

South West Orthopaedic Conference



Feedback - February 2019

South West Orthopaedic Conference

Following the success of the 2018 event, the South West Orthopaedic Conference took place on 9th February 2019. The conference aimed to further an understanding of and enthusiasm towards Orthopaedic Surgery in aspiring surgeons through a series of inspirational career development lectures, as well as practical, hands-on workshops. The day was divided into two distinct sections. The morning consisted of lectures from various orthopaedic surgeons, while the afternoon comprised of workshops which gave delegates the opportunity to practice their skills in hip replacement, surgical fixation, and basic suturing. Organised by a dedicated group of medical students, orthopaedic trainees and consultants, the conference was specifically tailored to meet the learning objectives of medical students and foundation doctors.

Course Information

Course Date:	9th February 2019
Venue:	Royal Devon & Exeter NHS Foundation Trust, Exeter
Attendance:	31 Delegates
Aimed at:	Medical Students Foundation Year Doctors
Faculty:	Surgeons
Conference Fee:	£15.00



Programme

0830 - 0900 **Registration**

0900 - 0910 **Welcome and Opening**

Mr Oliver Stokes, Consultant Orthopaedic Spinal Surgeon,
Royal Devon and Exeter Hospital

0910 - 0920 **Royal College of Surgeons of Edinburgh - Updates From The College**

Mr Neil Smart, Consultant Colorectal Surgeon and RSCEd Regional Surgical Advisor,
Royal Devon and Exeter Hospital

0920 - 0950 **History of the PEOC and Orthopaedics**

Mr Matthew Hubble, Consultant Hip Surgeon, Royal Devon and Exeter Hospital

0950 - 1020 **My Life in Orthopaedics**

Mr Raju Ramesh, Consultant Orthopaedic Surgeon, Torbay Hospital

1020 - 1045 **The Orthopaedic Training Pathway and Building Your CV**

Miss Rebekah Parkes, ST6 Senior Registrar in Trauma and Orthopaedics,
North Devon District Hospital

1045 - 1105 **Training Opportunities Overseas**

Mr Mike Anderton, Consultant Orthopaedic Spinal Surgeon,
Royal Devon and Exeter Hospital

1105 - 1120

Break - Tea and Coffee

1120 - 1210 **Why I Chose My Career In:**

Spinal Surgery

Mr Mike Anderton, Consultant Orthopaedic Spinal Surgeon,
Royal Devon and Exeter Hospital

Hip Surgery

Mr Al-Amin Kassam, Consultant Orthopaedic Hip Surgeon,
Royal Devon and Exeter Hospital

Knee Surgery

Mr Ben Waterson, Consultant Orthopaedic Knee Surgeon,
Royal Devon and Exeter Hospital

Shoulder Surgery

Mr Chris Smith, Consultant Shoulder and Elbow Surgeon,
Royal Devon and Exeter Hospital

Hand Surgery

Mr Oliver Stone, Consultant Hand Surgeon, Royal Devon and Exeter Hospital

Programme

1210 - 1235 What You Need to Know as a Junior Doctor - Emergency Management of Fractures and Trauma

Mr Toby Jennison, Registrar in Trauma and Orthopaedics,
Royal Devon and Exeter Hospital

1330 - 1415 Workshop: Delegates Choose From One of the Following:

Emergency Fracture Management
Hip Replacement
Plaster Casting
Fracture Fixation
Suturing and Knot Tying
Tendon Repair

1415 - 1500 Workshop: Delegates Choose From One of the Following:

Emergency Fracture Management
Hip Replacement
Plaster Casting
Fracture Fixation
Suturing and Knot Tying
Tendon Repair

1500 - 1515

Break - Tea and Coffee

1515 - 1600 Workshop: Delegates Choose From One of the Following:

Emergency Fracture Management
Hip Replacement
Plaster Casting
Fracture Fixation
Suturing and Knot Tying
Tendon Repair

1600 - 1645 Workshop: Delegates Choose From One of the Following:

