>
<b>Aimed at:</b>	<b>Foundation Year Doctors, Medical Students</b>
<b>Conference Fee:</b>	<b>£5.00</b>



## Programme

0900 – 0915 Introduction and Welcome

0915 – 1000 Sports Injuries - Mr Christopher Smith

1000 – 1045 Future Health Africa - Reducing Inequity - Mr Christoph McAllen

**1045 – 1100**

**Break**

1100 – 1145 Diving Into Orthopaedics - Dr Hani El-Tair

1145 – 1230 Women in Orthopaedics - Ms Kimberley Shuttlewood

**1230 – 1315**

**Lunch/Oral presentation recordings**

1315 – 1515 Breakout Sessions A+B+C (40 mins each)

[Delegates will be split into 3 groups and will rotate between each session]

Case-based discussion 1 – Shoulder Surgery - Mr Oliver Stone

Case-based discussion 2 – Shared Decision Making - Mr Rangaraju Ramesh

Building your Surgical CV - with Core Surgical Trainees

**1515 – 1530**

**Break**

1530 – 1645 Why I chose a career in:

Spinal - Mr Oliver Stokes

Hip - Mr Al-Amin Kassam

Knee - Mr Jonathan Phillips

Shoulder - Mr Oliver Stone

1645 – 1715 Q+A Session

Mr Oliver Stokes

Mr Matthew Hubble

Prof Vikram Devaraj

Specialty Trainee Doctors

1715 – 1730 Close and Awards

## Faculty

### Speakers

**Mr Christopher Smith, MBChB, MD, PgCert MedEd, DipSEM, FRCS (Tr&Orth)**

Consultant Shoulder and Elbow Surgeon  
Royal Devon and Exeter NHS Foundation Trust.

**Mr Christoph McAllen, MBChB, FRCS (Orth)**

Consultant Knee Surgeon  
University Hospitals Plymouth NHS Foundation Trust.

**Dr Hani El-Tair, MD, Doctorate degree in Orthopaedics**

Consultant Orthopaedic Surgery and Sports Injuries  
Klinik Bad Windsheim.

**Ms Kimberley Shuttlewood, MBBS, BSc, MRCS**

Speciality Registrar in Trauma and Orthopaedics  
Royal Devon and Exeter NHS Foundation Trust.

**Mr Oliver Stone, MBBS, BSc (hons), Dip Surg Hand, Dip ST, AFHEA, MAcadMed, MFSTEd, FRCSed (Tr&Orth)**

Consultant Hand Surgery  
Royal Devon and Exeter NHS Foundation Trust.

**Mr Rangaraju Ramesh, MBBS, PgCert (Med Ed), FRCS(Tr&Orth)**

Consultant Shoulder and Elbow Surgeon  
Mount Stuart Hospital; Torbay and South Devon NHS Foundation Trust.

**Mr Al-Amin Kassam, MBBS, BSc (hons), FRCS (Tr&Orth)**

Consultant Hip Surgeon  
Royal Devon and Exeter NHS Foundation Trust.

**Mr Jonathan Phillips, MBChB, MSc, FRCS (Tr&Orth)**

Consultant Knee Surgeon  
Royal Devon and Exeter NHS Foundation Trust.

### Patrons

**Mr Oliver Stokes, MBBS, MSc, FRCS (Tr&Orth)**

Consultant Spinal Surgeon  
Royal Devon and Exeter NHS Foundation Trust.

**Mr Matthew Hubble, MBBS, FRCS, FRCSI, FRCS (Orth)**

Consultant Hip Surgeon  
Royal Devon and Exeter NHS Foundation Trust.

**Professor Vikram S Devaraj, MBChB, FRCS (Eng), FRCS (Plast), PGDip Clin Ed, SFHEA**

Associate Professor at The College of Medicine and Health  
University of Exeter.  
Consultant Plastic, Reconstructive and Hand Surgeon  
Royal Devon and Exeter NHS Foundation Trust.

