

South West Orthopaedic Conference



Feedback - March 2018

South West Orthopaedic Conference

Following the success of the 2017 event, the South West Orthopaedic Conference took place on 17th March 2018. The conference aimed to further an understanding of and enthusiasm towards Orthopaedic Surgery in aspiring surgeons through a series of inspirational career development lectures, as well as practical, hands-on workshops. The day was divided into two distinct sections. The morning consisted of lectures from various orthopaedic surgeons, while the afternoon comprised of workshops which will give delegates the opportunity to practice their skills in hip replacement, surgical fixation, and basic suturing. Organised by a dedicated group of medical students, orthopaedic trainees and consultants, the conference was specifically tailored to meet the learning objectives of medical students and foundation doctors.

Course Information

| | |
|---------------------|--|
| Course date: | 17th March 2018 |
| Venue: | Royal Devon & Exeter NHS Foundation Trust, Exeter |
| Attendance: | 45 Delegates |
| Aimed at: | Medical Students Foundation Year Doctors |
| Faculty: | Surgeons |
| Course fee: | £20.00 |



Course Programme

| Time | Title | Speakers |
|--------------------|--|---|
| 0830 - 0900 | Registration | |
| 0900 | Welcome | Mr Oliver Stokes |
| 0910 - 0940 | History of the PEOC and Orthopaedics | Mr Matthew Hubble |
| 0940 - 1010 | My life in Orthopaedics | Mr Daniel Chan |
| 1010 - 1035 | The orthopaedic training pathway and building your CV | Mr Al-Assim Kassam |
| 1035 - 1055 | Trauma: The Orthopaedic Perspective | Mr Adrian Hughes |
| 1055 - 1110 | Break | |
| 1110 - 1220 | Why I chose my career in: Knee surgery Hip surgery Spinal surgery Foot and Ankle surgery Shoulder surgery | Mr Jon Kosy Mr Jonathan Howell Mr Oliver Stokes Mr Adrian Hughes Mr Christopher Smith |
| 1220 - 1245 | Humanitarian surgery | Miss Lydia Longstaff |
| 1245 - 1340 | Lunch | |
| 1340 - 1500 | Workshops 1 + 2 | |
| 1500 - 1515 | Break | |
| 1515 - 1645 | Workshops 3+ 4 | |
| 1645 - 1655 | Sponsorship talk: BOTA | Miss Beth Dominguez |
| 1655 - 1705 | Awards and close | Mr Adrian Hughes |

Faculty

Mr Oliver Stokes, MBBS, MSc, FRCS (Tr & Orth)

Consultant Spinal Surgeon

Royal Devon and Exeter NHS Foundation Trust

Mr Adrian Hughes BMBS, MSc, FRCS (Tr & Orth)

Consultant Foot and Ankle Surgeon

Royal Devon and Exeter NHS Foundation Trust

Mr Daniel Chan

Consultant Orthopaedic Surgeon

Organising Committee

Mr Conor Jones

Miss Alexis King

Miss Praveena Deekonda

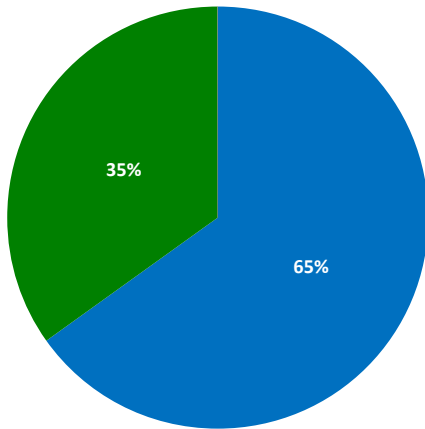
Miss Nataša Pasternak

Miss Inuri Patabendi

Mr Tobi Onafowakan

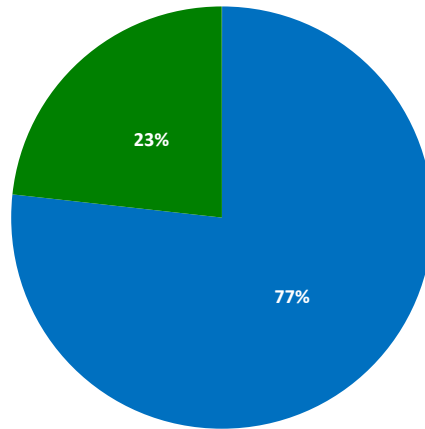
Overall Teaching Feedback

How was the content of the conference?



