





# 4<sup>th</sup> Vascular Ultrasound Skills Course for Surgical Trainees

This one-day interactive course aimed to enhance the attendee's knowledge and clinical skills related to vascular ultrasound pertinent to day-to-day clinical practice. The morning session consisted of interactive discussions, whilst the afternoon session comprised of five practical stations during which the attendee gained valuable hands-on experience in ultrasound techniques that will be applicable in a clinical setting.

The attendee had opportunity to practise ultrasound skills on patients (simulated or real),as well as to visualise the normal vascular anatomy.

#### **Course Information**

Venue: Royal Stoke University Hospital,

Stoke-on-Trent

Date: 15<sup>th</sup> February 2025

Attendance: 16 Delegates

Aimed at: FY2; FY3; CT1; CT2; ST3; ST4;

Trust Grade Doctors; Non-Training Registrars

Course Fee: £100.00



# **Programme**

0900 – 0915	Arrival and Registration
0915 – 0930	Welcome
0930 – 1000	The Physics Behind Vascular Ultrasound Ms Helen Payne
1000 – 1030	Understanding Arterial Duplex Dr Chris Day

1030 – 1100	Coffee Break
1100 – 1130	Interpretation of Venous Ultrasound and Clinical Application  Mr Matthew Popplewell
1130 – 1200	Arteriovenous Assessment for AV Fistula Creation  Ms Helen Suttenwood

1200 – 1245	Lunch Break
1245 – 1600	Practical Sessions (5 x 40 mins)
	(A) Venous ultrasound assessment
	(B) Arterio-venous fistula Assessment and planning
	(C) Arterial Ultrasound assessment
	(D) Basic Doppler Skills (including ABPI and TBPI)
	(E) Introduction to Vascular Instruments.
1600 – 1615	Closing Remarks

# **Faculty List**

#### Course organisers:

Mr. Sui Wu Tee (Vascular Registrar)

Dr. Hemant Kumar (Core Surgical Trainee)

#### **Course Facilitator:**

### Mr. Sriram Rajagopalan

(Consultant Vascular Surgeon)

## Speakers:

#### **Dr Christopher Day**

Consultant Vascular Radiologist
University Hospitals of North Midlands

#### Ms Helen Payne

Senior sonographer and trainer

## **Mr Matthew Popplewell**

Consultant Vascular Surgeon
Dudley Group NHS Foundation Trust

#### Ms Helen Suttenwood

Senior Vascular Registrar

Dudley Group NHS Foundation Trust

#### **Workshop Faculty:**

#### Ms. Marvi Aloro

Vascular Clinical Nurse Specialist University Hospitals of North Midlands

#### Mr. Abdelrehman Farrag

Senior Vascular Registrar University Hospitals of North Midlands

### **Mr Antony Jaipersad**

Consultant Vascular Surgeon
University Hospitals of North Midlands

#### Ms. Ezinee Nwaomu

Diagnostic Radiographer University Hospitals of North Midlands

### Mr. Matthew Popplewell

Consultant Vascular Surgeon

Dudley Group NHS Foundation Trust

#### **Dr. Noman Qayyum**

Consultant Vascular Radiologist University Hospitals of North Midlands

#### Mr. Sriram Rajagopalan

Consultant Vascular Surgeon
University Hospitals of North Midlands

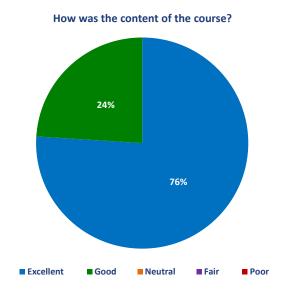
# Ms. Helen Suttenwood

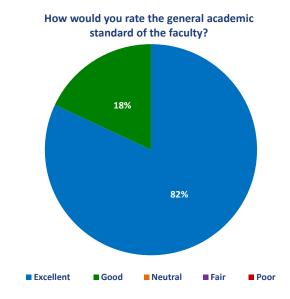
Senior Vascular Registrar
Dudley Group NHS Foundation Trust