Emergency Fracture Management
Hip Replacement
Plaster Casting
Fracture Fixation
Suturing and Knot Tying
Tendon Repair

1645 - 1700 Awards and Close

Mr Adrian Hughes, Consultant Foot and Ankle Surgeon, Royal Devon and Exeter Hospital

Faculty

Mr Oliver Stokes, MBBS, MSc, FRCS (Tr & Orth)

Consultant Spinal Surgeon

Royal Devon and Exeter NHS Foundation Trust

Mr Adrian Hughes, BMBS, MSc, FRCS (Tr & Orth)

Consultant Foot and Ankle Surgeon

Royal Devon and Exeter NHS Foundation Trust

Organising Committee

Miss Amy Pendrill

5th Year Medical Student, Committee Lead

Mr Alfie Ball

5th Year Medical Student, Committee Member

Mr Ian Mak

5th Year Medical Student, Committee Member

Miss Julia Gibb

5th Year Medical Student, Committee Member

Miss Alexis King

5th Year Medical Student, Committee Member

Mr Aurimas Kudzinskas

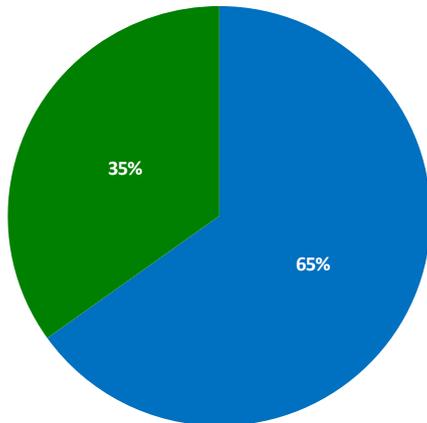
4th Year Medical Student, Committee Member

Miss Shivani Mahapatra

3rd Year Medical Student, Committee Member

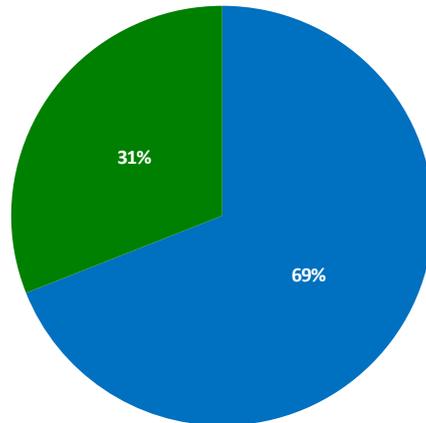
Overall Feedback

How was the content of the conference?



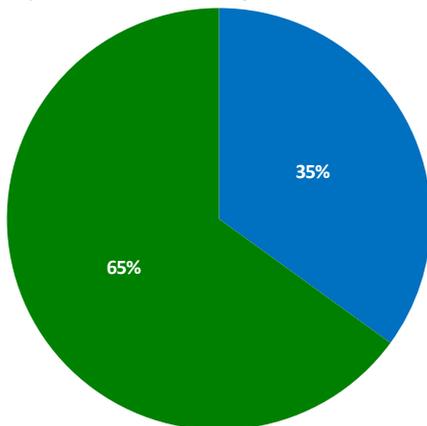
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



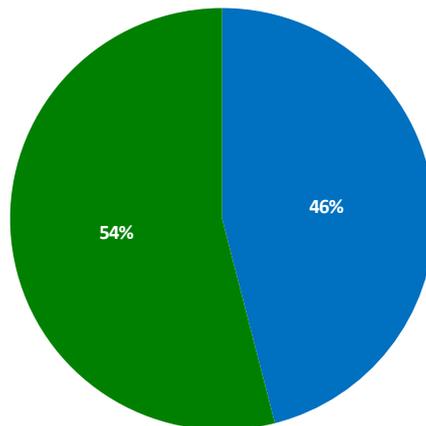
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Royal College of Surgeons of Edinburgh - Updates from the College - Mr Neil Smart