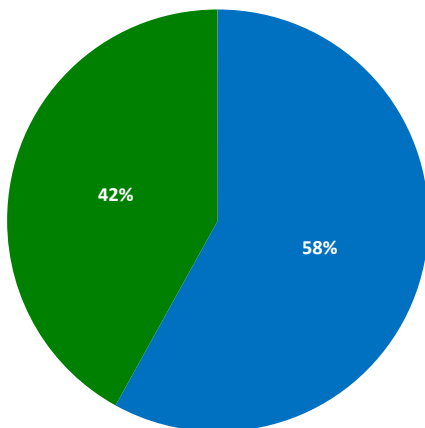
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How would you rate the general academic standard of the speakers?



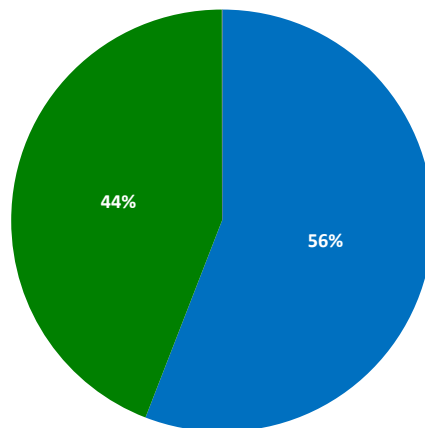
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History of Orthopaedics - Mr Matthew Wyatt



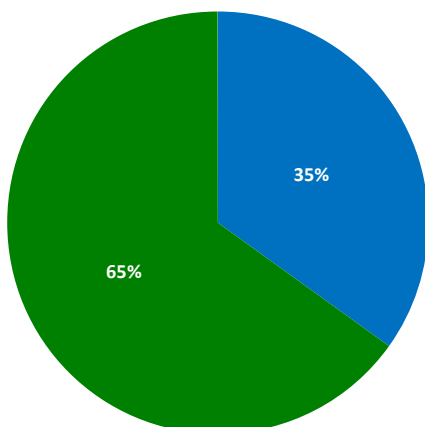
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My life in Orthopaedics - Mr Daniel Chan



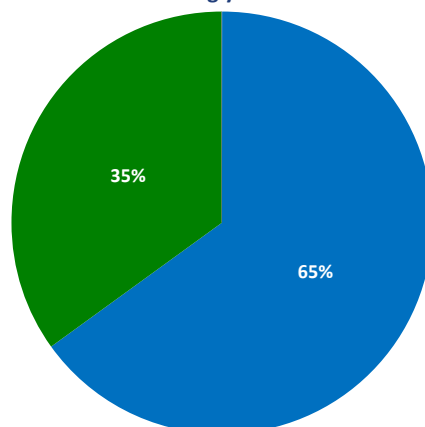
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Asit presentation



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

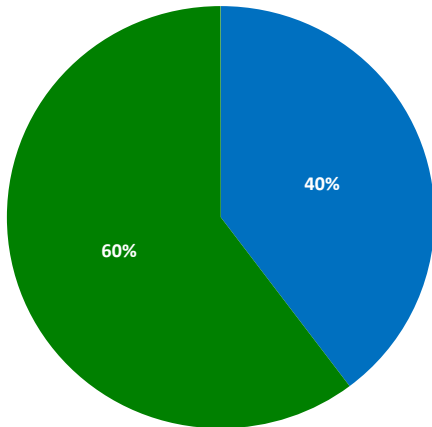
The orthopaedic training pathway and building your CV



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

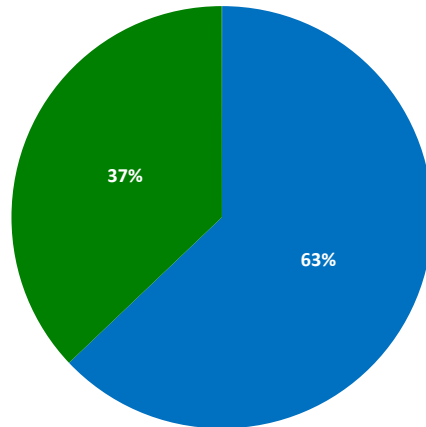
Overall Teaching Feedback

Improving patient outcomes through 50 years of innovation with the Exeter Hip



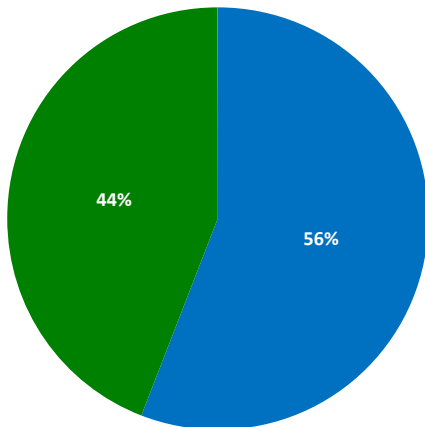
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Humanitarian Surgery - Miss Lydia Longstaff



