



Surgical Skills Taster Event

(West Midlands Foundation Trainees' Surgical Society)

Feedback - March 2022

Surgical Skills Taster Event

(West Midlands Foundation Trainees' Surgical Society)

This half-day taster event provided attendees with the opportunity to experience a number of surgical skills that are relevant at a Foundation Year level. Attendees were able to sample the skills in order to become more familiar with the concepts that underpin them, providing them with the confidence to attend a full-day, intensive surgical skills course in the future.

Animal tissue was used to simulate human tissue as far as possible.

Delegates were able to choose to attend the morning session (0900-1230 hours) or the afternoon session (1300-1630 hours).

Skills Covered:

- o Knot Tying
- o Incision of Skin
- o Simple Interrupted Suturing
- o Horizontal and Vertical Mattress Suturing
- o Subcuticular Suturing
- o Excision of a Sebaceous Cyst
- o Flexor Tendon Repair
- o Simulated Laparoscopic Exercises

Course Information

Venue:	RCSEd Birmingham Regional Centre, 85-89 Colmore Row, Birmingham, B3 2BB
Date:	5th March 2022
Attendance:	35 Delegates
Aimed at:	Medical Students
Course Fee :	£15.00



Programme

0900-1230 hours

- 0845 - 0900 Registration
- 0900 - 0915 Welcome and Introduction
- 0915 - 0945 Introduction to Laparoscopy
- 0945 - 1045 Practical Session 1
Making a Skin Incision
Simple Interrupted Suturing
Horizontal Mattress Suturing
Vertical Mattress Suturing
Excision of Sebaceous Cyst
Knot Tying

Break for Refreshments

- 1115 - 1215 Practical Session 2
Subcuticular Suturing
Tendon Repair
Laparoscopic Skills
- 1230 End of Event

1300-1630 hours

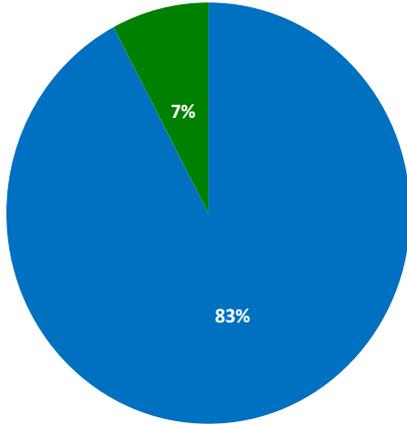
- 1245 - 1300 Registration
- 1300 - 1315 Welcome and Introduction
- 1315 - 1345 Introduction to Laparoscopy
- 1345 - 1445 Practical Session 1
Making a Skin Incision
Simple Interrupted Suturing
Horizontal Mattress Suturing
Vertical Mattress Suturing
Excision of Sebaceous Cyst
Knot Tying

Break for Refreshments

- 1515 - 1615 Practical Session 2
Subcuticular Suturing
Tendon Repair
Laparoscopic Skills
- 1630 End of Event

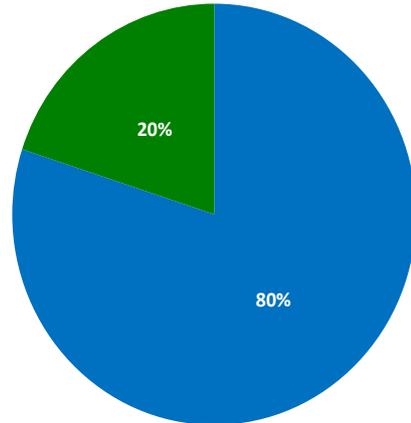
Overall Feedback

How was the content of the course?



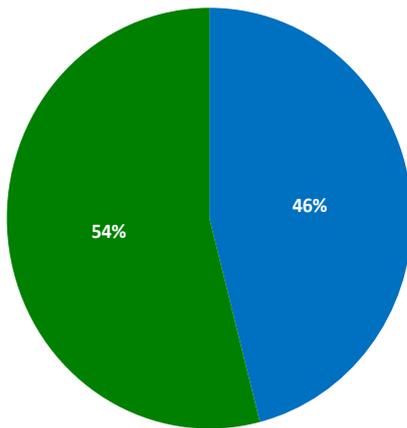
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the faculty?



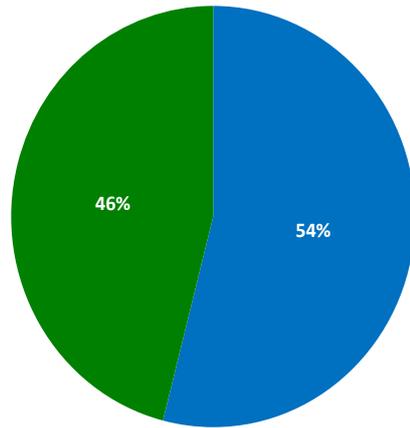
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Introduction to Laparoscopy Talk