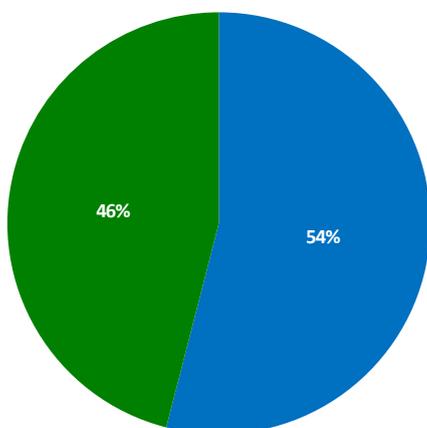
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

History of the PEOC and Orthopaedics - Mr Al-Amin Kassam



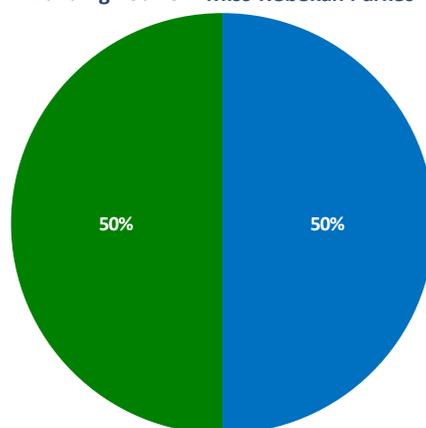
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

My Life in Orthopaedics - Mr Raju Ramesh



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

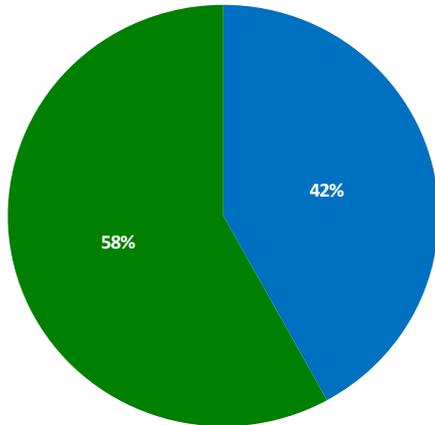
The Orthopaedic Training Pathway and Building Your CV - Miss Rebekah Parkes



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

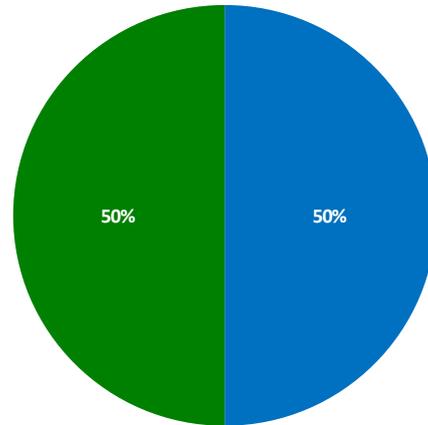
Overall Feedback

Training Opportunities Overseas - Mr Mike Anderton



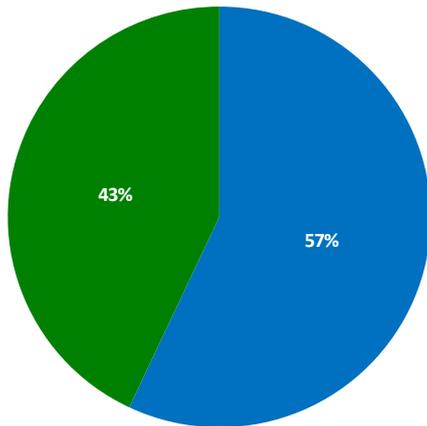
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Why I Chose My Career In: Spinal Surgery- Mr Mike Anderton



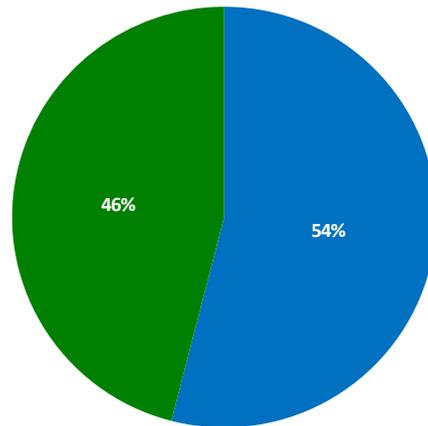
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Why I Chose My Career In: Hip Surgery- Mr Al-Amin Kassam