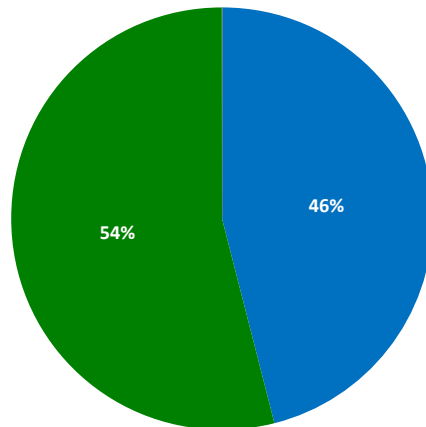
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Why I chose my career in: Knee surgery - Mr Andrew Toms



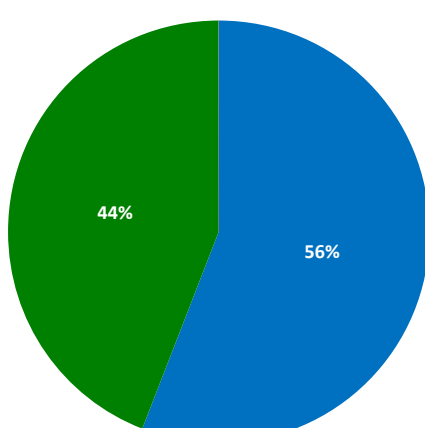
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Why I chose my career in: Spinal surgery - Mr Oliver Stokes



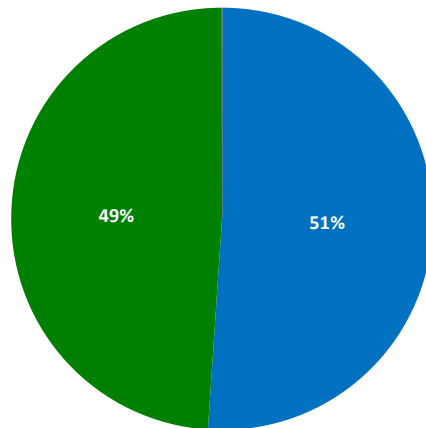
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Why I chose my career in: Foot and Ankle surgery - Mr Adrian Hughes



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

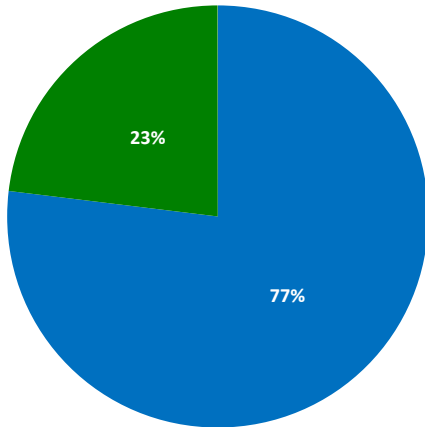
Why I chose my career in: Shoulder surgery - Mr William Thomas



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

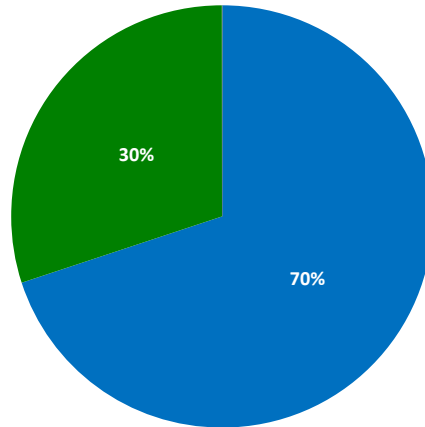
Overall Teaching Feedback

Workshop 1 - Total Hip Arthroplasty



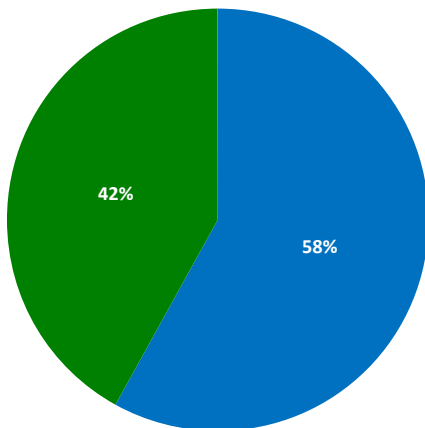
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Workshop 2 - Fracture Fixation