## **Organising Committee**

### **Mr Shivang Burman**

Committee Co-chair  
Final Year Medical Student

### **Miss Hazel Awarah**

Committee Co-chair  
Final Year Medical Student

### **Miss Emma Williams**

Conference Secretary  
3<sup>rd</sup> Year Medical Student

### **Miss Miriam Beattie**

Breakout Session Coordinator  
Final Year Medical Student

### **Mr Mohammed Elhassan**

Breakout Session Coordinator  
Intercalating Medical Student (MSc Clinical Education)

### **Mr Will Drake**

Breakout Session Coordinator  
4<sup>th</sup> Year Medical Student

### **Miss Tirtha Rana**

Breakout Session Coordinator  
4<sup>th</sup> Year Medical Student

### **Mr Yousef El Ziki**

Lecture Coordinator  
Intercalating Medical Student (Master of Public Health)

### **Miss Anisia Jicol**

Lecture Coordinator  
4<sup>th</sup> Year Medical Student

### **Mr Lyuben Truykov**

Publicity Manager  
4<sup>th</sup> Year Medical Student

### **Miss Shivani Mahapatra**

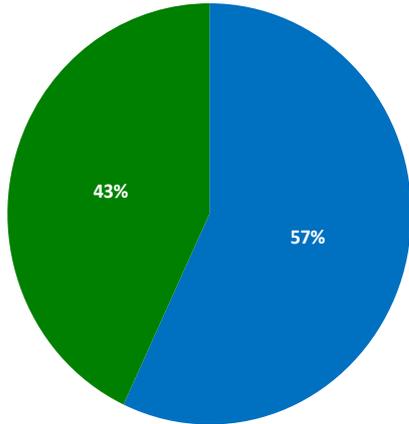
Publicity Manager  
Final Year Medical Student

### **Mr Abdullah Tahir**

Publicity Manager  
Final Year Medical Student

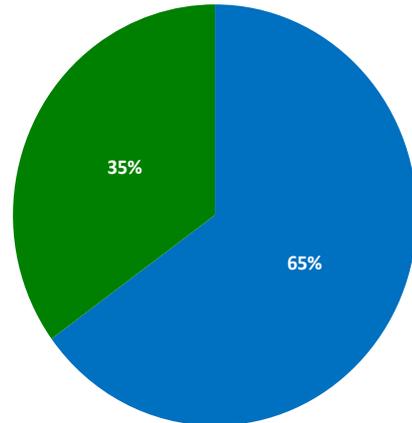
# Overall Feedback

How was the content of the conference?



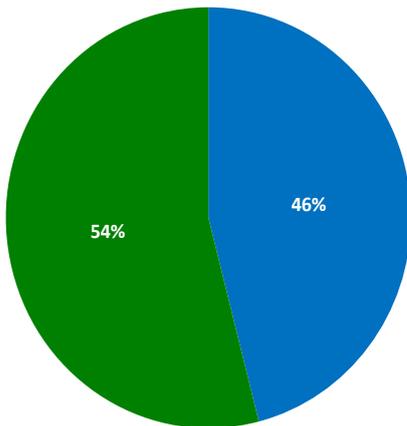
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



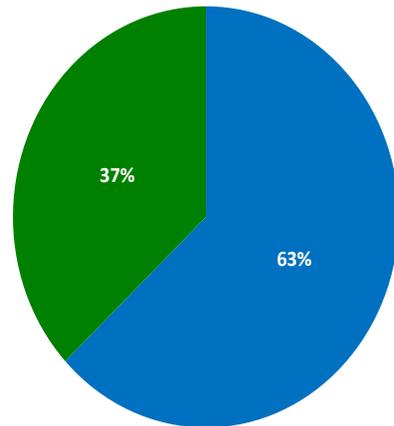
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Sports Injuries - Mr Christopher Smith



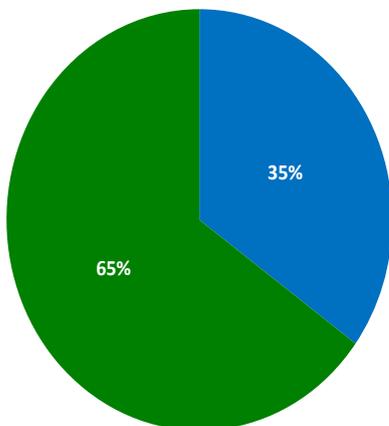
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Future Health Africa - Reducing Inequity - Mr Christoph McAllen



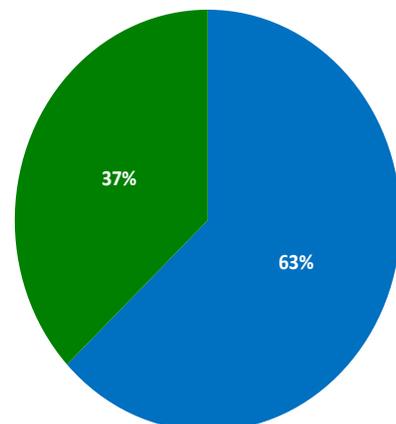
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Diving Into Orthopaedics - Dr Hani El-Tair