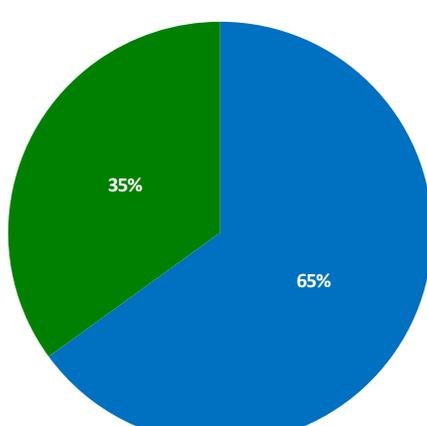
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Why I Chose My Career In: Knee Surgery- Mr Ben Waterson



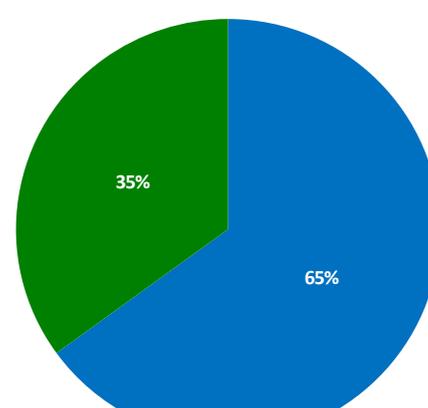
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Why I Chose My Career In: Hand Surgery- Mr Oliver Stone



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

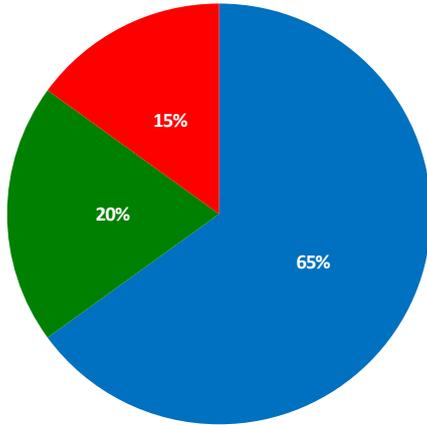
What You Need to Know as a Junior Doctor - Emergency Management of Fractures and Trauma - Mr Toby Jennison



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

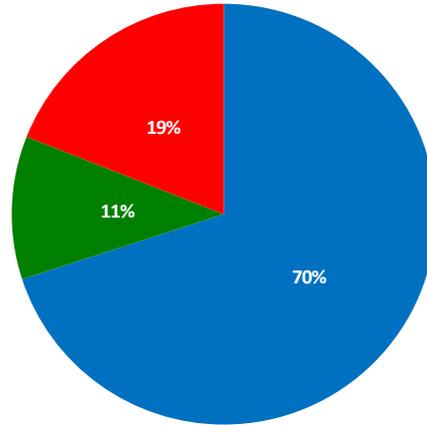
Overall Teaching Feedback

Workshop - Emergency Fracture Management



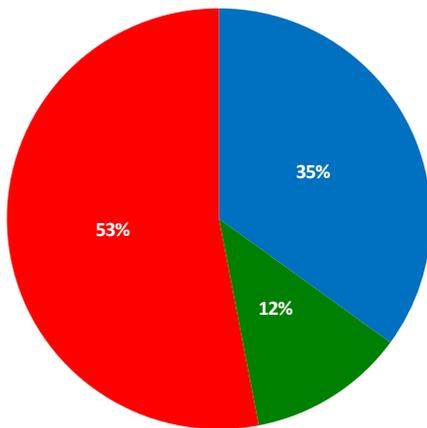
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not applicable