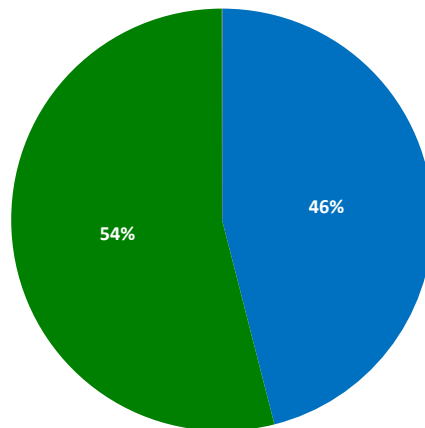
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop 3 - Suturing and Knot Tying



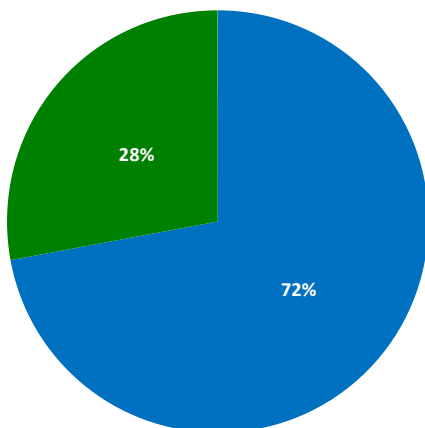
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

Workshop 4 - Plaster Casting



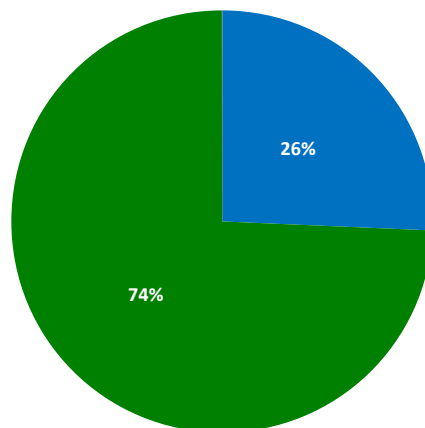
■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

How were the facilities and venue?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

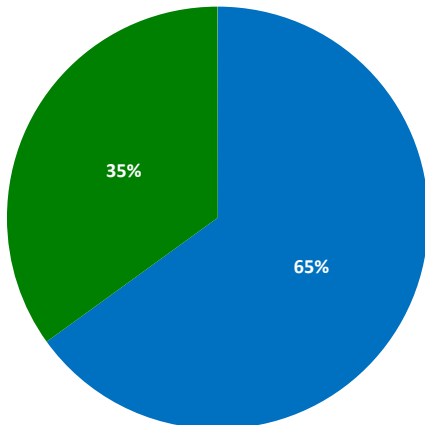
How were the refreshments and lunch?



■ Excellent ■ Good ■ Neutral ■ Fair ■ Poor

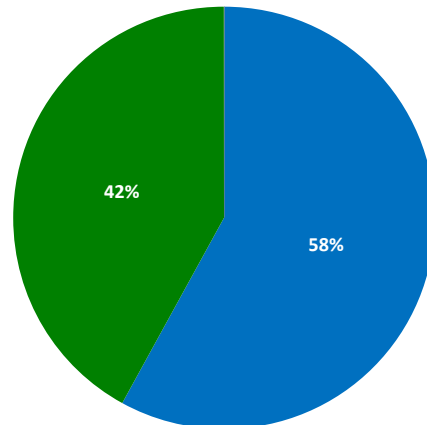
Overall Teaching Feedback

How was the general friendliness of the faculty and organisers?



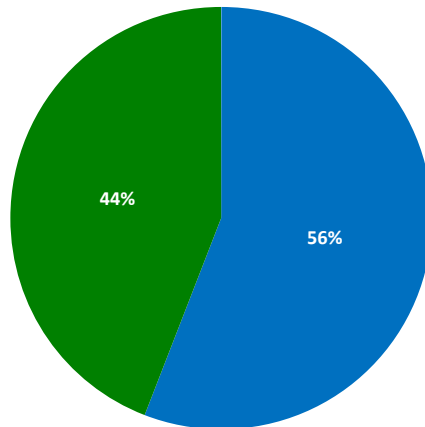
■ Very friendly ■ Friendly ■ Neutral
■ Not very friendly ■ Can't comment

Would you recommend this conference to a friend?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Do you think that this conference provided good value for money?