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

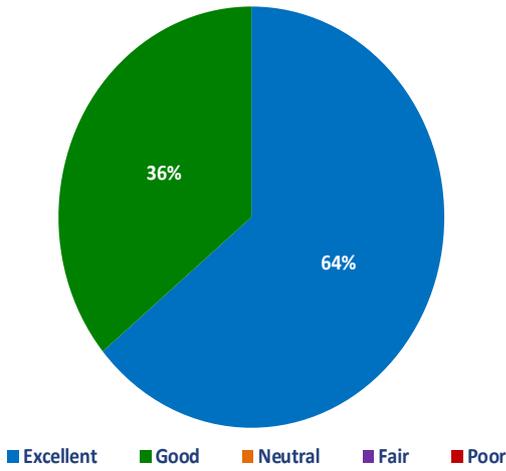
Women in Orthopaedics - Ms Kimberley Shuttlewood



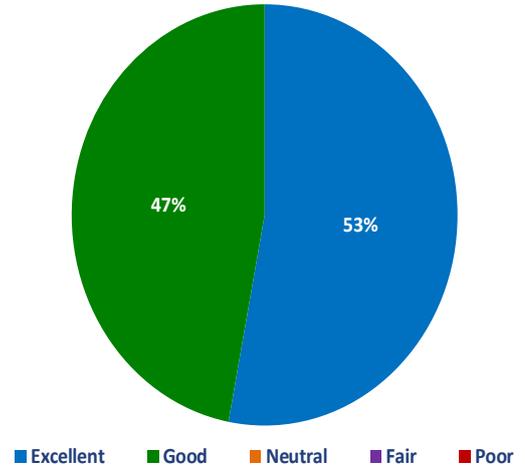
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# Overall Feedback

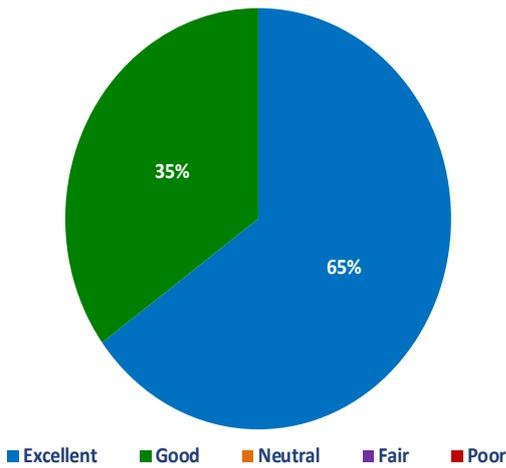
Case-based discussion 1 – Shoulder Surgery - Mr Oliver Stone



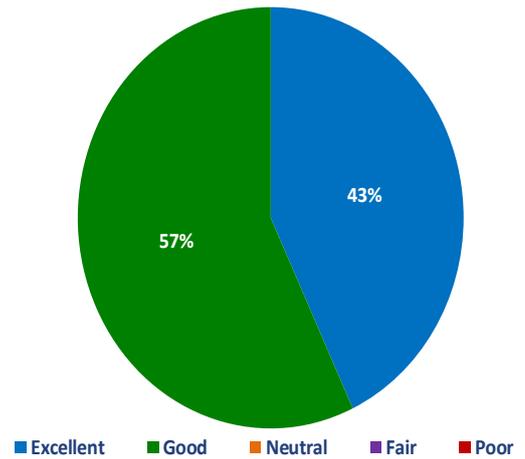
Case-based discussion 2 – Shared Decision Making on Arthritis - Mr Rangaraju Ramesh



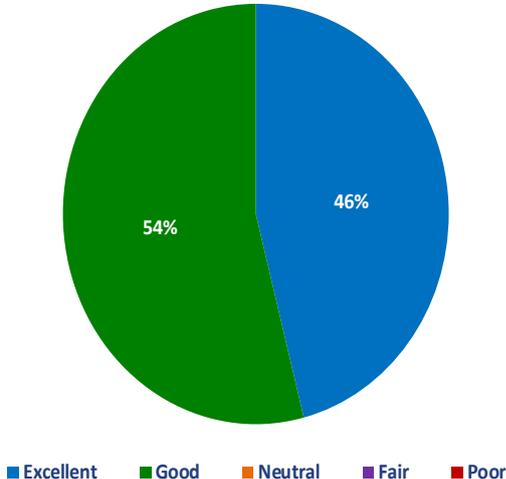
Building your Surgical CV - with Core Surgical Trainees