Workshop - Hip Replacement



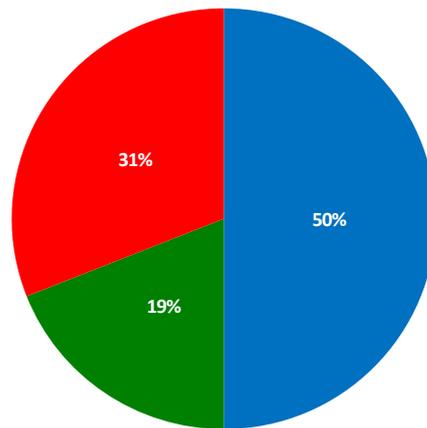
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not applicable

Workshop - Plaster Casting



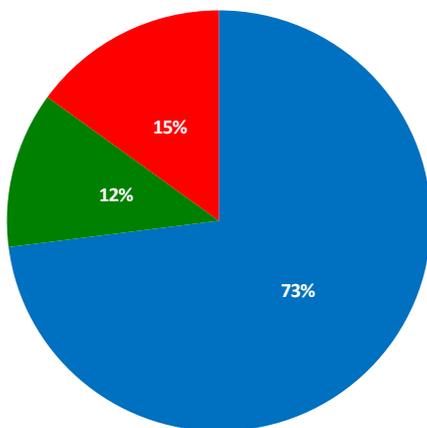
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not applicable

Workshop - Suturing and Knot Tying



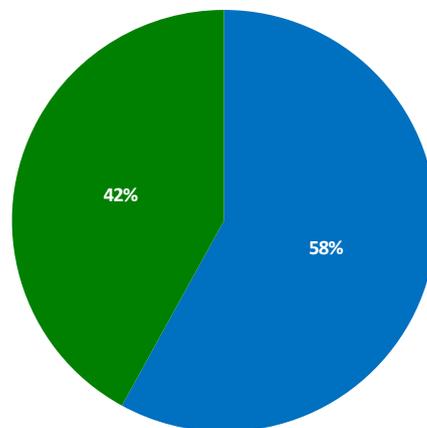
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not applicable

Workshop - Tendon Repair



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor ■ Not applicable

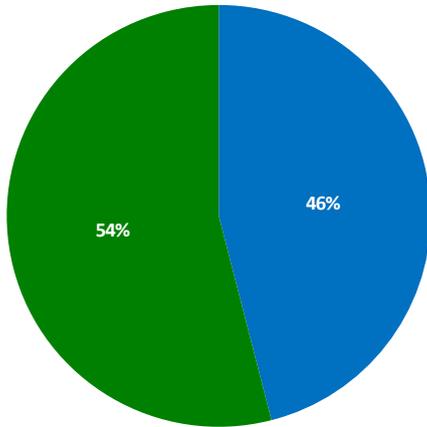
How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

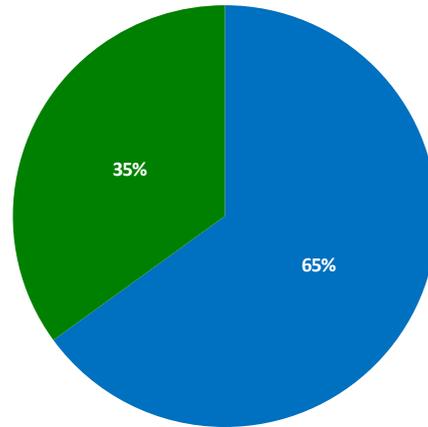
Overall Feedback

How were the refreshments and lunch?



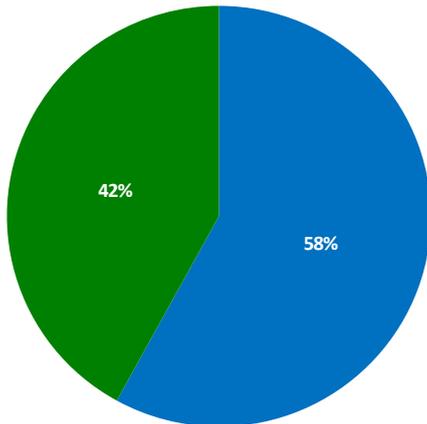
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How was the general friendliness of the faculty and organisers?