■ Most certainly ■ Certainly ■ Probably ■ Unlikely ■ Not at all

Individual Comments

The event was very well organised and detailed. Lectures were conducted by experienced clinicians and were easy to understand. Workshops were interactive enough and gave us enough time to practice.

RT
University of Exeter

Very well organised, good broad of subjects around Ortho, relevant to students with either an interest in the field or looking to find out more about the speciality.

HS
University of Exeter

Excellent.

OW
North Devon District Hospital, Barnstaple

The conference was well organised and the workshops were particularly valuable and useful.

RM
University of Exeter

It was really good.

FA
Plymouth University Peninsula Schools of Medicine and Dentistry

Very good.

WA
University of Exeter

Well organised. Knowledgeable speakers.

JY
University of Exeter

Very well organised and ran smoothly and on time. Speakers were all clear and interesting and engaged, clearly enjoyed being there (even though they had given up their Saturday). This was a really valuable conference to attend as it clarified uncertainties I had about a possible career in orthopaedics and has inspired me.

BS
University of Exeter

Individual Comments

A well structured and organised event giving insight into what a career in orthopaedics involves and requires. Presentations were engaging and interesting as well as containing some very valuable and useful information and guidance which may help one work towards a potential career in this field.

SA
University of Exeter

I really enjoyed the individual workshops, small groups meant more tutor to student contact. everyone was very friendly and the day was organised very well.

WM
University of Exeter

Very Good.

OA
University of Exeter

Very good performance from everyone overall.

IG
Derriford Hospital, Plymouth

The conference was very interesting and provided a great insight into what a career in orthopaedics may entail.

AB
University of Exeter

Very impressed.

CM
Brighton General Hospital, Brighton

Excellent content. It has made me want to pursue a career in orthopaedics.

DB
University of Exeter

Very good teaching. More aimed at medical students rather than junior doctors however tips for when applying was very useful.

CK
Torbay District General Hospital, Torquay

Good.

RG
University of Exeter

Individual Comments

The Presentations were globally fantastic. The conference has sparked my interest in orthopaedics as I have begun to learn the details about a life in the speciality. The workshops were a good short insight into the skill they were teaching. Thank you to all those involved.

JN

Plymouth University Peninsula Schools of Medicine and Dentistry

It was a very useful event. I especially enjoyed the practical teaching sessions although they seemed slightly rushed due to the time constraints.

SH

University of Exeter

I thought it ran very efficiently and all the talk were very engaging which was impressive! I really enjoyed the activities in the afternoon and think they will be useful in the future.

SR

University of Exeter

Good.

DD

Plymouth University Peninsula Schools of Medicine and Dentistry

Brilliant!

WA

University of Exeter

It was relevant, engaging and motivating. I have left the conference gaining greater interest in the field of orthopaedic surgery.

JK

Plymouth University Peninsula Schools of Medicine and Dentistry

I really enjoyed the day, it taught me a lot about a career in orthopaedics and greatly increased my enthusiasm for this career path.

RN

University of Exeter

Good conference.

DD

Plymouth University Peninsula Schools of Medicine and Dentistry

Very good.

PP

University of Exeter

Individual Comments

It was a good starting point to gain an insight into Orthopaedic surgery.

PS
University of Exeter

Overall, I thought that the conference organised very well. Speakers were all enthusiastic about their topics and chosen careers. The workshops were both fun and educational as well as informative. There were plenty of refreshments and it all was delicious.

VK
University of Exeter

Overall the conference was excellent. The speakers were inspiring and has given me a great insight in to a career in orthopaedics and how I can further my chances of entering the speciality.

JL
Plymouth University Peninsula Schools of Medicine and Dentistry

I think it gave me a really good insight into what orthopaedics can be like.

AK
University of Exeter

The conference gave me a very good insight of orthopaedic surgery, in which I will learn more in my future medical career.

AS
University of Exeter

All speakers were fantastic, really engaging and seemed really passionate about what they were saying.

NA
University of Exeter

Very informative conference. Provided invaluable insight into the world of orthopaedics Thank you very much to the organisers and speakers. All the lectures and Workshops were excellent with the professionals being both inspiring and informative. Would have absolutely recommend to a friend.

CO
University of Exeter

First time with Doctors Academy and SWOrtho conference. Overall was a very well run event that was informative and interesting.

DP
Plymouth University Peninsula Schools of Medicine and Dentistry



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- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



Forthcoming key events:

- **International Medical Summer School**
Manchester, 6th to 10th August 2018
- **International Academic and Research Conference**
Manchester, 11th August 2018
- **World University Anatomy Challenge**
Manchester, 9th and 10th August 2018

Publications



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