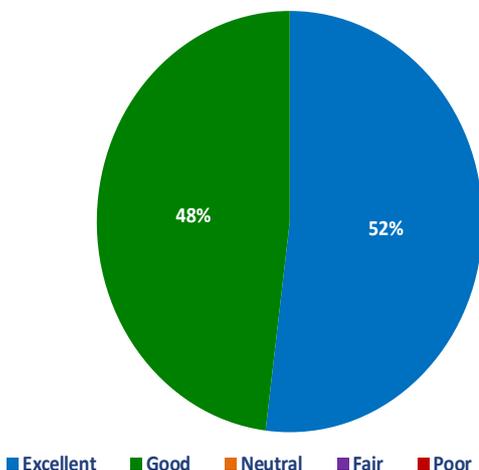
Why I chose a career in: Spinal - Mr Oliver Stokes



Why I chose a career in: Hip - Mr Al-Amin Kassam

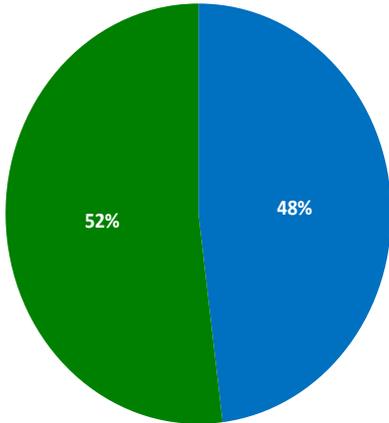


Why I chose a career in Knee – Mr Jonathan Phillips)



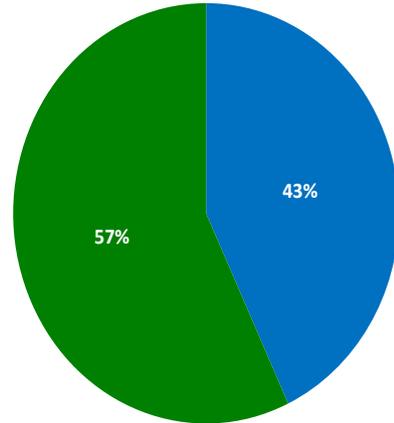
# Overall Feedback

Why I chose a career in: Shoulder - Mr Oliver Stone



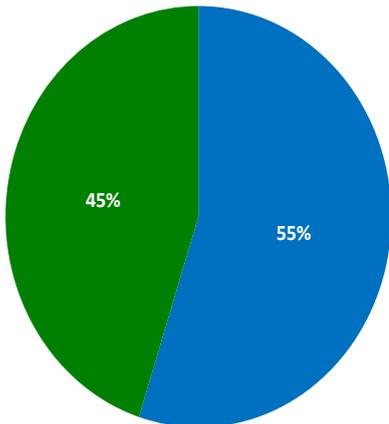
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Why I chose a career in: Interview-style Questions with Mr Phillips



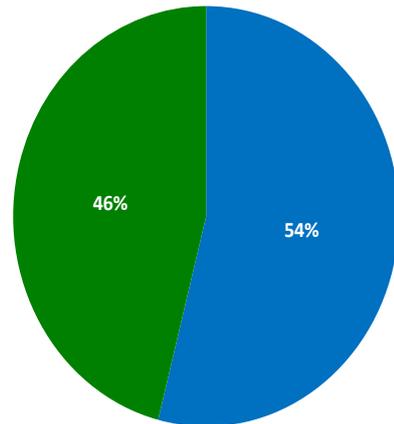
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Question and Answer Session - Mr Oliver Stokes



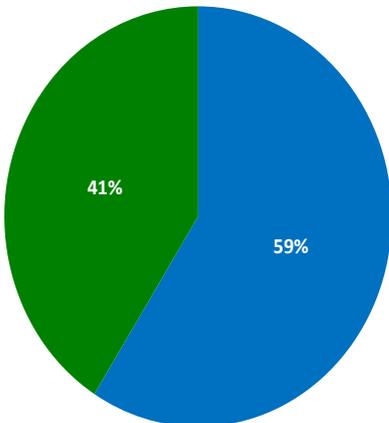
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Question and Answer Session - Mr Matthew Hubble