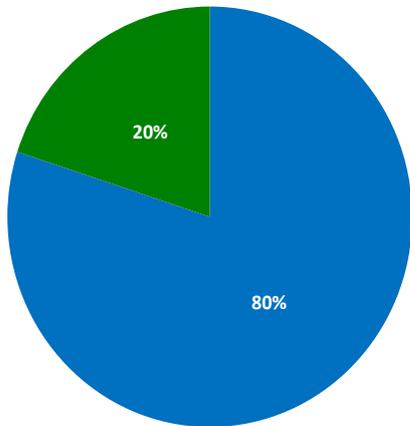
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Making a Skin Incision



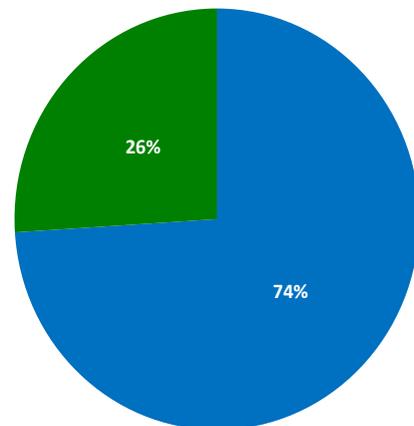
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Simple Interrupted Suturing



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

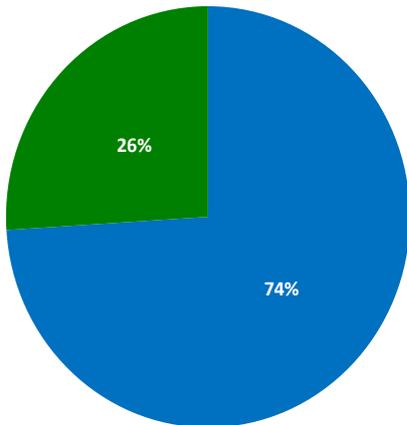
Horizontal Mattress Suturing



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

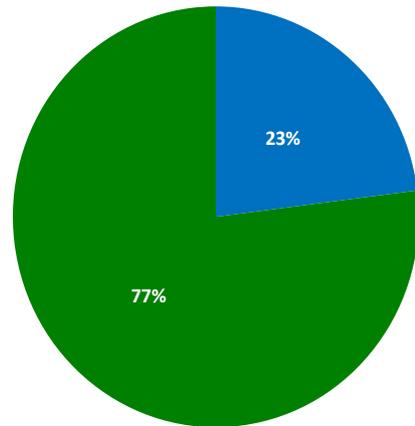
Overall Feedback

Vertical Mattress Suturing



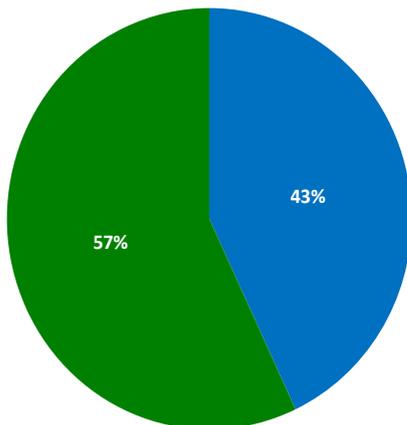
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Excision of a Sebaceous Cyst



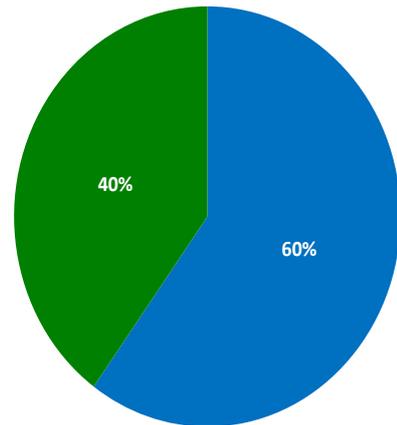
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Knot Tying



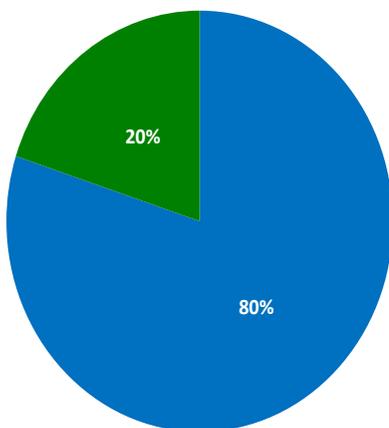
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Subcuticular Suturing



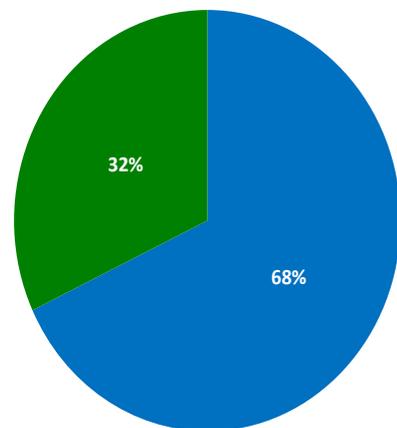
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Tendon Repair