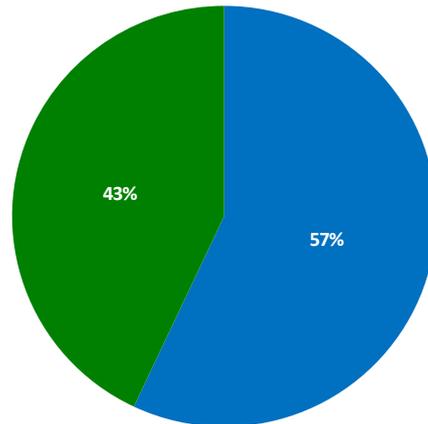
■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Would you recommend this conference to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this conference provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

I was incredibly impressed. The lit companies provided excellent opportunities and materials to get involved and the speakers clearly had a passion for what they do.

AD

University of Leeds School of Medicine, Leeds, UK

The organisation, teaching and presentations were all of a high standard. The presentations have really motivated me further to seek my ambition of being an orthopaedic surgeon.

AB

Cardiff University School of Medicine, Cardiff, UK

It was a worthwhile experience.

AM

Cardiff University School of Medicine, Cardiff, UK

It was very relevant. I had never thought of orthopaedics as a specialty I would like to do. It gave me more of an insight into it.

ED

University of Exeter, Exeter, UK

This was a fantastic opportunity to take part in workshops that aren't always available at other conferences.

JM

University of Exeter Medical School, Exeter, UK

I really enjoyed the afternoon workshops. I would have liked to know more about life as an orthopedic surgeon, i.e. how many hours are spent in the clinic, how many operating, what it's like on call etc.

EG

Plymouth University Peninsula Schools of Medicine and Dentistry, Plymouth, UK

Great.

VR

Brighton and Sussex Medical School, Brighton, UK

The workshops and teaching were excellent, with enough time for questions and general discussion too. The group sizes were perfect.

CT

University of Exeter Medical School, Exeter, UK

This was a very well organised event, with some fantastic workshops. Everything was very relevant and useful for future practice. All presentations were clear and delivered well.

ED

University of Exeter Medical School, Exeter, UK

Individual Comments

It was really well organised, with a really enjoyable, engaging and useful day, perfect for me as a 5th year student interested in orthopaedics as a career.

MM

University of Exeter Medical School, Exeter, UK

It was really fun and interesting.

AA

University of Exeter Medical School, Exeter, UK

It was very organized.

LU

Yeovil District Hospital, Yeovil, UK

Everything was well organised and the speakers were very informative.

CO

University of Southampton Faculty of Medicine, Southampton, UK

Overall, it was a well organised and informative conference. It furthered my passion for wanting to pursue a career in orthopaedics. It was very interesting to hear the individual speakers talking about their niche specialities and why they chose them. The practical sessions were engaging and due to the small groups, everyone had an opportunity to partake. It was a very enjoyable day!

DH

University of Exeter Medical School, Exeter, UK

It was organised and very useful for skill building.

SP

University of Exeter Medical School, Exeter, UK

I thought that everything was very well organised, the speakers were amazing and I think everything was very interesting as I find orthopaedics very interesting.

ER

University of Exeter Medical School, Exeter, UK

It was very well organised and it was a good opportunity to network with other students and meet doctors in a field that I am interested in. It was also very good to hear of the different journeys to becoming an orthopaedic surgeon and the practical workshops have enhanced my learning in my studies.

OA

University of Birmingham College of Medical and Dental Sciences, Birmingham, UK



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Courses (a selection):

Undergraduate:

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

Publications



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DoctorExams consists of 1000s of questions with detailed explanations in MCQ, EMQ, SBA and SAQ formats. Questions are written by the Doctors Academy group of experienced clinicians and clinical academics, with mock exams and feedback on performance included to aid a candidate's focused revision of topics. Based on past exams, these questions are carefully crafted to suit the requirements of undergraduate students & postgraduate trainees undertaking relevant speciality exams.

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