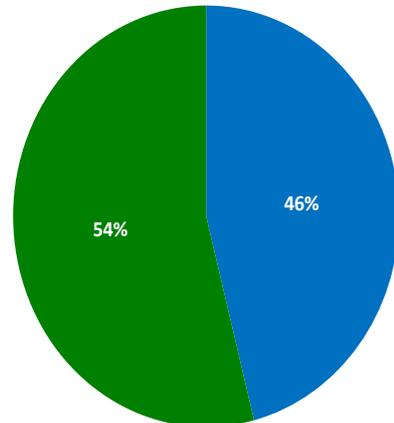
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Question and Answer Session - Prof Vikram Devaraj



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

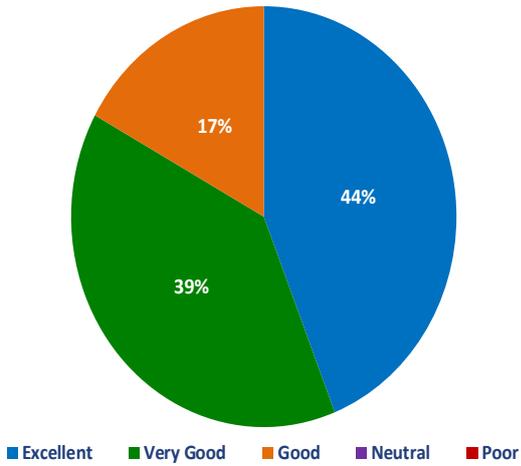
Question and Answer Session - Specialty Trainee Doctors



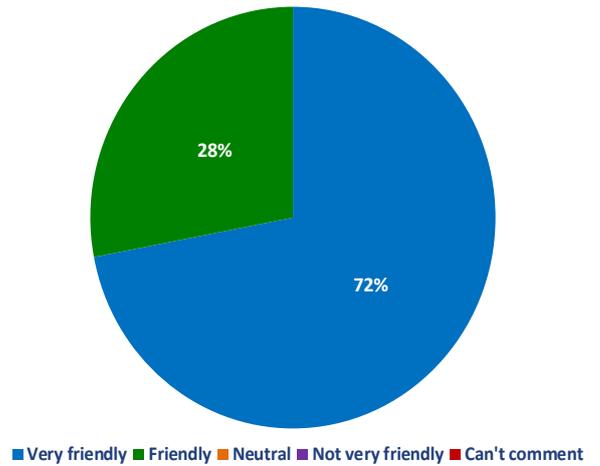
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# Overall Feedback

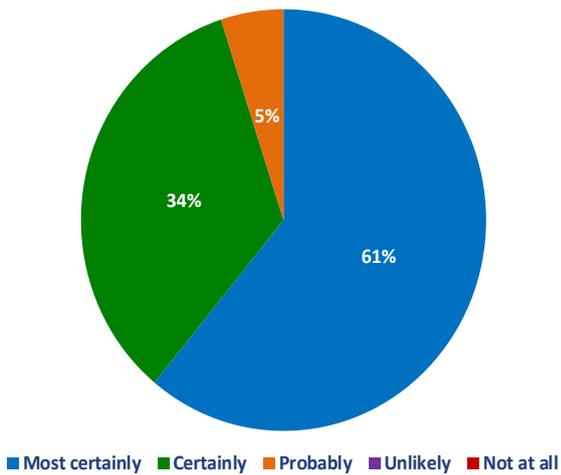
How would you rate the appropriateness of Zoom as the platform for this conference?



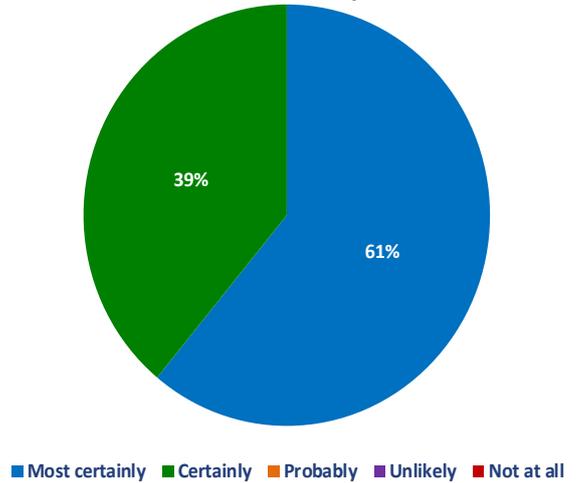
How was the general friendliness of the faculty and organisers?



Would you recommend this conference to a friend?