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

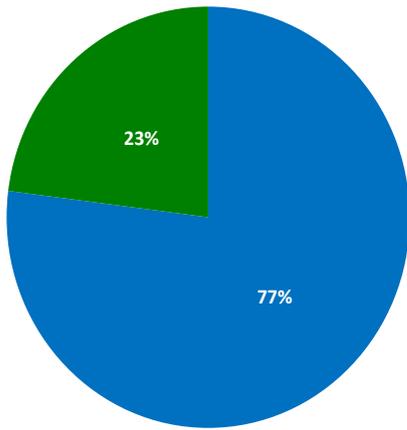
Laparoscopic Skills



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

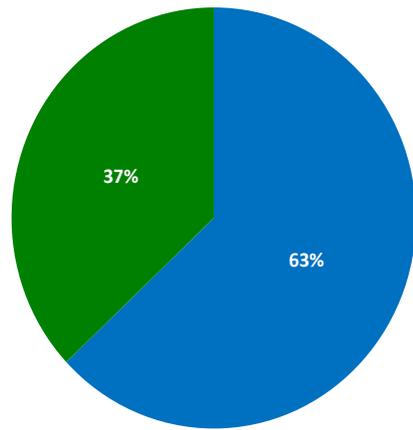
Overall Feedback

How were the facilities and venue?



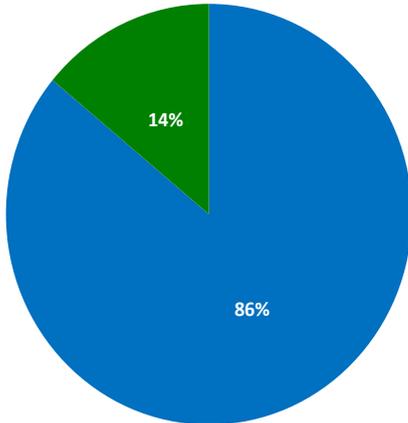
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the refreshments?



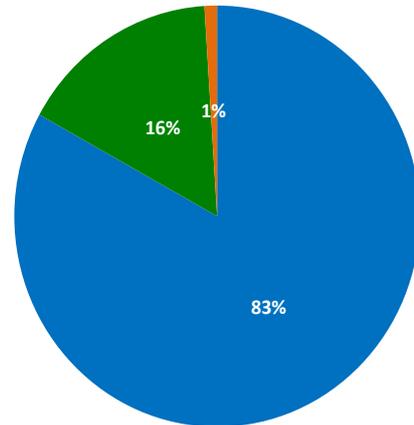
■ Excellent ■ Very Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



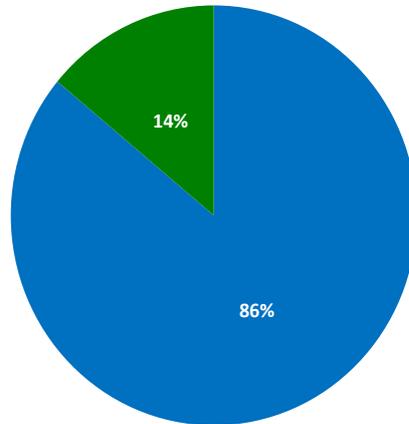
■ Very friendly ■ Friendly ■ Neutral ■ Not very friendly ■ Can't comment

Would you recommend this course to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this course provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

Fantastic course, will definitely be signing up to attend more of these courses in the future. The best value medical course I've ever attended.

CM
City Hospital

Very good course, professionally run and fun!

YM
Royal Stoke University Hospital, Stoke-on-Trent, UK

Great instructors, very useful teaching.

LS
Queen Elizabeth Hospital, Birmingham, UK

Provided a really good foundations and skills that can be taken to my next time in theatre. The info regarding suture thread types was also interesting to learn and something I had not know about before.

CA
Keele University, Keele, UK

Very enjoyable and high quality session. Feel like I've learned a lot.

KG
Walsall Manor Hospital, Walsall, UK

Perfect - thank you.

EK
Queen Elizabeth Hospital, Birmingham, UK

Very helpful.

AG
Princess Royal Hospital, Orrington, UK

Really useful session with opportunity to practice practical skills with supervision.

RB
New Cross Hospital, Wolverhampton, UK

Good presentation and introduction. Would have been better if there was a quick run through of how to perform the individual types of sutures.

DH
Queens Hospital, Burton, UK

Individual Comments

Thank you so much. Overall very useful.

FA

University Hospitals Coventry and Warwickshire, Warwickshire, UK

Really enjoyed it.

AZ

Leighton Hospital, Crewe, UK

Very well organised, good use of slides, good tutor:student ratio.

KP

New Cross Hospital, Wolverhampton, UK

Perfect for an FY1 looking to explore career options.

JM

South Warwickshire NHS Foundation Trust, UK

This was a fantastic session and I'm so glad I got to participate in it. The teaching quality was great and all the teachers had amazing patience. The topics chosen were highly relevant and useful exposure. Thank you so much for the event!

EA

University Hospitals Coventry and Warwickshire, Warwickshire, UK

Very good.

MH

Manor court hospital, Warwickshire, UK

Really useful, had opportunity to practice skills - more realistic, good range of skills learnt.

RB

New Cross Hospital, Wolverhampton, UK

Very good.

CA

Great for starter before FSS.

RP

Hull & York Medical School, Hull, UK



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Courses (a selection):

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- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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