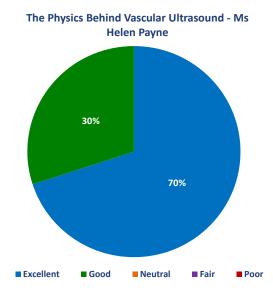
#### Mr. Bertrand Ugwuoke

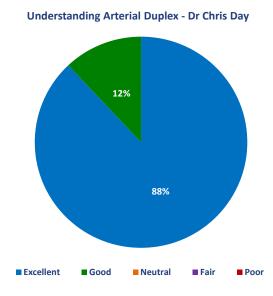
Advanced Practitioner in Ultrasound

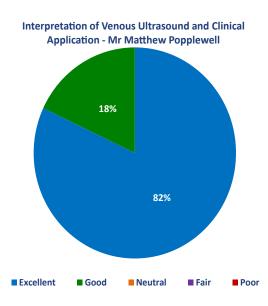
# **Overall Feedback**

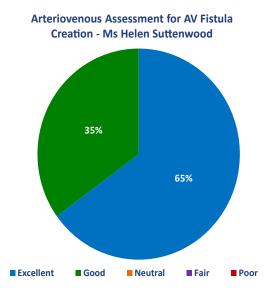




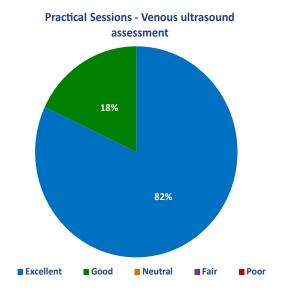


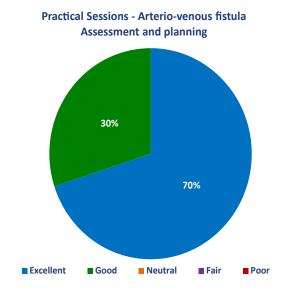


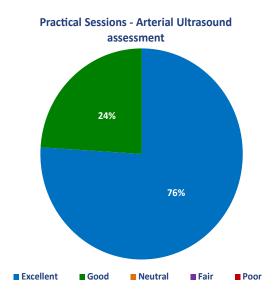


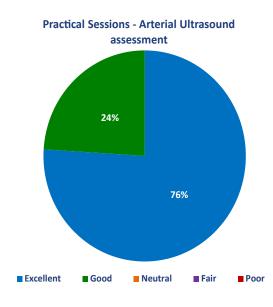


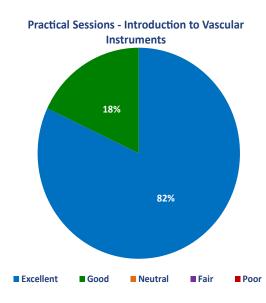
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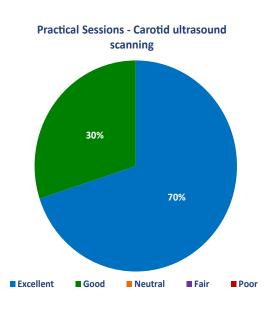




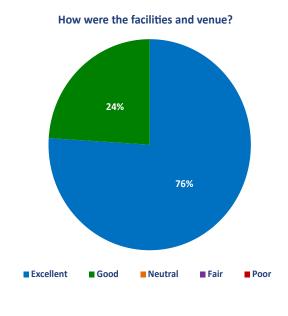


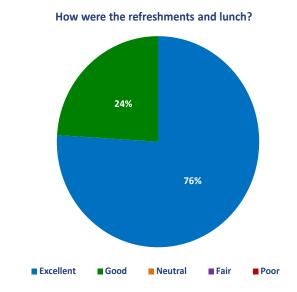


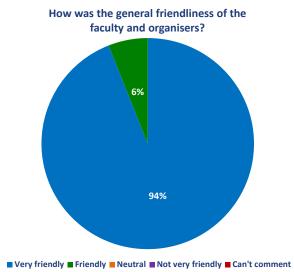




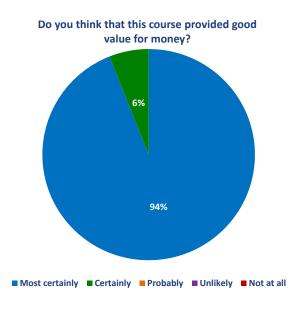
# **Overall Feedback**











# **Individual Comments**

Experience was great.

MZ

Wrexham Maelor Hospital, Wrexham, UK

Quite good.

SS

University Hospital of North Staffordshire NHS Trust, UK

It was great and very informative.

PL

University Hospital of North Staffordshire, Stoke on Trent, UK

Really great course in all aspects, well organised, friendly faculty, perfect level/depth of the lectures and really enjoyable and informative practical sessions, great to apply the practical skills to healthy volunteers and then patients with signs etc. Thanks very much, will be highly recommending to colleagues.

MC

Manchester Royal Infirmary, Manchester, UK

Overall, Very Good.

AA

University Hospital of North Staffordshire NHS Trust, UK

The teaching was well organised and sufficiently pitched. I had no experience with ultrasound prior to the course, however I feel confident using US in my day to day work now.

TK

Guy's and St Thomas' Hospital NHS, UK

Well pitched to my level of training ST3. Well run and great range of topics.

**RW** 

Royal Derby Hospital, Derby, UK

This was an excellent course, concisely put together for vascular trainees to understand the basics and advance skills required in our day to day practice.

SA

Northampton General Hospital, Northampton, UK

# **Individual Comments**

Great course, and good value.
PS South Warwickshire NHS Foundation Trust, UI
Great 1 day ultrasound course. Covered all the necessary basics.
Ji Northampton General Hospital, Northampton, Ul
Great course.
As University Hospital of North Staffordshire, Stoke on Trent, Ul
Excellent course.
Royal Derby Hospital, Derby, Ul
The course was fit for purpose and helped improve my understanding of use of USS in vascula surgery.
El Betsi Cadwaladr University Health Board, Ul
Really helpful and insightful course full of pertinent information for vascular trainees at all levels.
Es Royal Derby Hospital, Derby, Ul



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### Courses (a selection):

### **Undergraduate:**

- Final Year Medicine and Surgical Revision Courses
- Training the Clinical Anatomy Trainer
- Clinical Anatomy as Applied to Trauma and Emergency Medicine
- Surgical Anatomy of Important Operative Procedures
- Future Surgeons: Key Skills (RCSEd delivered)
- Structured Introduction to Surgical Skills

#### Postgraduate:

- MRCS Part A
- MRCEM Part A
- MRCS Part B OSCE
- DOHNS: Intensive Revision & OSCE
- Intercollegiate Basic Surgical Skills (RCSEd delivered)
- MRCP PACES Part 2
- FRCS (General Surgery) Exit Exam
- Cadaveric Ultrasound-Guided Musculoskeletal Intervention Course
- Ultrasound-Assisted Botulinum Toxin Injection for Neuromuscular Disorders
- Live Advanced Laparoscopic Colorectal Course



# Forthcoming key events:

- International Medical Summer School
- International Academic and Research Conference
- World University Anatomy Challenge

#### **Publications**



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#### **World Journal of Medical Education & Research**

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#### Resources for:

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- Dental Students

- Plastic Surgery Exams

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- MRCS Exams

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