Do you think that this course provided good value for money?



## Individual Comments

All excellent.

**TD**

*University of Exeter Medical School, Exeter, United Kingdom*

Very good, right level, interesting.

**CJ**

*Plymouth University Peninsula Schools of Medicine and Dentistry, Plymouth, United Kingdom*

Very good.

**MS**

*Edinburgh Medical School, College of Medicine and Veterinary Medicine,  
University of Edinburgh, Edinburgh, United Kingdom*

Felt that all of the above were excellent, especially the organisation of the event and the standard and range of teaching.

**SA**

*University of Exeter Medical School, Exeter, United Kingdom*

Perfect.

**AK**

*David Tvildiani Medical University AIETI Medical School, Tbilisi, Georgia*

Very good talks.

**KP**

*Dorset County Hospital*

Very professionally done, all speakers were of a high calibre and very engaging. Pitched very appropriate to my level of study, but still aspirational and inspirational re: future practice.

**EW**

*Brighton and Sussex Medical School, Brighton, United Kingdom*

Very good day, lots of time spent into organising it, wide range of speakers.

**MW**

*Exeter, United Kingdom*

Well organised and variety of topic covered throughout the day. AS a 2nd Year gave be an insight into orthopaedics which i have not been exposed to yet.

**EM**

*King's College London, United Kingdom*

Excellent really impressed.

**ES**

*University of St. Andrews School of Medicine, St. Andrews, United Kingdom*

## Individual Comments

Very good and enjoyable and informative. The talk on military orthopaedics was by far the stand out and best lecture.

**SL**

***Bristol Medical School, University of Bristol, Bristol, United Kingdom***

It was good.

**SS**

***West China College of Medicine, Sichuan University, Chengdu, China***

Amazing, would go again.

**IS**

***University of Wollongong School of Medicine, Wollongong, Australia***

Really well organised and interesting lectures.

**HJ**

***Lister Hospital, Stevenage, United Kingdom***

Very well organised and covered a broad range of topics relevant to orthopaedics. Excellent teaching.

**EH**

***Plymouth University Peninsula Schools of Medicine and Dentistry, Plymouth, United Kingdom***

Really enjoyed it helped me understand more about a career in orthopaedics.

**CB**

***University of Liverpool Faculty of Health and Life Sciences, Liverpool, United Kingdom***

Amazing organisation and presentations were incredibly clear and interesting. The conference helped me explore orthopaedics as a medical student with little current exposure to the specialty.

**JC**

***University of Exeter Medical School, Exeter, United Kingdom***

As a second year medical student, I've not really had any clinical exposure or spoken to many doctors so this was really interesting to gain an insight into the life of an orthopaedic surgeon and to develop an understanding of the training pathway and what it entails. I really enjoyed it so thank you for organising the day.

**LG**

***University of Leicester College of Medicine, Biological Sciences and Psychology, Leicester, United Kingdom***

Couldn't fault it, very well organised, all excellent speakers and presentations and relevant to my studies.

**ED**

***University of Exeter Medical School, Exeter, United Kingdom***

## Individual Comments

Found it very insightful and relevant to me as I am seriously considering training in orthopaedics.

**KK**  
*Exeter University*

I thought it was very good, one of the better conferences I have attended.

**ZA**  
*University of Exeter Medical School, Exeter, United Kingdom*

It was very well organised and presented.

**TO**  
*Plymouth University Peninsula Schools of Medicine and Dentistry, Plymouth, United Kingdom*

The organisation was excellent, teaching was engaging, loved the poster presentations and how that was structured. Overall all the topics and speakers chosen did a great job and provided more insight into orthopaedics and different aspects that one should think about.

**TJ**  
*Bristol Medical School, University of Bristol, Bristol, United Kingdom*

Organisation was fantastic. Very professional and good variety of talks. Enjoyed the focus on various subspecialties and what it's like within Orthopaedics.

**WS**  
*University of Dundee School of Medicine, Dundee, United Kingdom*

Very good level of teaching. Some very interesting speakers from different experiences worldwide. Good presentations. Put my Orthopaedic rotation into perspective.

**SC**  
*Lister Hospital, Stevenage, United Kingdom*



# DOCTORS ACADEMY

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## Courses (a selection):

### Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



## Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
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## Online Revision Resources

DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

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- Medical Students
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- MRCS Exams
- General Surgery Exams
- Plastic Surgery Exams
- DOHNS Exams

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# [www.doctorsacademy.org](http://www.doctorsacademy.org)